

POWAY

COMMUNITY SERVICES GUIDE

FALL 2025

Registration Begins:
AUGUST 5, 2025 AT 7:30AM
FOR POWAY RESIDENTS
AUGUST 6, 2025 AT 7:30AM
FOR EVERYONE

[POWAY.ORG/CLASSES](https://poway.org/classes)

FALL ACTIVITIES

Hoot, Howl & Prowl



Blue Sky Reserve comes alive after dark! Meet the canyon's "wildlife" (docents dressed in animal costumes) up close! Groups will leave at 15-minute intervals, and tours last approximately 75 minutes. Kids are welcome to wear their costumes. End the evening with a cup of hot chocolate! Registration required.

CLASS #	DAY	TIME	DATES	FEE
1200.200	SA	5:30pm	Oct 18	\$6 per person
1200.201	SA	5:45pm	Oct 18	\$6 per person
1200.202	SA	6:00pm	Oct 18	\$6 per person
1200.203	SA	6:15pm	Oct 18	\$6 per person
1200.204	SA	6:30pm	Oct 18	\$6 per person
1200.205	SA	6:45pm	Oct 18	\$6 per person
1200.206	SA	7:00pm	Oct 18	\$6 per person
1200.207	SA	7:15pm	Oct 18	\$6 per person

INFORMATION: poway.org/classes or (858) 668-4781



Rendezvous in Poway

Want to experience life in California during the late 1800s and Civil War era? See page 17 for details.

Celebrate Halloween at Old Poway Park

ONCE UPON A HALLOWE'EN

ALL AGES

FREE!

Celebrate Halloween like never before at this unique, family-friendly event! Climb aboard the "Halloween Express" train for a thrilling ride, explore a spooky haunted house, try your luck at fun carnival-style games, and get creative with eerie Halloween crafts. Delicious seasonal treats await—and while most activities are free, a few may require a small fee.



Saturday, October 25 | 4:30-8:30pm

HALLOWEEN MOVIE IN THE PARK

ALL AGES

FREE!

Join us for a spooktacular Night at Old Poway Park! Grab your spooky snacks and creepy blankets and head to the park for a fun, family-friendly evening under the stars featuring the Halloween classic *Hocus Pocus*! The movie will begin at sunset.

Sunday, October 26 | 4:30-8:30pm

HAUNTED HOUSE





AGES 5+

Thrills and chills await you in Templars Hall as this spooktacular event returns. Admission is just \$1 per person (not recommended for children under 5).

Sunday, October 26 through Thursday, October 30 | 4:30-8:30pm



Connect with us and never miss a recreation opportunity again!

-  City of Poway
-  @cityofpoway
-  @cityofpoway
-  poway.org/connect

SAVE THE DATE

FALL CLASS REGISTRATION:
POWAY RESIDENTS: August 5, 2025 at 7:30am.
EVERYONE: August 6, 2025 at 7:30am.

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2025 SUMMER MOVIES IN THE PARK SERIES

FREE! Enjoy a family-friendly movie under the stars during the **Summer Movies in the Park Series**. Movies are shown on Saturdays at sunset. Bring your favorite snacks or a picnic dinner; food will not be available for purchase.

INFORMATION: poway.org or (858) 668-4671

DATE	LOCATION	MOVIE
August 2	Community Park	<i>Puss in Boots: The Last Wish</i>
August 16	Old Poway Park	<i>The Sound of Music</i>

2025 SUMMER CONCERT SERIES

FREE! What goes together with summer and fun? Music, of course! So get your dancing shoes on, grab the family, and join us for the best local entertainment around on Sundays from 5:30-7:00pm.

INFORMATION: poway.org or (858) 668-4772

DATE/LOCATION	PERFORMER/MUSICAL STYLE
July 27 Old Poway Park	Pomerado Community Band BIG BAND
August 3 Lake Poway	Pop Vinyl DANCE



FALL CAMPS!

CAMP! SKATEBOARDING

AGES 5-13

Skateboarders of all levels are invited to build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants **MUST** wear a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com
LOCATION: Community Park, Skate Park
NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.200	M-F	9:00am-12:00pm	Nov 24-Nov 28	\$160/\$173



CAMP! YOUNG ENGINEERS: TREASURE HUNTERS

AGES 5-10

X marks the spot for this adventure! Explore the fun and games to find what lies at the end of the treasure hunt. Hint: You may need to be an expert at rock, paper, scissors; hit a bulls eye; or even encounter Hansel and Gretel!

INSTRUCTOR: Young Engineers of Greater San Diego
LOCATION: Community Park, Willow Room 304
NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
6901.200	M-F	9:00am-12:00pm	Nov 24-Nov 28	\$154/\$167

NEW! CAMP! SWIFTIES SING AND DANCE

AGES 5-10

Calling all Swifties! Join us for all the fun in this Taylor Swift themed dance camp. Learn fun dance warm ups, dance combos, and choreographed routines while singing along to Taylor's hit songs. Create fun crafts like microphones, concert posters, friendship bracelets, and more! Perform a special "concert" for family and friends on the last day of camp!

INSTRUCTOR: Charlene's Dance & Cheer: charlenesdance.com
LOCATION: Community Park, Willow Room 303
NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
5703.200	M-F	9:00am-12:00pm	Nov 24-Nov 28	\$152/\$165

CAMP! WONDERS!

AGES 4-11

50 EXPERIMENT SCIENCE CAMP 1

This Wonders Super-Science Camp is hands-on fun from beginning to end! Participants engage in over 50 experiments including: building electric bottles, making pressure rockets, firing rocket balloons, making glow-in-the-dark rising and falling clowns, creating UV detectors, building rock collections, making gravity-defying goo, concocting stunning slimes, designing invisible inks, and much, much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Community Park, Oak Hall East
NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.200	M-F	9:00am-12:00pm	Nov 24-Nov 28	\$150/\$163*

*\$35 materials fee due on the first day of camp

CAMP! WONDERS!

AGES 4-11

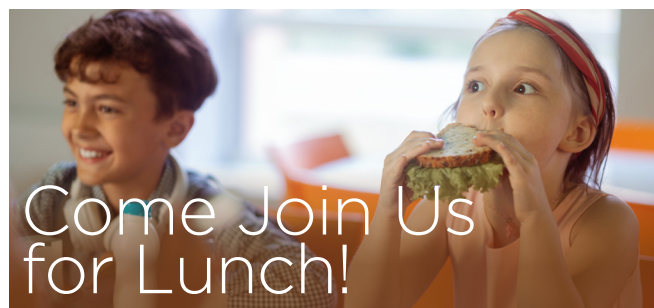
50 EXPERIMENT SCIENCE CAMP 2

This Wonders Super-Science Camp is hands-on fun from beginning to end! Participants engage in over 50 experiments including: making gold pennies, making the best slime in the world, experimenting with glowing rocks and amazing super magnets, molding candles, creating surfboard styrofoam, making sounds appear out of nowhere, making crystal necklaces, firing marshmallow guns, creating amazing yowies, crushing cans with air pressure, and much, much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Community Park, Oak Hall East
NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.201	M-F	1:00-4:00pm	Nov 24-Nov 28	\$150/\$163*

*\$35 materials fee due on the first day of camp



Come Join Us for Lunch!

