

# POWAY

## COMMUNITY SERVICES GUIDE

**SPRING 2025**

Registration Begins:  
MARCH 4, 2025 AT 7:30AM  
FOR POWAY RESIDENTS  
MARCH 5, 2025 AT 7:30AM  
FOR EVERYONE

[POWAY.ORG/CLASSES](https://poway.org/classes)



# 2025 Summer Camp Schedule COMING SOON!

Looking for the best camp experience ever? Look no further than the City of Poway! Watch for the special edition of the 2025 Summer Camp Guide printed and available for pickup. Early Summer Camp Registration begins April 8 at 7:30am for Poway Residents and April 9 for everyone.



## 2025 Spring Break Camps

School is out and the weather is warm. Don't sit at home! Take your spring break to the next level with one of our cool camps. Get outside, learn new skills, make friends, and get psyched about summer because it's right around the corner! **See page 2 for a full list of our spring break camps.** Registration begins Tuesday, March 4 at 7:30am for Poway residents and March 5 at 7:30am for everyone.





## Looking For a Summer Job?

Look no further than your Community Services Department! We hire enthusiastic, qualified candidates to work with fun, outdoor, rewarding programs that enrich our community! These amazing seasonal employment opportunities include:

### CAMP COUNSELORS

Without dedicated counselors to foster community, a love of nature, and inspire outdoor play, Lake Poway Day Camp wouldn't be the premiere summer camp it is today! Apply if you enjoy working with children, being part of a team, and spending your summer outside.

### LIFEGUARDS/SWIM INSTRUCTORS

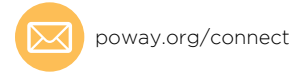
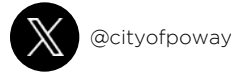
Lifeguards are integral to ensuring the safety of all pool guests during the busy summer! And what is summer without swim lessons? Our Swim Instructors instill confidence in swimmers of all ability levels. Combine your love of swimming and the water to land a job that pays you to do what you love!

**See page 19 for information on Certified Lifeguard Training Courses.**

### RECREATION LEADERS

Provide invaluable assistance with special events, city programs, customer service, and more. It's the perfect introduction to the Recreation field!

**These jobs are posted online as early as February at [poway.org](http://poway.org).**



#### SAVE THE DATE:

#### SPRING REGISTRATION:

**POWAY RESIDENTS: March 4, 2025 at 7:30am.**

**EVERYONE: March 5, 2025 at 7:30am.**

<b>SPRING BREAK CAMPS</b>	<b>2</b>
<b>CITY PROGRAMS</b>	<b>4</b>
Kid's Night Out	4
Teen Programs	4
<b>SPRING CLASSES</b>	<b>5-16</b>
Preschool Activities	5
Creative Arts	5
Art	5
Dance	6
Health & Wellness	8
Sports	9
Open Play Sports	12
Safety Training	12
Special Needs	12
Dog Training	13
Emergency Preparedness	14
Swim Classes	15
<b>POWAY PARKS &amp; FACILITIES</b>	<b>17-22</b>
Poway Community Park	17
Old Poway Park	18
Poway Swim Center	19
Lake Poway	20
Blue Sky Ecological Reserve	21
Kumeyaay-Ipai Interpretive Center	22
<b>REGISTRATION</b>	<b>23</b>
Poway Library	24
Poway Center for the Performing Arts	25

# SPRING BREAK CAMPS

Spring Registration Dates:  
**March 4, 2025 at 7:30am for Poway Residents**  
**and March 5, 2025 at 7:30am for everyone.**

## SPRING CAMP LUNCH HOUR ALL AGES

Create a full-day camp experience by taking advantage of Spring Camp Lunch Hour! Participants who register for a morning half-day camp and an afternoon half-day camp at Community Park (does not have to be in the exact same area/room), can register for Spring Camp Lunch Hour. Participants will be supervised by staff and will be escorted to and from camp areas/rooms. All participants should bring a sack lunch and water to camp each day.

CLASS #	DAY	TIME	DATES	R/NR FEE
5003.400	M-F	12:00-1:00pm	Apr 14-Apr 18	\$25



## CAMP! SKATEBOARDING AGES 5-13

Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants **MUST** wear a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:  
 Andrew@sdskatelite.com

**LOCATION:** Community Park, Skate Park

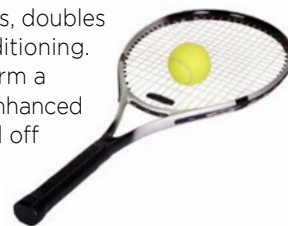
CLASS #	DAY	TIME	DATES	R/NR FEE
6004.400	M-F	9:00am-12:00pm	Apr 14-Apr 18	\$175/\$188



## CAMP! SWIM & TENNIS

AGES 8-14

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with a supervised uninstructed swim in the pool.



**INSTRUCTOR:** Art Christophiades

**LOCATION:** Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.400	M-F	9:00am-3:00pm	Apr 14-Apr 18	\$150/\$163*

\*\$20 materials fee due on the first day of camp

## NEW! CAMP! SEW HAPPY: FUNNY BUNNY AGES 6-14

Hop into fun! Create exciting crafts that bring bunnies to life using a variety of materials and artistic techniques. From fluffy felt creations to colorful painted designs, paper-crafting, and even a touch of sewing, participants explore their creativity while celebrating the joy of the season. By the end of the week, participants leave with their very own collection of bunny-themed masterpieces!

**INSTRUCTOR:** Sew Happy

**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.400	M-F	9:00am-12:00pm	Apr 14-Apr 18	\$200/\$213*

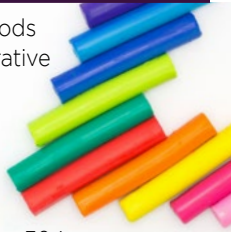
\*\$20 materials fee due on the first day of camp





**NEW! CAMP! SEW HAPPY: CLAY PLAY** AGES 6-14

Shape, mold, and design unique home goods using air-dry and polymer clay. From decorative trinkets to functional items, this hands-on camp is perfect for participants who love crafting and exploring new materials. Let's bring imagination to life with clay!



**INSTRUCTOR:** Sew Happy  
**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.401	M-F	1:00-4:00pm	Apr 14-Apr 18	\$200/\$213*

\*\$20 materials fee due on the first day of camp

**CAMP! ARCHERY** AGES 7-17



Enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level,

making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

**INSTRUCTOR:** Rick Harper  
**LOCATION:** Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.400	M-F	8:00-9:30am	Apr 14-Apr 18	\$85/\$98*
6011.401	M-F	10:00-11:30am	Apr 14-Apr 18	\$85/\$98*

\*\$10 materials fee due on the first day of camp

**CAMP! WONDERS! 50 EXPERIMENT SCIENCE CAMP 1** AGES 4-11

This Wonders Super-Science Camp is hands-on fun from beginning to end! Participants engage in over 50 experiments including: make wolf or buffalo tooth necklaces, launch rockets that fly over football fields, create glow-in-the-dark styrofoam, form amazing super-balls, do never-seen-before dry ice experiments, construct electric buzzers and switches, build incredible arrowhead demos, fire marshmallow cannons and much, much more!

