

PRIOR TO YOUR VISIT

PARENT/TEACHER PARKING

Parking for the Center is at 13104 Carriage Road, Poway, 92064. See attached map.

BUS DROP OFF

Students arriving by bus transportation should be dropped off in the cul-de-sac at 13104 Ipai-Waaypuk Trail or at the bus stop close by on Poway Road (in front of Mexican restaurant).

SPECIAL EDUCATION STUDENTS

It would be helpful if you could provide us in advance if there are special education students and aides joining us for the tour.

SAFETY

All students and unvaccinated adults must wear a facemask during the indoor presentation component of the field trip.

CHAPERONES

Attached is our Chaperone Policy. Please ensure that each adult chaperone reads the policy. Maximum of 7 chaperones per class if bus transportation, and 10 chaperones if transporting students by car.

WEATHER

Please check the weather at **2 pm on the afternoon** prior to your tour at:
<http://forecast.weather.gov>. Enter 'Poway' into search button

If this website predicts 50% or more chance of rain **before noon** the tour will automatically be cancelled.

In the event a decision is made by the school to cancel due to rain on the morning of a tour, it is imperative that you call (858) 705 4918 before 8:00 am so that docents can be notified.

Rescheduling a tour - please call (858) 668-4781 or email kotto@poway.org.

PARENT PERMISSION SLIPS

SIGNED slips should be brought to the site on the morning of the tour for collection by the lead docent. Blank Permission Slips are available online at:

<http://www.poway.org/Index.aspx?page=1608>

COME PREPARED

- Student clothing should be appropriate for outdoor activities. For example, closed-toed shoes, and a hat.
- It is recommended that students bring a water bottle, half of the program is outside in the sun.
- **Name tags** increases docents' ability to interact with students

WHAT TO EXPECT

- Hilly terrain
- Restroom facilities

Please note:

- No food can be eaten on site. Community Park nearby is an option.
- Fruit drinks, which attract bees and wasps, are not permitted on site.
- Student clothing should be appropriate for outdoor activity and weather.

TOUR SCHEDULE

- **Education Center:** *Welcome and sign-in* (15 mins) and Introduction to Kumeyaay history and culture (45 minutes)
 - History of Poway and the site
 - The Kumeyaay and a child's role in the culture
 - Artifacts are introduced from our "discovery table".
- **Site Tour** (45 minutes)
 - Students will tour the hilly site, circling upward to a mortar bedrock area where the Kumeyaay families met to prepare acorns and other food items.
 - Students learn where the Kumeyaay lived seasonally and about plants used for construction, medicinal purposes, and food. Students will see ancient milling stones and interesting rock formations.
- **Hands-On Activity** (45 minutes)
 - Students break into three groups and rotate through three different activities.
 - Rock Art
 - Discuss pictographs
 - Each student will create their own "spirit rock" which may be taken home at the end of the tour.
 - Kumeyaay Stick Game
 - Students become familiar with Kumeyaay numbering and counting while playing a game with painted wooden counting and game sticks.
 - Acorn Grinding/Shawii (**Note: Acorns have nut meat**)
 - Students will learn about oak trees and acorns and how the Kumeyaay utilized them in their daily lives.
 - A traditional grinding stone is used during this activity.

Tours are more meaningful if the class has had an introduction to indigenous culture. Suggested student reading includes:

- *Indians of the Oaks*: Melicent Lee
- *The Painted Rocks*: Ruth Alter
- *My Ancestor's Village*: Roberta Labastida

For teachers, the study guide by SDSU Anthropology Professor, Dr Lynn Gamble, and GERALYN MARIE HOFFMAN, is helpful: *A Teacher's Guide to Historical and Contemporary Kumeyaay Culture*.

<http://www-rohan.sdsu.edu/~irsc/docs/pubs/KumeyaayGuide.pdf>