

POWAY

COMMUNITY SERVICES GUIDE

SPRING 2022

**REGISTRATION BEGINS
MARCH 1, 2022
AT 7:30AM**

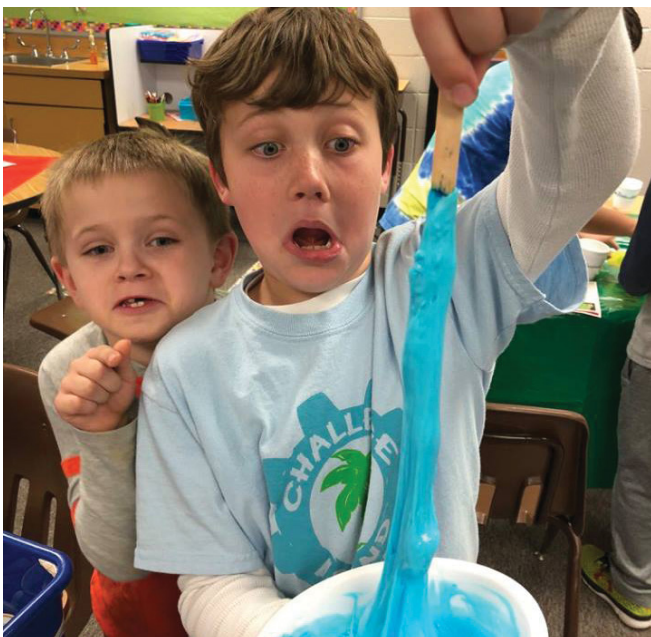
**EVENTS, CLASSES, AND
CAMPS SUBJECT TO CHANGE
DUE TO COVID-19. CHECK
OUR WEBSITE FOR UPDATES:
[POWAY.ORG/CLASSES](https://poway.org/classes)**



SPRING & SUMMER CAMPS GALORE!

2022 Spring Break Camps

School is out and the weather is warm. Don't sit at home! Take your spring break to the next level with one of our cool camps. Get outside, learn new skills, make friends, and get psyched about summer because it's right around the corner! **See page 2 for a full list of our spring break camps.** Registration begins Tuesday, March 1 at 7:30am.



2022 Summer Camps

Can you believe that summer is almost here!? If you love summer as much as we do, then you're already looking for summer fun! In addition to the traditional and well-loved Lake Poway Day Camp, we're bringing you an amazing line-up of specialty camps sure to delight the aspiring film makers, curious scientists, creative artists, and talented athletes in your family.

See page 15 for the 2022 Summer Camp line-up.

Early Summer Camp Registration begins Tuesday, April 5 at 7:30am.



SUMMER JOBS

Looking For a Summer Job?

Look no further than your Community Services Department! We hire enthusiastic, qualified candidates to work with fun, outdoor, rewarding programs that enrich our community! These amazing seasonal employment opportunities include:

Camp Counselors

Without dedicated counselors to foster community, a love of nature, and inspire outdoor play, Lake Poway Day Camp wouldn't be the premiere summer camp it is today! Apply if you enjoy working with children, being part of a team, and spending your summer outside.

Lifeguards/ Swim Instructors

Lifeguards are integral to ensuring the safety of all pool guests during the busy summer! And what is summer without swim lessons? Our Swim Instructors instill confidence in swimmers of all ability levels. Combine your love of swimming and the water to land a job that pays you to do what you love!

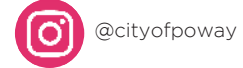
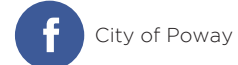
See Page 34 for information on Certified Lifeguard Training Courses.

Recreation Leaders

Recreation Leaders provide invaluable assistance with special events, city programs, customer service, and more. It's the perfect introduction to the Recreation field!

Don't wait to apply! These jobs are posted online as early as February at: poway.org/jobs

Connect with us and never miss a recreation opportunity again!



SAVE THE DATE:

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Early Summer Camp Registration: April 5 at 7:30am

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SPRING BREAK CAMPS

Registration: March 1 at 7:30am

Take your spring break to the next level with one of these cool camps!

ARCHERY AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.



INSTRUCTOR: Rick Harper
LOCATION: Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.400	M-F	8:00-9:30am	Apr 11-Apr 15	\$75/\$86*
6011.401	M-F	10:00-11:30am	Apr 11-Apr 15	\$75/\$86*

*\$10 materials fee due on the first day of camp

SWIM & TENNIS AGES 8-14

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool.

INSTRUCTOR: Art Christophiades
LOCATION: Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.400	M-F	9:00am-3:00pm	Apr 11-Apr 15	\$150/\$161*

*\$15 materials fee due on the first day of camp

SKATEBOARDING AGES 5-13

Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants **MUST** have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.



INSTRUCTOR: SD Skatelite, Andrew Barbosa:
Andrew@sdskatelite.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.400	M-F	9:00am-12:00pm	Apr 11-Apr 15	\$165/\$176

DANCE TO EvOLvE: CALLING ALL SUPERHEROES

AGES 4-8

It's a bird, it's a plane, it's a dancing Superhero! This non-stop camp is catered towards the energy of a hero or heroine! Superheroes show off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a Superhero skit, and games. On Friday, these Superheroes will show off their awesome powers for family and friends! Wear dance attire and/or comfortable clothes and shoes.



INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 305/303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.400	M-F	9:00am-12:00pm	Apr 11-Apr 15	\$189/\$200

CHALLENGE ISLAND: SLIME SQUAD AGES 6-12

A slime experience mixed with engineering adventure takes participants into a new slime-filled world every day—from alien ooze to ghostly goo to monster muck to lava, too. No matter how you squish, squeeze, or stretch it, this camp promises to be a blockbuster hit!

INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.400	M-F	1:00-4:00pm	Apr 11-Apr 15	\$189/\$200*

*\$30 materials fee due on the first day of camp

WONDERS! 50 EXPERIMENT SCIENCE CAMPS

THESE SCIENCE CAMPS are hands-on fun from beginning to end! Participants do 50 different hands-on experiments each week!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Community Park, Oak Hall West

WONDERS! CAMP 1 AGES 4-12

Experiments include: build electric bottles, make balloon-helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band launcher, design invisible inks, fire rocket cars, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.400	M-TH	9:00am-12:00pm	Apr 11-Apr 14	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 2 AGES 4-12

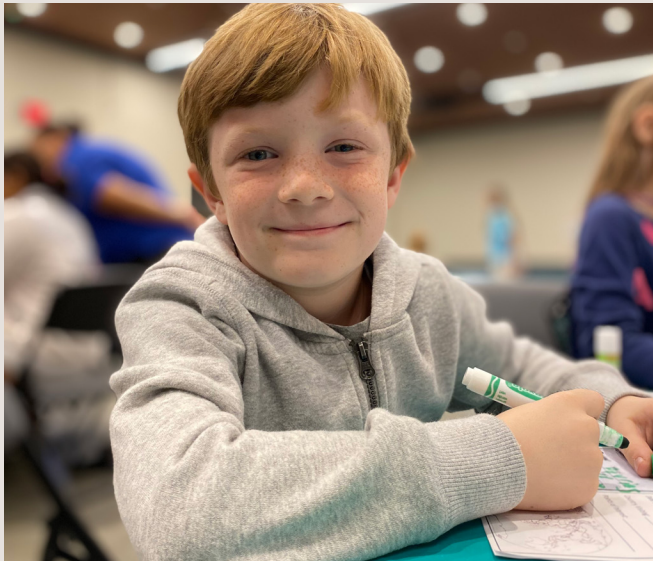
Experiments include: make gold pennies, experiment with glowing rocks and amazing super-magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow guns, crush cans with air pressure, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.401	M-TH	1:00-4:00pm	Apr 11-Apr 14	\$150/\$161*

*\$25 materials fee due on the first day of camp

CITY PROGRAMS

Registration: March 1 at 7:30am



Kid's Night Out

KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.400	F	4:30-9:00pm	Apr 1	\$10/\$21
1000.401	F	4:30-9:00pm	May 6	\$10/\$21
1000.402	F	4:30-9:00pm	Jun 3	\$10/\$21



Teen Programs

TEEN GLOW-IN-THE-DARK EGG HUNT

GRADES 6-9

When is an egg hunt not just an egg hunt? When it's a slammin' jammin' GLOW-IN-THE-DARK egg hunt! Join the quest for over one thousand glow-in-the-dark eggs filled with candy, kickin' gift cards, and tons of boss prizes. Don't miss out on the fun-bring your friends and get your hunt on!

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.400	SA	5:00-9:00pm	Apr 16	\$5

NEW! TEEN MUSIC FEST

GRADES 6-9

Get ready to party like a rock star! Spend the evening ravin' with us as you sing your heart out to your fave karaoke song, find your groove while a DJ spins mad tunes, get amped with music-inspired activities, munch on delish snacks, sway your way to sweet prizes, and more! With catchy earworms and certified bops, you and your friends will be jammin' all night long!



INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.401	SA	5:00-9:00pm	May 21	\$5

NEW! TEEN EXCURSION: DISNEYLAND

GRADES 6-9

Calling all Mouseketeers! School's out and it's time to celebrate! And what better place to start your summer than at Disneyland! With big thrills, Big Thunder Mountain, and BIG fun—you're not going to want to miss out on one magical second! Admission, transportation, and breakfast are included. Register early; space is limited.

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1001.402	F	8:00am-11:00pm	Jun 10	\$130/\$186

SPRING CLASSES

Registration: March 1 at 7:30am

Preschool Activities

TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

INSTRUCTOR: Charlene Donovan

LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.400	TU/TH	9:00am-12:00pm	Mar 29-Apr 21	\$185/\$196*
1500.401	TU/TH	9:00am-12:00pm	Apr 26-May 19	\$185/\$196*
1500.402	TU/TH	9:00am-12:00pm	May 24-Jun 9	\$139/\$150*

*\$10 materials fee due on the first day of class



Art

GET SMART WITH ART

AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

INSTRUCTOR: Ms. Vivian

LOCATION: Community Park, Willow Room 306

NO CLASS: May 30

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.400	M	10:00-10:45am	Mar 28-Apr 25	\$60/\$71
2505.401	M	10:00-10:45am	May 2-Jun 6	\$60/\$71

Dance

Try it before you buy it!

Try high-quality, fun Dance To EvOLvE classes without obligation on Mar 28 & 30 & Apr 2. Liability waiver required. Classes are designed to be progressive. All participants are invited to be part of the annual recital in June 2022. No recital fee; only an affordable costume fee.