**INSTRUCTOR:** Wonders! Science and Math  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.400	M-TH	9:00am-12:00pm	Apr 14-Apr 17	\$150/\$163*

\*\$35 materials fee due on the first day of camp

**CAMP! WONDERS! 50 EXPERIMENT SCIENCE CAMP 2** AGES 4-11

This Wonders Super-Science Camp is hands-on fun from beginning to end! Participants engage in over 50 hands-on experiments including: ride real hovercrafts, launch amazing rockets, collect fossils, make amazing plaster dinosaur casts, make camera paper, fire balloon rockets, build crystals, explode water, make penny centrifugal experiments, create foot-long lighting, split light, and much, much more!

**INSTRUCTOR:** Wonders! Science and Math  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.401	M-TH	1:00-4:00pm	Apr 14-Apr 17	\$150/\$163*

\*\$35 materials fee due on the first day of camp



# CITY PROGRAMS

## Kid's Night Out

### KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.400	F	5:00-9:00pm	Apr 4	\$13/\$26
1000.401	F	5:00-9:00pm	May 2	\$13/\$26
1000.402	F	5:00-9:00pm	Jun 6	\$13/\$26

## Teen Programs

### TEEN GLOW-IN-THE-DARK EGG HUNT

GRADES 6-9



When is an egg hunt not just an egg hunt? When it's a slammin' jammin' GLOW-IN-THE-DARK egg hunt! Join the quest for over one thousand glow-in-the-dark eggs filled with candy, kickin' gift cards, and tons of boss prizes. Don't miss out on the fun—bring your friends and get your hunt on!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.400	F	5:00-9:00pm	Apr 18	\$6

### NEW! TEEN SUMMER JAM

GRADES 6-9

Are you itching for summer? We are too! Cool off with us as we celebrate our favorite warm weather season early—because we can! You'll have a blast challenging your friends to a bucketful of water games, scarfing down tasty barbecue, fashioning sunny crafts, surfing your way to sweet prizes, and more! Grab your shades, your crew, and your sunscreen, and get ready for endless summer fun!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	FEE
1001.401	F	5:00-9:00pm	May 16	\$6

### NEW! TEEN EXCURSION:

#### UNIVERSAL STUDIOS HOLLYWOOD

GRADES 6-9

Lights, camera, ADVENTURE! We're celebrating the end of school by rolling film on FUN—Hollywood style! We're heading to Universal Studios Hollywood where you can channel your inner wizard at Hogwarts, come face to face with a ginormous T-Rex, escape the bandaged claws of a vengeful Mummy, and join the battle to save the human race from vicious Decepticons! Whatever you and your friends can dream, you can be! Admission, transportation, and supervision are included.

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
1001.402	F	8:00am-11:00pm	Jun 13	\$127/\$140

Are you itching for summer?  
Get ready for endless summer  
fun at our Teen Summer Jam!





# SPRING CLASSES

## Preschool Activities

### TINY TOTS AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan  
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.400	TU/TH	9:00am-12:00pm	Apr 1-Apr 24	\$252/\$265*
1500.401	TU/TH	9:00am-12:00pm	Apr 29-May 22	\$252/\$265*
1500.402	TU/TH	9:00am-12:00pm	May 27-Jun 12	\$189/\$202*

\*\$10 materials fee due on the first day of class

## Creative Arts

### MUSICAL THEATER AND DANCE: *WICKED* AGES 5-12

Let your inner star shine while being introduced to the world of musical theater and dance! Participants build confidence and performance skills through fun drama games and exercises. Cast parts and learn lines, scenes, songs, and a dance routine from the hit musical *Wicked* in preparation for a family showcase on the last day of class.

**INSTRUCTOR:** Charlene's Dance & Cheer  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1810.400	TH	4:30-5:30pm	Apr 3-Jun 12	\$165/\$178

## Art

### GET SMART WITH ART AGES 2-5

A unique beginners class to learn about artists and techniques, and create a new masterpiece each week! Participants explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development. Adult participation is required.

**INSTRUCTOR:** Ms. Vivian  
**LOCATION:** Community Park, Willow Room 306  
**NO CLASS:** May 26

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.400	M	10:00-10:45am	Apr 7-Apr 28	\$56/\$69
2505.401	M	10:00-10:45am	May 5-Jun 2	\$56/\$69

### ART SMARTS: DRAWING & PAINTING AGES 5-17



Using a positive, uplifting environment of creativity, we generate the "wow factor" using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils.

With over 200 lesson plans, participants enjoy drawing and painting animals, landscapes, portraiture, manga, birds, flowers, abstract design, and more. All materials provided.

**INSTRUCTOR:** Art Smarts  
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2508.400	TU	4:00-5:00pm	Apr 1-May 6	\$120/\$133
2508.401	TU	4:00-5:00pm	May 13-Jun 10	\$100/\$113

# Dance

## CHEERLEADING, DANCE & TUMBLE

AGES 3-12

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. Participants perform a full routine at the San Diego County Fair!

**INSTRUCTOR:** Charlene's Dance & Cheer

**LOCATION:** Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.400	3-5	TH	5:30-6:00pm	Apr 3-Jun 12	\$146/\$159
1703.401	6-12	TH	6:00-6:50pm	Apr 3-Jun 12	\$165/\$178



**Dance to EvOLvE** classes are designed to be progressive. All participants show off their talents in an end-of-session showcase. Participants are encouraged to participate in an end-of-session Spring recital.



## STORYBOOK DANCE

AGES 3-4

Embark on an enchanted journey through various dance styles, exploring a captivating new theme each week. Our dynamic sessions blend multiple dance styles, allowing participants to discover the beauty of expression through movement. Whether it's ballet, creative movement, or a sprinkle of hip hop, each class is a unique adventure tailored to ignite and nurture a love for dance. Let's dance, dream, and explore together!

