

# POWAY

## COMMUNITY SERVICES GUIDE

**WINTER 2024-25**

**Registration Begins:  
NOVEMBER 5 AT 7:30AM  
FOR POWAY RESIDENTS  
NOVEMBER 6 AT 7:30AM  
FOR EVERYONE**

**[POWAY.ORG/CLASSES](https://poway.org/classes)**



# CHRISTMAS IN THE PARK

**FREE!**

Join us at **Old Poway Park** for two days of old-fashioned holiday traditions that will take you back in time with caroling, live music, a visit with Santa, and so much more! Purchase tasty holiday treats, finish your Christmas shopping at the craft boutique and Children's Entrepreneur Market, or board the 1907 Baldwin Steam Engine for a night-time ride around the park.

**Friday, December 13, 2024 | 3:30-8:30pm**

**Saturday, December 14, 2024 | 3:30-8:30pm**

Don't miss the annual lighting of the community Christmas tree on Friday followed by Santa's arrival.

## TREE LIGHTING AND SANTA'S ARRIVAL

**Friday: 5:30pm**

**INFORMATION:**

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)  
or (858) 668-4576



# WINTER FESTIVAL

**FREE!**

Experience the magic and charm of winter like never before at **Poway Community Park!** Feel snow between your fingers while sledding down snow hill; smell roasted marshmallows as you devour delicious s'mores; experience the wind in your hair skating around the synthetic ice rink; and peruse a variety of vendors and their sensational products. Bring the whole family; there's something for everyone!

**Friday, January 10, 2025 | 5:00-9:00pm**

**Saturday, January 11, 2025 | 3:30-8:30pm**



## Winter Festival for Our Special Needs Community

**FREE!**

Experience the magic and charm of winter during this exclusive event for kids and adults with special needs. Participants may bring one buddy with them to join in the fun. Registration is not required; however, participants must check-in when they arrive to receive their event wristband.

**Saturday, January 11, 2025 | 2:30-3:30pm**

**INFORMATION:** [poway.org/winterfestival](http://poway.org/winterfestival)  
or (858) 668-4671





# 30th Annual “Youth-Only” Fishing Derby, Fishing Seminar & Campout

**Derby:** Saturday  
February 1, 2025 | 6:00am-12:00pm

**Seminar:** Friday  
January 31, 2025 | 5:00pm

**Campout:** Friday-Saturday  
January 31-February 1, 2025 | 6:00am-12:00pm

## DERBY

**FREE!**

Join us for an exciting day of fun and prizes at the 30th Annual Youth-Only Fishing Derby! Freshly stocked with 1,500 pounds of rainbow trout, Lake Poway will be open only to youth ages 15 and younger from 6:00am-12:00pm. Parents, please leave the fishing to the kids during the derby. Free hot dog lunch will be provided!

## SEMINAR

**FREE!**

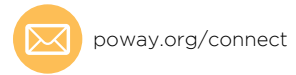
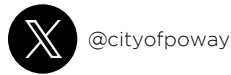
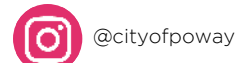
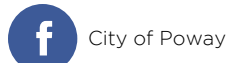
Want a slight advantage the night before the Derby? Join us at 5:00pm to learn tips from Park Rangers and see demonstrations on how to properly rig a line. Free pizza dinner will be provided!

## CAMPOUT

Participants and their families are invited to camp overnight and sleep under the stars for \$19 per car. Don't forget your camping and grilling supplies! Absolutely no fishing is permitted prior to the 6:00am tournament start time. Families may start setting up their campsites at 6:00am Friday morning. No alcohol is permitted.

CLASS #	DAY	TIME	DATES	R/NR FEE
9039.300	F-SA	6:00am- 12:00pm	Jan 31-Feb 1	\$19

INFORMATION: poway.org or (858) 668-4772



### SAVE THE DATE:

**WINTER CLASS REGISTRATION:**  
**POWAY RESIDENTS - November 5 at 7:30am.**  
**FOR EVERYONE - November 6 at 7:30am.**

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Early Summer Camp Registration starts April 8, 2025, at 7:30am for Poway residents and April 9, 2025, at 7:30am for everyone. Look for the special printed Camp Guide published in early March. We don't want you to miss out on some of the best summer programs and camps around!

# CITY PROGRAMS



## Kid's Night Out

### KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.300	F	5:00-9:00pm	Feb 7	\$13/\$26
1000.301	F	5:00-9:00pm	Mar 7	\$13/\$26

## Teen Programs

### EXCURSION: GET AIR

GRADES 6-9

Get ready to catch monstro air when you join us for a bounce-tastic evening at Get Air Trampoline Park! Flip head over heels into foam pits, test your stealth and agility on the ninja course, take on your friends in an extra bouncy game of dodgeball, and more! Whether you're mastering the slackline or literally jumping heads and shoulders above your friends, you'll bounce your way to a crazy good time! Admission and jump socks are included.

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Get Air Poway: 12160 Community Road

CLASS #	DAY	TIME	DATES	FEE
1001.300	F	5:00-9:00pm	Jan 17	\$17

### NEW! TEEN GRUB CRAWL

GRADES 6-9

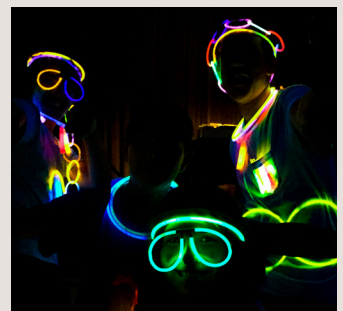
Calling all foodies! Take your tastebuds for a spin as we chow down on a tasty buffet of all things delicious at our Teen Grub Crawl! You and your friends will chomp, slurp, and nibble your way through a mouthwatering adventure filled with the sweet, savory, spicy, and more! From appetizers to desserts and everything in between, we'll celebrate the one thing we all love to do: EAT!

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	FEE
1001.301	F	5:00-9:00pm	Feb 21	\$6

### NEW! TEEN LIGHT THE NIGHT DANCE PARTY GRADES 6-9

Here we glow again! Break out your fave fluorescent threads and grab your friends because the ultimate neon dance party is heading your way! Get your glow on with funky UV crafts and activities, shine bright like a neon sign on the dance floor, glow crazy taste-testing colorful treats, rave your way to brilliant prizes, and more! Bring on the night, the neon lights, and get ready to boldly glow where no one has glowed before!