FALL CAMP LUNCH HOUR

ALL AGES

Create a full-day camp experience by taking advantage of Fall Camp Lunch Hour! Participants who register for a morning half-day camp and an afternoon half-day camp at Community Park (does not have to be in the exact same area/room), can register for Fall Camp Lunch Hour. Participants will be supervised by staff and will be escorted to and from camp areas/rooms. All participants should bring a sack lunch and water to camp each day.

NO CAMP: Nov 27

CLASS #	DAY	TIME	DATES	FEE
5003.200	M-F	12:00-1:00pm	Nov 24-Nov 28	\$20

CITY PROGRAMS



Kid's Night Out

KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out! Pizza and dessert provided.

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.200	F	5:00-9:00pm	Sep 5	\$13/\$26
1000.201	F	5:00-9:00pm	Oct 3	\$13/\$26
1000.202	F	5:00-9:00pm	Nov 7	\$13/\$26
1000.203	F	5:00-9:00pm	Dec 5	\$13/\$26



Teen Programs

NEW! TEEN PROGRAM SERIES

GRADES 6-9

Lock in, chat; the party is back and we've moved to Saturdays! We're mixing things up with the activities you've asked for and adding a chill hang for you and your squad to kick back. The first half of each event includes activities that participants rotate through, culminating in an unstructured hangout session during the second half.

Get hype whipping up fire eats in the kitchen, smash it on the field for the W, flex your creative muscles making epic craft projects, and more! Then spend the rest of the evening chilling with your crew during a low-key hang sesh. Participants can spend their time kicking back with their friends, listening to music, completing an art project, and playing a variety of board, yard, and video games. It's your night done your way. Pizza and dessert provided.

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Oak Hall



Cooking

CLASS #	DAY	TIME	DATES	FEE
1001.200	SA	5:00-9:00pm	Sep 20	\$6

Science & Animals

CLASS #	DAY	TIME	DATES	FEE
1001.201	SA	5:00-9:00pm	Oct 18	\$6

Movie Night: *Wicked* (PG)

CLASS #	DAY	TIME	DATES	FEE
1001.202	SA	5:00-9:00pm	Nov 15	\$6

Machine & Hand Sewing

CLASS #	DAY	TIME	DATES	FEE
1001.203	SA	5:00-9:00pm	Dec 20	\$6

FALL CLASSES

Preschool Activities

TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

INSTRUCTOR: Charlene Donovan

LOCATION: Community Park, Willow Room 306

NO CLASS: Nov 25 & 27



CLASS #	DAY	TIME	DATES	R/NR FEE
1500.200	TU/TH	9:00am-12:00pm	Sep 16-Oct 9	\$252/\$265*
1500.201	TU/TH	9:00am-12:00pm	Oct 14-Nov 6	\$252/\$265*
1500.202	TU/TH	9:00am-12:00pm	Nov 13-Dec 11	\$220/\$233*

*\$10 materials fee due on the first day of class

Creative Arts

MUSICAL THEATER AND DANCE:

AGES 5-12

ZOMBIES 4: DAWN OF THE VAMPIRES

Let your inner star shine while being introduced to the world of musical theater and dance! Participants build confidence and performance skills through fun drama games and exercises. Cast parts and learn lines, scenes, songs, and a dance routine from the hit musical *Zombies 4: Dawn of the Vampires* in preparation for a family showcase on the last day of class.

INSTRUCTOR: Charlene's Dance & Cheer

LOCATION: Community Park, Willow Room 303

NO CLASS: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
1810.200	TH	4:30-5:30pm	Sep 18-Dec 11	\$180/\$193

Art

ART SMARTS: DRAWING & PAINTING

AGES 5-11

Using a positive, uplifting environment of creativity, we generate the "wow factor" using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. With over 200 lesson plans, participants enjoy drawing and painting animals, landscapes, portraiture, manga, birds, flowers, abstract design, and more. All materials provided.

INSTRUCTOR: Art Smarts

LOCATION: Community Park, Willow Room 306

NO CLASS: Nov 25

CLASS #	DAY	TIME	DATES	R/NR FEE
2508.200	TU	4:00-5:00pm	Sep 16-Oct 21	\$102/\$115
2508.201	TU	4:00-5:00pm	Oct 28-Dec 9	\$102/\$115





Science

NEW! WONDERS! SUPER SCIENCE FUNFEST 1 AGES 4-11

This Wonders Super-Science class is hands-on fun from beginning to end! Participants engage in experiments, which may include: launch the ultimate candy cannon, observe fire glowing giant tubes, make silver pennies, make amazing glowing rock crystals, create incredible whoosh bottles, work electricity buzzers and lights, create tornado tubes, make gigantic bubbles, fashion the amazing suction splat, experiment with floating rocks, perform with gravity defying balance birds, concoct 3 tremendous slimes, fire the ultimate water rocket, make an amazing bird caller and much more!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2402.200	SA	9:00am-12:00pm	Oct 4	\$45/\$58*
2402.201	SA	9:00am-12:00pm	Oct 11	\$45/\$58*
2402.202	SA	9:00am-12:00pm	Oct 18	\$45/\$58*
2402.203	SA	9:00am-12:00pm	Oct 25	\$45/\$58*

*\$10 materials fee due on the first day of class



NEW! WONDERS! SUPER SCIENCE FUNFEST 2 AGES 4-11

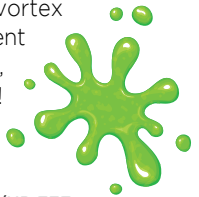
This Wonders Super-Science class is hands-on fun from beginning to end! Participants engage in experiments, which may include: dazzle people with the slippery ring experiment, make a world class slime, travel on a real hoverboard, put together snazzy crystal pendants, fashion amazing bubble snakes, make an exquisite rock board, work gigantic vortex cannons, create a chemical styrofoam tower, experiment with amazing solid gases, experiment with fiber optics, make incredible glowing rock crystals and much more!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2402.205	SA	1:00-4:00pm	Oct 4	\$45/\$58*
2402.206	SA	1:00-4:00pm	Oct 11	\$45/\$58*
2402.207	SA	1:00-4:00pm	Oct 18	\$45/\$58*
2402.208	SA	1:00-4:00pm	Oct 25	\$45/\$58*