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** May 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.400	M	3:45-4:25pm	Mar 31-Jun 9	\$196/\$209

## MINI MOVERS & MUSIC

AGES 1.5-2

This vibrant class is tailor-made for all those ready to groove! Filled with imaginative movement, lively music, and exciting dance games, it's the ultimate playground for mini movers. Through energetic and expressive sessions, participants master age-appropriate dance moves, enhance motor skills, and find their rhythm in a dynamic and supportive environment. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** May 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.401	M	4:30-5:10pm	Mar 31-Jun 9	\$196/\$209

## PETITE STARS TAP & BALLET

AGES 3.5-5.5

This tap and ballet combination class is designed to keep participants moving, learning, and having a blast! From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skill-building, classes gently guide participants toward mastering dance techniques while fostering creativity and self-expression.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** May 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.402	M	5:15-6:10pm	Mar 31-Jun 9	\$196/\$209
1702.403	SA	11:15am-12:10pm	Apr 5-Jun 21	\$235/\$248

## DREAM DANCERS

AGES 6-9

Step into the world of dance with our beginner class, where technique meets excitement in every step! Begin by nurturing your grace, strength, and musicality while ensuring every moment is filled with fun. In this dynamic combo of jazz or tap and ballet, participants not only master the fundamentals but also explore the vibrant world of multiple dance genres.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** May 26

## Jazz & Ballet

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.404	6-9	M	6:15-7:10pm	Mar 31-Jun 9	\$196/\$209

## Tap & Ballet

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.405	6.5-9	SA	12:30-1:25pm	Apr 5-Jun 21	\$235/\$248



**BEAT BUSTERS HIP HOP****AGES 4-7**

Unleash your inner dance superstar! This dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.406	W	4:00-4:55pm	Apr 2-Jun 11	\$216/\$229

**HIP HOP HYPE SQUAD****AGES 8-12**

Designed to leave participants feeling refreshed and energized, elevate your dance game with this invigorating and high-octane hip hop class. Whether you're a seasoned dancer or new to the dance floor, this class caters to all skill levels, providing a supportive environment where creativity flourishes and confidence soars. Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.407	W	5:00-5:55pm	Apr 2-Jun 11	\$216/\$229

**MAGICAL MUNCHKINS TAP & BALLET****AGES 2-3.5**

Step into this enchanting introductory dance class where rhythm, grace, and boundless fun await! Our dynamic sessions seamlessly blend tap and ballet, and engaging dance games, creating an energetic and expressive atmosphere where every participant can shine. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.408	SA	8:30-9:10am	Apr 5-Jun 21	\$235/\$248

**TINY MOVERS TAP & BALLET****AGES 3-4.5**

Watch as participants embark on a journey of learning basic dance and motor skills, musicality, and rhythm, all while having a blast in a supportive environment. Starting with tap and seamlessly transitioning into ballet each week, these classes are carefully crafted to keep your little one engaged and excited. This is the first independent class, with families watching from outside the room, fostering confidence and independence.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.409	SA	9:15-10:10am	Apr 5-Jun 21	\$235/\$248

**STAR SHINERS TAP & BALLET****AGES 4.5-6**

This class fosters continuous growth and progression, guiding participants through a journey of skill development and self-expression. Carefully designed to seamlessly integrate curriculum goals with joyous movement, participants are both challenged and fulfilled. Starting with tap and seamlessly transitioning into ballet each week, participants not only refine their dance, listening, and coordination skills but also dive into the intricacies of ballet terminology and technique. Once a month, participants spice things up with a jazz dance day, adding variety and excitement to our repertoire.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.410	SA	10:15-11:10am	Apr 5-Jun 21	\$235/\$248

**NEW! BALLET 1****AGES 10-14**

Dive into the enchanting world of ballet in this class designed to inspire and elevate participants of all levels, no experience required. Whether you dream of pirouetting across the stage or simply want to explore the beauty of classical dance, this class offers the perfect balance of technique and artistry. We will focus on building a strong foundation in ballet fundamentals while nurturing creativity and expression.

**INSTRUCTOR:** Dance To EvOLvE:  
dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.411	SA	1:30-2:25pm	Apr 5-Jun 21	\$235/\$248

# Health & Wellness

## FREE OLDER ADULT PROGRAMS!

**INFORMATION:** [poway.org/olderadults](http://poway.org/olderadults)

### FEELING FIT

AGES 50+

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities. Can be performed from a seated or standing position. Equipment provided for class use.

**INSTRUCTOR:** Feeling Fit

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE

### NEW! ROLLIN' & STROLLIN'

AGES 50+

Rollin' & Strollin' is a social dance and move-for-fun class for older adults. Designed for people of all ability and mobility levels, we use the principles of basic line dancing to adapt and create dance steps suitable for moving to music. Wear soft-soled shoes.

**INSTRUCTOR:** Shelley Johnston

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	1:00-2:00pm	FREE

### QIGONG

AGES 50+

Learn to synchronize the mind, body, and breath! Qigong combines gentle flowing movements, relaxed breathing, and self-massage. This self-healing practice becomes a moving meditation as participants enjoy reduced stress and anxiety and improved balance and coordination. Can be done from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Veronique Cometti

**LOCATION:** Community Park, Oak Hall East

DAY	TIME	R/NR FEE
TU	10:00-10:45am	FREE



### LINE DANCING

AGES 50+

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. Instruction provided during the first 30 minutes of class. Wear soft-soled shoes.

**INSTRUCTOR:** Duffy

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:00-3:00pm	FREE
F	1:00-3:00pm	FREE

### SILVER AGE YOGA

AGES 50+

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be performed from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Silver Age Yoga

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:45am	FREE



# Sports

## **SOCCER SHOTS MINIS** **AGES 2-3**

This high-energy program introduces participants to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, participants begin to experience the joy of playing soccer and being active. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WED:** Valle Verde Park, Soccer Field  
**SAT:** Community Park, Open Play Area

**NO CLASS:** Apr 19 & May 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.400	W	4:00-4:30pm	Apr 9-Jun 11	\$210/\$223*
2010.401	SA	9:00-9:30am	Apr 12-Jun 14	\$184/\$197*
2010.402	SA	10:35-11:05am	Apr 12-Jun 14	\$184/\$197*

\*\$35 materials fee due on the first day of class

## **SOCCER SHOTS CLASSIC** **AGES 4-6**

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces participants to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WED:** Valle Verde Park, Soccer Field  
**SAT:** Community Park, Open Play Area

**NO CLASS:** Apr 19 & May 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.403	W	4:35-5:20pm	Apr 9-Jun 11	\$210/\$223*
2010.404	SA	9:40-10:25am	Apr 12-Jun 14	\$184/\$197*

\*\$35 materials fee due on the first day of class

## **SOCCER SHOTS PREMIER** **AGES 7-10**

Premier classes focus on individual skill, fitness, and sportsmanship, providing an opportunity for participants to be challenged through fun games and team interaction. Participants are also introduced to competition in a developmentally-appropriate manner. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** Community Park, Open Play Area

**NO CLASS:** Apr 19 & May 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.405	SA	11:15am-12:10pm	Apr 12-Jun 14	\$184/\$197*

\*\$35 materials fee due on the first day of class



**SKATEBOARDING: BEGINNER****AGES 6-13**

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife, Andrew Barbosa:  
Andrew@skskatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.400	W	5:00-6:00pm	Apr 2-Apr 30	\$100/\$113
2004.401	W	5:00-6:00pm	May 14-Jun 18	\$120/\$133

**SKATEBOARDING: INTERMEDIATE/ADVANCED AGES 6-13**

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience **OR** have participated in the Skateboarding: Beginner class before enrolling. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife, Andrew Barbosa:  
Andrew@skskatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.402	W	4:00-5:00pm	Apr 2-Apr 30	\$100/\$113
2004.403	W	4:00-5:00pm	May 14-Jun 18	\$120/\$133

**TAEKWONDO****AGES 5+**

This is a complete martial arts program designed to help participants of all ages develop respect, self-control, strength, speed, coordination, endurance, and confidence. Learn Taekwondo kicks, blocks, and punches through self-defense skills. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.