**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	FEE
1001.302	F	5:00-9:00pm	Mar 21	\$6



# WINTER CLASSES

## Preschool Activities

### TINY TOTS AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan  
**LOCATION:** Community Park, Willow Room 306  
**NO CLASS:** Jan 9

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.300	TU/TH	9:00am-12:00pm	Jan 7-Jan 30	\$221/\$234*
1500.301	TU/TH	9:00am-12:00pm	Feb 4-Feb 27	\$252/\$265*
1500.302	TU/TH	9:00am-12:00pm	Mar 4-Mar 27	\$252/\$265*

\*\$10 materials fee due on the first day of class

## Creative Arts

### MUSICAL THEATER AND DANCE: AGES 5-12 **DISNEY'S DESCENDANTS: RISE OF RED**

Let your inner star shine while being introduced to the world of musical theater and dance! Participants build confidence and performance skills through fun drama games and exercises. Cast parts and learn lines, scenes, songs, and a dance routine from the hit musical *Disney's Descendants: Rise of Red* in preparation for a family showcase on the last day of class. .

**INSTRUCTOR:** Charlene's Dance & Cheer  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1810.300	TH	4:30-5:30pm	Jan 16-Mar 27	\$165/\$178

## Art

### GET SMART WITH ART AGES 2-5

A unique beginner's class to learn about artists and techniques, and create a new masterpiece each week! Participants explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

**INSTRUCTOR:** Ms. Vivian  
**LOCATION:** Community Park, Willow Room 306  
**NO CLASS:** Jan 20

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.300	M	10:00-10:45am	Jan 6-Feb 10	\$75/\$88
2505.301	M	10:00-10:45am	Feb 24-Mar 24	\$75/\$88

### ART SMARTS: DRAWING & PAINTING AGES 5-17



Using a positive, uplifting environment of creativity, we generate the "wow factor" using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. With over 200 lesson plans, participants enjoy drawing and painting

animals, landscapes, portraiture, manga, birds, flowers, abstract design, and more. All materials provided.

**INSTRUCTOR:** Art Smarts  
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2508.300	TU	4:00-5:00pm	Jan 7-Feb 11	\$119/\$132
2508.301	TU	4:00-5:00pm	Feb 18-Mar 25	\$119/\$132

# Dance

## CHEERLEADING, DANCE & TUMBLE

AGES 3-12

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. Participants perform a full routine at a USD college athletic game!

**INSTRUCTOR:** Charlene's Dance & Cheer

**LOCATION:** Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.300	3-5	TH	5:30-6:00pm	Jan 16-Mar 27	\$146/\$159
1703.301	6-12	TH	6:00-6:50pm	Jan 16-Mar 27	\$165/\$178



Try high-quality, fun Dance To EvOLvE classes without obligation on January 6, 15, & 18. Liability waiver required. Classes are designed to be progressive.

## NEW! STORYBOOK DANCE

AGES 3-4.11

Embark on an enchanted journey through various dance styles, exploring a captivating new theme each week. Our dynamic sessions blend multiple dance styles, allowing participants to discover the beauty of expression through movement. Whether it's ballet, creative movement, or a sprinkle of hip hop, each class is a unique adventure tailored to ignite and nurture a love for dance. Let's dance, dream, and explore together!

**INSTRUCTOR:** Dance To EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.300	M	3:45-4:25pm	Jan 6-Feb 3	\$98/\$111
1702.301	M	3:45-4:25pm	Feb 10-Mar 24	\$137/\$150

## MINI MOVERS & MUSIC

AGES 16 MOS-2.11

This vibrant class is tailor-made for all those ready to groove! Filled with imaginative movement, lively music, and exciting dance games, it's the ultimate playground for mini movers. Through energetic and expressive sessions, participants master age-appropriate dance moves, enhance motor skills, and find their rhythm in a dynamic and supportive environment. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance To EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.302	M	4:30-5:10pm	Jan 6-Feb 3	\$98/\$111
1702.303	M	4:30-5:10pm	Feb 10-Mar 24	\$137/\$150

## PETITE STARS TAP & BALLET

AGES 3.3-5.5

This tap and ballet combination class is designed to keep participants moving, learning, and having a blast! From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skill-building, classes gently guide participants toward mastering dance techniques while fostering creativity and self-expression.



**INSTRUCTOR:** Dance to EvOLvE:  
[dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.304	M	5:15-6:10pm	Jan 6-Feb 3	\$98/\$111
1702.305	M	5:15-6:10pm	Feb 10-Mar 24	\$137/\$150



### DREAM DANCERS

AGES 6-9.11

Step into the world of dance with our beginner class, where technique meets excitement in every step! Begin by nurturing your grace, strength, and musicality while ensuring every moment is filled with fun. In this dynamic combo of jazz or tap and ballet, participants not only master the fundamentals but also explore the vibrant world of multiple dance genres.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

#### Jazz & Ballet

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.306	6-9.11	M	6:15-7:10pm	Jan 6-Feb 3	\$98/\$111
1702.307	6-9.11	M	6:15-7:10pm	Feb 10-Mar 24	\$137/\$150

#### Tap & Ballet

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.308	6.7-9.11	SA	11:15am-12:10pm	Jan 18-Feb 8	\$78/\$91
1702.309	6.7-9.11	SA	11:15am-12:10pm	Feb 15-Mar 29	\$137/\$150

### NEW! DISCOVERY DANCE

AGES 3-9.11

Dive into a world of movement, rhythm, and creativity as participants embark on an exciting exploration. This unique class uses The Dance Map, a dynamic visual tool that transforms learning into an interactive adventure! Guided by the map, participants journey through various dance styles, unlocking new realms of expression with each step. Through engaging games, exercises, and imaginative activities, develop strength, flexibility, coordination, and confidence while being exposed to a diverse array of dance styles throughout each class.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

#### Minis

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.310	3-5.11	W	1:00-1:55pm	Jan 15-Feb 5	\$78/\$91
1702.311	3-5.11	W	1:00-1:55pm	Feb 12-Mar 26	\$137/\$150

#### Crew

CLASS #	AGES	DAY	TIME	DATES	R/NR FEE
1702.312	6-9.11	W	2:00-2:55pm	Jan 15-Feb 5	\$78/\$91
1702.313	6-9.11	W	2:00-2:55pm	Feb 12-Mar 26	\$137/\$150