*\$10 materials fee due on the first day of class



NEW! WONDERS! SUPER SCIENCE FUNFEST 1 AGES 4-11

Sign up for all four days of Wonders! Super Science Fest 1 at a discounted rate!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2402.204	SA	9:00am-12:00pm	Oct 4, 11, 18, 25	\$150/\$163*

*\$35 materials fee due on the first day of class

NEW! WONDERS! SUPER SCIENCE FUNFEST 2 AGES 4-11

Sign up for all four days of Wonders! Super Science Fest 2 at a discounted rate!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2402.209	SA	1:00-4:00pm	Oct 4, 11, 18, 25	\$150/\$163*

*\$35 materials fee due on the first day of class

Dance

CHEERLEADING, DANCE & TUMBLE

AGES 3-12

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling, cheers, and sideline dances. Participants perform a full routine at a USD College game!

INSTRUCTOR: Charlene's Dance & Cheer

LOCATION: Community Park, Willow Room 303

NO CLASS: Nov 27



CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.200	3-5	TH	5:30-6:00pm	Sep 18-Dec 11	\$156/\$169
1703.201	6-12	TH	6:00-6:50pm	Sep 18-Dec 11	\$180/\$193

NEW! STORYBOOK DANCE

AGES 1.5-2

Embark on an enchanted journey through various dance styles, exploring a captivating new theme each week. Our dynamic sessions blend multiple dance styles, allowing participants to discover the beauty of expression through movement. Whether it's ballet, creative movement, or a sprinkle of hip hop, each class is a unique adventure tailored to ignite and nurture a love for dance. Let's dance, dream, and explore together!

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.200	M	4:15-4:55pm	Sep 15-Oct 27	\$140/\$153
1702.201	M	4:15-4:55pm	Nov 3-Dec 8	\$120/\$133

PETITE STARS TAP & BALLET

AGES 3-5.5

This tap and ballet combination class is designed to keep participants moving, learning, and having a blast! From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skill-building, classes gently guide participants toward mastering dance techniques while fostering creativity and self-expression.



INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.202	M	5:00-5:55pm	Sep 15-Oct 27	\$140/\$153
1702.203	M	5:00-5:55pm	Nov 3-Dec 8	\$120/\$133

NEW! BITTY BOPPERS HIP HOP

AGES 3-5

Calling all Bitty Boppers! This class is a fusion of basic hip hop and creative movement to get all the dancing wiggles out. Through creativity, classes focus on muscle development, coordination, and musicality. Participants should wear comfortable clothing and shoes they can move in. Adult participation is required per each child as needed.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Community Park, Willow Room 303

NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.204	W	4:30-5:25pm	Sep 17-Oct 29	\$140/\$153
1702.205	W	4:30-5:25pm	Nov 5-Dec 10	\$100/\$113





BEAT BUSTERS HIP HOP **AGES 6-10**

Unleash your inner dance superstar! This dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303
NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.206	W	5:30-6:25pm	Sep 17-Oct 29	\$140/\$153
1702.207	W	5:30-6:25pm	Nov 5-Dec 10	\$100/\$113

MAGICAL MUNCHKINS TAP & BALLET **AGES 2-3.5**

Step into this enchanting introductory dance class where rhythm, grace, and boundless fun await! Our dynamic sessions seamlessly blend tap and ballet, and engaging dance games, creating an energetic and expressive atmosphere where every participant can shine. Adult participation is required per each child as needed.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303
NO CLASS: Nov 29



CLASS #	DAY	TIME	DATES	R/NR FEE
1702.208	SA	8:30-9:10am	Sep 20-Nov 1	\$140/\$153
1702.209	SA	8:30-9:10am	Nov 8-Dec 13	\$100/\$113

TINY MOVERS TAP & BALLET **AGES 3-4.5**

Watch as participants embark on a journey of learning basic dance and motor skills, musicality, and rhythm, all while having a blast in a supportive environment. Starting with tap and seamlessly transitioning into ballet each week, these classes are carefully crafted to keep your little one engaged and excited. This is the first independent class, with families watching from outside the room, fostering confidence and independence.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303
NO CLASS: Nov 29

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.210	SA	9:15-10:10am	Sep 20-Nov 1	\$140/\$153
1702.211	SA	9:15-10:10am	Nov 8-Dec 13	\$100/\$113

STAR SHINERS TAP & BALLET **AGES 4.5-6**

This class fosters continuous growth and progression, guiding participants through a journey of skill development and self-expression. Carefully designed to seamlessly integrate curriculum goals with joyous movement, participants are both challenged and fulfilled. Starting with tap and seamlessly transitioning into ballet each week, participants not only refine their dance, listening, and coordination skills but also dive into the intricacies of ballet terminology and technique. Once a month, participants spice things up with a jazz dance day, adding variety and excitement to our repertoire.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303
NO CLASS: Nov 29

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.212	SA	10:15-11:10am	Sep 20-Nov 1	\$140/\$153
1702.213	SA	10:15-11:10am	Nov 8-Dec 13	\$100/\$113

NEW! DREAM DANCERS BALLET **AGES 7-10**

A beginner ballet class focusing on learning fundamental ballet technique through a structured yet exciting class. This class starts developing your young dancer's grace, strength, flexibility, and musicality while always having fun.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303
NO CLASS: Nov 29

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.214	SA	11:15am-12:10pm	Sep 20-Nov 1	\$140/\$153
1702.215	SA	11:15am-12:10pm	Nov 8-Dec 13	\$100/\$113



Health & Wellness



ROLLIN' & STROLLIN' AGES 50+

Rollin' & Strollin' is a social dance and move-for-fun class for older adults. Designed for people of all ability and mobility levels, we use the principles of basic line dancing to adapt and create dance steps suitable for moving to music. Wear soft-soled shoes.

INSTRUCTOR: Shelley Johnston
LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	1:00-2:00pm	FREE

FEELING FIT AGES 50+

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities. Can be performed from a seated or standing position. Equipment provided for class use.

INSTRUCTOR: Feeling Fit
LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE



QIGONG AGES 50+

Learn to synchronize the mind, body, and breath! Qigong combines gentle flowing movements, relaxed breathing, and self-massage. This self-healing practice becomes a moving meditation as participants enjoy reduced stress and anxiety and improved balance and coordination. Can be performed from a seated or standing position. Bring a yoga mat.