**INSTRUCTOR:** Master Chen

**LOCATION:** Community Park, Sycamore Hall

**BELT TESTING:** May 26 & May 28—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.400	5+	M/W	5:00-6:00pm	Mar 31-Jun 11	\$129/\$142
2001.401	11+	M/W	6:05-7:05pm	Mar 31-Jun 11	\$129/\$142

**Junior/Adult Taekwondo—Black Belt Participants**

This program is for black belt participants only. Combined with class 2001.401 for the first hour, black belt participants stay an extra 25 minutes for individual instruction.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.402	11+	M/W	6:05-7:30pm	Mar 31-Jun 11	\$129/\$142

**YOUTH VOLLEYBALL** **AGES 10-14**

Looking for a fun, recreational sport? Beginning Volleyball will work on the basics of passing, setting, hitting, and serving using instruction, drills and practice. **One year of volleyball experience and knowledge of passing, setting, and serving is required for Intermediate Volleyball.**

**INSTRUCTOR:** Susie & Lexi Gehrke  
**LOCATION:** Meadowbrook Gymnasium

**Beginner**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.400	M	5:30-6:30pm	Mar 31-May 19	\$75/\$88

**Intermediate**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.401	M	6:30-7:30pm	Mar 31-May 19	\$75/\$88

**ADULT VOLLEYBALL** **AGES 16+**

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. **Past volleyball experience is required.**

**INSTRUCTOR:** Dick Leatherman  
**LOCATION:** Twin Peaks Multipurpose Center

**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.400	Men	TH	6:30-9:30pm	Apr 3-May 29	\$80/\$93
2005.401	Women	TH	6:30-9:30pm	Apr 3-May 29	\$80/\$93

**Coed Advanced**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.402	Men	TU	6:30-9:30pm	Apr 1-May 27	\$80/\$93
2005.403	Women	TU	6:30-9:30pm	Apr 1-May 27	\$80/\$93

**Women**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.404	Women	M	6:30-9:30pm	Apr 7-Jun 2	\$80/\$93



**TENNIS** **AGES 6-14**

Learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

**INSTRUCTOR:** Art Christophiades  
**LOCATION:** Community Park, Tennis Courts

**Beginner**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.400	9-14	TU/TH	4:00-5:00pm	Apr 15-May 22	\$84/\$97
2000.401	6-8	SA	9:00-10:00am	Apr 19-May 24	\$42/\$55
2000.402	9-14	SA	10:00-11:00am	Apr 19-May 24	\$42/\$55

**Intermediate**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.403	9-14	TU/TH	5:00-6:00pm	Apr 15-May 22	\$84/\$97
2000.404	9-14	SA	11:00am-12:00pm	Apr 19-May 24	\$42/\$55

**Advanced Juniors**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.405	10-14	M/W	4:00-5:30pm	Apr 14-May 21	\$108/\$121

# Open Play Sports

## OPEN PLAY SPORTS

ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the spring months, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU	6:00-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).



# Safety Training

## CHILD & BABYSITTING SAFETY

AGES 11-17



This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics include: playtime safety, infant and child feeding,

recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.

**INSTRUCTOR:** Lockhart Training

**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.400	TU	9:30am-1:30pm	Apr 15	\$59/\$72*
2100.401	SA	9:30am-1:30pm	Jun 21	\$59/\$72*

\*\$10 materials fee due on the first day of class

# Special Needs

## ARTS & CRAFTS

AGES 18+

Are you ready to express your creative side? Join us for an arts and crafts extravaganza filled with painting, drawing, and mixed media projects. Let your artistic mind loose on a different project each week!

**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.400	TU	4:00-5:00pm	Apr 1-Jun 3	\$100/\$113*

\*\$20 materials fee due on the first day of class

## SPORTS & GAMES

AGES 18+

Packed with sports and fun games, this class teaches participants the importance of being a team player, stretching, rules of the game, basic athletic skills, and building sportsmanship! Experience a different sport/game each week such as soccer, corn hole, basketball, bocce ball, and more.

**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.401	TH	4:00-5:00pm	Apr 3-Jun 5	\$100/\$113

# Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

## TRAINING CLASSES DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called. Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

**INSTRUCTOR:** Good Dog Training School, Lynne Moore  
**LOCATION:** TUE: Old Poway Park, Gazebo  
 WED: Community Park, Dog Pen 2  
 SAT: Garden Road Park, Open Area

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.400	TU	6:30-7:30pm	Apr 1-May 6	\$95/\$108*
2300.401	SA	9:30-10:30am	Apr 5-May 10	\$95/\$108*
2300.402	TU	6:30-7:30pm	May 13-Jun 17	\$95/\$108*
2300.403	SA	9:30-10:30am	May 17-Jun 21	\$95/\$108*