YOU&ME CREATIVE MOVEMENT

AGES 1.2-2

Spend a magical time with your little mover while they move to music, enhance motor skills, and develop listening skills in a fun environment. This class is designed for an adult and child to interact together while moving creatively and interacting with others. Adult participation is required per each child. No dance shoes or dance attire are required.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.400	M	9:30-10:15am	Mar 28-Jun 6	\$177/\$188
1702.401	M	9:30-10:15am	Mar 28-May 2	\$107/\$118
1702.402	M	9:30-10:15am	May 9-Jun 6	\$89/\$100

MAGICAL MUNCHKINS TAP/BALLET

AGES 2-3.1

This gentle introductory combination dance class of tap, ballet, tumbling, and games is energetic, expressive, and fun. It will have your Magical Munchkin learning dance basics in an age-appropriate way. Classes start with tap and transition into ballet each week. Adult participation is required per each child as needed.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.403	M	10:20-11:05am	Mar 28-Jun 6	\$177/\$188
1702.404	M	10:20-11:05am	Mar 28-May 2	\$107/\$118
1702.405	M	10:20-11:05am	May 9-Jun 6	\$89/\$100

TINY MOVERS**AGES 3-4.5**

A combination dance class of tap or hip hop, ballet, and dance games for kids. This energetic and expressive class will have your Tiny Mover learning age-appropriate dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap or hip hop and transition into ballet each week. This is the first big girls and boys class as parents watch from outside of the room.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303**Tap/Ballet**

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.406	M	3:30-4:25pm	Mar 28-Jun 13	\$193/\$204
1702.407	M	3:30-4:25pm	Mar 28-May 2	\$107/\$118
1702.408	M	3:30-4:25pm	May 9-Jun 13	\$107/\$118

Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.412	SA	9:00-9:55am	Apr 2-Jun 18	\$193/\$204
1702.413	SA	9:00-9:55am	Apr 2-May 7	\$107/\$118
1702.414	SA	9:00-9:55am	May 14-Jun 18	\$107/\$118

STAR SHINERS**AGES 4.5-6**

Keep your Star Shiner moving in this tap or hip hop and ballet combination dance class. This class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap or hip hop and transition into ballet each week.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303**Tap/Ballet**

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.415	M	4:30-5:25pm	Mar 28-Jun 13	\$193/\$204
1702.416	M	4:30-5:25pm	Mar 28-May 2	\$107/\$118
1702.417	M	4:30-5:25pm	May 9-Jun 13	\$107/\$118

Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.418	SA	10:00-10:55am	Apr 2-Jun 18	\$193/\$204
1702.419	SA	10:00-10:55am	Apr 2-May 7	\$107/\$118
1702.420	SA	10:00-10:55am	May 14-Jun 18	\$107/\$118

**DREAM DANCERS BALLET****AGES 6-10**

A beginner ballet class focusing on learning fundamental ballet technique through a structured yet exciting class. This class starts developing your young dancer's grace, strength, flexibility, and musicality while always having fun.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.421	SA	11:00-11:55am	Apr 2-Jun 18	\$193/\$204
1702.422	SA	11:00-11:55am	Apr 2-May 7	\$107/\$118
1702.423	SA	11:00-11:55am	May 14-Jun 18	\$107/\$118

PRE-TEEN BALLET/JAZZ**AGES 7-12**

A beginner/intermediate ballet and jazz dance class focusing on ballet technique through barre and center work, which is fundamental to turn, kick, and leap your way into jazz. This class begins a young dancer's training by developing grace, strength, balance, rhythm, coordination, and flexibility, while always having fun.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.424	M	5:30-6:25pm	Mar 28-Jun 13	\$193/\$204
1702.425	M	5:30-6:25pm	Mar 28-May 2	\$107/\$118
1702.426	M	5:30-6:25pm	May 9-Jun 13	\$107/\$118

NEW! TEEN CONTEMPORARY**AGES 13-18**

Learn the most popular dance genre on TV! A gentle yet empowering class for teens to explore contemporary dance where you can develop your artistic voice. Movement is a mix of lyrical and ballet focusing on basic technique, combinations and learning choreography to some of your favorite songs. No experience necessary. All levels welcome!

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.427	M	6:30-7:25pm	Mar 28-Jun 13	\$193/\$204
1702.428	M	6:30-7:25pm	Mar 28-May 2	\$107/\$118
1702.429	M	6:30-7:25pm	May 9-Jun 13	\$107/\$118



BITTY BOPPERS**AGES 2-3.2**

Calling all Bitty Boppers! This class is a fusion of basic hip hop and creative movement to get all the dancing wiggles out. Through creativity, classes focus on muscle development, coordination, and musicality. Participants should wear comfortable clothing and shoes they can move in. Adult participation is required per each child as needed.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.436	W	3:15-4:00pm	Mar 30-Jun 15	\$193/\$204
1702.437	W	3:15-4:00pm	Mar 30-May 4	\$107/\$118
1702.438	W	3:15-4:00pm	May 11-Jun 15	\$107/\$118

BEAT BREAKERS & HIP HOP**AGES 4-18**

These fun, high-energy classes will definitely have you movin' to the beats. Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated. These classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

Beat Breakers

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.439	4-7	W	4:05-5:00pm	Mar 30-Jun 15	\$193/\$204
1702.440	4-7	W	4:05-5:00pm	Mar 30-May 4	\$107/\$118
1702.441	4-7	W	4:05-5:00pm	May 11-Jun 15	\$107/\$118

Hip Hop: Pre-Teen

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.442	8-12	W	5:05-6:00pm	Mar 30-Jun 15	\$193/\$204
1702.443	8-12	W	5:05-6:00pm	Mar 30-May 4	\$107/\$118
1702.444	8-12	W	5:05-6:00pm	May 11-Jun 15	\$107/\$118

Hip Hop: Teen

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.445	13-18	W	6:05-7:00pm	Mar 30-Jun 15	\$193/\$204
1702.446	13-18	W	6:05-7:00pm	Mar 30-May 4	\$107/\$118
1702.447	13-18	W	6:05-7:00pm	May 11-Jun 15	\$107/\$118

ADULT TAP**AGES 18+**

Come get your tap on! Create rhythm with tried and true tap steps in this fun, low-impact tap class that is sure to show results. Give yourself the gift of time! No experience necessary.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.430	M	7:30-8:30pm	Mar 28-Jun 13	\$193/\$204
1702.431	M	7:30-8:30pm	Mar 28-May 2	\$107/\$118
1702.432	M	7:30-8:30pm	May 9-Jun 13	\$107/\$118

ADULT CARDIO DANCE**AGES 18+**

This non-intimidating workout class based on basic hip hop will help you get your sweat on while having fun. All levels are welcome to find your inner groove using the rhythms of fun, high energy music.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.433	W	7:05-8:05pm	Mar 30-Jun 15	\$193/\$204
1702.434	W	7:05-8:05pm	Mar 30-May 4	\$107/\$118
1702.435	W	7:05-8:05pm	May 11-Jun 15	\$107/\$118

CHEERLEADING, DANCE & TUMBLE**AGES 3-12**

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. Learn a full routine to be performed at the end of the session.

INSTRUCTOR: Charlene's Dance & Cheer
LOCATION: Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.400	3-5	TH	5:30-6:00pm	Mar 31-May 19	\$80/\$91
1703.401	5-12	TH	6:00-6:50pm	Mar 31-May 19	\$89/\$100

CHILDREN'S HULA**AGES 3-7**

Keiki hula class is an age-appropriate introduction to hula that young children can enjoy. The focus of the class is a strong foundation of hula basics and developing a love of hula and the Hawaiian culture. Both boys and girls learn through sing-a-long, dance, Hawaiian language, and stories. Hula develops coordination, strength, and rhythm.

INSTRUCTOR: Kristin "Aunty Kawena" Garuba
LOCATION: Community Park, Willow Room 305



CLASS #	DAY	TIME	DATES	R/NR FEE
1704.400	W	9:00-10:00am	Mar 30-Jun 1	\$120/\$131

BEGINNING HULA**AGES 8+**

Hula is a beautiful art form fulfilling to the body, mind, and spirit. Learn traditional hula protocol, proper terminology, basic hula steps, and choreography. Focused on building a strong foundation and a love of hula and the Hawaiian culture, each participant receives the personal attention needed to work on hand position, posture, and rhythm. See the value and benefit of hula over time as we strive for fitness, confidence, and grace. A pā'u skirt may be purchased from the instructor for \$45, but is not required.

INSTRUCTOR: Kristin "Aunty Kawena" Garuba
LOCATION: Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1704.401	TH	6:00-7:00pm	Mar 31-Jun 2	\$120/\$131



Sports

SOCCER SHOTS MINIS AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation.

INSTRUCTOR: Soccer Shots
LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field
SATURDAY: Community Park, Open Play Area
NO CLASS: Apr 16 & May 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.400	W	4:00-4:30pm	Apr 6-Jun 8	\$160/\$171*
2010.401	SA	9:00-9:30am	Apr 9-Jun 11	\$128/\$139*

*\$30 materials fee due on the first day of class

SOCCER SHOTS CLASSIC AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey.

INSTRUCTOR: Soccer Shots
LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field
SATURDAY: Community Park, Open Play Area
NO CLASS: Apr 16 & May 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.402	W	4:35-5:20pm	Apr 6-Jun 8	\$160/\$171*
2010.403	SA	9:35-10:20am	Apr 9-Jun 11	\$128/\$139*
2010.404	SA	10:30-11:15am	Apr 9-Jun 11	\$128/\$139*

*\$30 materials fee due on the first day of class

SOCCER SHOTS PREMIER AGES 6-10

Premier classes focus on individual skill, fitness, and sportsmanship, providing an opportunity for participants to be challenged through fun games and team interaction. Participants are also introduced to competition in a developmentally-appropriate manner.

INSTRUCTOR: Soccer Shots
LOCATION: Community Park, Open Play Area
NO CLASS: Apr 16 & May 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.405	SA	11:20am-12:15pm	Apr 9-Jun 11	\$128/\$139*

*\$30 materials fee due on the first day of class

GYMNASTICS: MOM & TOT AGES WALKING-3.5



This class is designed for toddlers and an adult to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear

Try it before you buy it!

comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently. Adult participation is required per each child. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Poway Gymnastics
LOCATION: Poway Gymnastics: 12850 Brookprinter Place
NO CLASS: Apr 14 & 16, May 26 & 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.401	TH	10:45-11:15am	Mar 31-Jun 16	\$180/\$191*
2013.402	SA	8:30-9:00am	Apr 2-Jun 18	\$180/\$191*

*\$10 materials fee due on the first day of class

SKATEBOARDING: BEGINNER**AGES 6-13**

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.400	W	5:00-6:00pm	Mar 30-May 4	\$100/\$111
2004.401	W	5:00-6:00pm	May 11-Jun 15	\$100/\$111

SKATEBOARDING: INTERMEDIATE/ADVANCED AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.402	W	4:00-5:00pm	Mar 30-May 4	\$100/\$111
2004.403	W	4:00-5:00pm	May 11-Jun 15	\$100/\$111

TAEKWONDO**AGES 5+**

You'll learn Taekwondo kicks, blocks, and punches. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Master Chen

LOCATION: Community Park, Sycamore Hall

NO CLASS: May 30

BELT TESTING: May 23—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

Youth Taekwondo

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.400	5-10	M/W	5:05-6:05pm	Mar 28-Jun 8	\$129/\$140

Junior/Adult Taekwondo

This is a complete martial arts program designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.401	11+	M/W	6:05-7:20pm	Mar 28-Jun 8	\$129/\$140

YOUTH VOLLEYBALL**AGES 9-14**

Looking for a fun sport? Come and play volleyball on Monday nights. Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

INSTRUCTOR: Shelby Friends

LOCATION: Meadowbrook Gymnasium

NO CLASS: May 30

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.400	9-12	M	5:30-6:30pm	Apr 18-Jun 13	\$70/\$81
2002.401	12-14	M	6:30-7:30pm	Apr 18-Jun 13	\$70/\$81

**ADULT VOLLEYBALL****AGES 16+**

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and Women: past volleyball experience is strongly recommended.

INSTRUCTOR: Dick Leatherman

LOCATION: Twin Peaks Multipurpose Center

NO CLASS: May 30

Coed Intermediate

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.400	Men	TH	6:30-9:30pm	Apr 7-Jun 2	\$70/\$81
2005.401	Women	TH	6:30-9:30pm	Apr 7-Jun 2	\$70/\$81

Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.402	Men	TU	6:30-9:30pm	Apr 5-May 31	\$70/\$81
2005.403	Women	TU	6:30-9:30pm	Apr 5-May 31	\$70/\$81

Women

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.404	Women	M	6:30-9:30pm	Apr 4-Jun 6	\$70/\$81



TENNIS **AGES 6-14**

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

INSTRUCTOR: Art Christophiades

LOCATION: Community Park, Tennis Courts

Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.400	8-14	TU/TH	4:00-5:00pm	Mar 29-Apr 28	\$70/\$81
2000.401	6-8	SA	9:00-10:00am	Apr 2-Apr 30	\$35/\$46
2000.402	8-14	SA	10:00-11:00am	Apr 2-Apr 30	\$35/\$46
2000.403	8-14	TU/TH	4:00-5:00pm	May 10-Jun 9	\$70/\$81
2000.404	6-8	SA	9:00-10:00am	May 14-Jun 11	\$35/\$46
2000.405	8-14	SA	10:00-11:00am	May 14-Jun 11	\$35/\$46

Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.406	8-14	TU/TH	5:00-6:00pm	Mar 29-Apr 28	\$70/\$81
2000.407	8-14	SA	11:00am-12:00pm	Apr 2-Apr 30	\$35/\$46
2000.408	8-14	TU/TH	5:00-6:00pm	May 10-Jun 9	\$70/\$81
2000.409	8-14	SA	11:00am-12:00pm	May 14-Jun 11	\$35/\$46

Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.410	9-14	M/W	4:00-5:30pm	Mar 28-Apr 27	\$90/\$101
2000.411	9-14	M/W	4:00-5:30pm	May 9-Jun 8	\$90/\$101

Open Play Sports

OPEN PLAY SPORTS **ALL AGES**

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the spring months, free open gym times are as follows:

Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU	6:00-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at poway.org/gyms.