INSTRUCTOR: Veronique Cometti
LOCATION: Community Park, Oak Hall East

DAY	TIME	R/NR FEE
TU	10:00-10:45am	FREE

LINE DANCING AGES 50+

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. Instruction provided during the first 30 minutes of class. Wear soft-soled shoes.

INSTRUCTOR: Duffy
LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:00-3:00pm	FREE
F	1:00-3:00pm	FREE

SILVER AGE YOGA AGES 50+

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be performed from a seated or standing position. Bring a yoga mat.

INSTRUCTOR: Silver Age Yoga
LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:45am	FREE

Sports

SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces participants to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, participants begin to experience the joy of playing soccer and being active. All participants receive a Soccer Shots jersey.



INSTRUCTOR: Soccer Shots

LOCATION: WED: Valle Verde Park, Soccer Field

SAT: Community Park, Open Play Area

NO CLASS: Oct 11, Nov 26 & 29

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.200	W	4:15-4:45pm	Sep 17-Dec 10	\$252/\$265*
2010.201	SA	9:00-9:30am	Sep 20-Dec 13	\$253/\$266*
2010.202	SA	10:35-11:05am	Sep 20-Dec 13	\$253/\$266*

*\$35 materials fee due on the first day of class

SOCCER SHOTS CLASSIC

AGES 4-6



Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces participants to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive a Soccer Shots jersey.

INSTRUCTOR: Soccer Shots

LOCATION: WED: Valle Verde Park, Soccer Field

SAT: Community Park, Open Play Area

NO CLASS: Oct 11 & Nov 29

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.203	W	5:00-5:45pm	Sep 17-Oct 29	\$147/\$160*
2010.204	SA	9:35-10:20am	Sep 20-Dec 13	\$253/\$266*

*\$35 materials fee due on the first day of class

SOCCER SHOTS PREMIER

AGES 7-10

Premier classes focus on individual skill, fitness, and sportsmanship, providing an opportunity for participants to be challenged through fun games and team interaction. Participants are also introduced to competition in a developmentally-appropriate manner. All participants receive a Soccer Shots jersey.

INSTRUCTOR: Soccer Shots

LOCATION: Community Park, Open Play Area

NO CLASS: Oct 11 & Nov 29

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.205	SA	11:15am-12:10pm	Sep 20-Dec 13	\$253/\$266*

*\$35 materials fee due on the first day of class

SKATEBOARDING: BEGINNER

AGES 6-13

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants MUST wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelite, Andrew Barbosa:
Andrew@sdskatelite.com

LOCATION: Community Park, Skate Park

NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.200	W	5:00-6:00pm	Sep 17-Oct 22	\$120/\$133
2004.201	W	5:00-6:00pm	Oct 29-Dec 10	\$120/\$133

SKATEBOARDING: INTERMEDIATE/ADVANCED

AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants MUST wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelite, Andrew Barbosa:
Andrew@sdskatelite.com

LOCATION: Community Park, Skate Park

NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.202	W	4:00-5:00pm	Sep 17-Oct 22	\$120/\$133
2004.203	W	4:00-5:00pm	Oct 29-Dec 10	\$120/\$133





Develop respect, self-control, strength, speed, coordination, endurance, and confidence through Taekwondo.

TAEKWONDO

AGES 5+

Try it before you buy it!

This is a complete martial arts program designed to help participants of all ages develop respect, self-control, strength, speed, coordination, endurance, and confidence.

Learn Taekwondo kicks, blocks, and punches through self-defense skills. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Master Chen

LOCATION: Community Park, Sycamore Hall

BELT TESTING: Nov 24 & Nov 26—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.200	5+	M/W	5:00–6:00pm	Sep 15–Dec 10	\$129/\$142
2001.201	11+	M/W	6:05–7:05pm	Sep 15–Dec 10	\$129/\$142

Junior/Adult Taekwondo—Black Belt Participants

This program is for black belt participants only. Combined with class 2001.201 for the first hour, black belt participants stay an extra 25 minutes for individual instruction.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.202	11+	M/W	6:05–7:30pm	Sep 15–Dec 10	\$129/\$142

YOUTH VOLLEYBALL

AGES 10-14

Looking for a fun, recreational sport? Beginner Volleyball will work on the basics of passing, setting, hitting, and serving using instruction, drills and practice. **One year of volleyball experience and knowledge of passing, setting, and serving required for Intermediate Volleyball.**

INSTRUCTOR: Susie & Lexi Gehrke

LOCATION: Meadowbrook Gymnasium

Beginner

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.200	M	5:30–6:30pm	Sep 15–Nov 3	\$75/\$88

Intermediate

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.201	M	6:30–7:30pm	Sep 15–Nov 3	\$75/\$88

ADULT VOLLEYBALL

AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. **Past volleyball experience is required.**

INSTRUCTOR: Dick Leatherman

LOCATION: Twin Peaks Multipurpose Center

Coed Intermediate

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.200	Men	TH	6:30–9:30pm	Sep 18–Nov 13	\$80/\$93
2005.201	Women	TH	6:30–9:30pm	Sep 18–Nov 13	\$80/\$93

Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.202	Men	TU	6:30–9:30pm	Sep 16–Nov 11	\$80/\$93
2005.203	Women	TU	6:30–9:30pm	Sep 16–Nov 11	\$80/\$93

Women

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.204	Women	M	6:30–9:30pm	Sep 15–Nov 10	\$80/\$93





TENNIS

AGES 6-14

Learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

INSTRUCTOR: Art Christophiades

LOCATION: Community Park, Tennis Courts

NO CLASS: Nov 24, 25, 26, 27, & 29

Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.200	9-14	TU/TH	4:00-5:00pm	Sep 16-Oct 16	\$70/\$83
2000.201	6-8	SA	9:00-10:00am	Sep 20-Oct 18	\$35/\$48
2000.202	9-14	SA	10:00-11:00am	Sep 20-Oct 18	\$35/\$48
2000.203	9-14	TU/TH	4:00-5:00pm	Oct 28-Dec 4	\$70/\$83
2000.204	6-8	SA	9:00-10:00am	Nov 1-Dec 6	\$35/\$48
2000.205	9-14	SA	10:00-11:00am	Nov 1-Dec 6	\$35/\$48

Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.206	8-14	TU/TH	5:00-6:00pm	Sep 16-Oct 16	\$70/\$83
2000.207	8-14	SA	11:00am-12:00pm	Sep 20-Oct 18	\$35/\$48
2000.208	8-14	TU/TH	5:00-6:00pm	Oct 28-Dec 4	\$70/\$83
2000.209	8-14	SA	11:00am-12:00pm	Nov 1-Dec 6	\$35/\$48

Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.210	9-14	M/W	4:00-5:30pm	Sep 15-Oct 15	\$90/\$103
2000.211	9-14	M/W	4:00-5:30pm	Oct 27-Dec 3	\$90/\$103

Safety Training

CHILD & BABYSITTING SAFETY

AGES 11-17

This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.

