

# POWAY

## COMMUNITY SERVICES GUIDE

**WINTER 2023-24**

**NEW! Registration Begins:**  
**POWAY RESIDENTS -**  
**NOVEMBER 7, 7:30AM**  
**NON-RESIDENTS -**  
**NOVEMBER 8, 7:30AM**

**[POWAY.ORG/CLASSES](https://poway.org/classes)**



# CHRISTMAS IN THE PARK

**FREE!**

Join us at **Old Poway Park** for two days of old-fashioned holiday tradition that will take you back in time with caroling, live music, a visit with Santa, and so much more! Purchase tasty holiday treats, finish your Christmas shopping at the craft boutique, or board the Poway Midland Railroad for a night-time ride around the park on the 1907 Baldwin Steam Engine.

**Friday, December 8, 2023 | 5:30-8:30pm**

**Saturday, December 9, 2023 | 3:30-8:30pm**

Don't miss the annual lighting of the community Christmas tree both Friday and Saturday followed by Santa's arrival.

### **TREE LIGHTING**

**Friday: 6:15pm | Saturday: 4:30pm**

### **SANTA'S ARRIVAL**

**Friday: 6:15pm | Saturday: 4:30pm**

### **INFORMATION:**

[poway.org/oldpowaypark](http://poway.org/oldpowaypark) or  
(858) 668-4576



# WINTER FESTIVAL

**FREE!**

Experience the magic and charm of winter like never before at **Poway Community Park!** Feel snow between your fingers while sledding down snow hill; smell roasted marshmallows



as you devour delicious s'mores; experience the wind in your hair skating around the synthetic ice rink; and peruse a variety of vendors and their sensational products. Bring the whole family; there's something for everyone!

**Friday, January 12, 2024 | 5:00-9:00pm**

**Saturday, January 13, 2024 | 3:30-8:30pm**

## Winter Festival for Our Special Needs Community

**FREE!**

Experience the magic and charm of winter during this exclusive event



for kids and adults with special needs. Participants may bring one buddy with them to join in the fun. Registration is not required; however, participants must check-in when they arrive to receive their event wristband.

**Saturday, January 13, 2024 | 2:30-3:30pm**

**INFORMATION:** [poway.org/winterfestival](http://poway.org/winterfestival)  
or (858) 668-4671

# Calling All Poway Residents!

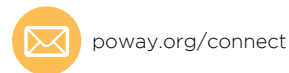
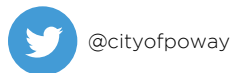
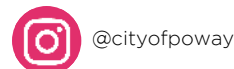
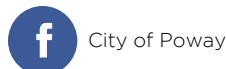
We have exciting news to share regarding a change in how you register for City of Poway classes and programs!

Starting with the Winter 2023-24 registration, Poway residents will have priority registration. That's right! The entire first day is reserved for Poway residents only and the second day will begin registration for non-residents. Be the first to register for swim lessons, family campouts, Kid's Night Out, Teen Series Programs, Lake Poway Day Camp, contract classes and camps, and more!

Make sure you get in on this benefit! Use these steps to ensure you are correctly identified as a Poway resident in our software system:

- Log into your Activenet account and verify that your Poway address is correct for yourself and your whole family.
- If you have a mailing address that is different from your residence and it is not a Poway address, you risk being shut out of the first day of registration. Remove any mailing addresses that are not needed.
- A Poway P.O. Box does not qualify for establishing Poway residency.
- Resident addresses will be verified.
- If you need assistance with your account, please call (858) 668-4570 or contact [activenet@poway.org](mailto:activenet@poway.org).

The City of Poway Community Services Department renews our commitment to bringing high-quality, affordable opportunities to enjoy life right here in Poway.



## SAVE THE DATE:

**NEW! WINTER CLASS REGISTRATION:**  
**POWAY RESIDENTS - November 7 at 7:30am.**  
**NON-RESIDENTS - November 8 at 7:30am.**

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Early Summer Camp Registration starts April 2 at 7:30am for Poway residents and April 3 at 7:30am for non-residents. Look for a special Summer Camp Preview in the Spring Community Services Guide. Don't miss out on our summer fun!

# FISHING DERBY!



## 29th Annual “Youth-Only” Fishing Derby, Fishing Seminar & Family Campout

**DERBY:** Saturday  
February 3 | 6:00am-12:00pm

**SEMINAR:** Friday  
February 2 | 5:00-7:00pm

**CAMPOUT:** Friday-Saturday  
February 2-February 3 |  
7:00am-12:00pm

### DERBY

**FREE!**

Join us for an exciting day of fun and prizes at the 29th Annual Youth-Only Fishing Derby! Freshly stocked with 1,500 pounds of rainbow trout, Lake Poway will be open only to youth ages 15 and younger from 6:00am-12:00pm. Parents, please leave the fishing to the kids during the derby. Free hot dog lunch will be provided!

### SEMINAR

**FREE!**

Want a slight advantage the night before the Derby? Join us at 5:00pm to learn tips from Park Rangers and see demonstrations on how to properly rig a line. Free pizza dinner will be provided!

### CAMPOUT

Participants and their families are invited to camp overnight and sleep under the stars for just \$16 per car. Don't forget your camping and grilling supplies! Absolutely no fishing is permitted prior to the 6:00am tournament start time. Families may start setting up their campsites at 7:00am Friday morning. No alcohol is permitted.

CLASS #	DAY	TIME	DATES	FEE
9039.300	F	7:00am	Feb 2	\$16
	SA	12:00pm	Feb 3	

**INFORMATION:** poway.org or (858) 668-4772

# CITY PROGRAMS



## Kid's Night Out

### KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.300	F	5:00-9:00pm	Feb 2	\$10/\$21
1000.301	F	5:00-9:00pm	Mar 1	\$10/\$21

## Teen Programs

### TEEN EXCURSION: GET AIR

GRADES 6-9

Get ready to catch monstro air when you join us for a bounce-tastic evening at Get Air Trampoline Park! Flip head over heels into foam pits, test your stealth and agility on the ninja course, take on your friends in an extra bounce game of dodgeball, and more! Whether you're mastering the slackline or literally jumping heads and shoulders above your friends, you'll bounce your way to a crazy good time! Admission and jump socks are included.