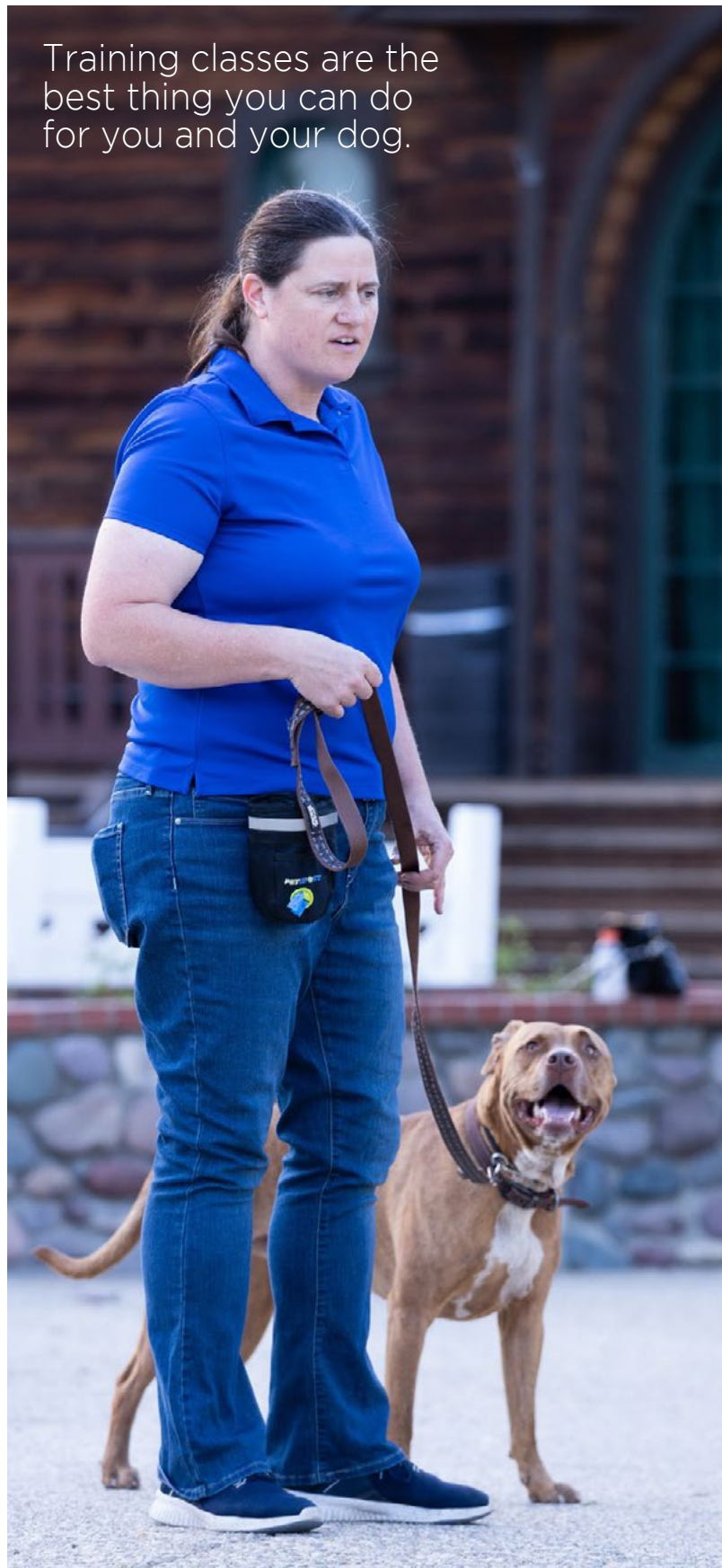
\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.404	SA	10:45-11:45am	Apr 5-May 10	\$95/\$108
2300.405	SA	10:45-11:45am	May 17-Jun 21	\$95/\$108

### Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.406	W	6:30-7:30pm	Apr 2-May 7	\$95/\$108
2300.407	W	6:30-7:30pm	May 14-Jun 18	\$95/\$108



Training classes are the best thing you can do for you and your dog.

# Emergency Preparedness

## With the Poway Fire Department

**ADULT AND PEDIATRIC CPR AND AED**

**AGES 16+**



Get trained in adult and pediatric CPR and the use of an Automated External Defibrillator (AED). Each participant receives a course completion card valid for two years. This course is for anyone, age 16 or above, that wants to be better prepared to handle a medical emergency at home. This course is not for healthcare providers. Class limited to 25 people.

**FREE!**

**INSTRUCTOR:** Fire Department Staff  
**LOCATION:** Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.400	SA	8:30-10:00am	Jun 7	FREE

**WILDFIRE SAFETY AND EVACUATION AWARENESS**

**AGES 16+**



Wildfire is a part of Poway's natural ecology and history has demonstrated that fire periodically affects the region. The City's climate, vegetation, topography, and large amount of open space puts the community at risk for wildfires. Learn how to better protect your home and your family from wildfire including low-cost retrofits to harden your home, best practices for creating defensible space within your ornamental landscaping, and what to do before, during, and after an evacuation.

**FREE!**

**INSTRUCTOR:** Fire Department Staff  
**LOCATION:** Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.401	W	6:30-8:00pm	May 14	FREE
0001.402	SA	8:30-10:00am	May 17	FREE



Do you want to be better prepared to handle a medical emergency at home? This class is for you!



# Swim Classes

## Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4680 prior to the start of the class to ensure that you are not dropped.

## Swim Lesson Assessments

If you are unsure which level to enroll in, please make an appointment for a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

## Waitlists

Can't find space in the class you're looking for? Make sure to add yourself to the waitlist and we'll contact you if space becomes available.

### GRUNION 1 AGES 3-4



A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
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#### Session 1

0101.400	SA/SU	8:50-9:30am	Mar 29-Apr 19	\$65/\$97
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#### Session 2

0101.410	SA/SU	8:00-8:40am	May 3-May 25	\$74/\$111
0101.411	TU/TH	4:30-5:10pm	May 6-May 29	\$74/\$111

### GRUNION 2 AGES 3-5

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
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#### Session 1

0102.400	SA/SU	8:50-9:30am	Mar 29-Apr 19	\$65/\$97
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#### Session 2

0102.410	SA/SU	8:50-9:30am	May 3-May 25	\$74/\$111
0102.411	SA/SU	9:40-10:20am	May 3-May 25	\$74/\$111
0102.412	TU/TH	4:30-5:10pm	May 6-May 29	\$74/\$111

### GRUNION 3 AGES 3-5

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
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#### Session 1

0103.400	SA/SU	8:00-8:40am	Mar 29-Apr 19	\$65/\$97
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#### Session 2

0103.410	SA/SU	8:50-9:20am	May 3-May 25	\$74/\$111
0103.411	TU/TH	5:20-6:00pm	May 6-May 29	\$74/\$111



**OTTER PUP****AGES 3-5**

This class is for swimmers that are ready to move on to the Otter level but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0104.400	SA/SU	8:00-8:40am	Mar 29-Apr 19	\$65/\$97
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**STARFISH****AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0201.400	SA/SU	8:00-8:40am	Mar 29-Apr 19	\$65/\$97
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**Session 2**

0201.410	SA/SU	8:00-8:40am	May 3-May 25	\$74/\$111
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0201.411	TU/TH	6:10-6:50pm	May 6-May 29	\$74/\$111
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**SEAHORSE****AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0202.400	SA/SU	9:40-10:20am	Mar 29-Apr 19	\$65/\$97
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**Session 2**

0202.410	SA/SU	8:00-8:40am	May 3-May 25	\$74/\$111
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0202.411	SA/SU	9:40-10:20am	May 3-May 25	\$74/\$111
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0202.412	TU/TH	5:20-6:00pm	May 6-May 29	\$74/\$111
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**OTTER****AGES 6-12**