Safety Training

CHILD & BABYSITTING SAFETY **AGES 10-17**



This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics

include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.

INSTRUCTOR: Lockhart Training

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.440	SA	9:30am-1:30pm	Apr 23	\$59/\$70*
2100.441	SA	9:30am-1:30pm	Jun 18	\$59/\$70*

*\$10 materials fee due on the first day of class



FREE OLDER ADULT CLASSES!

INFORMATION: poway.org/olderadults

FEELING FIT

ALL AGES

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities and can be performed from a seated or standing position. Equipment provided for class use.

INSTRUCTOR: Feeling Fit

LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE

LINE DANCING

ALL AGES

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. We'll learn a new dance each week to different music. Wear soft-soled shoes and bring water.

INSTRUCTOR: Duffy

LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:30-3:30pm	FREE
F	1:30-3:30pm	FREE

SILVER AGE YOGA

ALL AGES

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be performed from a seated or standing position.

INSTRUCTOR: Silver Age Yoga

LOCATION: Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:30am	FREE

Health & Wellness

PIYO LIVE

AGES 14+

PiYo LIVE brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity. You will leave the class feeling exhilarated

INSTRUCTOR: Brent Garriepy

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.400	TH	6:30-7:30pm	Mar 31-Jun 16	\$120/\$131

GENTLE YOGA

AGES 18+

Make yoga an integrated part of your life and watch yourself grow stronger physically, mentally, and emotionally. Enjoy yoga with creative and innovative sequencing, a spirit of playfulness, and a dose of inspiration to help you deepen your practice. Step off the mat feeling refreshed, nourished, and balanced. Bring a yoga mat, small blanket or beach towel, and water.

INSTRUCTOR: Yoga Rejoice

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.400	TH	6:00-7:00pm	Mar 31-Jun 16	\$120/\$131

MINDFUL MEDITATION & RELAXATION YOGA

AGES 18+

Make Pranayama and Mindful Meditation an integral part of your life and watch yourself transformed to a more calm, tranquil and peaceful individual. If done regularly, it can improve one's mood and aid decision-making, reasoning, and self-control. Regular practice also helps relaxation, leading to a deeper awareness

INSTRUCTOR: Yoga Rejoice

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.401	TU	6:00-7:00pm	Mar 29-Jun 14	\$120/\$131





POUND AGES 12+

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythm and motions of drumming. POUND uses slightly-weighted drumsticks to provide an effective way to work out, relieve stress, and have fun. Yoga mats are required.

INSTRUCTOR: Brittanie Arnett
LOCATION: **TUESDAY:** Community Park, Willow Room 303
THURSDAY: Community Park, Oak Hall East
NO CLASS: April 7 & 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.400	TU	5:30-6:15pm	Mar 29-Jun 14	\$88/\$99
1608.401	TH	5:30-6:15pm	Mar 31-Jun 9	\$80/\$91

QIGONG AGES 16+

Learn a self-healing art that combines gentle flowing movements, relaxed breathing, visualization, and self-applied massage. The practice of Qigong can reduce stress, improve balance, prevent illness, and provide deep relaxation. This moving meditation is suitable for all ages and fitness levels. Wear comfortable clothing and bring a yoga mat or small blanket and water.

INSTRUCTOR: Veronique Cometti
LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
1609.400	M	6:30-7:30pm	Mar 28-May 2	\$90/\$101

Special Needs

ARTS & CRAFTS AGES 18+

Are you ready to express your creative side? Join us for an arts and crafts extravaganza filled with painting, drawing, and mixed media projects. Let your artistic mind loose on a different project each week!



INSTRUCTOR: Villa de Vida, Inc.
LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.400	TU	4:00-5:00pm	Apr 5-Jun 7	\$50/\$61*

*\$15 materials fee due on the first day of class

Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

TRAINING CLASSES DOGS 12 WEEKS+



Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called.

Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

INSTRUCTOR: Good Dog Training School, Lynne Moore
LOCATION: **TUESDAY:** Old Poway Park, Gazebo
WEDNESDAY: Community Park, Dog Pen 2
SATURDAY: Garden Road Park, Open Area

Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.400	TU	6:30-7:30pm	Mar 29-May 3	\$95/\$106*
2300.401	SA	9:30-10:30am	Apr 2-May 7	\$95/\$106*
2300.402	TU	6:30-7:30pm	May 10-Jun 14	\$95/\$106*
2300.403	SA	9:30-10:30am	May 14-Jun 18	\$95/\$106*

*\$25 material fees due on the first day of class

Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.404	SA	10:45-11:45am	Apr 2-May 7	\$95/\$106
2300.405	SA	10:45-11:45am	May 14-Jun 18	\$95/\$106

Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.406	W	6:30-7:30pm	Mar 30-May 4	\$95/\$106
2300.407	W	6:30-7:30pm	May 11-Jun 15	\$95/\$106



Swim Classes

Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4680 prior to the start of the class to ensure that you are not dropped.

Waitlists

Can't find space in the class you're looking for? Contact us: (858) 668-4680 or email: swimwaitlist@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

Swim Lesson Assessments

If you are unsure which level to enroll in, feel free to make an appointment for a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

PRIVATE LESSONS

ALL AGES

Private Lessons are tailored to the individual's ability and desired skills. Must register for a minimum of four classes. Lessons are 30 minutes each. Registration takes place in person at the Swim Center and is available on a first-come, first-serve basis. Children under age three may be required to have an adult in the water.

INFORMATION: (858) 668-4680

DAY	R/NR FEE
M-SA	\$31/\$44 per lesson

PARENT & CHILD

AGES 6-23 MONTHS

Introduces your child to the water and basic water skills. Parent **must** accompany their children in the water. Does not teach children to be accomplished swimmers or survival skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1 0010.420	TU/TH	4:20-4:50pm	Apr 5-Apr 21	\$46/\$69
Session 2 0010.440	TU/TH	5:10-5:40pm	May 3-May 19	\$46/\$69

PRE-GRUNION

AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. Parents **must** accompany their children in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1 0020.410	M/W	5:10-5:50pm	Apr 4-Apr 27	\$62/\$93
Session 2 0020.430	M/W	5:10-5:50pm	May 2-May 25	\$62/\$93



GRUNION 1 **AGES 3-4**

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.410	M/W	3:30-4:10pm	Apr 4-Apr 27	\$62/\$93
0101.411	M/W	4:20-5:00pm	Apr 4-Apr 27	\$62/\$93
0101.420	TU/TH	3:30-4:10pm	Apr 5-Apr 28	\$62/\$93
0101.421	TU/TH	5:10-5:50pm	Apr 5-Apr 28	\$62/\$93

Session 2				
0101.430	M/W	3:30-4:10pm	May 2-May 25	\$62/\$93
0101.431	M/W	4:20-5:00pm	May 2-May 25	\$62/\$93
0101.440	TU/TH	3:30-4:10pm	May 3-May 26	\$62/\$93
0101.441	TU/TH	4:20-5:00pm	May 3-May 26	\$62/\$93

GRUNION 2 **AGES 3-5**

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.410	M/W	3:30-4:10pm	Apr 4-Apr 27	\$62/\$93
0102.411	M/W	6:00-6:40pm	Apr 4-Apr 27	\$62/\$93
0102.420	TU/TH	3:30-4:10pm	Apr 5-Apr 28	\$62/\$93
0102.421	TU/TH	4:20-5:00pm	Apr 5-Apr 28	\$62/\$93

Session 2				
0102.430	M/W	3:30-4:10pm	May 2-May 25	\$62/\$93
0102.431	M/W	5:10-5:50pm	May 2-May 25	\$62/\$93
0102.440	TU/TH	3:30-4:10pm	May 3-May 26	\$62/\$93
0102.441	TU/TH	4:20-5:00pm	May 3-May 26	\$62/\$93
0102.442	TU/TH	5:10-5:50pm	May 3-May 26	\$62/\$93

GRUNION 3 **AGES 3-5**

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.410	M/W	3:30-4:10pm	Apr 4-Apr 27	\$62/\$93
0103.411	M/W	5:10-5:50pm	Apr 4-Apr 27	\$62/\$93
0103.420	TU/TH	5:10-5:50pm	Apr 5-Apr 28	\$62/\$93
0103.421	TU/TH	6:00-6:40pm	Apr 5-Apr 28	\$62/\$93

Session 2				
0103.430	M/W	3:30-4:10pm	May 2-May 25	\$62/\$93
0103.431	M/W	6:00-6:40pm	May 2-May 25	\$62/\$93
0103.440	TU/TH	4:20-5:00pm	May 3-May 26	\$62/\$93



OTTER PUP **AGES 3-5**

This class is for swimmers that are ready to move on to the Otter level but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.420	TU/TH	4:20-5:00pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0104.430	M/W	5:10-5:50pm	May 2-May 25	\$62/\$93

STARFISH **AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.410	M/W	4:20-5:00pm	Apr 4-Apr 27	\$62/\$93
0201.411	M/W	6:00-6:40pm	Apr 4-Apr 27	\$62/\$93
0201.420	TU/TH	3:30-4:10pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0201.430	M/W	4:20-5:00pm	May 2-May 25	\$62/\$93
0201.431	M/W	5:10-5:50pm	May 2-May 25	\$62/\$93
0201.440	TU/TH	4:20-5:00pm	May 3-May 26	\$62/\$93
0201.441	TU/TH	6:00-6:40pm	May 3-May 26	\$62/\$93

SEAHORSE **AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.410	M/W	4:20-5:00pm	Apr 4-Apr 27	\$62/\$93
0202.411	M/W	6:00-6:40pm	Apr 4-Apr 27	\$62/\$93
0202.420	TU/TH	4:20-5:00pm	Apr 5-Apr 28	\$62/\$93
0202.422	TU/TH	6:00-6:40pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0202.430	M/W	4:20-5:00pm	May 2-May 25	\$62/\$93
0202.431	M/W	6:00-6:40pm	May 2-May 25	\$62/\$93
0202.440	TU/TH	3:30-4:10pm	May 3-May 26	\$62/\$93
0202.441	TU/TH	6:00-6:40pm	May 3-May 26	\$62/\$93

OTTER**AGES 6-14**

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, and passing the Swim Test.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.410	M/W	4:20-5:00pm	Apr 4-Apr 27	\$62/\$93
0203.411	M/W	6:00-6:40pm	Apr 4-Apr 27	\$62/\$93
0203.420	TU/TH	5:10-5:50pm	Apr 5-Apr 28	\$62/\$93
0203.421	TU/TH	6:00-6:40pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0203.430	M/W	4:20-5:00pm	May 2-May 25	\$62/\$93
0203.431	M/W	6:00-6:40pm	May 2-May 25	\$62/\$93
0203.440	TU/TH	5:10-5:50pm	May 3-May 26	\$62/\$93
0203.441	TU/TH	6:00-6:40pm	May 3-May 26	\$62/\$93