INSTRUCTOR: Lockhart Training

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.200	SA	9:30am-1:30pm	Oct 11	\$59/\$72*

*\$10 materials fee due on the first day of class

Special Needs

ADAPTIVE YOGA

AGES 18+

Participants are guided through mindful breathing exercises, stretching, basic poses, and postures. This class provides an easy, slow-paced curriculum that is modified to fit levels and abilities.

INSTRUCTOR: Villa de Vida, Inc.

LOCATION: Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.200	TU	4:00-5:00pm	Sep 16-Nov 18	\$100/\$113



HEALTHY LIFESTYLES

AGES 18+

Learn to live a healthy lifestyle by cooking healthy dishes! Taught by an extraordinary chef, participants learn kitchen safety, watch live demonstrations, and sample healthy dishes. Get your aprons ready because this class is full of delicious recipes.

INSTRUCTOR: Villa de Vida, Inc.

LOCATION: Community Park, Oak Hall West

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.201	TH	4:00-5:00pm	Sep 18-Nov 20	\$100/\$113*

*\$60 materials fee due on the first day of class



Open Play Sports

OPEN PLAY SPORTS

ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the fall months, free open gym times are as follows:

Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

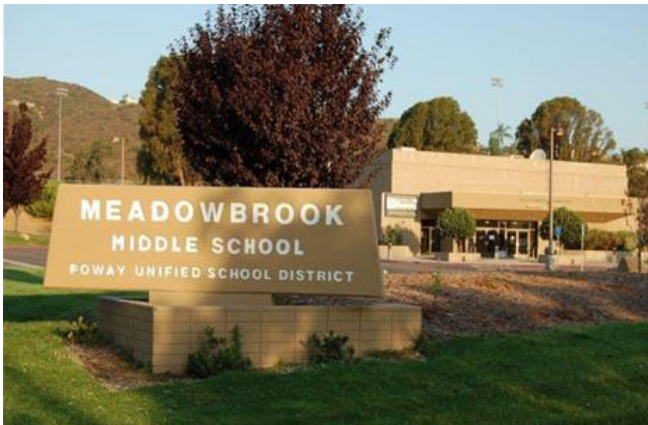


Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU	6:00-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at poway.org/gyms.



Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

TRAINING CLASSES

DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called.

INSTRUCTOR: Good Dog Training School, Lynne Moore

LOCATION: TUE: Old Poway Park, Gazebo

SAT: Garden Road Park, Open Area

Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.200	TU	6:30-7:30pm	Sep 16-Oct 21	\$95/\$108*
2300.201	SA	9:30-10:30am	Sep 20-Oct 25	\$95/\$108*
2300.202	TU	6:30-7:30pm	Oct 28-Dec 2	\$95/\$108*
2300.203	SA	9:30-10:30am	Nov 1-Dec 6	\$95/\$108*

*\$25 material fees due on the first day of class

Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.204	SA	10:45-11:45am	Sep 20-Oct 25	\$95/\$108
2300.205	SA	10:45-11:45am	Nov 1-Dec 6	\$95/\$108

Training classes are the best thing you can do for you and your dog.





Swim Classes

Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683 prior to the start of the class to ensure that you are not dropped.

Waitlist

Can't find space in the class you're looking for? Contact us at (858) 668-4680 or activenet@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

Swim Lesson Assessments

If you are unsure which level to enroll in, make an appointment to have a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

*PLEASE NOTE: No class on Monday, September 1

GRUNION 1 AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.210	SA/SU	8:50-9:30am	Aug 23-Sep 14	\$74/\$111

Session 2				
0101.220	SA/SU	8:50-9:30am	Sep 27-Oct 19	\$74/\$111

GRUNION 2 AGES 3-5

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.210	SA/SU	8:00-8:40am	Aug 23-Sep 14	\$74/\$111
0102.211	SA/SU	8:50-9:30am	Aug 23-Sep 14	\$74/\$111

Session 2				
0102.220	SA/SU	8:00-8:40am	Sep 27-Oct 19	\$74/\$111
0102.230	SA/SU	8:50-9:30am	Sep 27-Oct 19	\$74/\$111

GRUNION 3 AGES 3-5

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.210	SA/SU	8:00-8:40am	Aug 23-Sep 14	\$74/\$111

Session 2				
0103.220	SA/SU	8:00-8:40am	Sep 27-Oct 19	\$74/\$111



OTTER PUP**AGES 3-5**

This class is for swimmers that are ready to move on to the Otter level but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.210	SA/SU	8:00-8:40am	Aug 23-Sep 14	\$74/\$111
Session 2				
0104.220	SA/SU	8:00-8:40am	Sep 27-Oct 19	\$74/\$111

STARFISH**AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.210	SA/SU	9:40-10:20am	Aug 23-Sep 14	\$74/\$111
Session 2				
0201.220	SA/SU	9:40-10:20am	Sep 27-Oct 19	\$74/\$111

SEAHORSE**AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.210	SA/SU	9:40-10:20am	Aug 23-Sep 14	\$74/\$111
Session 2				
0202.220	SA/SU	9:40-10:20am	Sep 27-Oct 19	\$74/\$111

OTTER**AGES 6-14**

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, passing the Swim Test, and introduces the deep end.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.210	SA/SU	8:00-8:40am	Aug 23-Sep 14	\$74/\$111
0203.211	SA/SU	9:40-10:20am	Aug 23-Sep 14	\$74/\$111
Session 2				
0203.220	SA/SU	8:00-8:40am	Sep 27-Oct 19	\$74/\$111
0203.221	SA/SU	9:40-10:20am	Sep 27-Oct 19	\$74/\$111

**SEAL****AGES 6-15**

Takes place in 11-12 feet of water. Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, diving from the side of the pool, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.210	SA/SU	8:50-9:30am	Aug 23-Sep 14	\$74/\$111
Session 2				
0204.220	SA/SU	8:50-9:30am	Sep 27-Oct 19	\$74/\$111

STINGRAY**AGES 6-15**

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke in 11-12 feet of water. Introduced skills are breaststroke, sidestroke, and diving.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.210	SA/SU	8:50-9:30am	Aug 23-Sep 14	\$74/\$111
Session 2				
0205.220	SA/SU	8:50-9:30am	Sep 27-Oct 19	\$74/\$111

DOLPHIN**AGES 6-15**

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.210	SA/SU	9:40-10:20am	Aug 23-Sep 14	\$74/\$111
Session 2				
0206.220	SA/SU	9:40-10:20am	Sep 27-Oct 19	\$74/\$111

POWAY PARKS & FACILITIES



POWAY COMMUNITY PARK

13094 Civic Center Drive
(858) 668-4671

poway.org/communitypark

Hours

Daily | Sunrise-Sunset

Office

Daily | 8:00am-9:00pm

Ball Fields | Bocce Courts Daily | 8:00am-sunset
(10:00pm with reservation)

Dog Park | Tennis Courts | Basketball Court

Daily | Sunrise-10:00pm

Skate Park

Daily | 8:00am-8:00pm

FREE EQUIPMENT

ALL AGES

Visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.



CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5.00 for adults 50+. Meal tickets can be purchased in advance, but **MUST** be purchased in person at the Community Center by 1:00pm the day before. For more information and to see the menu, visit poway.org/olderadults or call (858) 668-4671.



SAVE THE DATE!

ALL AGES



Winter Festival

Experience the magic and charm of winter like never before at Poway Community Park! This year the **FREE** event will be held on:

**Friday, January 9
and Saturday,
January 10, 2026.**

POWAY SWIM CENTER

13094 Civic Center Drive
(858) 668-4680
poway.org/swim

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

Lanes will be set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times.

Hours

Fall Schedule (Aug 13–Oct 20)

Adult Lap Swim

Mon/Wed/Fri	10:30am–1:30pm
Tues/Thurs	8:00am–1:30pm (Long Course)
Mon–Fri	4:15–7:00pm*
Sat	10:30am–5:00pm
Sun	12:00–3:00pm

Recreational Swim/Splash Pad

(Splash Pad may be closed based on seasonal weather)

Mon/Wed/Fri	10:30am–1:30pm (Shallow Square/Splash Pad only; Diving Board Closed)
Tues/Thurs	8:00am–1:30pm (Shallow Square/Splash Pad only; Diving Board Closed)
Mon–Fri	4:15–7:00pm*
Sat	1:00–5:00pm
Sun	Closed

*The Swim Center is closed at 5pm on the 1st Friday of every month for Staff Training.

Holiday Hours

Labor Day | Sept 1 | 10:30am–5:00pm



WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission is required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

FAMILY SWIM

ALL AGES

Bring your family and floaties to the pool! Family Swim is a designated time for families to come swim together and enjoy their toys, rafts, fins, snorkels, and inner tubes. Items not provided by Swim Center. Proof of residency will be required for the resident rate.

DAYS	TIME	R/NR FEE
SA	10:30am–1:00pm	\$14/\$19

RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED.

Learning occurs in and outside of class. 100% attendance and participation is required. There is a water skills test on the first day of class that must be passed in order to take the class. Class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.



INFORMATION: poway.org/lifeguardtraining or (858) 668-4683

CLASS #	DAY	TIME	DATES	FEE
0700.204	W	5:00–6:30pm	Pretest Oct 8	\$250
	M/W	4:30–7:30pm	Oct 13, 15, 20, and 22	
	SA	9:00am–6:00pm	Oct 18	
	SA	9:00am–1:00pm	Oct 25	

OLD POWAY PARK

14134 Midland Road
(858) 668-4576

poway.org/oldpowaypark

Hours

Museum

Saturdays | 10:00am-2:00pm
Sundays | 11:00am-2:00pm

Nelson House

Saturdays | 10:00am-2:00pm

Artisan Market

1st and 3rd Saturday of the month | 8:00am-2:00pm

Railroad Info

powaymidlandrr.org

Farmers Market

Saturdays | 8:00am-1:00pm

Old Poway Pottery

Saturdays | 10:00am-2:00pm

Artist in Residence | Coastal Gatherings Woodworking

Saturdays | 10:00am-2:00pm



FARMERS MARKET

ALL AGES

Find the best locally and organically grown, farm-fresh produce and artisan foods at our "City in the Country" Farmers Market on Midland Road. Rain or shine!

Saturdays | 8:00am-1:00pm

INFORMATION: poway.org/oldpowaypark or (858) 668-4576

Celebrate Halloween at Old Poway Park!

See Inside Front Cover for details.



RENDEZVOUS SCHOOL TOURS

ALL AGES

FREE!

Bring history to life for your students with our exciting new School Tour Program. This immersive educational experience now includes engaging, hands-on activities that let students step back in time and explore history in a fun and memorable way. Advance registration is required. Book your tour today and give your students a unique opportunity to connect with the past!

Thursday, October 2 | 9:30am-1:00pm

Friday, October 3 | 9:30am-1:00pm

INFORMATION OR TO BOOK A TOUR: (858) 668-4576

RENDEZVOUS IN POWAY

ALL AGES

Step back in time at the annual Rendezvous in Poway, a historical celebration from the 1820s to the 1890s. Stroll through historical encampments, meet reenactors, ride the iconic Baldwin No. 3 steam locomotive, shop for one-of-a-kind goods at the Boardwalk Craft Market, and try your luck panning for gold along Rattlesnake Creek.

Saturday, October 4 | 10:00am-4:00pm

Sunday, October 5 | 10:00am-2:00pm

INFORMATION: poway.org/oldpowaypark or (858) 668-4576

SAVE THE DATE!

ALL AGES

Christmas in the Park

Friday, December 12 | 3:30-8:30pm

Saturday, December 13 | 3:30-8:30pm





LAKE POWAY

14644 Lake Poway Road
 (858) 668-4770
poway.org/lakepoway

Park Ranger Office (858) 668-4772
Lake Poway Concession (858) 883-4146

Hours

Daily | 6:00am–Sunset

Lake Fishing and Boating Hours—Now Open Tuesday!
 Tuesday–Sunday | 6:00am–Sunset

Entry Station

Open Weekends & Holidays
 \$10 non-resident entry fee for vehicles
 Active Military free with ID

Holiday Hours

Open Labor Day | Sept 1



Trout Season Returns to Lake Poway!

Water temperatures dropping means trout are returning! Lake Poway has the best permit and boat prices in the area and is truly a “Big Trout Destination!” Watch our website for the opening of Trout Season: poway.org/LakePoway.

FALL CAMPING SERIES

ALL AGES

Camping your way! Set up your tent and explore the park at your own pace. Hike the many trails, drop a line to catch a fish, cruise the lake on a motorboat, or simply relax by your campsite and take in all the natural beauty that Lake Poway offers. Fishing permits and boat rentals are not included, but may be purchased for a nominal fee.