### BEAT BUSTERS HIP HOP

AGES 4-7.11

Unleash your inner dance superstar! This dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.314	W	4:00-4:55pm	Jan 15-Feb 5	\$78/\$91
1702.315	W	4:00-4:55pm	Feb 12-Mar 26	\$137/\$150

### HIP HOP HYPE SQUAD

AGES 8-12.11

Designed to leave participants feeling refreshed and energized, elevate your dance game with this invigorating and high-octane hip hop class. Whether you're a seasoned dancer or new to the dance floor, this class caters to all skill levels, providing a supportive environment where creativity flourishes and confidence soars. Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.316	W	5:00-5:55pm	Jan 15-Feb 5	\$78/\$91
1702.317	W	5:00-5:55pm	Feb 12-Mar 26	\$137/\$150

### MAGICAL MUNCHKINS TAP & BALLET

AGES 2-3.3

Step into this enchanting introductory dance class where rhythm, grace, and boundless fun await! Our dynamic sessions seamlessly blend tap and ballet, and engaging dance games, creating an energetic and expressive atmosphere where every participant can shine. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.318	SA	8:30-9:10am	Jan 18-Feb 8	\$78/\$91
1702.319	SA	8:30-9:10am	Feb 15-Mar 29	\$137/\$150



**TINY MOVERS TAP & BALLET** AGES 3-4.4

Watch as participants embark on a journey of learning basic dance and motor skills, musicality, and rhythm, all while having a blast in a supportive environment. Starting with tap and seamlessly transitioning into ballet each week, these classes are carefully crafted to keep your little one engaged and excited. This is the first independent class, with families watching from outside the room, fostering confidence and independence.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.320	SA	9:15-10:10am	Jan 18-Feb 8	\$78/\$91
1702.321	SA	9:15-10:10am	Feb 15-Mar 29	\$137/\$150

**STAR SHINERS TAP & BALLET** AGES 4.5-6.11

This class fosters continuous growth and progression, guiding participants through a journey of skill development and self-expression. Carefully designed to seamlessly integrate curriculum goals with joyous movement, participants are both challenged and fulfilled. Starting with tap and transitioning into ballet each week, participants not only refine their dance, listening, and coordination skills but also dive into the intricacies of ballet terminology and technique. Once a month, participants spice things up with a jazz dance day, adding variety and excitement to our repertoire.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.322	SA	10:15-11:10am	Jan 18-Feb 8	\$78/\$91
1702.323	SA	10:15-11:10am	Feb 15-Mar 29	\$137/\$150

**NEW! SHOWSTOPPERS HIP HOP & POMS** AGES 6.7-9.11

Get ready to dazzle the dance floor with our dynamic combination class that blends the hottest hip hop moves with the precision and flair of pom routines. Our high-energy sessions will have participants grooving as they learn the latest hip hop choreography and master the art of pom routines.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.324	SA	12:30-1:25pm	Jan 18-Feb 8	\$78/\$91
1702.325	SA	12:30-1:25pm	Feb 15-Mar 29	\$137/\$150

**NEW! BALLET 1** AGES 10-14

Dive into the enchanting world of ballet in this class designed to inspire and elevate participants of all levels, no experience required. Whether you dream of pirouetting across the stage or simply want to explore the beauty of classical dance, this class offers the perfect balance of technique and artistry. We will focus on building a strong foundation in ballet fundamentals while nurturing creativity and expression.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.326	SA	1:30-2:25pm	Jan 18-Feb 8	\$78/\$91
1702.327	SA	1:30-2:25pm	Feb 15-Mar 29	\$137/\$150

**DANCE-THEMED POP-UP EVENTS**

**NEW! PARENTS NIGHT OUT: PINK PJ PARTY WITH BARBIE** AGES 3-8

Dance to Barbie's favorite tunes! This night is a joyful celebration of limitless possibilities that resonate with the spirit of inner power. During this pop-up event, participants move to their own beat in games, crafts, and activities. Get ready for an evening of fun, fostering friendships, and sparking the magic of dance. Our Pink Pajama Party invites everyone to come dressed in their favorite pajamas for an added dose of fun. Families are invited to enjoy a special performance at the end of the evening.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.328	F	4:30-8:00pm	Feb 28	\$70/\$83



# Health & Wellness

## FREE OLDER ADULT PROGRAMS!

INFORMATION: [poway.org/olderadults](http://poway.org/olderadults)

### FEELING FIT 50+

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities. Can be performed from a seated or standing position. Equipment provided for class use.

**INSTRUCTOR:** Feeling Fit  
**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE

### NEW! ROLLIN' & STROLLIN' 50+

Rollin' & Strollin' is a social dance and move-for-fun class for older adults. Designed for people of all ability and mobility levels, we use the principles of basic line dancing to adapt and create dance steps suitable for moving to music. Wear soft-soled shoes.

**INSTRUCTOR:** Shelley Johnston  
**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	1:00-2:00pm	FREE

### QIGONG 50+

Learn to synchronize the mind, body, and breath! Qigong combines gentle flowing movements, relaxed breathing, and self-massage. This self-healing practice becomes a moving meditation as participants enjoy reduced stress and anxiety and improved balance and coordination. Can be done from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Veronique Cometti  
**LOCATION:** Community Park, Oak Hall East

DAY	TIME	R/NR FEE
T	10:00-10:45am	FREE



### LINE DANCING 50+

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. Instruction provided during the first 30 minutes of class. Wear soft-soled shoes.

**INSTRUCTOR:** Duffy  
**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:00-3:00pm	FREE
F	1:00-3:00pm	FREE

### SILVER AGE YOGA 50+

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be performed from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Silver Age Yoga  
**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:45am	FREE

# Sports

## SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces participants to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, participants begin to experience the joy of playing soccer and being active. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** WED: Valle Verde Park, Soccer Field

SAT: Community Park, Open Play Area

**NO CLASS:** Feb 15

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.300	W	3:45-4:15pm	Jan 8-Mar 19	\$231/\$244*
2010.301	SA	9:00-9:30am	Jan 18-Mar 22	\$207/\$220*
2010.302	SA	10:35-11:05am	Jan 18-Mar 22	\$207/\$220*

\*\$35 materials fee due on the first day of class

## SOCCER SHOTS CLASSIC

AGES 4-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces participants to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** WED: Valle Verde Park, Soccer Field

SAT: Community Park, Open Play Area

**NO CLASS:** Feb 15

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.303	W	4:25-5:10pm	Jan 8-Mar 19	\$231/\$244*
2010.304	SA	9:40-10:25am	Jan 18-Mar 22	\$207/\$220*