SEAL**AGES 6-15**

Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.410	M/W	5:10-5:50pm	Apr 4-Apr 27	\$62/\$93
0204.420	TU/TH	6:00-6:40pm	Apr 5-Apr 28	\$62/\$93
0204.421	TU/TH	6:50-7:30pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0204.430	M/W	6:00-6:40pm	May 2-May 25	\$62/\$93
0204.440	TU/TH	5:10-5:50pm	May 3-May 26	\$62/\$93

STINGRAY**AGES 6-15**

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke. Introduced skills are breaststroke and sidestroke.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.410	M/W	6:50-7:30pm	Apr 4-Apr 27	\$62/\$93
0205.420	TU/TH	5:10-5:50pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0205.430	M/W	6:50-7:30pm	May 2-May 25	\$62/\$93
0205.440	TU/TH	6:00-6:40pm	May 3-May 26	\$62/\$93

**DOLPHIN****AGES 6-15**

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. Participants must be able to swim at least 50 yards of front crawl and back crawl without stopping prior to taking this class. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.420	TU/TH	6:50-7:30pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0206.440	TU/TH	6:50-7:30pm	May 3-May 26	\$62/\$93

SWORDFISH**AGES 6-15**

Develop skill proficiency and continue to progress towards swimming greater distances in all strokes. Participants are expected to swim at least 50 yards without stopping prior to taking this class.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0207.410	M/W	5:10-5:50pm	Apr 4-Apr 27	\$62/\$93
Session 2				
0207.430	M/W	6:50-7:30pm	May 2-May 25	\$62/\$93

ADULT BEGINNER**AGES 16+**

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0301.410	M/W	6:50-7:30pm	Apr 4-Apr 27	\$62/\$93
0301.420	TU/TH	6:50-7:30pm	Apr 5-Apr 28	\$62/\$93
Session 2				
0301.430	M/W	6:50-7:30pm	May 2-May 25	\$62/\$93
0301.440	TU/TH	6:50-7:30pm	May 3-May 26	\$62/\$93

ADULT INTERMEDIATE**AGES 16+**

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0302.410	M/W	6:50-7:30pm	Apr 4-Apr 27	\$62/\$93
Session 2				
0302.440	TU/TH	6:50-7:30pm	May 3-May 26	\$62/\$93



SUMMER CAMP PREVIEW

Early Summer Camp Registration: April 5 at 7:30 am

All camp participants should wear closed-toe shoes and bring water, a snack or lunch, and plenty of sunscreen (for outdoor camps).

LAKE POWAY DAY CAMP

AGES 6-12



Join us at Lake Poway Day Camp for a week of exciting fun! Each week, campers will have the opportunity to boat, fish, hike, create arts and crafts, play games, attend a variety of exciting field trips, and explore the great outdoors! During our adventure, campers will make new friends and create memories to last a lifetime. Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2934.100	M-F	8:00am-4:00pm	Jun 13-Jun 17	\$153/\$174
2934.101	M-F	8:00am-4:00pm	Jun 20-Jun 24	\$153/\$174
2934.102	M-F	8:00am-4:00pm	Jun 27-Jul 1	\$153/\$174
2934.103	TU-F	8:00am-4:00pm	Jul 5-Jul 8	\$123/\$144
2934.104	M-F	8:00am-4:00pm	Jul 11-Jul 15	\$153/\$174
2934.105	M-F	8:00am-4:00pm	Jul 18-Jul 22	\$153/\$174
2934.106	M-F	8:00am-4:00pm	Jul 25-Jul 29	\$153/\$174
2934.107	M-F	8:00am-4:00pm	Aug 1-Aug 5	\$153/\$174
2934.108	M-F	8:00am-4:00pm	Aug 8-Aug 12	\$153/\$174



LAKE POWAY DAY CAMP CIT

AGES 13-17

Calling all teens! Get ready to have a blast this summer with the Lake Poway Day Camp Counselor in Training (CIT) program! Each week, CIT's will lead campers in boating, fishing, hiking, games, attend exciting field trips, and more! This unique program provides CIT's the opportunity to build relationships and improve leadership and communication skills all while enjoying the adventure of camp! Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2935.100	M-F	8:00am-4:00pm	Jun 13-Jun 17	\$97/\$118
2935.101	M-F	8:00am-4:00pm	Jun 20-Jun 24	\$97/\$118
2935.102	M-F	8:00am-4:00pm	Jun 27-Jul 1	\$97/\$118
2935.103	TU-F	8:00am-4:00pm	Jul 5-Jul 8	\$78/\$99
2935.104	M-F	8:00am-4:00pm	Jul 11-Jul 15	\$97/\$118
2935.105	M-F	8:00am-4:00pm	Jul 18-Jul 22	\$97/\$118
2935.106	M-F	8:00am-4:00pm	Jul 25-Jul 29	\$97/\$118
2935.107	M-F	8:00am-4:00pm	Aug 1-Aug 5	\$97/\$118
2935.108	M-F	8:00am-4:00pm	Aug 8-Aug 12	\$97/\$118

Come Join Us for Lunch!

SUMMER CAMP LUNCH HOUR

ALL AGES



Create a full-day camp experience by taking advantage of Summer Camp Lunch Hour! Participants who register for a morning half-day camp and an afternoon half-day camp during the same week in the same location (does not have to be in the exact same area/room), can register for

Summer Camp Lunch Hour. Locations include: Community Park, Meadowbrook, and Twin Peaks. Participants will be supervised by staff and will be escorted to and from camp areas/rooms. All participants should bring a sack lunch and water to camp each day.

CLASS #	DAY	TIME	DATES	FEE
5003.100	M-F	12:00-1:00pm	Jun 13-Jun 17	\$25
5003.101	M-F	12:00-1:00pm	Jun 20-Jun 24	\$25
5003.102	M-F	12:00-1:00pm	Jun 27-Jul 1	\$25
5003.103	TU-F	12:00-1:00pm	Jul 5-Jul 8	\$20
5003.104	M-F	12:00-1:00pm	Jul 11-Jul 15	\$25
5003.105	M-F	12:00-1:00pm	Jul 18-Jul 22	\$25
5003.106	M-F	12:00-1:00pm	Jul 25-Jul 29	\$25
5003.107	M-F	12:00-1:00pm	Aug 1-Aug 5	\$25
5003.108	M-F	12:00-1:00pm	Aug 8-Aug 12	\$25



Sports Camps



INTRODUCTION TO FENCING

AGES 8-14

En Garde! Ready? Fence! Team Touche's fencing camp is a week of fun and engaging lessons in fencing that are sure to strengthen muscle and develop speed as participants learn to swing, carve, and strike with child-friendly fencing equipment. Equipment provided for camp use.

INSTRUCTOR: Team Touche

LOCATION: Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6006.100	M-F	1:00-4:00pm	Jul 18-Jul 22	\$215/\$226
6006.101	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$215/\$226

SOCCER SHOTS

AGES 3-8

Soccer Shots is all about getting young athletes excited about taking risks and creating confidence with the ball. Our professionally-trained, child-development experts teach Soccer Shots character traits, as well as soccer skills. Our goal is to have participants succeed on the soccer field and beyond the game!

INSTRUCTOR: Soccer Shots

LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6010.100	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$170/\$181*
6010.101	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$170/\$181*
6010.102	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$170/\$181*

*\$30 materials fee due on the first day of camp

FIT KIDS AMERICA: MULTI-SPORT

AGES 5-12

Having trouble deciding which sport camp to choose? Never get bored in this multi-sport camp. Experience the fun of trying out a new sport every day and practicing with speed drills, scrimmaging, endurance training, agility obstacles, balance testing, experienced-based learning, and more. Traditional sports like flag football, basketball, and soccer are included, as well as dodgeball, field games, and more to mix up the fun.

INSTRUCTOR: Fit Kids America

LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6016.100	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$188/\$199
6016.101	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$188/\$199
6016.102	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$188/\$199
6016.103	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$188/\$199

NEW! FIT KIDS AMERICA: VOLLEYBALL AGES 7-12

This camp is designed to help players learn and develop a basic understanding of volleyball. Participants learn the skills of serving, passing, setting, attacking, and blocking. Instruction also includes tactical skills of volleyball offensive and defensive play, as well as the rules and scoring.

INSTRUCTOR: Fit Kids America

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6016.104	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$188/\$199

ARCHERY AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

INSTRUCTOR: Rick Harper

LOCATION: Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.100	M-F	8:00-9:30am	Jun 13-Jun 17	\$75/\$86*
6011.101	M-F	10:00-11:30am	Jun 13-Jun 17	\$75/\$86*
6011.102	M-F	8:00-9:30am	Jun 20-Jun 24	\$75/\$86*
6011.103	M-F	10:00-11:30am	Jun 20-Jun 24	\$75/\$86*
6011.104	M-F	8:00-9:30am	Jun 27-Jul 1	\$75/\$86*
6011.105	M-F	10:00-11:30am	Jun 27-Jul 1	\$75/\$86*
6011.106	M-F	8:00-9:30am	Jul 11-Jul 15	\$75/\$86*
6011.107	M-F	10:00-11:30am	Jul 11-Jul 15	\$75/\$86*
6011.108	M-F	8:00-9:30am	Jul 18-Jul 22	\$75/\$86*
6011.109	M-F	10:00-11:30am	Jul 18-Jul 22	\$75/\$86*
6011.110	M-F	8:00-9:30am	Jul 25-Jul 29	\$75/\$86*
6011.111	M-F	10:00-11:30am	Jul 25-Jul 29	\$75/\$86*
6011.112	M-F	8:00-9:30am	Aug 1-Aug 5	\$75/\$86*
6011.113	M-F	10:00-11:30am	Aug 1-Aug 5	\$75/\$86*
6011.114	M-F	8:00-9:30am	Aug 8-Aug 12	\$75/\$86*
6011.115	M-F	10:00-11:30am	Aug 8-Aug 12	\$75/\$86*

*\$10 materials fee due on the first day of camp



SKATEBOARDING & SWIM AGES 5-13



Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day. After lunch, participants cool off with free swim in the pool.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

Half Day: Skateboarding

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.100	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$165/\$176
6004.101	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$165/\$176
6004.102	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$135/\$146
6004.103	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$165/\$176
6004.104	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$165/\$176
6004.105	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$165/\$176

Full Day: Skateboarding & Free Swim

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.106	M-F	9:00am-3:00pm	Jun 13-Jun 17	\$250/\$261*
6004.107	M-F	9:00am-3:00pm	Jun 20-Jun 24	\$250/\$261*
6004.108	TU-F	9:00am-3:00pm	Jul 5-Jul 8	\$200/\$211*
6004.109	M-F	9:00am-3:00pm	Jul 11-Jul 15	\$250/\$261*
6004.110	M-F	9:00am-3:00pm	Jul 25-Jul 29	\$250/\$261*
6004.111	M-F	9:00am-3:00pm	Aug 8-Aug 12	\$250/\$261*

*\$15 materials fee due on the first day of camp

SWIM & TENNIS AGES 8-14

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool.

INSTRUCTOR: Art Christophiades

LOCATION: Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.100	M-F	9:00am-3:00pm	Jun 13-Jun 17	\$150/\$161*
6000.101	M-F	9:00am-3:00pm	Jun 20-Jun 24	\$150/\$161*
6000.102	M-F	9:00am-3:00pm	Jun 27-Jul 1	\$150/\$161*
6000.103	TU-F	9:00am-3:00pm	Jul 5-Jul 8	\$120/\$131*
6000.104	M-F	9:00am-3:00pm	Jul 11-Jul 15	\$150/\$161*
6000.105	M-F	9:00am-3:00pm	Jul 18-Jul 22	\$150/\$161*
6000.106	M-F	9:00am-3:00pm	Jul 25-Jul 29	\$150/\$161*
6000.107	M-F	9:00am-3:00pm	Aug 1-Aug 5	\$150/\$161*
6000.108	M-F	9:00am-3:00pm	Aug 8-Aug 12	\$150/\$161*

*\$15 materials fee due on the first day of camp

**GWYNN BASEBALL:
YOUTH BASEBALL CAMP**

AGES 7-14



Gwynn Baseball provides a safe, healthy, learning environment for athletes to develop their athletic skills. Participants watch demonstrations by professional staff and partake in drills covering hitting, infield and outfield play, base running, and pitching. We are dedicated to providing a fun and stimulating experience that will be remembered for years!