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, and passing the Swim Test.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0203.400	SA/SU	9:40-10:20am	Mar 29-Apr 19	\$65/\$97
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**Session 2**

0203.410	SA/SU	8:50-9:30am	May 3-May 25	\$74/\$111
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0203.411	TU/TH	6:10-6:50pm	May 6-May 29	\$74/\$111
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**SEAL****AGES 6-14**

Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0204.400	SA/SU	8:50-9:30am	Mar 29-Apr 19	\$65/\$97
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**STINGRAY****AGES 6-15**

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke. Introduced skills are breaststroke and sidestroke class.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0205.400	SA/SU	8:50-9:30am	Mar 29-Apr 19	\$65/\$97
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**DOLPHIN****AGES 6-15**

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 2**

0206.410	SA/SU	9:40-10:20am	May 3-May 25	\$74/\$111
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**PRIVATE LESSONS****AGES 2+**

Private, one-to-one swim lesson instruction for any age or ability. Individual meetings are 30 minutes in length and registration takes place in packages of 4 lessons. Please review the corresponding dates and times in the listing before enrollment. Children, under the age of 3, may be required to have an adult in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0601.400	SA/SU	8:00-8:30am	Mar 29-Apr 19	\$111/\$156
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0601.401	SA/SU	8:50-9:20am	Mar 29-Apr 19	\$111/\$156
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0601.402	SA/SU	9:40-10:10am	Mar 29-Apr 19	\$111/\$156
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**Session 2**

0601.410	SA/SU	8:00-8:30am	May 3-May 25	\$148/\$208
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0601.411	SA/SU	8:50-9:20am	May 3-May 25	\$148/\$208
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0601.412	SA/SU	9:40-10:10am	May 3-May 25	\$148/\$208
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# POWAY PARKS & FACILITIES



## POWAY COMMUNITY PARK

13094 Civic Center Drive

(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

### Hours

Daily | Sunrise-Sunset

**Office | Ball Fields | Bocce Courts**

Daily | 8:00am-9:00pm

**Dog Park | Tennis Courts | Basketball Court**

Daily | Sunrise-10:00pm

**Skate Park**

Daily | 8:00am-8:00pm

#### FREE EQUIPMENT

ALL AGES

Visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.



#### CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5.00 for adults 50+. Meal tickets can be purchased in advance, but **MUST** be purchased in person at the Community Center by 1:00pm the day before. For more information and to see the menu, visit [poway.org/olderadults](http://poway.org/olderadults) or call (858) 668-4671.



#### BINGO

AGES 18+

B-4! N-36! Whether you're a seasoned pro or new to the game, come test your luck. With multiple winners, everybody has a chance to win cash, jackpot prizes, bonus rewards, and more. Brought to you by the Friends of Poway Seniors. For more information, visit: [friendsofpowayseniors.org](http://friendsofpowayseniors.org).

**LOCATION:** Community Park, Sycamore Hall

DAY	DOORS OPEN	STARTS
TU	9:00am	11:30am
SU	9:00am	12:30pm

# OLD POWAY PARK

14134 Midland Road  
(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## Hours

### Museum

Saturdays | 10:00am-2:00pm  
Sundays | 11:00am-2:00pm

### Nelson House

Saturdays | 10:00am-2:00pm

### Artisan Market

1st and 3rd Saturday of the month | 8:00am-2:00pm

### Railroad Info

[powaymidlandrr.org](http://powaymidlandrr.org)

### Farmers Market

Saturdays | 8:00am-1:00pm

### Old Poway Pottery

Saturdays | 10:00am-2:00pm

## HISTORICAL TOURS

ALL AGES

Experience Poway history firsthand during our Historical Tours program. Providing the perfect combination of fun and education, this program is ideal for 20 or more participants. This program runs March through June, Tuesday through Thursday by reservation only. \$4 per person.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576

## FARMERS MARKET

ALL AGES

Saturdays | 8:00am-1:00pm

Find the best locally and organically grown, farm-fresh produce and artisan foods at our "City in the Country" Farmers Market on Midland Road. Rain or shine!

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576



## VOLUNTEER FAIR

ALL AGES

Saturday, April 26 | 9:00am-1:00pm

Find your volunteer passion at the 2nd Annual Volunteer Fair. Meet a variety of groups seeking opportunities for volunteers of all ages.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## OLD FASHIONED FRIENDSHIP TEA

ALL AGES

Sunday, April 27 | 2:00pm-4:00pm

Join the Poway Woman's Club for an Old-Fashioned Friendship Tea at Old Poway Park's Templars Hall. \$20 per person, with all proceeds benefiting the Club's many charitable causes.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## KRISTIN OSBORN STUDENT ART FESTIVAL

ALL AGES

Saturday, May 3 | 10:00am-2:00pm

The Kristin Osborn Student Art Festival celebrates the creative talent of young aspiring artists as they display their artwork. Engage with students, hear the story behind their work, and discover the passion behind their pieces.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark)



## COMMUNITY BAND FESTIVAL

ALL AGES

Saturday, May 17 | 10:00am-7:00pm

Sunday, May 18 | 10:00am-7:00pm

Enjoy great music and amazing concert bands during the FREE 29th Annual California Band Festival and Arts and Crafts Market.

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

## 46TH ANNUAL STANDARD FLOWER SHOW

ALL AGES

Saturday, May 10 | 9:00am-3:00pm

The Poway Valley Garden Club hosts the 46th Annual Standard Flower Show "Reimagining Nature's Symphony". Enter your design or just come admire the numerous locally-grown horticultural entries.

INFORMATION: [powayvalleygardenclub.org](http://powayvalleygardenclub.org)





## POWAY SWIM CENTER

13094 Civic Center Drive  
(858) 668-4680

[poway.org/swim](http://poway.org/swim)

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family/single-use restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

Lanes will be set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times. Splash pad may be closed due to seasonal weather.

## Seasonal Information

### Spring Schedule (April 7–June 12)

For more detailed information about our facility and operations including our pool hours, please visit our website at [poway.org/swim](http://poway.org/swim)

**The Swim Center will close at 1:30pm on March 7, April 4, and May 2 for Staff Training.**

### Holiday Hours and Closures

Swim Meet | April 25-27 | CLOSED  
 Memorial Day | May 26 | 10:30am-4:00pm  
 Summer Splash Bash | June 13 | CLOSED FOR EVENT  
 Pre-Summer Lifeguard Training | June 14 | CLOSED

## Costs

Please visit [poway.org/swim](http://poway.org/swim) for current user fees.

### WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission and reservations are required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

### RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training courses teach the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED.

Portions of this class are taught online in between listed class meetings. 100% attendance and participation is required. There is a water skills pre-test on the first day of class that must be passed to continue the rest of the course. The class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.