CLASS #	DAY	TIME	DATES	R/NR FEE PER CAR
1103.200	F-SA	1:00pm-10:00am	Sep 12-13	\$31
1103.201	F-SA	1:00pm-10:00am	Sep 26-27	\$31
1103.202	F-SA	1:00pm-10:00am	Oct 10-11	\$31
1103.203	F-SA	1:00pm-10:00am	Oct 17-18	\$31

HALLOWEEN FAMILY CAMPOUT

ALL AGES

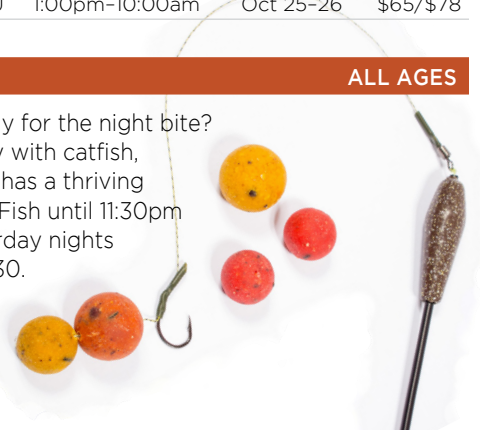
Join us for a wickedly fun Halloween Campout. Little ghouls and goblins of all ages can enjoy a Ranger-led, spooky night hike, a costume contest, trick or treating, s’mores and a creepy craft starting at 5:00pm!

CLASS #	DAY	TIME	DATES	R/NR FEE PER CAR
1103.204	SA-SU	1:00pm-10:00am	Oct 25-26	\$65/\$78

NIGHT FISHING

ALL AGES

Think you’re ready for the night bite? Stocked regularly with catfish, Lake Poway also has a thriving bass population. Fish until 11:30pm on Friday & Saturday nights through August 30.



BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road
1 mile north of Lake Poway Road
(858) 668-4781
poway.org/bluesky

Hours

Daily | Sunrise-Sunset



DOCENT-LED HIKES

ALL AGES

Find our Activities Schedule on the website or at Blue Sky Reserve, City Hall, or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

BECOME A BLUE SKY DOCENT

AGES 18+

Do you love wildlife and being outdoors? Would you like to join our dedicated team of docent naturalists by becoming a tour leader? No experience needed. Learn about the flora and fauna of our area at your own pace. We guarantee you will make a lasting impact!

INFORMATION: blueskyreserve@poway.org or (858) 668-4781

JUNIOR NATURE RANGER PROGRAM

AGES 6-10

FREE!

Become a Blue Sky Junior Nature Ranger! Connect with nature and share valuable family time together! Docents will lead children (ages 6-10) through a series of activities allowing them to experience nature first-hand and have fun outdoors. A Nature Ranger certificate will be issued on completion of activities. Limited to 15 children. Children must be accompanied by an adult.

RESERVE YOUR SPOT: ycohen@poway.org or (858) 668-4781

Saturday, September 6 | 9:00-11:00am

HOOT, HOWL & PROWL

ALL AGES

Saturday, October 18 | 5:30-7:15pm

Please see inside front cover for all the details!



KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

poway.org/kiic

Hours

Open third Saturday of each month | 10:00am-1:00pm



WATERCOLOR CLASS

AGES 8+

Join us in capturing the beauty of this authentic Native American site in watercolor. Artists of every skill level are welcome to experience creating *en plein air* ("in the open air"). Pick a painting spot around the site that inspires you! Instruction in basic skills and all materials will be provided. Limited to 25 participants.

CLASS #	DAY	TIME	DATES	R/NR FEE
1200.208	SA	9:00am-12:00pm	Nov 8	\$6

GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES

Visit us on the third Saturday morning of each month between 10:00am and 1:00pm for a docent-led tour. Experience artifacts, 'ewaas, milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.



VOLUNTEER TODAY AND INSPIRE FOR A LIFETIME

AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. No experience is required, and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

INFORMATION: ycohen@poway.org or (858) 668-4781



POWAY LIBRARY

13137 Poway Road

(858) 513-2900

sdcl.org

Hours

Monday & Thursday | 10:00am-6:00pm

Tuesday & Wednesday | 12:00-7:00pm

Friday, Saturday & Sunday | 10:00am-5:00pm

NOTE: For the listing of all the Programs please check sdcl.org/poway or visit Poway Branch.

FREE! CHILDREN'S PROGRAMS BIRTH TO GRADE 5

Baby Storytime: Mondays | 11:00am & Tuesdays | 1:00pm

Toddler Storytime: Thursdays | 10:30am

Crafternoon: Thursdays | 1:00pm

Preschool Play: Fridays | 10:30am

Love on a Leash: Fridays | 3:00-4:00pm

Dance Party Storytime: Saturdays | 10:30am



FREE! TEEN PROGRAMS

GRADES 6-12

Teen Game Day: Check sdcl.org/poway for program details
Tuesdays | 4:00-6:00pm

Teen Craft: Thursdays | 4:00pm

FREE! ADULT PROGRAMS

AGES 18+

Friendship Club: Second & Fourth Monday | 10:30-11:30am

Knitting Club: Second & Fourth Monday | 1:00-3:00pm

Tech Help: Wednesdays | 2:00-3:00pm

Mindful Movement with Breath: Wednesdays | 3:00-4:30pm

Book Club: Third Wednesday | 6:00pm

Inclusive Zumba for Adults of All Abilities:

Thursdays | 11:30am-12:30pm

Mah Jongg—American & Chinese: Thursdays | 1:00-3:00pm

Cribbage: Fridays | 10:00am-12:00pm

Tai Chi for Adults: Fridays | 10:00am

Meditation for All: First Saturday | 2:00-3:00pm

SPORTSPLEX USA
★ ★
Your Place To Play.

Poway's Premier Sports Complex

- ▶ Adult Softball
- ▶ Adult Indoor Soccer
- ▶ Youth Indoor Soccer (3-12yrs)
- ▶ Birthday Parties

Leagues now forming. Visit us online today!
SportsplexUSA.com

12349 McIvers Ct. Poway, CA 92064

EMERGENCY PREPAREDNESS

With the Poway Fire Department

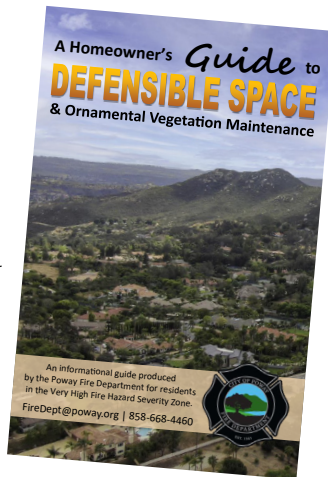
- ▶ Harden your home
- ▶ Create defensible space
- ▶ Be prepared to evacuate
- ▶ For more tips & information go to: [poway.org/Emergency Planning](http://poway.org/EmergencyPlanning)

WILDFIRE SAFETY AND EVACUATION AWARENESS

AGES 16+

FREE!