INSTRUCTOR: Gwynn Baseball Staff
LOCATION: Community Park, Ball Field East & West

Full Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.100	M-F	8:00am-2:00pm	Jun 20-Jun 25	\$300/\$311
	SA	10:00am-3:00pm		

Half Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.101	W/F	8:00am-2:00pm	Jun 22, 24, 25	\$225/\$236
	SA	10:00am-3:00pm		

One Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.102	SA	10:00am-3:00pm	Jun 25	\$75/\$86



MASTER SPORTS: ADVENTURE LASERTAG

AGES 8-13

Can you make it through basic training, conquer the obstacle course, and tackle rope swings? Participants learn to work as a team to prepare for new missions: protecting home base, capturing the enemy tank, and rescuing captured teammates! An advanced G14 laser tag system and a playing field that resembles a Hollywood set make this a one-of-a-kind camp experience!

INSTRUCTOR: Master Sports
LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.100	M-F	9:00am-3:00pm	Jul 25-Jul 29	\$225/\$236

MASTER SPORTS: XTREME INDOOR GAMES

AGES 6-12

This camp features our most popular game ever invented: Xtreme Dodgeball! Participants also enjoy classic indoor game favorites like capture the flag, line tag, ultimate football, indoor soccer, kick ball, home run derby, and much more. Prepare yourself for an action-packed week of indoor games!

INSTRUCTOR: Master Sports
LOCATION: Twin Peaks Multipurpose Center

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.101	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$128/\$139

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.102	TU-F	9:00am-3:00pm	Jul 5-Jul 8	\$172/\$183

LOCATION: Meadowbrook Gymnasium

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.103	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$160/\$171

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.104	M-F	9:00am-3:00pm	Jul 18-Jul 22	\$215/\$226





MASTER SPORTS: AGES 6-13
SKILL BUILDER BASKETBALL

Build your physical and mental skills with this awesome camp that focuses on basketball essentials, giving every player the tools they need to succeed. Incorporated into the curriculum along with drills and games is the Fitlight Trainer, to train your brain and your game. Participants are divided into groups by skill and age to maximize their workouts and scrimmages. All participants receive a camp shirt.

INSTRUCTOR: Master Sports
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.105	M-F	9:00am-3:00pm	Jun 20-Jun 24	\$215/\$226
6008.106	M-F	9:00am-3:00pm	Aug 1-Aug 5	\$215/\$226

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.107	M-F	9:00am-3:00pm	Jul 11-Jul 15	\$215/\$226

NEW! MASTER SPORTS: SWIM & SPORTS AGES 6-12

Everyday feels like a field trip without ever having to go anywhere! Enjoy non-stop, activity-filled days that include traditional sports, Xtreme Dodgeball, Rally Pedal Kart Racing, Laser Tag, and so much more! After lunch, participants cool off with free swim in the pool, except on Tuesdays.

INSTRUCTOR: Master Sports
LOCATION: Community Park, Open Play Area

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.108	M-F	9:00am-3:00pm	Jun 13-Jun 17	\$250/\$261*
6008.109	M-F	9:00am-3:00pm	Jun 20-Jun 24	\$250/\$261*
6008.110	M-F	9:00am-3:00pm	Jun 27-Jul 1	\$250/\$261*
6008.111	TU-F	9:00am-3:00pm	Jul 5-Jul 8	\$200/\$211*
6008.112	M-F	9:00am-3:00pm	Jul 11-Jul 15	\$250/\$261*
6008.113	M-F	9:00am-3:00pm	Jul 18-Jul 22	\$250/\$261*
6008.114	M-F	9:00am-3:00pm	Jul 25-Jul 29	\$250/\$261*
6008.115	M-F	9:00am-3:00pm	Aug 1-Aug 5	\$250/\$261*
6008.116	M-F	9:00am-3:00pm	Aug 8-Aug 12	\$250/\$261*

*\$12 materials fee due on the first day of camp

GYMNASTICS

AGES 5-13

This camp combines gymnastics, games, and group activities that will delight, excite, and motivate your gymnast all summer long! In addition to outstanding basic gymnastics training, participants learn new skills, make new friends, jump on the trampoline, swing on the bars, balance on the beam, and conquer our G2N Ninja obstacle course and GIANT Warp Wall. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons.

INSTRUCTOR: Poway Gymnastics
LOCATION: Poway Gymnastics: 12850 Brookprinter Place

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.100	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$200/\$211
6013.101	M-F	12:30-3:30pm	Jun 20-Jun 24	\$200/\$211
6013.102	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$200/\$211
6013.103	M-F	12:30-3:30pm	Jun 27-Jul 1	\$200/\$211
6013.104	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$200/\$211
6013.105	M-F	12:30-3:30pm	Jul 11-Jul 15	\$200/\$211
6013.106	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$200/\$211
6013.107	M-F	12:30-3:30pm	Jul 18-Jul 22	\$200/\$211
6013.108	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$200/\$211
6013.109	M-F	12:30-3:30pm	Jul 25-Jul 29	\$200/\$211
6013.110	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$200/\$211
6013.111	M-F	12:30-3:30pm	Aug 1-Aug 5	\$200/\$211
6013.112	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$200/\$211
6013.113	M-F	12:30-3:30pm	Aug 8-Aug 12	\$200/\$211

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.114	M-F	9:00am-3:30pm	Jun 20-Jun 24	\$350/\$361
6013.115	M-F	9:00am-3:30pm	Jun 27-Jul 1	\$350/\$361
6013.116	M-F	9:00am-3:30pm	Jul 11-Jul 15	\$350/\$361
6013.117	M-F	9:00am-3:30pm	Jul 18-Jul 22	\$350/\$361
6013.118	M-F	9:00am-3:30pm	Jul 25-Jul 29	\$350/\$361
6013.119	M-F	9:00am-3:30pm	Aug 1-Aug 5	\$350/\$361
6013.120	M-F	9:00am-3:30pm	Aug 8-Aug 12	\$350/\$361



Dance Camps

CHEERLEADING, DANCE & TUMBLE AGES 4-14

Learn the fundamentals of cheerleading and dance technique including: stretches, jumps/kicks, cheers, sideline dances, beginner stunting and tumbling, and a full routine, all of which are performed for families on the last day! FUN cheer-themed arts and crafts include: decorate your own hair bow, cheer camp t-shirt, water bottles, spirit sticks, posters, and more.

INSTRUCTOR: Charlene's Dance & Cheer: charlenesdance.com
LOCATION: Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
5703.100	8-14	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$180/\$191
5703.101	4-10	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$180/\$191
5703.102	4-10	M-F	1:00-4:00pm	Jul 18-Jul 22	\$180/\$191
5703.103	4-10	M-F	1:00-4:00pm	Aug 8-Aug 12	\$180/\$191

DANCING FAIRYTALE PRINCESSES AGES 3-8

All dancers in the kingdom are invited to spend a week of dance and enchantment with some of our favorite fairytale princesses! Learn ballet, tap, tumbling, and jazz dances to beloved songs from "Under the Sea" all the way to "Neverland" and more. A daily "royal" sparkly craft included. Fairy princess-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress:
 contact@msdebborasschoolofdance.com
LOCATION: Ms. Debbora's School of Dance:
 14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.100	M-F	9:30am-12:00pm	Jul 11-Jul 15	\$135/\$146
5700.101	M-F	9:30am-12:00pm	Aug 1-Aug 5	\$135/\$146

DANCING FAIRIES & UNICORNS! AGES 3-8

Let's dance with fairies and unicorns during this whimsical week of magical fun! We'll tip-toe through the garden, wiggle and tumble with fairies, and twirl and tap with unicorns. A daily "magical" sparkly craft included! Magical fairy and unicorn-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress:
 contact@msdebborasschoolofdance.com
LOCATION: Ms. Debbora's School of Dance:
 14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.102	M-F	9:30am-12:00pm	Jul 25-Jul 29	\$135/\$146

Wear dance attire and/or comfortable clothes and shoes. On Friday, participants show off their talents and creations to family and friends.

DANCE TO EVOLVE: CALLING ALL SUPERHEROES AGES 3-7

It's a bird, it's a plane, it's a dancing superhero! Superheroes show-off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a superhero skit, and games.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.100	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$189/\$200

NEW! DANCE TO EVOLVE: SO YOU THINK YOU CAN DANCE AGES 7-13

Learn the most popular dance genres on TV! Participants are the decision makers by exploring various dance styles, choreography, music selection, show management, and art and costume design.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.101	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$189/\$200

NEW! DANCE TO EVOLVE: JUNGLE SAFARI AGES 4-8

Lions and Tigers and Bears, OH MY! Stomp like an elephant to the beat, leap like a leopard to the lyrics, and run in the sun, filled with fun, like the wild animals of the safari. Embark on an adventure with animal crafts, soaring songs, wildly fun activities, and by dancing your way through the jungle.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.102	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$189/\$200

DANCE TO EVOLVE: RAINBOW UNICORN AGES 3-7

Dance, leap, and soar to create a true unicorn experience! With glittery crafts, rainbow-filled activities, mystical songs, and more, participants stay magically moving all week long!

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.103	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$189/\$200

NEW! DANCE TO EVOLVE: THE WORLD TOUR AGES 4-8

Join this exciting world tour! Dance to music from around the world as heard in your dancer's favorite movies. During their daily travels, participants discover energizing dances, fun games, and themed arts and crafts along the way.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.104	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$189/\$200

Creative Arts Camps



BEST OF BROADWAY & DISNEY

AGES 7-14

Let's perform songs and scenes from your favorite shows! Develop skills in both acting and improv, take a fantastic dance class, and dive into vocal technique. We'll create a script together using our favorite musical theatre songs and perform our show on the last day of camp.

INSTRUCTOR: Catherine Colby

LOCATION: Poway Center for the Performing Arts:
15498 Espola Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.100	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$165/\$176*
5803.101	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$165/\$176*
5803.102	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$165/\$176*

*\$20 materials fee due on the first day of camp



NEW! ACTING & IMPROV

AGES 7-16

Learn the secrets to sparkle onstage! Influenced by Viola Spolin's philosophy of imaginative play, we play fun acting games that focus on creating a character, telling a story, staging, acting technique, and more! Laugh and learn while we develop confidence and creativity! Beginners to advanced actors welcome!

INSTRUCTOR: Catherine Colby

LOCATION: Poway Center for the Performing Arts:
15498 Espola Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.103	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$150/\$161*
5803.104	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$150/\$161*

*\$15 materials fee due on the first day of camp

CINEMATOGRAPHY

AGES 7-13

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through still-image and short scenes. Participants create a portfolio of visual, non-narrative work by learning key cinematography concepts, such as composition, lighting, color, and tone. Discover the importance of camera angles, shot sizes, and camera movements, and learn basics of Go-Pro's®, gimbals, and drones. Digital cameras and equipment provided for camp use.



INSTRUCTOR: Children's Film Academy: Valente Aranda

LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.100	M-F	1:00-4:00pm	Jun 20-Jun 24	\$205/\$216
5806.101	M-F	1:00-4:00pm	Jun 27-Jul 1	\$205/\$216

PHOTOGRAPHY

AGES 9-15

Express your creativity through photography! Participants create a portfolio, learning how to organize each picture to fully showcase it. Participants learn about lighting, glare, angles, cropping, framing, editing, and other details that can make a photo the best it can be! Cameras provided for camp use.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.102	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$155/\$166

NEW! DIGITAL MUSIC

AGES 9-16

Do you have ideas on how to make current songs sound even more awesome? Make your own rhythm by mixing songs and beats! Participants learn how to use music software, DJ software, and turntables to tweak timing and sound effects. Please Note: songs created at camp are for personal use only.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.103	M-F	1:00-4:00pm	Aug 8-Aug 12	\$140/\$151





Art Camps

NEW! GET SMART WITH ART: PAINTING LIKE THE MASTERS AGES 6-12

Paint, sculpt, print, draw, and explore unusual art materials. Learn about famous artists and their artwork as you create your own works of art inspired by their masterpieces. This class develops creativity and imagination as well as learning skills. All materials provided.