**INFORMATION:** [poway.org/515/Lifeguard-Training](http://poway.org/515/Lifeguard-Training) or (858) 668-4683

CLASS #	DAY	TIME	DATES	FEE
0700.401	TH	4:30–5:30pm	Pretest Mar 27	\$250
	SA	9:00am–6:00pm	Mar 29, Apr 5	
	TU/TH	4:30–7:30pm	Apr 1, 3	
0700.402	W	4:30–5:30pm	Pretest Apr 9	\$250
	M-TH	9:00am–3:00pm	Apr 14–17	



## Summer Splash Bash— Save the Date!

June 13, 2025

6–12 years (Parents required for 6 & 7 year olds)

Drop off the kids, and get ready to kick off the Summer with a splash! This all-day party is a great way to start the summer with a day full of games, music, food, and prizes!

Stay tuned for the registration information in our Summer Community Service guide and online!

# LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772

**Concession: The Lookout** (858) 883-4146

## Hours

Daily | 6:00am–Sunset

### Lake Fishing and Boating Hours

Wednesday–Sunday | 6:00am–Sunset

### Entry Station

Open Weekends & Holidays  
\$10 non-resident entry fee for vehicles  
Active Military free with ID

### The Trout are Still Biting at Lake Poway!

Wright's Rainbows stocks their famous Idaho rainbow trout through April 17. We have the best permit and boat prices in the area, along with a full-service concession. Come catch the "Big One" before the season is over.

**INFORMATION:** [poway.org/lakepoway](http://poway.org/lakepoway) or (858) 668-4772



## SPRING CAMPING SERIES

ALL AGES

Spring is a beautiful time to get away from home and camp at Lake Poway! Hike, fish, or simply relax by your campsite and enjoy all the natural beauty that the park has to offer. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event! A movie will be shown at sunset.

**INFORMATION:** [poway.org/lakepoway](http://poway.org/lakepoway) or (858) 668-4772

**REGISTRATION:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.400	F/SA	1:00pm–10:00am	Apr 18–19	\$31
9039.401	F/SA	1:00pm–10:00am	May 2–3	\$31
9039.402	F/SA	1:00pm–10:00am	May 16–17	\$31
9039.403	F/SA	1:00pm–10:00am	May 30–31	\$31

## LAKE POWAY JUNIOR OLYMPIC ARCHERY DEVELOPMENT (JOAD) PROGRAM

ALL AGES



Join the Junior and Adult Olympic Archery Program and take aim at a new adventure! Whether you are a beginner looking to explore the basics or an aspiring competitor aiming for the top, our tailored instruction offers something for everyone. All equipment provided plus expert coaches to guide your journey. Sign up today and let your Olympic dreams take flight!

**INSTRUCTOR:** Alana Dunaway  
**LOCATION:** Lake Poway, Archery Range  
**DAYS:** 9:00am Saturday Mornings, Year Round  
Monday Evenings, March through September

**FOR SCHEDULE, REGISTRATION, OR COST:**  
email [Coachdunaway@gmail.com](mailto:Coachdunaway@gmail.com) or text (760) 484-0002  
**TRY A FREE CLASS!** March 29 | 9:30am–12:00pm



Spring is a beautiful time to get away from home and camp at Lake Poway!



# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road  
1 mile north of Lake Poway Road  
(858) 668-4781  
[poway.org/bluesky](http://poway.org/bluesky)

## Hours

Daily | Sunrise-Sunset



### BECOME A BLUE SKY DOCENT AGES 18+

Do you love wildlife and being outdoors? Would you like to join our dedicated team of docent naturalists by becoming a tour leader? No experience needed. Learn about the flora and fauna of our area at your own pace. We guarantee you will make a lasting impact!

**INFORMATION:** [blueskyreserve@poway.org](mailto:blueskyreserve@poway.org) or (858) 668-4781

### STORYBOOK AND TRAIL TIME ALL AGES

Connect with nature and introduce your little ones to a fun story posted along the Green Valley Truck Trail and Creekside Trail. Make sure to have your kids stop at the Wingspan Sign and have them measure their wingspan against some of the birds that can be found in Blue Sky.



### DOCENT-LED NATURE WALKS ALL AGES

**FREE!**

Find our Activities Schedule on the website or at Blue Sky Reserve or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

### BETTER TOGETHER! AGES 6-10

Many animals rely on each other to survive. Whether it's for protection or for help gathering food, it's clear that they are better together. Learn about animals that live or work in groups, brush up your artistic talents with a craft, and look for animal teamwork in action on a hike in the Reserve. Limited to 24 children. An adult must accompany children.

**REGISTRATION:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.401	SA	9:00-11:30am	Mar 22	\$4

# KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open third Saturday of each month | 10:00am-1:00pm

### GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES

Visit us on the third Saturday of each month between 10:00am and 1:00pm for a docent-led tour. Experience artifacts, 'ewaas, and milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.

### VOLUNTEER TODAY, INSPIRE FOR A LIFETIME AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. Absolutely no experience is required, and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

**INFORMATION:** [blueskyreserve@poway.org](mailto:blueskyreserve@poway.org) or (858) 668-4781





# CLASS REGISTRATION

## SPRING REGISTRATION DATES:

March 4 at 7:30am for Poway Residents and March 5 at 7:30am for everyone.

## EARLY SUMMER CAMP REGISTRATION DATES:

April 8 at 7:30am for Poway Residents and April 9 at 7:30am for everyone.

### 3 convenient ways to register for classes:

- 1 ONLINE REGISTRATION**  
is available by visiting the City of Poway website:  
[poway.org/classes](http://poway.org/classes).  
A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.
- 2 WALK-IN REGISTRATION**  
is available at the Community Services Department during business hours.  
**Location**  
13325 Civic Center Drive  
**Hours**  
Check [poway.org](http://poway.org) for current hours.
- 3 MAIL-IN REGISTRATION**  
is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.  
**Mail to**  
P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$19 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$19 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

## Financial Assistance

### Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

# POWAY LIBRARY

13137 Poway Road  
(858) 513-2900

[sdcl.org](http://sdcl.org)

## Hours

Monday & Thursday | 10:00am-6:00pm  
Tuesday & Wednesday | 12:00-7:00pm  
Friday, Saturday & Sunday | 10:00am-5:00pm