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Get Air Poway: 12160 Community Road

CLASS #	DAY	TIME	DATES	FEE
1001.300	SA	5:00-9:00pm	Jan 20	\$14

### TEEN CASINO NIGHT

GRADES 6-9

Winner winner chicken dinner! We're upping the ante on fun with a night of glitz and prizes just for teens! Test your lucky streak when you go all in with a full house; double down with blackjack; or roll an eight the hard way for the win. Afterwards, trade in your chips for a chance to win awesome prizes! Grab your friends and get ready to hit the jackpot on fun!



**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.301	SA	5:00-9:00pm	Feb 17	\$5

### NEW! TEEN EXTREME GAMES

GRADES 6-9

Fasten your seatbelts; things are about to get extreme! We're taking fun and catapulting it into the atmosphere for a one-of-a-kind, mash-up of next-level crazy! Knock, bump, and bounce the competition away during a ridiculously epic game of bubble soccer; keep your aim straight and your eyes on the prize as you sneak, dodge, and zap your team to victory in an electrifying laser tag showdown; and more! So grab your friends, sense of adventure, and get ready for an action-packed evening filled with insane thrills that will have you literally rolling with laughter!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.302	SA	5:00-9:00pm	Mar 16	\$5

# WINTER CLASSES



## Preschool Activities

### TINY TOTS AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan  
**LOCATION:** Community Park, Willow Room 306  
**NO CLASS:** Jan 11

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.300	TU/TH	9:00am-12:00pm	Jan 2-Jan 25	\$167/\$178*
1500.301	TU/TH	9:00am-12:00pm	Jan 30-Feb 22	\$190/\$201*
1500.302	TU/TH	9:00am-12:00pm	Feb 27-Mar 21	\$190/\$201*

\*\$10 materials fee due on the first day of class

## Creative Arts

### MUSICAL THEATER AND DANCE: AGES 5-12 *BARBIE*

Let your inner star shine while being introduced to the world of musical theater and dance! Participants build confidence and performance skills through fun drama games and exercises. Cast parts and learn lines, scenes, songs, and a dance routine from the hit musical *Barbie* in preparation for a family showcase on the last day of class. Costumes to borrow included.

**INSTRUCTOR:** Charlene's Dance & Cheer  
**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1810.300	TH	4:30-5:30pm	Jan 18-Mar 21	\$150/\$161

## Art

### GET SMART WITH ART AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

**INSTRUCTOR:** Ms. Vivian  
**LOCATION:** Community Park, Willow Room 306  
**NO CLASS:** Jan 15

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.300	M	10:00-10:45am	Jan 8-Feb 12	\$75/\$86
2505.301	M	10:00-10:45am	Feb 26-Mar 18	\$60/\$71

### ART SMARTS: DRAWING & PAINTING AGES 5-17



Using a positive, uplifting environment of creativity, we generate the “wow factor” using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. With over 200 lesson plans, participants enjoy drawing and painting

animals, landscapes, portraiture, manga, birds, flowers, abstract design, and more. All materials provided.

**INSTRUCTOR:** Art Smarts  
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2508.300	TU	4:00-5:00pm	Jan 2-Feb 6	\$102/\$113
2508.301	TU	4:00-5:00pm	Feb 13-Mar 19	\$102/\$113

# Health & Wellness

**POUND**

**AGES 12+**

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythm and motions of drumming. POUND uses slightly-weighted drumsticks to provide an effective way to work out, relieve stress, and have fun. Yoga mats are required.

**INSTRUCTOR:** Brittanie Arnett

**LOCATION:** **TUESDAY:** Community Park, Willow Room 303

**THURSDAY:** Community Park, Oak Hall East

**NO CLASS:** Feb 20 & 22

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.300	TU	5:30-6:15pm	Jan 16-Mar 19	\$72/\$83
1608.301	TH	5:30-6:15pm	Jan 18-Mar 21	\$72/\$83



Release your inner rockstar while you work out, relieve stress and have fun!!

# FREE Older Adult Programs!

**INFORMATION:** [poway.org/olderadults](http://poway.org/olderadults)

**FEELING FIT**

**ALL AGES**

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities and can be done from a seated or standing position. Equipment provided for class use.

**INSTRUCTOR:** Feeling Fit

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE

**LINE DANCING**

**ALL AGES**

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. Instruction provided during the first 30 minutes.

**INSTRUCTOR:** Duffy

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:00-3:00pm	FREE
F	1:00-3:00pm	FREE

**SILVER AGE YOGA**

**ALL AGES**

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be done from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Silver Age Yoga

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:45am	FREE

**NEW! QIGONG**

**ALL AGES**

Learn to synchronize the mind, body, and breath! Qigong combines gentle flowing movements, relaxed breathing, and self-massage. This self-healing practice becomes a moving meditation as participants enjoy reduced stress and anxiety, and improved balance and coordination. Can be done from a seated or standing position. Bring a yoga mat.

**INSTRUCTOR:** Veronique Cometti

**LOCATION:** Community Park, Oak Hall East

DAY	TIME	R/NR FEE
TU	10:00-10:45am	FREE

# Dance

Try it before you buy it!

Try high-quality, fun Dance To EvOLvE classes without obligation on January 6 & 8. Liability waiver required. Classes are designed to be progressive. All dancers are encouraged to participate in the annual spring recital in June.