INSTRUCTOR: Ms. Vivian
LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
6505.100	M-F	1:00-4:00pm	Jun 20-Jun 24	\$150/\$161
6505.101	M-F	1:00-4:00pm	Jul 11-Jul 15	\$150/\$161
6505.102	M-F	1:00-4:00pm	Jul 25-Jul 29	\$150/\$161
6505.103	M-F	1:00-4:00pm	Aug 1-Aug 5	\$150/\$161

ART SMARTS AGES 5-16

USING A POSITIVE UPLIFTING ENVIRONMENT of creativity, we generate the “wow factor” while drawing and painting using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. All materials are provided.

INSTRUCTOR: Art Smarts
LOCATION: Community Park, Willow Room 306

NEW! ART SMARTS: ANIMAL DRAWING & PAINTING ART CAMP AGES 5-16

There are so many animals to choose from—which will you draw and paint?

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.100	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$225/\$236
6508.101	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$225/\$236
6508.102	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$225/\$236
6508.103	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$225/\$236

NEW! ART SMARTS: CARTOONS, COMICS, MANGA/ANIME & PORTRAITS AGES 5-16

Have fun drawing your own portrait, cartoon and comic book characters, and some Japanese wide-eyed manga and anime.

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.104	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$180/\$196

NEW! ART SMARTS: DRAWING & PAINTING ART CAMP AGES 5-16

Draw a stuffed animal (that you get to take home), flowers, landscapes, and more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.105	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$225/\$236
6508.106	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$225/\$236
6508.107	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$225/\$236
6508.108	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$225/\$236

Technology Camps

NEW! MOVIES BY KIDS: ACTION MOVIE WORKSHOP AGES 7-13

Are you a big fan of fast-paced movies loaded with action-packed scenes? In this exciting Workshop, participants write, direct, and produce your own action sequence for the camera featuring stunt-fight training and film choreography. That’s not all, wait until your footage hits the editing room where we dub in sizzling sound effects and voice-overs. Lights, camera, ACTION! All projects will be available to download online.

INSTRUCTOR: Movies by Kids
LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.100	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$180/\$191*

*\$30 materials fee due on the first day of camp

NEW! MOVIES BY KIDS: LEGO® MOVIE AGES 7-13

Get ready to take your fascination with LEGOS® to the next level! The ideas will be yours, the sets will be built by you, and you will operate all the equipment to bring your masterpiece to the big screen. Just like in the blockbuster hit, “The Lego® Movie” you will be using the art of Stop-Motion-Animation! All projects will be available to download online.

INSTRUCTOR: Movies by Kids
LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.101	M-F	1:00-4:00pm	Jun 20-Jun 24	\$180/\$191*

*\$30 materials fee due on the first day of camp

MOVIES BY KIDS: LIGHTS, CAMERA, ACTION! AGES 7-13

Are you ready to make a movie where you’re the writer, director, and star? Team up and create a story idea, storyboard it, and then film it. Experience the ultimate creativity from the first call of “action” to “that’s a wrap”! Come join the fun of making movies from beginning to end. All projects will be available to download online.

INSTRUCTOR: Movies by Kids
LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.102	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$180/\$191*

*\$30 materials fee due on the first day of camp



**MOVIES BY KIDS:
MINECRAFT MOVIES**

AGES 7-13

Do you love Minecraft? Come join us and design a Minecraft world using LEGOS®, create crazy Minecraft mini figures, and utilize smart devices to create your own Minecraft movie. You'll even create voices for all of your characters, design monsters, creepers, or your own personal hero to tackle the incredible environment you create. All projects will be available to download online.

INSTRUCTOR: Movies by Kids

LOCATION: Community Park, Willow Room 302

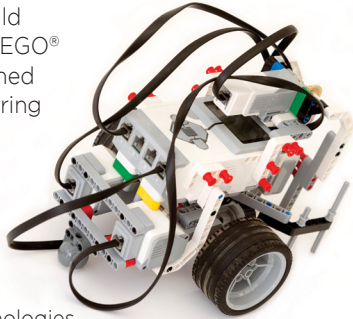
CLASS #	DAY	TIME	DATES	R/NR FEE
6602.103	M-F	1:00-4:00pm	Jul 18-Jul 22	\$180/\$191*

*\$30 materials fee due on the first day of camp

**INTRO TO STEM WITH
LEGO® MATERIALS**

AGES 5-9

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Tunnel Boring Machines, Stilt Houses, and Teacup Rides. Design and build as never before, and explore your craziest ideas in a supportive environment.



INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.100	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$187/\$198

**MINECRAFT ENGINEERING WITH
LEGO® MATERIALS**

AGES 5-9

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.101	M-F	1:00-4:00pm	Jun 20-Jun 24	\$187/\$198

**INTRO TO STEM & MINECRAFT ENGINEERING
WITH LEGO® MATERIALS**

AGES 5-9

SIGN UP FOR BOTH Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.102	M-F	9:00am-4:00pm	Jun 20-Jun 24	\$355/\$366

**NEW! SUPER HERO ENGINEERING
WITH LEGO® MATERIALS**

AGES 5-9

Save the world with LEGO® Super Heroes! Enter the Phantom Zone, travel on Wonder Woman's Invisible Jet, and face off against Galactus. Create motorized and architectural projects with imagination and engineering to bring your super powers to life.



INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.103	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$187/\$198

NEW! JEDI WITH LEGO® MATERIALS

AGES 5-9

Get ready to embark on your LEGO® journey in the Star Wars universe as you construct the Ewok Village on Endor, fly through space on our X-Wings, and defend the Echo Base on Hoth. Come explore a galaxy far, far away with the help of an experienced Play-Well instructor and learn which "Force" is actually with us!

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.104	M-F	1:00-4:00pm	Jun 27-Jul 1	\$187/\$198



**NEW! SUPER HERO ENGINEERING
& JEDI WITH LEGO® MATERIALS**

AGES 5-9

SIGN UP FOR BOTH Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.105	M-F	9:00am-4:00pm	Jun 27-Jul 1	\$355/\$366

**NEW! ANIMAL ADVENTURES
WITH LEGO® MATERIALS**

AGES 5-9

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.106	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$187/\$198

**NEW! ENCHANTED ENGINEERING
WITH LEGO® MATERIALS**

AGES 5-9

Come join our fun and knowledgeable Play-Well Instructors as we use LEGO® materials to build and interact with our favorite fairy tales! Help Cinderella make it back before midnight, fly with Peter Pan and the Lost Boys, and ensure Alice outwits the Queen of Hearts. All we need is your creativity and a little magic to bring it all to life!

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.107	M-F	1:00-4:00pm	Jul 11-Jul 15	\$187/\$198

**NEW! ANIMAL ADVENTURES & ENCHANTED
ENGINEERING WITH LEGO® MATERIALS**

AGES 5-9

SIGN UP FOR BOTH Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.108	M-F	9:00am-4:00pm	Jul 11-Jul 15	\$355/\$366

ROBOTICS USING LEGO® WEDO

AGES 7-10

Build and program robots in this introductory robotics class using the LEGO® WeDo System. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced robotics programs.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.109	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$205/\$216

Tap into your imagination with tens of thousands of LEGOS®!



www.play-well.org



ROBOTICS USING LEGO® EV3

AGES 10-14

Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, loops, problem solving, and teamwork skills. Work in groups, program and build your robot, and rise to the challenge! Control the robot to avoid obstacles, move objects, and play sounds.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.110	M-F	1:00-4:00pm	Jul 18-Jul 22	\$205/\$216

MOVIE MAKERS

AGES 9-17

This hands-on, interactive camp instructs participants in the world of digital video design and production. Participants film, direct, and edit their own digital video creations. Get ready to amaze your peers with green screen and special effects skills!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.100	M-TH	9:00am-12:00pm	Jun 27-Jun 30	\$155/\$166*

*\$10 materials fee due on the first day of camp

VIDEO GAME DESIGN

AGES 10-17

This camp provides participants with a fun, interactive look at the world of video game design and development. Participants enrolled in this camp learn the basics of video game design and produce several different interactive video games to share with their friends and family.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.101	M-TH	1:00-4:00pm	Jun 27-Jun 30	\$170/\$181*

*\$10 materials fee due on the first day of camp

NEW! iCODE

AGES 6-12

This camp offers younger participants a fun, interactive look at coding. Create virtual apps and write your own programs that you can share with friends and family. This camp makes learning to code fun and explores problem solving and programming logic.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.102	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$155/\$166*

*\$10 materials fee due on the first day of camp

IGAME CREATORS**AGES 6-10**

Want to create video games? This is an introductory camp for younger participants who want to learn to build simple video games. This camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun, interactive games!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.103	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$155/\$166*

*\$10 materials fee due on the first day of camp

NEW! ARCADE GAMES-ESPORTS**AGES 6-12**

This camp gives participants a look at online game development and puts them in the driver's seat of simple game creation. Develop online games including arcade style, platform, and other interactive games that you can publish and share online. Participants will also use their games in an eSport setting and compete like real gamers.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.104	M-TH	9:00am-12:00pm	Jul 11-Jul 14	\$150/\$161*

*\$10 materials fee due on the first day of camp

APPLICATION DESIGN**AGES 9-17**

This camp offers participants a hands-on look at the world of application design and development. Participants design their own app, which can be shared with friends and family with an Apple or Android device.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.105	M-TH	1:00-4:00pm	Jul 11-Jul 14	\$160/\$171*

*\$10 materials fee due on the first day of camp

**GRAPHIC DESIGN****AGES 9-17**

This camp covers the basics of digital imaging, as well as key concepts in the world of graphic design. Participants work with photos and learn how to manipulate images using powerful image editing software to create the image they envision.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.106	M-TH	9:00am-12:00pm	Jul 25-Jul 28	\$155/\$166*

*\$10 materials fee due on the first day of camp

ANIMATION**AGES 9-17**

In this camp, participants learn the basics of animation and digital design. Anyone who enjoys going to various sites to see fun, interactive animations will love this camp. This camp utilizes award-winning animation software and participants create amazing animations that they can share with the world.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.107	M-TH	1:00-4:00pm	Jul 25-Jul 28	\$160/\$171*

*\$10 materials fee due on the first day of camp

GAMERS PARADISE**AGES 6-15**

This is the ultimate camp for gamers who want to learn how to build and play. This camp is a combination of our most popular gaming camps. Participants design games using multiple platforms and create gaming experiences to share with friends and family.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.108	M-TH	9:00am-12:00pm	Aug 1-Aug 4	\$160/\$171*

*\$10 materials fee due on the first day of camp

ROBLOX STUDIO-PROGRAMMING & GAME DEVELOPMENT**AGES 9-15**

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar—unlike any other software. This camp guides participants through concepts such as beginner physics, LUA programming, and game development. Participants build and publish games to share with friends and family!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.109	M-TH	1:00-4:00pm	Aug 1-Aug 4	\$165/\$176*

*\$10 materials fee due on the first day of camp

Science Camps

WONDERS! 50 EXPERIMENT SCIENCE CAMPS

THESE SCIENCE CAMPS are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments each week.