\*\$35 materials fee due on the first day of class



## SKATEBOARDING: BEGINNER

AGES 6-13

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants MUST wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:

Andrew@sdskatelite.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.300	W	5:00-6:00pm	Jan 15-Feb 12	\$100/\$113
2004.301	W	5:00-6:00pm	Feb 26-Mar 26	\$100/\$113

## SKATEBOARDING: INTERMEDIATE/ADVANCED AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants MUST wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:

Andrew@sdskatelite.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.302	W	4:00-5:00pm	Jan 15-Feb 12	\$100/\$113
2004.303	W	4:00-5:00pm	Feb 26-Mar 26	\$100/\$113

**YOUTH VOLLEYBALL** AGES 10-14

Looking for a fun sport? Come and play volleyball on Monday nights. Boys and girls are invited to participate in this fun, recreational activity. Beginning Volleyball will work on the basics of passing, setting, hitting, and serving using instruction, drills and practice. **One year of volleyball experience and knowledge of passing, setting, and serving is required for Intermediate Volleyball.**

**INSTRUCTOR:** Susie & Lexi Gehrke  
**LOCATION:** Meadowbrook Gymnasium

**Beginning Volleyball**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.300	M	5:30-6:30pm	Jan 6-Feb 24	\$75/\$88

**Intermediate Volleyball**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.301	M	6:30-7:30pm	Jan 6-Feb 24	\$75/\$88

**ADULT VOLLEYBALL** AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. **Past volleyball experience is required.**

**INSTRUCTOR:** Dick Leatherman  
**LOCATION:** Twin Peaks Multipurpose Center

**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.300	Men	TH	6:30-9:30pm	Jan 16-Mar 13	\$80/\$93
2005.301	Women	TH	6:30-9:30pm	Jan 16-Mar 13	\$80/\$93

**Coed Advanced**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.302	Men	TU	6:30-9:30pm	Jan 7-Mar 4	\$80/\$93
2005.303	Women	TU	6:30-9:30pm	Jan 7-Mar 4	\$80/\$93

**Women**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.304	Women	M	6:30-9:30pm	Jan 6-Mar 3	\$80/\$93



**TAEKWONDO** AGES 5+



This is a complete martial arts program designed to help participants of all ages develop respect, self-control, strength, speed, coordination, endurance, and confidence. Learn Taekwondo kicks, blocks, and punches through self-defense skills. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.



**INSTRUCTOR:** Master Chen  
**LOCATION:** Community Park, Sycamore Hall  
**NO CLASS:** Jan 8  
**BELT TESTING:** Mar 5 & Mar 10—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.300	5+	M/W	5:00-6:00pm	Jan 6-Mar 24	\$129/\$142
2001.301	11+	M/W	6:05-7:05pm	Jan 6-Mar 24	\$129/\$142

**Junior/Adult Taekwondo—Black Belt Participants**

This program is for black belt participants only. Combined with class 2001.301 for the first hour, black belt participants stay an extra 25 minutes for individual instruction.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.302	11+	M/W	6:05-7:30pm	Jan 6-Mar 24	\$129/\$142

**TENNIS** AGES 6-14

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.



**INSTRUCTOR:** Art Christophiades  
**LOCATION:** Community Park, Tennis Courts

**Beginner**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.300	9-14	TU/TH	4:00-5:00pm	Jan 14-Mar 6	\$112/\$125
2000.301	6-8	SA	9:00-10:00am	Jan 18-Mar 8	\$56/\$69
2000.302	9-14	SA	10:00-11:00am	Jan 18-Mar 8	\$56/\$69

**Intermediate**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.303	9-14	TU/TH	5:00-6:00pm	Jan 14-Mar 6	\$112/\$125
2000.304	9-14	SA	11:00am-12:00pm	Jan 18-Mar 8	\$56/\$69

**Advanced Juniors**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.305	10-14	M/W	4:00-5:30pm	Jan 13-Mar 5	\$144/\$157

# Safety Training

**CHILD & BABYSITTING SAFETY**

**AGES 11-17**

This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.



**INSTRUCTOR:** Lockhart Training  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.300	SA	9:30am-1:30pm	Jan 4	\$59/\$72*

\*\$10 materials fee due on the first day of class

## Special Needs

**ARTS & CRAFTS**

**AGES 18+**



Are you ready to express your creative side? Join us for an arts and crafts extravaganza filled with painting, drawing, and mixed media projects. Let your artistic mind loose on a different project each week!

**INSTRUCTOR:** Villa de Vida, Inc.  
**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.300	TU	4:00-5:00pm	Jan 14-Mar 18	\$100/\$113*

\*\$20 materials fee due on the first day of class

**NEW! MOVIES & MORE!**

**AGES 18+**

Would you like to learn more about actors, directors, and how movies are made? If so, you're not going to want to miss this class! A local videographer, actor, and film editor, Matthew Rocca, will be leading this class to enrich our knowledge in the arts.



**INSTRUCTOR:** Villa de Vida, Inc.  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.301	TH	4:00-5:00pm	Jan 16-Mar 20	\$100/\$113



## Emergency Preparedness with the Poway Fire Department

**ADULT AND PEDIATRIC CPR AND AED**

**AGES 16+**

Get trained in adult and pediatric CPR and the use of an Automated External Defibrillator (AED). Each participant will receive a course completion card valid for two years. This course is for anyone, age 16 or above, that wants to be better prepared to handle a medical emergency at home. This course is not for healthcare providers. Class limited to 25 people.

**INSTRUCTOR:** Fire Department Staff  
**LOCATION:** Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.300	W	6:30-8:00pm	Jan 15	FREE

**BASIC FIRST AID**

**AGES 16+**

Learn basic first aid including bleeding control, immobilization of fractures and strains, burn care, and more. This course is for anyone, age 16 or above, that wants to be better prepared to handle a medical emergency at home. This course is not for healthcare providers and does not provide a certification card. Class limited to 25 people.

**INSTRUCTOR:** Fire Department Staff  
**LOCATION:** Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.301	SA	8:30-10:00am	Feb 1	FREE
0001.302	W	6:30-8:00pm	Feb 19	FREE

**EMERGENCY PREPAREDNESS**

**AGES 16+**

Empower yourself to take meaningful action before, during, and after a challenging event. Learn what steps to take to be better prepared for emergencies including what supplies to gather, what to include in your family's emergency plan, and how to get information during an emergency.