### FREE! TEEN PROGRAMS

GRADES 6-12

**Teen Tuesdays:** Check [sdcl.org/poway](http://sdcl.org/poway) for more program details | 4:00-6:00pm

**Teen Craft:** Thursdays | 4:00pm



### FREE! CHILDREN'S PROGRAMS

BIRTH TO GRADE 5

**Baby Storytime:** Mondays | 11:00am & Tuesdays | 1:00pm

**Toddler Storytime:** Thursdays | 10:30am

**Crafternoon:** Thursdays | 1:00pm

**Preschool Play:** Fridays | 10:30am

**Love on a Leash:** Fridays | 3:30-4:30pm

**Dance Party Storytime:** Saturdays | 10:30am

### FREE! ADULT PROGRAMS

AGES 18+

**Zumba Inclusive:** First & Third Monday | 10:00-11:00am

**Friendship Club:** Second & Fourth Monday | 10:30-11:30am

**Knitting Club:** Second & Fourth Monday | 1:00-3:00pm

**Tech Help:** Wednesdays | 2:00-3:00pm

**Yoga-Mindful Movement with Breath:** Wednesdays | 3:00-4:30pm

**Book Club:** Third Wednesday | 6:00pm

**Pounds, Music, and Movement Class:** Thursdays | 11:30am

**Mah Jongg-American & Chinese:** Thursdays | 1:00-3:00pm

**Cribbage:** Fridays | 10:00am-12:00pm

**Tai Chi for Adults:** Fridays | 10:00am

**Meditation for All:** First Saturday | 2:00-3:00pm



**SPORTSPLEX USA**  
★ ★  
*Your Place To Play.*

**Poway's Premier Sports Complex**

- ▶ Adult Softball
- ▶ Adult Indoor Soccer
- ▶ Youth Indoor Soccer (3-12yrs)
- ▶ Birthday Parties

Leagues now forming. Visit us online today!  
**SportsplexUSA.com**

**12349 McIvers Ct. Poway, CA 92064**

# POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road  
[PowayCenter.com](http://PowayCenter.com)

## Rental Requests

[business@powaycenter.com](mailto:business@powaycenter.com)

## Administration

(858) 668-4693

Tuesday-Thursday | 10:00am-2:00pm

## Box Office

(858) 748-0505

Friday & Saturday | 1:00-6:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

## Art Gallery & Facility

Tuesday-Thursday | 10:00am-2:00pm

Friday & Saturday | 1:00-6:00pm

Closed on major holidays

Join us for one or many live performances in the spring! With concerts, choirs, dance and plays, there is something for everyone. Community presentations feature the return of Scripps Theatre Arts, Poway Symphony Orchestra, MET, and Southern California Ballet. Several low-cost or free shows are made possible through a partnership with the Poway Unified School District. Poway Unified School District shows include performances by Poway High School, Rancho Bernardo High School, and Bernardo Heights Middle School. We expect to sell out a few shows, so get your tickets now for *Blind Boys of Alabama*, *Pete the Cat*, *Back to the Garden: Beatles Alone Together*, *Phat Cat Swinger*, and *Broadway's Next Hit Musical presents the Phony Awards*.

**TICKETS & INFORMATION:** [powaycenter.com](http://powaycenter.com)



## POWAY ONSTAGE



Presenters of World-Class Talent at the Poway Center for the Performing Arts.  
[powayonstage.org](http://powayonstage.org)

## POWAY UNIFIED SCHOOL DISTRICT



Student stars of all ages sing, act, dance and show off their talents.  
[powayusd.com](http://powayusd.com)

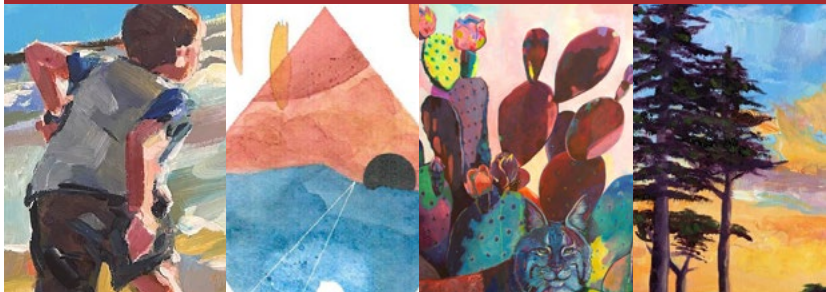
## COMMUNITY PRESENTERS



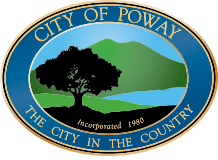
Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. [powaycenter.com](http://powaycenter.com)

## ART SHOWS

Art Credit: Laura Green, T. McGilvray, Mieko Anekawa, Barbara Kokaska



Rotating exhibits ensure a wide variety of styles and media from local, regional, and student artists.



**City of Poway**  
 13325 Civic Center Drive  
 Poway, CA 92064

Connect with us and never miss a recreation opportunity again!



City of Poway



@cityofpoway



@cityofpoway

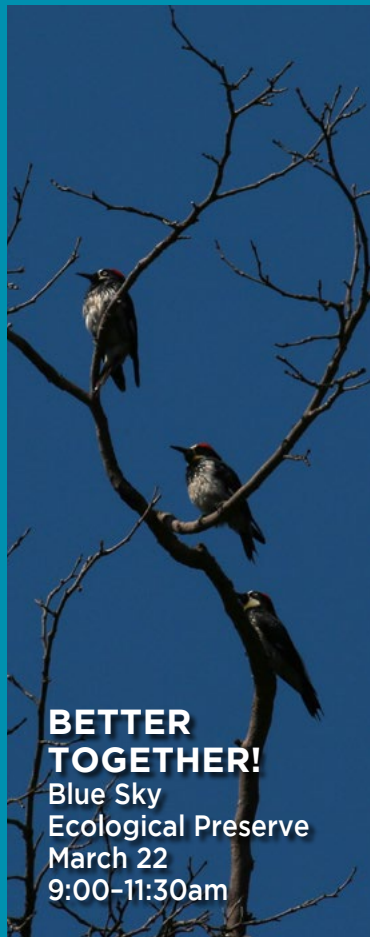


poway.org/connect

# SPRING 2025 EVENTS AT A GLANCE



**FARMERS MARKET**  
 Old Poway Park  
 Saturdays  
 8:00am-1:00pm



**BETTER TOGETHER!**  
 Blue Sky  
 Ecological Preserve  
 March 22  
 9:00-11:30am



**SPRING CAMPOUT**  
 Lake Poway  
 April 18-19  
 May 2-3  
 May 16-17  
 May 30-31



**SUMMER SPLASH BASH**  
 Poway Swim Center  
 June 13

## Poway City Council

Mayor: STEVE VAUS  
 Deputy Mayor: PETER DE HOFF  
 Councilmember: TONY BLAIN  
 Councilmember: JENNY MAEDA  
 Councilmember: CHRISTOPHER J. PIKUS

## SAVE THE DATE!

Spring Registration Dates:  
 March 4, 2025 at 7:30am for Poway Residents  
 and March 5, 2025 at 7:30am for everyone.  
 See page 23 for details, or visit [poway.org/classes](http://poway.org/classes).