INSTRUCTOR: Wonders! Science and Math
LOCATION: Community Park, Oak Hall East

WONDERS! CAMP 1

AGES 4-12

Experiments include: build electric bottles, make balloon-helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band sponge rocket, design invisible inks, fire rocket balloons, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.100	M-TH	9:00am-12:00pm	Jun 13-Jun 16	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 2

AGES 4-12

Experiments include: make gold pennies, experiment with glowing rocks and amazing super-magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow guns, crush cans with air pressure, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.101	M-TH	1:00-4:00pm	Jun 13-Jun 16	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 3

AGES 4-12

Experiments include: make fantastic rockets that shoot over buildings, fire the ultimate candy cannon and fly hot air balloons, concoct incredible super slimes, launch potatoes, make tornados, create ultraviolet light detectors, experiment with dry ice, experiment with the fantastic Wonders! anti-gravity trays, make eerie glow-in-the-dark tubes, build clowns that rise and fall on command, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.102	M-TH	9:00am-12:00pm	Jun 20-Jun 23	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 4

AGES 4-12

Experiments include: ride real hover-crafts, write with fascinating invisible inks, grow crystal gardens, steer floating 60-foot solar blimps, make rock board collections, float hot air balloons, launch giant smoke rings 100 feet, set-off the ultimate geysers, build lava lamps, make glow-in-the-dark signs, grow fantastic crystals, cast T-Rex dinosaur fossils, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.103	M-TH	1:00-4:00pm	Jun 20-Jun 23	\$150/\$161*

*\$25 materials fee due on the first day of camp



WONDERS! CAMP 5

AGES 4-12

Experiments include: build planes that fly over tall buildings, make wolf tooth necklaces, create glow-in-the-dark styrofoam, form amazing super-balls, do never-seen-before dry ice experiments, construct electric buzzers and switches, build incredible candles, fire marshmallow cannons, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.104	M-TH	9:00am-12:00pm	Jun 27-Jun 30	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 6

AGES 4-12

Experiments include: ride real hovercrafts, launch amazing rockets, fire balloon rockets, collect fossils, make amazing plaster animal footprints, make camera paper, build crystals, split water, make penny centrifugal experiments, create foot-long lighting balls, split light, launch rockets, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.105	M-TH	1:00-4:00pm	Jun 27-Jun 30	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! CAMP 7

AGES 4-12

Experiments include: collect alligator bones, make 3D glow-in-the-dark crystals, experiment with amazing piezoelectricity, make a candle collection, dig real fossils, experiment with lasers and fiber-optics, create amazing bouncing slimes, work fascinating UV experiments, fire the incredible wonders launcher, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.106	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$150/\$161*

*\$25 materials fee due on the first day of camp

WONDERS! NASA ROCKET CAMP!

AGES 4-12

Join Wonders! Science in an unforgettable exploration of the furthest reaches of the universe! Build and launch a nearly three-foot-tall rocket, experiment with the actual conditions found on the planets (super-cooled air and frozen gases), make paper airplanes that soar over buildings, fire turbo-charged rocket cars, launch a 60-foot solar blimp, eat astronaut treats, and much more.

INSTRUCTOR: Wonders! Science and Math
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.107	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$150/\$161*

*\$25 materials fee due on the first day of camp



AMAZING SCIENCE: STAR WARS SCIENCE AGES 5-10

Feel the power of the “Force” with the science behind “Star Wars”: light energy, flight forces, crystals, star constellations, robots, and plasma energy! Make mini jet fighters, constellation viewers, walking robots, magnet Jedi fighters, a lightsaber, and more! Students of the “Force” use their learned science skills to perfect their Jedi Knight training skills. Participants take home two projects each day.

INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.100	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$185/\$196*

*\$30 materials fee due on the first day of camp



NEW! MAD SCIENCE: ADVENTURES IN THE WILD AGES 6-13

Take a walk on the wild side as we explore animals, birds, bugs, and beast for an out-of-this-world adventure! Have some creepy, crawly fun building a bug house and fill it with new friends to take home. Explore the amazing ways animals adapt in the wilderness as you hunt down their tracks and make an animal track of your own.

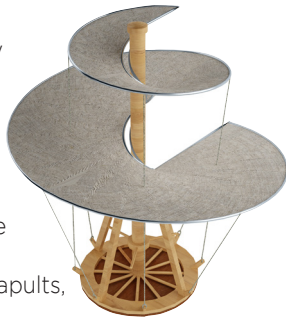
INSTRUCTOR: Mad Science of San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.100	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$185/\$196*

*\$30 materials fee due on the first day of camp

NEW! MAD SCIENCE: OPERATION INVENTION AGES 6-13

Join Mad Science as we take junior inventors on a journey of discovery from the real-life inventions of da Vinci, Edison, and the Wright brothers to Isaac Asmiov’s dreams of future inventions. With a little bit of ingenuity, participants will be challenged to recreate some of the most important and exciting inventions of all time, including catapults, bridges, circuits, and light bulbs!



INSTRUCTOR: Mad Science of San Diego
LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.101	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$185/\$196*

*\$30 materials fee due on the first day of camp

NEW! MAD SCIENCE: LITTLE GREEN THUMBS AGES 6-13



Step into the garden to learn about soil, seeds, and sprouts in this camp that’s sure to inspire your budding gardener. Examine fruits, vegetables, plants and leaves, and learn about the interesting variety of creatures that live in and help your garden grow. Jump through puddles, bathe in the sun and enjoy the cool breeze as you dig into the soil and grow in Mad Science!

INSTRUCTOR: Mad Science of San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.102	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$185/\$196*

*\$30 materials fee due on the first day of camp

NEW! MAD SCIENCE: ALL STARS AGES 6-13

Learn about famous scientists and inventors who were all-stars in their field. Follow in their footsteps as we equip you with the science skills needed to rise to the top. Together with the Mad Science All-Star team, you will build super structures, create a volcanic eruption, and examine rocks formed from volcanic magma. Soar high above as you build a kite and experiment with lift, aerodynamics and air pressure.

INSTRUCTOR: Mad Science of San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.103	M-F	1:00-4:00pm	Jul 25-Jul 29	\$185/\$196*

*\$30 materials fee due on the first day of camp

NEW! MAD SCIENCE: JR. DETECTIVE AGES 6-13

Take a fascinating journey into the world of detection, forensics, and classified information. Learn code language to send secret messages as part of your mission. Use special spyglasses to help learn about surveillance and the important role it plays in security. Investigate a pretend crime scene and sift through clues to crack the case. As part of the Mad Science Bureau of Investigation, you will gain observation skills that are used by secret agents.



INSTRUCTOR: Mad Science of San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.104	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$185/\$196*

*\$30 materials fee due on the first day of camp

Special Interest Camps

NEW! CLICBITZ: SEWING BASICS AGES 10-16

New to sewing or need a refresher? This course is for you! Learn the sewing basics—from the importance of following grainlines, to how to properly measure your body and read a pattern. Learn your way around a sewing machine and complete a pair of your very own homemade pajama pants, and a sewing sample book! Sewing machines provided or bring your own. No experience necessary. Materials included. However, if you'd like to use your own materials, please bring 2.5 metres of pre-washed flannel fabric.

INSTRUCTOR: Clicbitz San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6603.100	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$200/\$211*
6603.101	M-F	1:00-4:00pm	Jul 11-Jul 15	\$200/\$211*

*\$20 materials fee due on the first day of camp

NEW! CLICBITZ: FASHION DESIGN & SEWING AGES 8-14

Design and sew your own clothing! Learn basic sewing techniques, practice design and drawing skills, and then bring your idea to life in a wearable work of art. Old denim and jean jackets will be upcycled into custom creations. Sewing machines provided or bring your own. Beginners Welcome!

INSTRUCTOR: Clicbitz San Diego
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6603.102	M-F	1:00-4:00pm	Jun 13-Jun 17	\$200/\$211*
6603.103	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$200/\$211*

*\$20 materials fee due on the first day of camp



JR. ZOOKEEPER AGES 6-13

We share the earth with some really amazing animals! Jr. Zookeeper participants learn to love and appreciate some fascinating creatures found in our world. Build habitats, prepare diets, and get the unique opportunity to meet many of our animal companions. A perfect camp for nature lovers and future zookeepers.

INSTRUCTOR: Arimaw Productions: info@arimaw.com
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.100	M-F	1:00-4:00pm	Jun 13-Jun 17	\$175/\$186

LOCATION: Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.101	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$175/\$186

BASIC WOODSHOP AGES 7-12



Participants learn how to use basic tools to make wonderful hand-crafted items such as book ends, toolboxes, bird houses, and more. All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

INSTRUCTOR: Arimaw Productions: info@arimaw.com
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.102	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$160/\$171
5900.103	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$128/\$139

FISHING AGES 8-12

Participants learn the fundamentals of fishing: how to put together the best line for the location and desired catch; how to safely handle a rod for your sake and those around you; and little tricks that better your chances of catching a fish! Don't have your own rod? No problem! While we encourage participants to bring their own rod, hooks, and other fishing gear, equipment is provided for camp use.



INSTRUCTOR: Arimaw Productions: info@arimaw.com
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.104	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$150/\$161
5900.105	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$150/\$161

FORT BUILDING**AGES 6-13**

Participants use their creativity and problem-solving skills as they work in teams to build forts to survive the environment of the day. Learn various types of knots and other building techniques to increase their odds of success in the environment challenges.

INSTRUCTOR: Arimaw Productions: info@arimaw.com**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.106	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$128/\$139

LOCATION: Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.107	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$160/\$171

INTRODUCTION TO MYSTERIES OF MAGIC**AGES 6-13**

Learn all the skills you need to mystify an audience like a true magician! Participants are introduced to the arts of illusion, mind reading, prestidigitation, and sleight of hand! Unlock the powers of your voice, your hands, and your mind. On Friday, we put on a magic show for friends and family.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.108	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$116/\$127

NEW! ITTY BITTY SMASH LAB CAMP**AGES 5-7**

Everyone knows that there's one thing kids are great at—destruction! In this camp, participants can channel their inner destructive nature and have a blast in the process! Build a variety of structures, tear them down, take apart electronic devices, look at how they work, put them back together, and smash them. Please wear clothes you don't mind getting messy.

INSTRUCTOR: Arimaw Productions: info@arimaw.com**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.109	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$160/\$171

SMASH LAB CAMP**AGES 7-14**

Work as a team to put together a variety of electronics and other structures and witness what happens when you SMASH them! Drop eggs, feathers, melons, and more, just to see what happens! This camp is the perfect combination of fun and learning for anyone interested in how things work. Please wear clothes you don't mind getting messy.

INSTRUCTOR: Arimaw Productions: info@arimaw.com**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.110	M-F	1:00-4:00pm	Jul 18-Jul 22	\$160/\$171

**YOUNG ENGINEERS****AGES 5-11**

YOUNG ENGINEERS specializes in an experiential and challenging learning environment, with games and scientific experiments that visualize natural phenomena and the forces acting around them. Learn the engineering behind the machines we use every day and perform science experiments and art projects to take home! Participants build exciting, motorized LEGO® bricks models, reflecting STEM theories learned together!

INSTRUCTOR: Young Engineers of Greater San Diego**LOCATION:** Community Park, Willow Room 304**NEW! YOUNG ENGINEERS: TREASURE HUNTERS****AGES 5-11**

X marks the spot for this adventure! Explore the fun and games to find what lies at the end of the treasure hunt. Hint: You may need to an expert at rock, paper, scissors; or hit a bulls eye; or even come across Hansel and Gretel!

CLASS #	DAY	TIME	DATES	R/NR FEE
6905.100	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$184/\$195

NEW! YOUNG ENGINEERS: ENGINEER ACADEMY**AGES 5-11**

Recruitment for Engineer Academy has begun! Become an all-star today through STEM. Uncover the concepts of molecules, illusions, secret codes, and more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6905.101	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$184/\$195

NEW! YOUNG ENGINEERS: SUPERHEROES**AGES 5-11**

A super camp that is dedicated to our favorite superheroes! Discover who is under the mask and explore their types of powers using science and Lego's!

CLASS #	DAY	TIME	DATES	R/NR FEE
6905.102	M-F	1:00pm-4:00pm	Jul 18-Jul 22	\$184/\$195

NEW! YOUNG ENGINEERS: ADVENTURE**AGES 5-11**

Join us on this adventure as we experience mental challenges through the exercise of finding creative solutions to problems. Participate in physical and sport challenges, while creating Lego constructions that can be used to make the obstacles easier.