Wildfire is a part of Poway's natural ecology and history has demonstrated that fire will periodically affect the region. The City's climate, vegetation, topography, and large amount of open space puts the community at risk for wildfires. Learn how to better protect your home and your family from wildfire including low-cost retrofits to harden your home, best practices for creating defensible space within your ornamental landscaping, and what to do before, during, and after an evacuation.



INSTRUCTOR: Fire Department Staff
LOCATION: Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.200	W	6:30-8:00pm	Aug 6	FREE
0001.201	SA	8:30-10:00am	Aug 9	FREE

BASIC EMERGENCY PREPAREDNESS

AGES 16+

FREE!

Empower yourself to take meaningful action before, during, and after a challenging event. Learn what steps to take to be better prepared for emergencies including what supplies to gather, what to include in your family's emergency plan, and how to get information during an emergency.

INSTRUCTOR: Fire Department Staff
LOCATION: Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.202	W	6:30-8:00pm	Sep 17	FREE
0001.203	SA	8:30-10:00am	Sep 20	FREE

HOME FIRE SAFETY

AGES 16+

FREE!

Home fires are a very real but very preventable danger. Learn what practical steps you can take to prevent fires, be prepared in case one occurs and feel more secure in your home.

INSTRUCTOR: Fire Department Staff
LOCATION: Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.204	W	6:30-8:00pm	Oct 8	FREE
0001.205	SA	8:30-10:00am	Oct 18	FREE

CULTURAL & RECREATIONAL FACILITIES



- 1 Arbolitos Sports Fields**
14401 Pomerado Road
- 2 Aubrey Park**
13544 Aubrey Street
- 3 Blue Sky Ecological Reserve**
16275 Espola Road
- 4 Garden Road Neighborhood Park**
14901 Garden Road
- 5 Goodan Ranch**
16281 Sycamore Canyon Road
- 6 Hilleary Park**
13500 Community Road
- 7 Kumeyaay-Ipai Interpretive Center**
13104 Ipai Waaypuk Trail
- 8 Lake Poway Recreation Area**
14644 Lake Poway Road

- 9 Meadowbrook Soccer Field**
12250 Meadowbrook Lane
- 10 Old Poway Park**
14134 Midland Road
- 11 Poway Community Park**
13094 Civic Center Drive
 - Community Swim Center
 - Mickey Cafagna Community Center
 - Dog Park
- 12 Poway Skate Park**
13090 Civic Center Drive
- 13 Silverset Neighborhood Park**
14795 Silverset Street
- 14 Starridge Neighborhood Park**
13745 Carriage Road
- 15 Valle Verde Neighborhood Park**
16899 St. Andrews Drive

- 16 Valley Soccer Field**
13094 Civic Center Drive
- 17 Meadowbrook Gymnasium**
12320 Meadowbrook Lane
- 18 Poway Center for the Performing Arts**
15498 Espola Road
- 19 Poway City Hall**
13325 Civic Center Drive
- 20 Poway Community Library**
13137 Poway Road
- 21 Twin Peaks Multipurpose Center**
14640 Tierra Bonita Road
- 22 Veterans Park**
14135 Midland Road
- 23 Sportsplex USA**
12349 McIvers Court



SUMMER REGISTRATION START DATE:

Begins August 5 at 7:30am for Poway Residents and August 6 at 7:30am for Everyone.

3 convenient ways to register for classes:

1

ONLINE REGISTRATION

is available by visiting the City of Poway website: poway.org/classes. A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

2

WALK-IN REGISTRATION

is available at the Community Services Department during business hours.

Location

13325 Civic Center Drive

Hours

Check poway.org for current hours.

3

MAIL-IN REGISTRATION

is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.

Mail to

P.O. Box 789, Poway, CA 92074-0789

Class and Camp Refund/Transfer Policy

Cancelled by City

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

All Other Refunds

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to Activenet@poway.org, or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$19 cancellation fee will be deducted.

No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$19 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

Financial Assistance

Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at poway.org/play.

Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

Join us as we kick off the September 2025–June 2026 season! This fall, Poway Onstage hosts Dream Like Taylor, Jamie O’Neal, Rock of Ages, and legend Wayne Newton. Community-based groups and the Poway Unified School District feature a variety of performances, musicals, and dance productions. Join us to celebrate the arts—there’s something for everyone!

TICKETS & INFORMATION: powaycenter.com

POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road
PowayCenter.com

Rental Requests

business@powaycenter.com

Administration

(858) 668-4693

Tuesday–Thursday | 10:00am–2:00pm

Box Office

(858) 748-0505

Friday & Saturday | 1:00–6:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

Art Gallery & Facility

Tuesday–Thursday | 10:00am–2:00pm

Friday & Saturday | 1:00–6:00pm

Closed on major holidays

POWAY ONSTAGE



Presenters of World-Class Talent at the Poway Center for the Performing Arts.
powayonstage.org

POWAY UNIFIED SCHOOL DISTRICT



Student stars of all ages sing, act, dance and show off their talents.
powayusd.com

COMMUNITY PRESENTERS



Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. powaycenter.com

ART SHOWS

Art Credit: Jen Duran



Rotating exhibits ensure a wide variety of styles and media from local, regional, and student artists. powaycenter.com





City of Poway
 13325 Civic Center Drive
 Poway, CA 92064

Connect with us and never miss a recreation opportunity again!



City of Poway



@cityofpoway



@cityofpoway



poway.org/connect

FALL 2025 EVENTS AT A GLANCE

FALL CAMPING

Lake Poway
 September 12-13
 September 26-27
 October 10-11
 October 17-18



RENDEZVOUS
 Old Poway Park
 October 4-5

HOOT, HOWL & PROWL
 Blue Sky
 Ecological Reserve
 October 18



ONCE UPON A HALLOWE'EN
 Old Poway Park
 October 25

Poway City Council

Mayor: STEVE VAUS
 Deputy Mayor: PETER DE HOFF
 Councilmember: TONY BLAIN
 Councilmember: JENNY MAEDA
 Councilmember: CHRISTOPHER J. PIKUS

SAVE THE DATE!

Registration Dates:

August 5, 2025 at 7:30am for Poway Residents
 and August 6, 2025 at 7:30am for Everyone.
 See page 24 for details, or visit poway.org/classes.