## MINI MOVERS & MUSIC AGES 1.5-3

This class is filled with creative movement, fun music and dance games! This energetic and expressive class will have your mini-mover learning age-appropriate dance moves, motor skills and rhythm.

**INSTRUCTOR:** Dance To EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.300	M	4:45-5:25pm	Jan 8-Feb 5	\$90/\$101
1702.301	M	4:45-5:25pm	Feb 12-Mar 18	\$107/\$118

## MAGICAL MUNCHKINS: HIP HOP/BALLET AGES 2-3.1

This gentle introductory combination dance class of ballet and hip hop, and dance games is energetic, expressive, and fun. It will have your Magical Munchkin learning dance basics in an age-appropriate way. Classes start with hip hop and transition into ballet each week. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance to EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** Jan 13

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.302	SA	8:30-9:10am	Jan 6-Feb 10	\$90/\$101
1702.303	SA	8:30-9:10am	Feb 17-Mar 23	\$107/\$118

## TINY MOVERS AGES 3-4.5

A combination dance class of tap or hip hop, ballet, and dance games for kids. This energetic and expressive class will have your Tiny Mover learning age-appropriate dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap or hip hop and transition into ballet each week. This is the first big kids class as parents watch from outside of the room.

**INSTRUCTOR:** Dance To EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** Jan 13

### Tap/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.304	M	3:45-4:40pm	Jan 8-Feb 5	\$90/\$101
1702.305	M	3:45-4:40pm	Feb 12-Mar 18	\$107/\$118

### Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.306	SA	9:15-10:10am	Jan 6-Feb 10	\$90/\$101
1702.307	SA	9:15-10:10am	Feb 17-Mar 23	\$107/\$118

## STAR SHINERS AGES 4.5-6

Keep your Star Shiner moving in this tap, jazz, or hip hop and ballet combination dance class. This class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique.

**INSTRUCTOR:** Dance To EvOLvE: [dancetoevolve.com](http://dancetoevolve.com)

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** Jan 13

### Tap/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.308	M	5:30-6:25pm	Jan 8-Feb 5	\$90/\$101
1702.309	M	5:30-6:25pm	Feb 12-Mar 18	\$107/\$118

### Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.310	SA	10:15-11:10am	Jan 6-Feb 10	\$90/\$101
1702.311	SA	10:15-11:10am	Feb 17-Mar 23	\$107/\$118

### Jazz/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.312	SA	2:00-2:55pm	Jan 6-Feb 10	\$90/\$101
1702.313	SA	2:00-2:55pm	Feb 17-Mar 23	\$107/\$118





**DREAM DANCERS BALLET** AGES 6-10

A beginner ballet class focusing on learning fundamental ballet technique through a structured yet exciting class. This class starts developing your young dancer's grace, strength, flexibility, and musicality while always having fun.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** Jan 13

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.314	SA	11:15am-12:10pm	Jan 6-Feb 10	\$90/\$101
1702.315	SA	11:15am-12:10pm	Feb 17-Mar 23	\$107/\$118

**BEAT BREAKERS & HIP HOP** AGES 4-12

These fun, high-energy classes will definitely have you movin' to the beats. Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated. These classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

**NO CLASS:** Jan 13

**Beat Breakers**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.316	4-7	M	6:30-7:25pm	Jan 8-Feb 5	\$90/\$101
1702.317	4-7	M	6:30-7:25pm	Feb 12-Mar 18	\$107/\$118
1702.318	4-7	SA	1:00-1:55pm	Jan 6-Feb 10	\$90/\$101
1702.319	4-7	SA	1:00-1:55pm	Feb 17-Mar 23	\$107/\$118

**Hip Hop: Pre-Teen**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.320	8-12	M	7:30-8:25pm	Jan 8-Feb 5	\$90/\$101
1702.321	8-12	M	7:30-8:25pm	Feb 12-Mar 18	\$107/\$118

**CHEERLEADING, DANCE & TUMBLE** AGES 3-12

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. Participants perform a full routine at a USD college basketball game!

**INSTRUCTOR:** Charlene's Dance & Cheer

**LOCATION:** Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.300	3-5	TH	5:30-6:00pm	Jan 18-Mar 21	\$130/\$141
1703.301	6-12	TH	6:00-6:50pm	Jan 18-Mar 21	\$150/\$161



# Sports

## SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WED: 2010.300:** Old Poway Park, Green Park  
**2010.301:** Valle Verde Park, Soccer Field

**SAT:** Community Park, Open Play Area

**NO CLASS:** Feb 17

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.300	W	9:00-9:30am	Jan 10-Mar 20	\$234/\$245*
2010.301	W	4:00-4:30pm	Feb 7-Mar 20	\$156/\$167*
2010.302	SA	9:00-9:30am	Jan 20-Mar 23	\$210/\$221*

\*\$35 materials fee due on the first day of class

## SOCCER SHOTS CLASSIC

AGES 4-6



Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WED: 2010.303:** Old Poway Park, Green Park  
**2010.304:** Valle Verde Park, Soccer Field

**SAT:** Community Park, Open Play Area

**NO CLASS:** Feb 17

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.303	W	9:35-10:20am	Jan 10-Mar 20	\$234/\$245*
2010.304	W	4:35-5:20pm	Feb 7-Mar 20	\$156/\$167*
2010.305	SA	9:40-10:25am	Jan 20-Mar 23	\$210/\$221*
2010.306	SA	10:35-11:20am	Jan 20-Mar 23	\$210/\$221*

\*\$35 materials fee due on the first day of class

## SOCCER SHOTS PREMIER

AGES 7-10

Premier classes focus on individual skill, fitness, and sportsmanship, providing an opportunity for participants to be challenged through fun games and team interaction. Participants are also introduced to competition in a developmentally-appropriate manner. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots

**LOCATION:** Community Park, Open Play Area

**NO CLASS:** Feb 17

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.307	SA	11:30am-12:25pm	Jan 20-Mar 23	\$210/\$221*

\*\$35 materials fee due on the first day of class

## SKATEBOARDING: BEGINNER

AGES 6-13

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:  
Andrew@sdskatelite.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.300	W	5:00-6:00pm	Jan 3-Jan 31	\$100/\$111
2004.301	W	5:00-6:00pm	Feb 14-Mar 13	\$100/\$111

## SKATEBOARDING: INTERMEDIATE/ADVANCED

AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience **OR** have participated in the Skateboarding: Beginner class before enrolling. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:  
Andrew@sdskatelite.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.302	W	4:00-5:00pm	Jan 3-Jan 31	\$100/\$111
2004.303	W	4:00-5:00pm	Feb 14-Mar 13	\$100/\$111





**TAEKWONDO** **AGES 5+**

**Try it before you buy it!**

This is a complete martial arts program designed to help participants of all ages develop respect, self-control, strength, speed, coordination, endurance, and confidence. Learn Taekwondo kicks,

blocks, and punches through self-defense skills. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.

**INSTRUCTOR:** Master Chen

**LOCATION:** Community Park, Sycamore Hall

**BELT TESTING:** Feb 26—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.300	5+	M/W	5:00–6:00pm	Jan 3–Mar 13	\$129/\$140
2001.301	11+	M/W	6:05–7:05pm	Jan 3–Mar 13	\$129/\$140

**Junior/Adult Taekwondo—Black Belt Participants**

This program is for black belt participants only. Combined with class 2001.301 for the first hour, black belt participants stay an extra 25 minutes for individual instruction.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.302	11+	M/W	6:05–7:30pm	Jan 3–Mar 13	\$129/\$140

**YOUTH VOLLEYBALL** **AGES 10-15**

Looking for a fun sport? Come and play volleyball on Monday nights. Boys and girls are invited to participate in this fun, recreational activity. Beginning Volleyball will work on the basics of passing, setting, hitting, and serving using instruction, drills and practice. **One year of volleyball experience and knowledge of passing, setting, and serving is required for Intermediate Volleyball.**

**INSTRUCTOR:** Susie Gehrke

**LOCATION:** Meadowbrook Gymnasium

**Beginning Volleyball**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.300	M	5:30–6:30pm	Jan 15–Mar 4	\$75/\$86

**Intermediate Volleyball**

CLASS #	DAY	TIME	DATES	R/NR FEE
2002.301	M	6:30–7:30pm	Jan 15–Mar 4	\$75/\$86

**ADULT VOLLEYBALL** **AGES 16+**

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. **Past volleyball experience is required.**

**INSTRUCTOR:** Dick Leatherman

**LOCATION:** Twin Peaks Multipurpose Center

**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.300	Men	TH	6:30–9:30pm	Jan 18–Mar 14	\$80/\$91
2005.301	Women	TH	6:30–9:30pm	Jan 18–Mar 14	\$80/\$91

**Coed Advanced**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.302	Men	TU	6:30–9:30pm	Jan 16–Mar 12	\$80/\$91
2005.303	Women	TU	6:30–9:30pm	Jan 16–Mar 12	\$80/\$91

**Women**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.304	Women	M	6:30–9:30pm	Jan 15–Mar 11	\$80/\$91



**TENNIS****AGES 6-14**

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

**INSTRUCTOR:** Art Christophiades**LOCATION:** Community Park, Tennis Courts**Beginner**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.300	8-14	TU/TH	4:00-5:00pm	Jan 16-Mar 7	\$112/\$123
2000.301	6-8	SA	9:00-10:00am	Jan 20-Mar 9	\$56/\$67
2000.302	8-14	SA	10:00-11:00am	Jan 20-Mar 9	\$56/\$67

**Intermediate**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.303	8-14	TU/TH	5:00-6:00pm	Jan 16-Mar 7	\$112/\$123
2000.304	8-14	SA	11:00am-12:00pm	Jan 20-Mar 9	\$56/\$67

**Advanced Juniors**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.305	9-14	M/W	4:00-5:30pm	Jan 15-Mar 6	\$144/\$155

# Safety Training

**CHILD & BABYSITTING SAFETY****AGES 10-17**

This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.

**INSTRUCTOR:** Lockhart Training**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.300	SA	9:30am-1:30pm	Mar 9	\$59/\$70*

\*\$10 materials fee due on the first day of class



An easy, slow-paced curriculum modified to fit skill levels and abilities.

# Special Needs

**ADAPTIVE YOGA****AGES 18+**

Participants are guided through mindful breathing exercises, stretching, basic poses, and postures. This class provides an easy, slow-paced curriculum that is modified to fit skill levels and abilities.

**INSTRUCTOR:** Villa de Vida, Inc.**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.300	TU	4:00-5:00pm	Jan 9-Mar 12	\$100/\$111

**SELF-CARE 101****AGES 18+**

Self-care can be defined as anything that supports mental, emotional, and physical well-being. Experience the numerous benefits of learning self-care strategies, including reducing levels of stress and increasing happiness. Participants are guided through a provided self-care journal and exercises designed to improve confidence, self-respect, self-soothing, and self-compassion.

**INSTRUCTOR:** Villa de Vida, Inc.**LOCATION:** Villa De Vida, Inc.: 12939 Pomerado Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.301	TH	4:00-5:00pm	Jan 11-Mar 14	\$100/\$111*

\*\$25 materials fee due on the first day of class

# Open Play Sports

## OPEN PLAY SPORTS

## ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the winter months, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).



Open play basketball, volleyball, badminton, and pickleball are available at no charge.



Training classes are the best thing you can do for you and your dog.

# Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

## TRAINING CLASSES

## DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called.

**INSTRUCTOR:** Good Dog Training School, Lynne Moore

**LOCATION:** TUESDAY: Old Poway Park, Gazebo

SATURDAY: Garden Road Park, Open Area

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.300	TU	6:30-7:30pm	Jan 2-Feb 6	\$95/\$106*
2300.301	SA	9:30-10:30am	Jan 6-Feb 10	\$95/\$106*
2300.302	TU	6:30-7:30pm	Feb 13-Mar 19	\$95/\$106*
2300.303	SA	9:30-10:30am	Feb 17-Mar 23	\$95/\$106*

\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.304	SA	10:45-11:45am	Jan 6-Feb 10	\$95/\$106
2300.305	SA	10:45-11:45am	Feb 17-Mar 23	\$95/\$106

# POWAY PARKS & FACILITIES



## POWAY COMMUNITY PARK

13094 Civic Center Drive  
(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

### Hours

Daily | Sunrise-Sunset

**Office | Ball Fields | Bocce Courts**  
Daily | 8:00am-9:00pm

**Dog Park | Tennis Courts | Basketball Court**  
Daily | Sunrise-10:00pm

**Skate Park**  
Daily | 8:00am-8:00pm

#### FREE EQUIPMENT

#### ALL AGES

Visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.



#### CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5.00 for adults 50+. Reservations are required and must be made in-person by 1:00pm the day before. Payment is due at the time of reservation. Reservations can be made up to a month in advance. For more information and to see the monthly menu, visit [poway.org/olderadults](http://poway.org/olderadults) or call (858) 668-4671.



#### BINGO

#### AGES 18+

B-4! N-36! Whether you're a seasoned pro or new to the game, come test your luck. With multiple winners, everybody has a chance to win cash, jackpot prizes, bonus rewards, and more. Brought to you by the Friends of Poway Seniors. For more information, visit: [friendsofpowayseniors.org](http://friendsofpowayseniors.org).

**LOCATION:** Community Park, Sycamore Hall

DAY	DOORS OPEN	STARTS
TU	9:30am	11:30am
SU	10:30am	12:30pm

# OLD POWAY PARK

14134 Midland Road  
(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## Hours

### Railroad Info:

[powaymidlandrr.org](http://powaymidlandrr.org)

### Farmers Market

Saturdays | 8:00am-1:00pm

## ONCE UPON A HALLOWE'EN

ALL AGES

**FREE!** Celebrate Halloween in a distinctly different way at this family-friendly event. Take a ride aboard the "Halloween Express" locomotive, visit the "cemetery" and haunted house, play carnival-type games, and enjoy spooky Halloween crafts, plus tasty treats. Some activities require a nominal fee.

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

Saturday, October 28 | 4:30-8:30pm



PHOTO CREDIT: PEGGY PEATTIE



## VETERANS DAY

ALL AGES

Join the Veterans Park Committee, VFW Post 7907, and City of Poway as we honor those who have selflessly served to ensure our freedom. A ceremony will be held at Poway Veterans Park on Veterans Day to honor past, present, and future Veterans. The ceremony will include unveiling new tiles, guest speakers, and the firing of the cannon.

Saturday, November 11 | 11:00am

## HISTORICAL TOURS

ALL AGES

Experience the Nelson House, Heritage Museum, a train safety presentation, and ride aboard the Poway-Midland Railroad. These easy, inexpensive, educational field trips are offered March through June, Tuesday through Thursday, for just \$4 per participant. Appropriate for any age or grade level, tours are great for schools, scout troops, ESS, assisted living facilities, or any group of 20 or more.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576

## FARMERS MARKET

ALL AGES

Saturdays | 8:00am-1:00pm

Find the best locally and organically grown, farm-fresh produce and artisan foods at our "City in the Country" Farmers Market on Midland Road. Rain or shine!

INFORMATION: [poway.org/farmers-market](http://poway.org/farmers-market) or (858) 668-4576



# POWAY SWIM CENTER

13094 Civic Center Drive

(858) 668-4680

[poway.org/swim](http://poway.org/swim)

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family/single-use restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

For more detailed information about our facility and operations including our pool hours, please visit our website at [poway.org/swim](http://poway.org/swim)

## Hours

**Winter Schedule** (November 20–April 7)

### Adult Lap Swim

Mon/Wed/Fri*	10:30am–7:00pm (Short Course)
Tues/Thurs	5:30am–1:30pm (Long Course) 2:00pm–7:00pm (Short Course)
Sat/Sun	12:00–3:00pm (Short Course)

### Recreational Swim/Splash Pad

Mon–Fri*	10:30am–4:15pm (Shallow End/Splash Pad only; Diving Board Closed)
Mon–Fri*	4:15–7:00pm
Sat/Sun	Closed

Not all areas of the pool are always available. Splash Pad may be closed based on seasonal weather. Some open recreational swim times and lap lanes will be shared with swim lessons and swim clubs at various times throughout the day. Portions of the pool may not be available for use by the public during these times.

### Scheduled Closures

\*Staff Trainings | Pool Will Close at 1:30pm on November 3, December 1, February 2, March 1, April 5, May 3

Thanksgiving | November 23 & 24

Annual Maintenance | December 18–January 7

Winter Festival | January 12 & 13



### WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission and reservations are required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

### RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22/Oxygen.

Learning occurs in and outside of class. 100% attendance and participation are required for scheduled dates. There is a water skills pretest that must be passed before the first class. Class fee includes materials, book, resuscitation mask, and completion certificate. Must be 15 years of age by the first day of class.



Class participants that successfully complete the course and obtain their lifeguard certification are eligible for a full refund of the class costs if they're later hired by the Swim Center!