**INSTRUCTOR:** Fire Department Staff  
**LOCATION:** Poway City Hall, Council Chambers

CLASS #	DAY	TIME	DATES	R/NR FEE
0001.303	W	6:30-8:00pm	Mar 12	FREE
0001.304	SA	8:30-10:00am	Mar 29	FREE

# Open Play Sports

## OPEN PLAY SPORTS

## ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the winter months, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).



Open play basketball, volleyball, badminton, and pickleball are available at no charge.



# Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

## TRAINING CLASSES

## DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called.

**INSTRUCTOR:** Good Dog Training School, Lynne Moore

**LOCATION:** TUESDAY: Old Poway Park, Gazebo

SATURDAY: Garden Road Park, Open Area

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.300	TU	6:30-7:30pm	Jan 7-Feb 11	\$95/\$108*
2300.301	SA	9:30-10:30am	Jan 11-Feb 15	\$95/\$108*
2300.302	TU	6:30-7:30pm	Feb 18-Mar 25	\$95/\$108*
2300.303	SA	9:30-10:30am	Feb 22-Mar 29	\$95/\$108*

\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.304	SA	10:45-11:45am	Jan 11-Feb 15	\$95/\$108
2300.305	SA	10:45-11:45am	Feb 22-Mar 29	\$95/\$108

# POWAY PARKS & FACILITIES



## POWAY COMMUNITY PARK

13094 Civic Center Drive  
(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

### Hours

Daily | Sunrise-Sunset

#### Office

Daily | 8:00am-9:00pm

**Ball Fields | Bocce Courts** Daily | 8:00am-sunset  
(10:00pm with reservation)

**Dog Park | Tennis Courts | Basketball Court**  
Daily | Sunrise-10:00pm

#### Skate Park

Daily | 8:00am-8:00pm

FREE!

#### FREE EQUIPMENT

ALL AGES

Visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.



#### CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5 for adults 50+. Reservations are required and must be made in-person by 1:00pm the day before. Payment is due at the time of reservation. Reservations can be made up to a month in advance. For more information and to see the monthly menu, visit [poway.org/olderadults](http://poway.org/olderadults) or call (858) 668-4671.



#### BINGO

AGES 18+

B-4! N-36! Whether you're a seasoned pro or new to the game, come test your luck. With multiple winners, everybody has a chance to win cash, jackpot prizes, bonus rewards, and more. Brought to you by the Friends of Poway Seniors. For more information, visit: [friendsofpowayseniors.org](http://friendsofpowayseniors.org).

LOCATION: Community Park, Sycamore Hall

DAY	DOORS OPEN	STARTS
TU	9:30am	11:30am
SU	10:30am	12:30pm

# OLD POWAY PARK

14134 Midland Road  
(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## Hours

### Museum

Saturdays | 10:00am-2:00pm  
Sundays | 11:00am-2:00pm

### Nelson House

Saturdays | 10:00am-2:00pm

### Artisan Market:

Every Saturday  
8:00am-2:00pm

### Railroad Info:

[powaymidlandrr.org](http://powaymidlandrr.org)

### Farmers Market

Saturdays | 8:00am-1:00pm

### Old Poway Pottery

Saturdays | 10:00am-2:00pm



## TRAIN SONG FESTIVAL

ALL AGES

FREE!

Railroads have long been an important part of our heritage and we invite you to join us in their celebration. In addition to a main stage in the gazebo filled with musical entertainment from San Diego Folk Heritage, there will be model railroad layouts in the Porter House, and the Heritage Museum and Nelson House will be open for tours. Of course, the Poway Midland Railroad will provide train rides for a nominal fee. Come join us for a day of history and fun!

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

**Saturday, November 9 | 10:00am-4:00pm**



PHOTO CREDIT: C. YEE

## VETERANS DAY

ALL AGES

FREE!

Join the Veterans Park Committee, VFW Post 7907, and City of Poway as we honor those who have selflessly served to ensure our freedom. A ceremony will be held at Poway Veterans Park on Veterans Day to honor past, present, and future Veterans. The ceremony will include unveiling new tiles, guest speakers, and the firing of the cannon.

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

**Friday, November 11 | 11:00am**

## NEW! CHRISTMAS MOVIE IN THE PARK

ALL AGES

FREE!

All aboard! Join us at Old Poway Park for a special Christmas Movie in the Park. Grab your blanket, wear your holiday pj's, and cozy up for a free outdoor showing of *The Polar Express* on the big screen.

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

**Saturday, December 7 | 5:45pm**



# POWAY SWIM CENTER

13094 Civic Center Drive  
(858) 668-4680

[poway.org/swim](http://poway.org/swim)

The Swim Center includes:

- A 50-meter by 25-yard pool with attached diving well and shallow children's area.
- The pool is maintained between 80 and 84 degrees, providing comfortable swimming for various aquatic activities.
- The facility also features a spray ground play area which is equipped with geysers, overhead buckets, water tunnel, and more!
- Additionally, the Swim Center offers one- and three-meter diving boards, open swim areas, lap swimming lanes, full locker rooms, and two single-use/family restrooms.
- The splash pad and diving boards are not available during all operational hours.

For more detailed information about our facility and operations including our pool hours, please visit our website at [poway.org/swim](http://poway.org/swim)

## Hours

### Winter Schedule (Oct 21–Apr 6)

#### Adult Lap Swim

Mon/Wed/Fri	10:30am–1:30pm
Tues/Thurs	5:30am–1:30pm (Long Course)
Mon–Fri	4:15–7:00pm*
Sat/Sun	12:00–3:00pm

#### Recreational Swim/Splash Pad

(Splash Pad may be closed based on seasonal weather)

Mon–Fri	10:30am–1:30pm (Shallow Square/Splash Pad only; Diving Board Closed)
Mon–Fri	4:15–7:00pm*
Sat/Sun	Closed

\*The Swim Center will be closed at 5pm on the 1st Friday of every month for Staff Training.

#### Scheduled Closures

\*Staff Trainings | Pool Will Close at 1:30pm on November 1, December 6, February 7, March 7, April 4 Thanksgiving | November 28 & 29 Winter Closure | December 16–January 26



### WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission fee is required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

### RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED.

Learning occurs in and outside of class. 100% attendance and participation are required. There is a water skills pretest that must be passed before the first class. Class fee includes materials, book, resuscitation mask, and completion certificate. Must be 15 years of age by the first day of class.