**INFORMATION:** [poway.org/LifeguardTraining](http://poway.org/LifeguardTraining) or (858) 668-4680

CLASS #	DAY	TIME	DATES	FEE
0700.300	T	4:30–6:00pm Pretest	Feb 13	\$210
	M–F	9:00am–6:00pm	Feb 19–23	
0700.301	T	4:30–6:00pm Pretest	Feb 27	\$210
	SA	9:00am–6:00pm	Mar 2, 9	
	T/TH	4:30–7:30pm	Mar 5, 7, 12, 14	



## LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772

**Lake Poway Concession** (858) 668-4778

## Hours

Daily | 6:00am-Sunset

### Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

### Entry Station

Open Weekends & Holidays  
\$10 non-resident entry fee for vehicles  
Active Military free with ID

### Holiday Hours

Open Thanksgiving | Nov 24  
Open Christmas | Dec 25

### TROUT SEASON RETURNS TO LAKE POWAY! ALL AGES

The fishing frenzy returns early December when Lake Poway is once again stocked with Rainbow Trout. We offer the best permit and boating prices in the area and our concessions offers everything you might need to catch "The Big One". Please check our website for the most up-to-date fishing conditions and stocking dates at [poway.org/lakepoway](http://poway.org/lakepoway).

### ANGLER OF THE MONTH ALL AGES



Think you can catch "The Big One"? Join us at Lake Poway and take your chance at catching the biggest catfish, trout, or bass! Each month one lucky winner who catches the largest fish will win a prize. Fish must be weighed in at the boat dock and the winner will be contacted at the end of each month.

#### INFORMATION:

(858) 668-4772 or [lakerangers@poway.org](mailto:lakerangers@poway.org)



# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road  
1 mile north of Lake Poway Road  
(858) 668-4781  
[poway.org/bluesky](http://poway.org/bluesky)

## Hours

Daily | Sunrise-Sunset

### DOCENT-LED HIKES ALL AGES

**FREE!** Find our Activities Schedule on the website or at Blue Sky Reserve, City Hall, or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

### FUN & FITNESS HIKING SERIES ALL AGES

**FREE!** Hiking is one of the best things you can do for your health. Come join our 'Fun and Fitness' hiking series! What better way to meet new friends, de-stress, connect with nature, and get into shape? The fun begins at the south end of the parking lot. Distance and fitness level will gradually increase over six Monday mornings. All fitness levels welcomed.

**INFORMATION:** [bluesky@poway.org](mailto:bluesky@poway.org) or (858) 668-4781

DAY	TIME	DATE	FEE
M	9:00am	Jan 8-Feb 19	FREE

### JUNIOR NATURE RANGER AGES 6-10

**FREE!** Come share family time and connect with nature! Docents lead children through a series of activities allowing them to experience nature while having fun in the outdoors. A Nature Ranger certificate will be issued upon completion of activities. Limited to 15 children.



**INFORMATION OR TO RESERVE:** [siturzaeta@poway.org](mailto:siturzaeta@poway.org) or (858) 668-4777

DAY	TIME	DATE	FEE
SA	9:00-11:00am	Feb 10	FREE

### SOLAR WALK AND STAR GAZING ALL AGES



Join us on a journey into outer space and view our nighttime skies! As you travel through the Reserve on a 1.5-mile hike, you will learn about the planets in our solar system. At the end of our hike, we join Curiosity Peak Observatory astronomers with their powerful telescopes focused on a distant constellation or planet so that you can experience it up-close. This program is suitable for all ages, and everyone should dress warmly. Limited to 25 participants per time slot.

**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.301	SA	6:30pm	Apr 13	\$5
1200.302	SA	6:45pm	Apr 13	\$5
1200.303	SA	7:00pm	Apr 13	\$5
1200.304	SA	7:15pm	Apr 13	\$5



# KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open third Saturday of each month | 10:00am-1:00pm

### OPEN HOUSE

### ALL AGES

**FREE!**

Visit us on the third Saturday morning of each month for a docent-led tour. Experience artifacts, 'ewaas, milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.



### SCHOOL TOURS

### GRADE 3

Offered on Thursday and Friday mornings each month. Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities. \$4 per student.

**SCHEDULE YOUR TOUR ONLINE:** [poway.org/kiic](http://poway.org/kiic)



### WATERCOLOR CLASS

### AGES 8+

Join us in capturing the beauty of this authentic Native American site in watercolor. Artists of every skill level are welcome to experience creating *en plein air* ("in the open air"). Pick a painting spot around the site that inspires you! Instruction in basic skills and all materials will be provided. Limited to 25 participants.

**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.306	SA	9:00am-12:00pm	Mar 23	\$5



# POWAY LIBRARY

13137 Poway Road  
(858) 513-2900

[sdcl.org](http://sdcl.org)

## Hours

Monday & Thursday | 10:00am-6:00pm  
Tuesday & Wednesday | 12:00-7:00pm  
Friday, Saturday & Sunday | 10:00am-5:00pm

### FREE! ADULT PROGRAMS

AGES 18+

**Zumba Inclusive for Adults of All Abilities:** Mondays | 10:00am  
**Tai Chi for Adults:** Fridays | 10:00am  
**Ukulele Class:** Second Wednesday | 5:00pm  
**Knitting Club:** Fourth Monday | 1:00 pm  
**Ukulele Jam:** Last Wednesday | 5:00pm  
**Mah Jongg:** Thursdays | 1:00pm  
**NASA Talk:** Wednesday, Nov 1 | 5:30-6:30pm  
**Friends of the Library Book Sale:**  
Saturday, Nov 18 | 10:00am-4:00pm  
**Red Cross Blood Drive:** Thursday, Dec 21 | 10:00am-4:00pm  
**Book Club:** Third Wednesday | 6:00pm