Class participants that successfully complete the course and obtain their lifeguard certification are eligible for a full refund of the class costs if they're later hired by the Swim Center!



**INFORMATION:** [poway.org/LifeguardTraining](http://poway.org/LifeguardTraining) or (858) 668-4680

CLASS #	DAY	TIME	DATES	FEE
0700.300	T	4:30–6:00pm Pretest	Feb 11	\$250
	M–TH	8:00am–3:00pm	Feb 17–20	
0700.301	TU	5:00–8:00pm Pretest	Feb 25	\$250
	SA	9:00am–6:00pm	Mar 1 & 8	
	T/TH	4:30–7:30pm	Mar 4 & 6	



## LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772

**Lake Poway Concession** (858) 668-4778

### Hours

Daily | 6:00am-Sunset

#### Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

#### Entry Station

Open Weekends & Holidays  
\$10 non-resident entry fee for vehicles  
Active Military free with ID

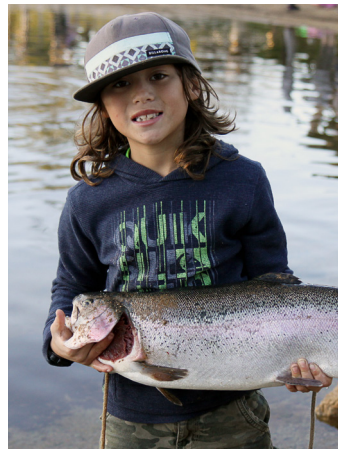
#### Holiday Hours

Open Thanksgiving | Nov 28  
Open Christmas | Dec 25

### TROUT SEASON RETURNS TO LAKE POWAY! ALL AGES

The fishing frenzy returns early December when Lake Poway is once again stocked with Rainbow Trout. We offer the best permit and boating prices in the area and our concessions offers everything you might need to catch "The Big One". Please check our website for the most up-to-date fishing conditions and stocking dates at [poway.org/lakepoway](http://poway.org/lakepoway).

### ANGLER OF THE MONTH ALL AGES



Think you can catch the next BIG one? Join us at Lake Poway and take your chance at catching the biggest trout or bass! Each month one lucky winner who catches the largest fish will win a prize. Fish must be weighed in at the boat dock and the winner will be contacted at the end of each month.

**INFORMATION:**  
(858) 668-4772 or  
[lakerangers@poway.org](mailto:lakerangers@poway.org)



# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road  
1 mile north of Lake Poway Road  
(858) 668-4781  
[poway.org/bluesky](http://poway.org/bluesky)



## Hours

Daily | Sunrise-Sunset

### DOCENT-LED HIKES ALL AGES

**FREE!** Find our Activities Schedule on the website or at Blue Sky Reserve or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

### FUN & FITNESS HIKING SERIES ALL AGES

**FREE!** Hiking is one of the best things you can do for your health. Come join our 'Fun and Fitness' hiking series! What better way to meet new friends, de-stress, connect with nature, and get into shape? The fun begins at the south end of the parking lot. Distance and fitness level will gradually increase over six Monday mornings. All fitness levels welcomed.

**INFORMATION:** [bluesky@poway.org](mailto:bluesky@poway.org) or (858) 668-4781

DAY	TIME	DATE	FEE
M	9:00am	Jan 6-Feb 17	FREE

### JUNIOR NATURE RANGER AGES 6-10

**FREE!** Come share family time and connect with nature! Docents lead children through a series of activities allowing them to experience nature while having fun in the outdoors. A Nature Ranger certificate will be issued upon completion of activities. Limited to 15 children.



**INFORMATION OR TO RESERVE:** [blueskyreserve@poway.org](mailto:blueskyreserve@poway.org) or (858) 668-4781

DAY	TIME	DATE	FEE
SA	9:00-11:00am	Feb 15	FREE





# KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail  
(858) 668-4781

Parking located at 13104 Carriage Road, Poway

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open third Saturday of each month | 10:00am-1:00pm

### DOCENT LED TOURS

ALL AGES

Visit us on the third Saturday of each month between 10:00am and 1:00pm for a docent-led tour. Experience artifacts, 'ewaas, milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.

### SCHOOL TOURS

GRADE 3

Offered on Thursday and Friday mornings each month. Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities. \$5 per student.

SCHEDULE YOUR TOUR ONLINE: [poway.org/kiic](http://poway.org/kiic)

### NATIVE AMERICAN INSPIRED MUSICAL INSTRUMENTS

AGES 5-10

Through making Native American inspired musical instruments, children can explore Native American cultural history. Kids will make a variety of musical instruments inspired by Native American culture. Parents must accompany children. Limited to 25 children.

REGISTER ONLINE: [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.301	SA	9:00-11:00am	Mar 1	\$6 per child



# POWAY LIBRARY

13137 Poway Road  
(858) 513-2900  
[sdcl.org](http://sdcl.org)

## Hours

Monday & Thursday | 10:00am-6:00pm  
Tuesday & Wednesday | 12:00-7:00pm  
Friday, Saturday & Sunday | 10:00am-5:00pm

### FREE! CHILDREN'S PROGRAMS BIRTH TO GRADE 5

**Baby Storytime:** Mondays | 11:00am, Tuesdays | 1:00pm  
**Chess Club:** Mondays | 3:30pm  
**Toddler Storytime:** Thursdays | 10:30am  
**Crafternoon:** Thursdays | 1:00pm  
**Preschool Play:** Fridays | 10:30am  
**Love on a Leash:** Fridays | 3:30-4:30pm  
**Dance Storytime:** Saturdays | 10:30am

### FREE! TEEN PROGRAMS

GRADES 6-12

**Teen Tuesdays:** Check [sdcl.org/poway](http://sdcl.org/poway) for more program details | 4:00-6:00pm  
**Teen Craft:** Thursdays | 4:00pm

### FREE! ADULT PROGRAMS

AGES 18+

**Friendship Club:** Second & Fourth Monday | 10:30-11:30am  
**Knitting Club:** Second & Fourth Monday | 1:00-3:00pm  
**Tech Help:** Second & Last Wednesday | 2:00-3:00pm  
**Yoga-Mindful Movement with Breath:** Wednesdays | 3:00-4:30pm  
**Ukulele Class:** Second Wednesday | 5:00pm  
**Ukulele Jam:** Last Wednesday | 5:00pm  
**Book Club:** Third Wednesday | 6:00pm  
**Pounds, Music and Movement Class:** Thursdays | 11:30am  
**Mah Jongg-American & Chinese:** Thursdays | 1:00-3:00pm  
**Cribbage:** Fridays | 10:00am-12:00pm  
**Tai Chi for Adults:** Fridays | 10:00am  
**Meditation for All:** Every First Saturday of the Month | 2:00-3:00pm  
**Zumba Inclusive:** First & Third Monday | 10:00am



**SPORTSPLEX USA**  
★ ★  
*Your Place To Play.*

## Poway's Premier Sports Complex

- ▶ Adult Softball
- ▶ Adult Indoor Soccer
- ▶ Youth Indoor Soccer (3-12yrs)
- ▶ Birthday Parties

Leagues now forming. Visit us online today!  
[SportsplexUSA.com](http://SportsplexUSA.com)

**12349 McIvers Ct. Poway, CA 92064**



# CLASS REGISTRATION

## WINTER REGISTRATION START DATES:

November 5 at 7:30am for Poway Residents and November 6 at 7:30am for Everyone.

### 3 convenient ways to register for classes:

- 1 ONLINE REGISTRATION**  
is available by visiting the City of Poway website: [poway.org/classes](http://poway.org/classes). A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.
- 2 WALK-IN REGISTRATION**  
is available at the Community Services Department during business hours.  
**Location**  
13325 Civic Center Drive  
**Hours**  
Check [poway.org](http://poway.org) for current hours.
- 3 MAIL-IN REGISTRATION**  
is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.  
**Mail to**  
P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$19 cancellation fee will be deducted.

No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$19 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

## Financial Assistance

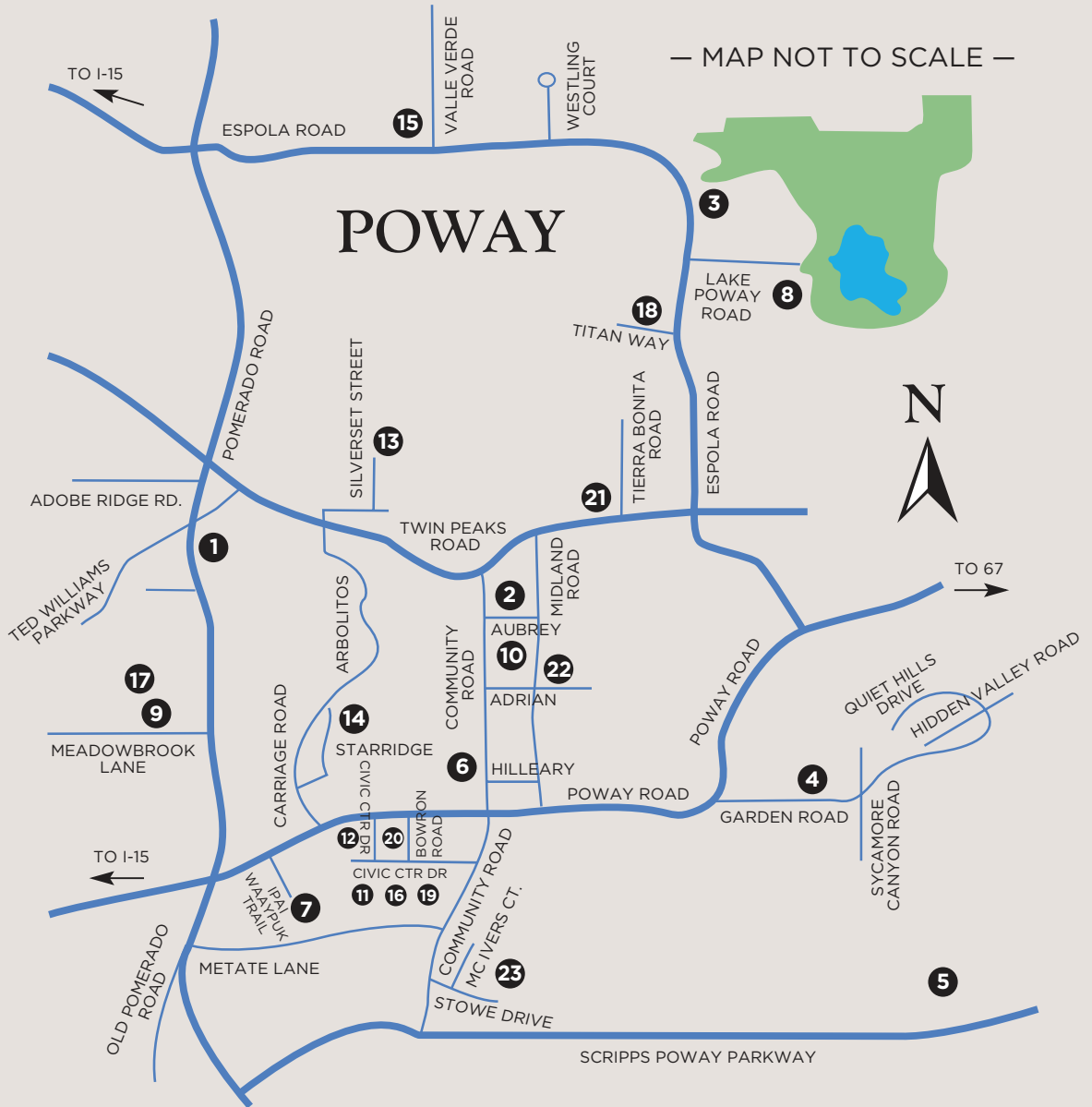
### Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