### FREE! TEEN PROGRAMS

GRADES 6-12

**Teen Tuesdays:** Check [sdcl.org/poway](http://sdcl.org/poway) for more program details | 4:00-6:00pm

### FREE! CHILDREN'S PROGRAMS

BIRTH TO GRADE 5

**Baby Storytime:** Mondays | 11:00am, Tuesdays | 1:00pm  
**Chess Club:** Mondays | 3:30pm  
**Preschool Storytime:** Thursdays | 10:30am  
**Crafternoon:** Thursdays | 1:00pm  
**Love on a Leash:** Fridays | 3:30-4:30pm  
**Dance Storytime:** Saturdays | 10:30am  
**Dreidel Day:** December 10 | 2:00pm  
**Santa Visit:** December 17 | 2:00pm  
**Noon Year's Eve:** December 31 | 11:00am



**SPORTSPLEX USA**  
★ ★  
*Your Place To Play.*

**Poway's Premier Sports Complex**

- ▶ Adult Softball
- ▶ Adult Indoor Soccer
- ▶ Youth Indoor Soccer (3-12yrs)
- ▶ Birthday Parties

Leagues now forming. Visit us online today!  
**SportsplexUSA.com**

**12349 McIvers Ct. Poway, CA 92064**



# CLASS REGISTRATION

## WINTER REGISTRATION:

**Poway Residents – November 7 at 7:30am**

**Non-residents Registration – November 8 at 7:30am**

**1 ONLINE REGISTRATION**  
 is available by visiting the City of Poway website: [poway.org/classes](http://poway.org/classes). A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

**2 WALK-IN REGISTRATION**  
 is available at the Community Services Department during business hours.  
**Location**  
 13325 Civic Center Drive  
**Hours**  
 Check [poway.org](http://poway.org) for current hours.

**3 MAIL-IN REGISTRATION**  
 is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.  
**Mail to**  
 P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$16 cancellation fee will be deducted.

No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$16 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

## Financial Assistance

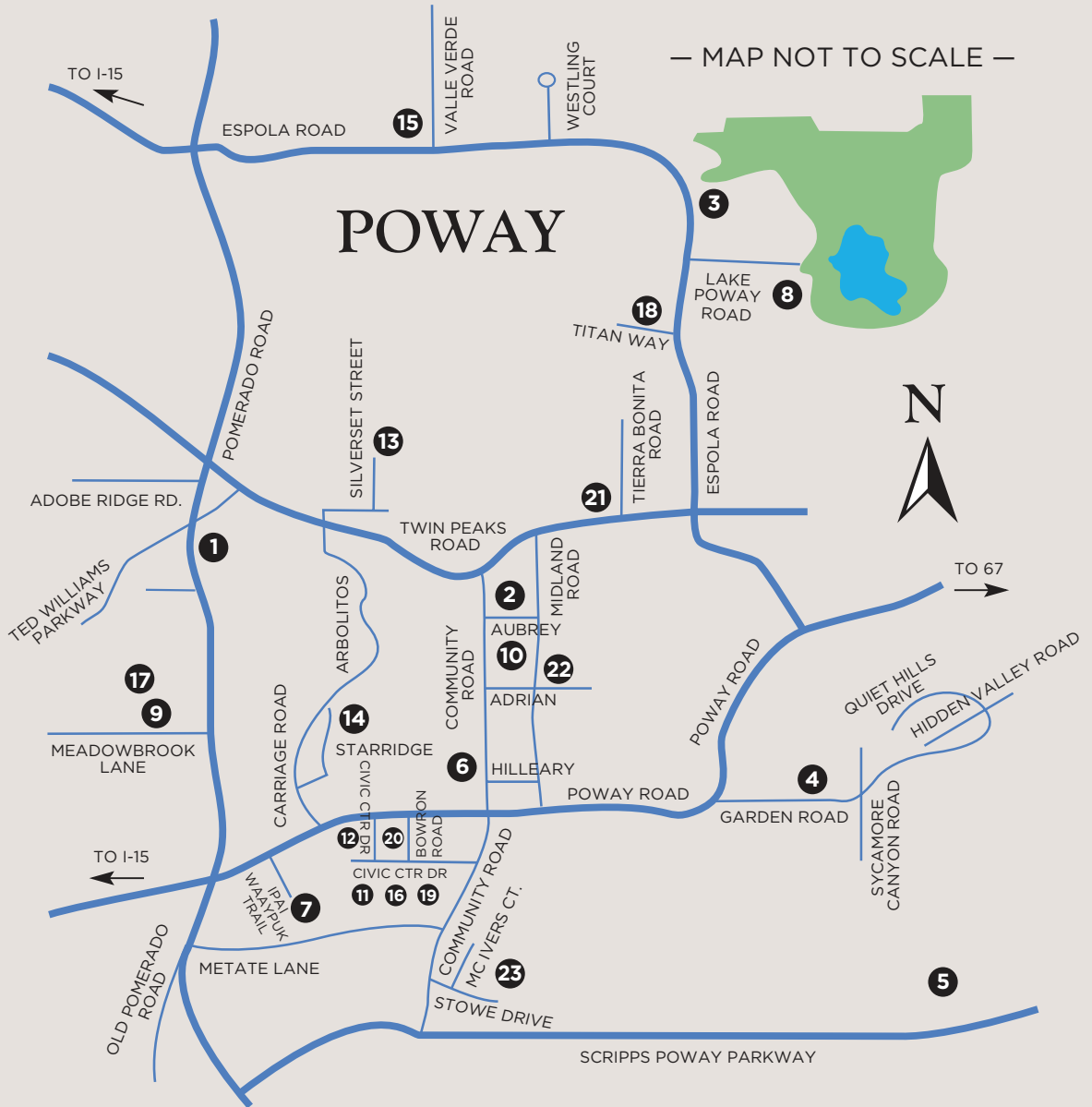
### Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