# CULTURAL & RECREATIONAL FACILITIES



- |  |   |  |
|--|---|--|
| <p><b>1 Arbolitos Sports Fields</b><br/>14401 Pomerado Road</p> <p><b>2 Aubrey Park</b><br/>13544 Aubrey Street</p> <p><b>3 Blue Sky Ecological Reserve</b><br/>16275 Espola Road</p> <p><b>4 Garden Road Neighborhood Park</b><br/>14901 Garden Road</p> <p><b>5 Goodan Ranch</b><br/>16281 Sycamore Canyon Road</p> <p><b>6 Hilleary Park</b><br/>13500 Community Road</p> <p><b>7 Kumeyaay-Ipai Interpretive Center</b><br/>13104 Ipai Waaypuk Trail</p> <p><b>8 Lake Poway Recreation Area</b><br/>14644 Lake Poway Road</p> | <p><b>9 Meadowbrook Soccer Field</b><br/>12250 Meadowbrook Lane</p> <p><b>10 Old Poway Park</b><br/>14134 Midland Road</p> <p><b>11 Poway Community Park</b><br/>13094 Civic Center Drive</p> <ul style="list-style-type: none"> <li>• Community Swim Center</li> <li>• Mickey Cafagna Community Center</li> <li>• Dog Park</li> </ul> <p><b>12 Poway Skate Park</b><br/>13090 Civic Center Drive</p> <p><b>13 Silverset Neighborhood Park</b><br/>14795 Silverset Street</p> <p><b>14 Starridge Neighborhood Park</b><br/>13745 Carriage Road</p> <p><b>15 Valle Verde Neighborhood Park</b><br/>16899 St. Andrews Drive</p> | <p><b>16 Valley Soccer Field</b><br/>13094 Civic Center Drive</p> <p><b>17 Meadowbrook Gymnasium</b><br/>12320 Meadowbrook Lane</p> <p><b>18 Poway Center for the Performing Arts</b><br/>15498 Espola Road</p> <p><b>19 Poway City Hall</b><br/>13325 Civic Center Drive</p> <p><b>20 Poway Community Library</b><br/>13137 Poway Road</p> <p><b>21 Twin Peaks Multipurpose Center</b><br/>14640 Tierra Bonita Road</p> <p><b>22 Veterans Park</b><br/>14135 Midland Road</p> <p><b>23 Sportsplex USA</b><br/>12349 McIvers Court</p> |
|--|---|--|

Celebrate the arts with us as we close out 2024 and swing into the New Year! Gather up your family and friends and join us for MET2's *Beauty and the Beast*, So Cal Dance Production, traditional Nutcracker ballets, and PUSD's holiday concerts and choir performances. The ever-popular and talented Poway Symphony Orchestra returns for the first of three performances this year and Poway OnStage will present *Frankie Avalon*, *A Rocky Mountain Christmas: The Music of John Denver*, *Peking Acrobats*, and *the Blind Boys of Alabama*.

TICKETS AND INFORMATION: [powaycenter.com](http://powaycenter.com)

## POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road

[PowayCenter.com](http://PowayCenter.com)

### Rental Requests

[business@powaycenter.com](mailto:business@powaycenter.com)

### Administration

(858) 668-4693

Tuesday through Thursday | 10:00am-2:00pm

### Box Office

(858) 748-0505

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

### Art Gallery & Facility

Tuesday-Thursday | 10:00am-2:00pm

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays

### POWAY ONSTAGE



Presenters of World-Class Talent at the Poway Center for the Performing Arts.

[powayonstage.org](http://powayonstage.org)

### POWAY UNIFIED SCHOOL DISTRICT



Student stars of all ages sing, act, dance and show off their talents.

[powayusd.com](http://powayusd.com)

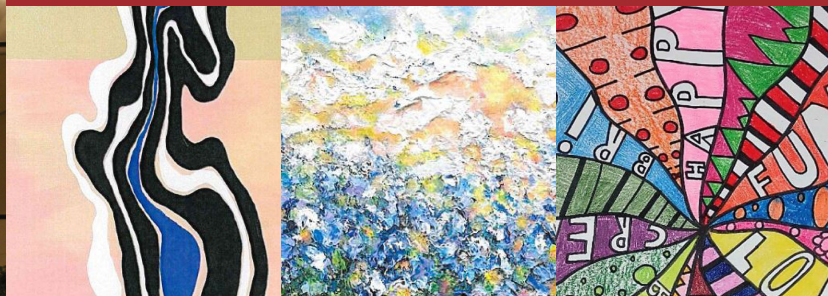
### COMMUNITY PRESENTERS



Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. [powaycenter.com](http://powaycenter.com)

### ART SHOWS

Art Credit: Joshua Robert, Natalia Kutova, CAEASD Youth Art



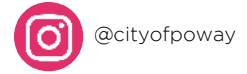
Rotating exhibits ensure a wide variety of styles and media from local, regional, and student artists.





**City of Poway**  
 13325 Civic Center Drive  
 Poway, CA 92064

Connect with us and never miss a recreation opportunity again!



# WINTER 2024-25 EVENTS AT A GLANCE

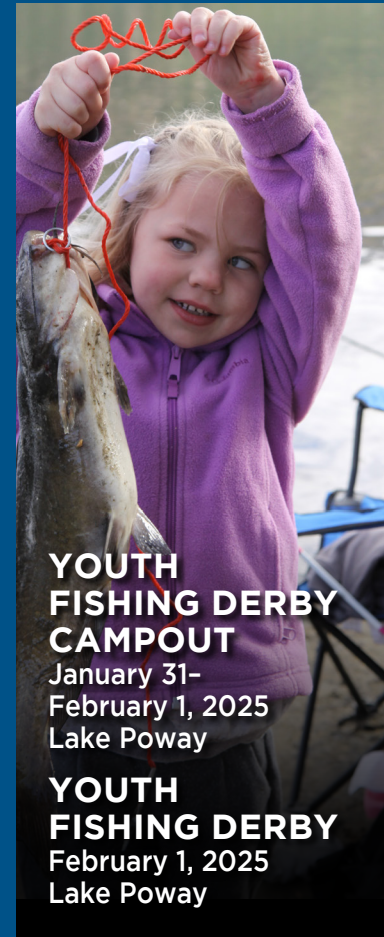
**TROUT SEASON**  
 Starts Early  
 December 2024  
 Lake Poway



**CHRISTMAS IN THE PARK**  
 December 13 & 14  
 Old Poway Park



**WINTER FESTIVAL**  
 January 10 & 11  
 Community Park



**YOUTH FISHING DERBY CAMPOUT**  
 January 31-  
 February 1, 2025  
 Lake Poway  
**YOUTH FISHING DERBY**  
 February 1, 2025  
 Lake Poway

## Poway City Council

Mayor: STEVE VAUS  
 Deputy Mayor: CAYLIN FRANK  
 Councilmember: PETER DE HOFF  
 Councilmember: ANITA EDMONDSON  
 Councilmember: BRIAN PEPIN

## SAVE THE DATE!

Registration Dates:  
**November 5 at 7:30am for Poway Residents and November 6 at 7:30am for Everyone.**  
 See page 19 for details, or visit [poway.org/classes](http://poway.org/classes).