# CULTURAL & RECREATIONAL FACILITIES



- |  |   |  |
|--|---|--|
| <p><b>1 Arbolitos Sports Fields</b><br/>14401 Pomerado Road</p> <p><b>2 Aubrey Park</b><br/>13544 Aubrey Street</p> <p><b>3 Blue Sky Ecological Reserve</b><br/>16275 Espola Road</p> <p><b>4 Garden Road Neighborhood Park</b><br/>14901 Garden Road</p> <p><b>5 Goodan Ranch</b><br/>16281 Sycamore Canyon Road</p> <p><b>6 Hilleary Park</b><br/>13500 Community Road</p> <p><b>7 Kumeyaay-Ipai Interpretive Center</b><br/>13104 Ipai Waaypuk Trail</p> <p><b>8 Lake Poway Recreation Area</b><br/>14644 Lake Poway Road</p> | <p><b>9 Meadowbrook Soccer Field</b><br/>12250 Meadowbrook Lane</p> <p><b>10 Old Poway Park</b><br/>14134 Midland Road</p> <p><b>11 Poway Community Park</b><br/>13094 Civic Center Drive</p> <ul style="list-style-type: none"> <li>• Community Swim Center</li> <li>• Mickey Cafagna Community Center</li> <li>• Dog Park</li> </ul> <p><b>12 Poway Skate Park</b><br/>13090 Civic Center Drive</p> <p><b>13 Silverset Neighborhood Park</b><br/>14795 Silverset Street</p> <p><b>14 Starridge Neighborhood Park</b><br/>13745 Carriage Road</p> <p><b>15 Valle Verde Neighborhood Park</b><br/>16899 St. Andrews Drive</p> | <p><b>16 Valley Soccer Field</b><br/>13094 Civic Center Drive</p> <p><b>17 Meadowbrook Gymnasium</b><br/>12320 Meadowbrook Lane</p> <p><b>18 Poway Center for the Performing Arts</b><br/>15498 Espola Road</p> <p><b>19 Poway City Hall</b><br/>13325 Civic Center Drive</p> <p><b>20 Poway Community Library</b><br/>13137 Poway Road</p> <p><b>21 Twin Peaks Multipurpose Center</b><br/>14640 Tierra Bonita Road</p> <p><b>22 Veterans Park</b><br/>14135 Midland Road</p> <p><b>23 Sportsplex USA</b><br/>12349 McIvers Court</p> |
|--|---|--|

Celebrate the arts with us as we swing into the new year! Gather up your family and friends and join us for MET2's *Annie Jr.*, traditional Nutcracker ballets, and PUSD's holiday concerts and choir performances. The ever-popular and talented Poway Symphony Orchestra returns for the first of three performances this year and Poway OnStage will present *The Rat Pack—One More Time*, *Jake Shimabukuro: Christmas in Hawaii*, and *North: The Musical*.

TICKETS AND INFORMATION: [powaycenter.com](http://powaycenter.com)

## POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road  
[PowayCenter.com](http://PowayCenter.com)



### Rental Requests

[business@powaycenter.com](mailto:business@powaycenter.com)

### Administration

(858) 668-4693

Tuesday through Thursday | 10:00am-2:00pm

### Box Office

(858) 748-0505

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

### Art Gallery & Facility

Tuesday-Thursday | 10:00am-2:00pm

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays

## POWAY ONSTAGE



Presenters of World-Class Talent at the Poway Center for the Performing Arts.  
[powayonstage.org](http://powayonstage.org)

## POWAY UNIFIED SCHOOL DISTRICT

Photo Credit: PHS Choir



Student stars of all ages sing, act, dance and show off their talents.  
[powayusd.com](http://powayusd.com)

## COMMUNITY PRESENTERS

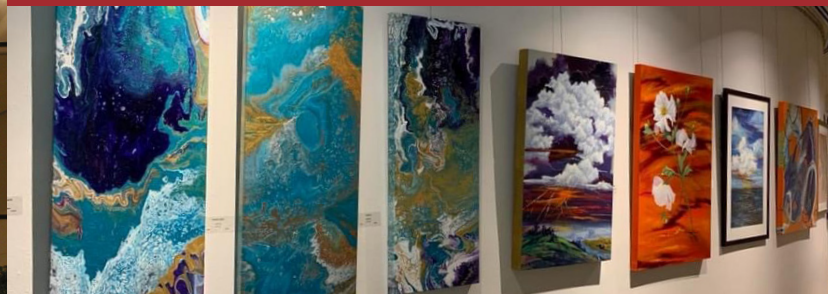
Photo Credit: Poway Symphony



Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. [powaycenter.com](http://powaycenter.com)

## ART SHOWS

Art Credit: Linda Drake



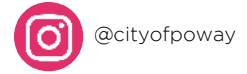
Rotating exhibits ensure a wide variety of styles and media from local, regional, and student artists.





**City of Poway**  
 13325 Civic Center Drive  
 Poway, CA 92064

Connect with us and never miss a recreation opportunity again!



# WINTER 2023-24 EVENTS AT A GLANCE

**TROUT SEASON**  
 Starts Early  
 December 2023  
 Lake Poway



**CHRISTMAS IN THE PARK**  
 December 8 & 9, 2023  
 Old Poway Park



**WINTER FESTIVAL**  
 January 12 & 13, 2024  
 Community Park



**YOUTH FISHING DERBY CAMPOUT**  
 February 2-3, 2024  
 Lake Poway  
**YOUTH FISHING DERBY**  
 February 3, 2024  
 Lake Poway



## Poway City Council

Mayor: STEVE VAUS  
 Deputy Mayor: CAYLIN FRANK  
 Councilmember: PETER DE HOFF  
 Councilmember: ANITA EDMONDSON  
 Councilmember: BRIAN PEPIN

## SAVE THE DATE!

Winter Registration:  
 Poway Residents - November 7, 2023 at 7:30am  
 Non-residents - November 8, 2023 at 7:30am  
 See page 19 for details, or visit [poway.org/classes](http://poway.org/classes).