CLASS #	DAY	TIME	DATES	R/NR FEE
6905.103	M-F	1:00pm-4:00pm	Aug 1-Aug 5	\$184/\$195



Challenge Island is where engineering meets imagination!

NEW! CHALLENGE ISLAND: ARCADE MANIA AGES 6-12

This Kids-Choice Challenge Island adventure puts a 100% SCREEN-FREE STEAM twist on popular video games: From Super STEAMio to Island Blox to Mine Island to Fort Island to retro-inspired games like Space Aliens and Pinball Machines! You and your STEAM Team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of low-tech STEAM challenges created with game-loving kids in mind!

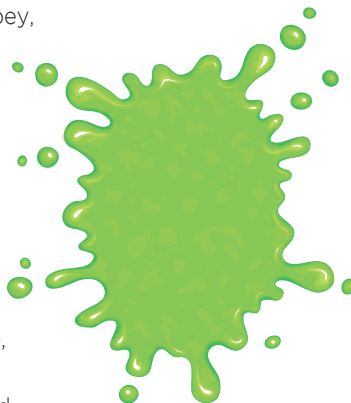
INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.100	M-F	1:00-4:00pm	Jun 13-Jun 17	\$189/\$200*

*\$25 materials fee due on the first day of camp

CHALLENGE ISLAND: SLIME-TOPIA AGES 6-12

Introducing a brand new ooey, gooey, squishy, squashy, slime-drenched camp extravaganza! Learn the science behind the slime while you make different kinds of the addictively playful polymer. From butter to bubble; crunchy to munchy; and fluffy to foamy; we've got you and your tribe covered (in slime, that is). Don't miss out!



INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.101	M-F	1:00-4:00pm	Jun 27-Jul 1	\$189/\$200*

*\$30 materials fee due on the first day of camp

CHALLENGE ISLAND: SLIME SQUAD AGES 6-12

A slime experience mixed with engineering adventure takes participants into a new slime-filled world every day—from alien ooze to ghostly goo to monster muck to lava, too. No matter how you squish, squeeze, or stretch it, this camp promises to be a blockbuster hit!

INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.102	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$156/\$167*

*\$24 materials fee due on the first day of camp



NEW! CHALLENGE ISLAND: STEAM TANK ENTREPRENEUR AGES 6-12

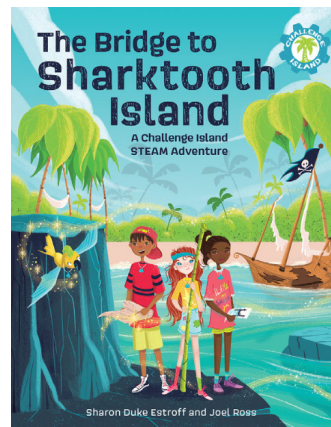
Calling all innovative and inventive kids to an adventure in STEAM and entrepreneurship! You and your tribe design, create, and open a business every day: from SWEETrepreneur to SLIMErepreneur, to PETrepreneur, to HAUNTrepreneur. Can you convince the island sharks that your tribe's business belongs in the Challenge Island Mall? Don't miss out on this one-of-a-kind entrepreneurial experience!

INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.103	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$189/\$200*

*\$25 materials fee due on the first day of camp

NEW! CHALLENGE ISLAND: SHARK CAMP™ AGES 6-12



STEAM + Reading = STREAM! This STREAMY camp brings The Bridge to Sharktooth Island, the first book in the Challenge Island series, to life! You and your STEAM Team will join book characters Daniel, Joy, Kimani, and Davinci on their Sharktooth Island adventures from bridge-building to pirate ship exploring to mixing up spectacular slime seas. You'll dive into the

fascinating world of SHARKS and tackle an ocean full of shark-inspired challenges! This FINtastic Camp is perfect for fans of the Challenge Island, Magic Tree House and Magic School Bus book series!

INSTRUCTOR: Challenge Island
LOCATION: Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.104	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$189/\$200*

*\$25 materials fee due on the first day of camp

Cooking Camps

COOKING ROUND THE WORLD is a fun and delicious way to introduce participants to food and cooking. Learn recipes from a chef and make two, themed dishes from scratch every day.

All fresh ingredients and cookware are included! The “ew” and “gross” around nutritious food is replaced with curiosity and tasting bravery. Learn measuring skills and how to read recipes to maximize deliciousness.

INSTRUCTOR: Cooking Round the World
LOCATION: Community Park, Oak Hall West



HARRY POTTER: TASTE THE MAGIC! AGES 6-14

From butterbeer pancakes to double-double chocolate cauldron cake, participants enjoy Hogwarts culinary delights.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.100	M-F	9:00am-12:00pm	Jun 13-Jun 17	\$250/\$261*
6701.101	M-F	1:00-4:00pm	Jun 13-Jun 17	\$250/\$261*

*\$50 materials fee due on the first day of camp

NEW! FOODS ALA-CART-OON NETWORK AGES 6-14

Participants re-create the yummy dishes they see on Cartoon Network such as sandwich of death on “The Regular Show”, bacon pancakes from “Adventure Time”, ramen noodle bowls from “Naruto”, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.102	M-F	9:00am-12:00pm	Jun 20-Jun 24	\$250/\$261*
6701.103	M-F	1:00-4:00pm	Jun 20-Jun 24	\$250/\$261*

*\$50 materials fee due on the first day of camp

PIZZA MANIA AGES 6-14

Learn to make and love a variety of pizzas such as Indian Naan bread pizza, French Benedict pizza, German berry dessert pizza, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.104	M-F	9:00am-12:00pm	Jun 27-Jul 1	\$250/\$261*
6701.105	M-F	1:00-4:00pm	Jun 27-Jul 1	\$250/\$261*

*\$50 materials fee due on the first day of camp

NEW! ISLAND COOKING AGES 6-14

Cook island-style, using only native ingredients. Enjoy pumpkin pancakes with palm sugar syrup from Aruba, yam bread from Trinidad, Filipino pancit rice noodles with shaved carrots, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.106	TU-F	9:00am-12:00pm	Jul 5-Jul 8	\$200/\$211*
6701.107	TU-F	1:00-4:00pm	Jul 5-Jul 8	\$200/\$211*

*\$40 materials fee due on the first day of camp

A DISH OF DISNEY AGES 6-14

Cook, eat, and have fun with Disney interpretations, such as Pizza Planet pizza from “Toy Story”, grubs and bugs from “Lion King”, meatball stroganoff from “Anastasia”, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.108	M-F	9:00am-12:00pm	Jul 11-Jul 15	\$250/\$261*
6701.109	M-F	1:00-4:00pm	Jul 11-Jul 15	\$250/\$261*

*\$50 materials fee due on the first day of camp

STAR WARS: MAY THE FORK BE WITH YOU! AGES 6-14

Visit the dark side and light side of the galaxy with imaginative food creations from “Star Wars” characters like Chewbacca, BB8, Princess Leia, Yoda, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.110	M-F	9:00am-12:00pm	Jul 18-Jul 22	\$250/\$261*
6701.111	M-F	1:00-4:00pm	Jul 18-Jul 22	\$250/\$261*

*\$50 materials fee due on the first day of camp

COOKING ROUND THE WORLD AGES 6-14

Learn about cultures, tastes, and celebrations while enjoying a variety of foods and flavors from different countries around the world.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.112	M-F	9:00am-12:00pm	Jul 25-Jul 29	\$250/\$261*
6701.113	M-F	1:00-4:00pm	Jul 25-Jul 29	\$250/\$261*

*\$50 materials fee due on the first day of camp

A PLATE OF PIXAR AGES 6-14

Enjoy favorite Pixar movies AND the food featured in films like “Ratatouille”, “Toy Story”, “Monsters Inc.”, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.114	M-F	9:00am-12:00pm	Aug 1-Aug 5	\$250/\$261*
6701.115	M-F	1:00-4:00pm	Aug 1-Aug 5	\$250/\$261*

*\$50 materials fee due on the first day of camp

NEW! NICKELODEON COOKING AGES 6-14

Have fun with the interpretation of foods featured on Nickelodeon such as krabby patty from “SpongeBob SquarePants”, magic muffins from “Fairly Oddparents”, “Dora the Explorer’s” picnic spread, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.116	M-F	9:00am-12:00pm	Aug 8-Aug 12	\$250/\$261*
6701.117	M-F	1:00-4:00pm	Aug 8-Aug 12	\$250/\$261*

*\$50 materials fee due on the first day of camp



POWAY PARKS & FACILITIES



POWAY COMMUNITY PARK

13094 Civic Center Drive
(858) 668-4671

poway.org/communitypark

Hours

Daily | Sunrise-Sunset

Office

Daily | 8:00am-9:00pm

Ball Fields | Bocce Courts Daily | 8:00am-sunset
(10:00pm with reservation)

Dog Park | Tennis Courts | Basketball Court
Daily | Sunrise-10:00pm

Unsupervised Skate Park Daily | 8:00am-8:00pm

IN THE PARK SERIES

ALL AGES

FREE!

Rustle up fun while panning for “gold”, pop yourself silly in a bubble-palooza, pound out the beat of your favorite melody, or blast your imagination into space and beyond! Community Park’s In The Park Series is two hours of themed-fun that’s sure to provide exciting, unique experiences for the whole family. While the theme may change from month-to-month, one thing is guaranteed: **FUN!**

DAY	TIME	DATES	THEME	FEE
M	10:00am-12:00pm	Apr 11	Western	FREE

CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5.00 per meal. Reservations are required and must be made in-person by 12:00pm the day before. Payment is due at time of reservation. Reservations can be made up to 30 days in advance. For more information and to see the monthly menu, visit poway.org/olderadults or call (858) 668-4671.

BINGO

AGES 18+

B-4! N-36! Whether you’re a seasoned pro or new to the game, come test your luck. With multiple winners, everybody has a chance to win cash, jackpot prizes, bonus rewards, and more. Brought to you by the Friends of Poway Seniors. For more information, visit: friendsofpowayseniors.org.

LOCATION: Community Park, Sycamore Hall

DAY	DOORS OPEN	STARTS
TU	9:30am	11:30am
SU	10:30am	12:30pm

For FREE fun, visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.

LAKE POWAY

14644 Lake Poway Road
(858) 668-4770

poway.org/lakepoway

Park Ranger Office (858) 668-4772

Lake Poway Concession (858) 668-4778

Hours

Daily | 6:00am-Sunset

Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

Entry Station

Open Weekends & Holidays

\$10 non-resident entry fee for vehicles

Active Military free with ID

The Trout are Still Biting at Lake Poway!

Wright's Rainbows will be stocking their famous Idaho rainbow trout through April. We have the best permit and boat prices in the area, along with a full-service concession. Come catch the "Big One" before the season is over.

INFORMATION: poway.org/lakepoway or (858) 668-4772

SPRING CAMPING SERIES ALL AGES

Spring is a beautiful time to get away from home and camp at Lake Poway! Hike, fish, or simply relax by your campsite and enjoy all the natural beauty that the park has to offer. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event!

INFORMATION/TO REGISTER: poway.org/classes or (858) 668-4772

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.400	F/SA	1:00pm-10:00am	Apr 1-Apr 2	\$26
9039.401	F/SA	1:00pm-10:00am	Apr 8-Apr 9	\$26
9039.402	F/SA	1:00pm-10:00am	May 6-May 7	\$26
9039.403	F/SA	1:00pm-10:00am	May 20-May 21	\$26

NEW! EARTH DAY CAMPOUT ALL AGES

Come join us at Lake Poway to learn and celebrate the outdoors at our special Earth Day Campout! Little sprouts of all ages and their families can participate in special crafts, take a guided nature hike, learn about our local wildlife from our Interpretive Services booth, and more! Come hungry as our famous food truck Born in Brooklyn will be onsite serving up delicious food for purchase. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event! (5 campers per registration)

INFORMATION/TO REGISTER: poway.org/classes or (858) 668-4772

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.404	SA/SU	1:00pm-10:00am	Apr 23-Apr 24	\$55/\$66

*Activities will be held from 3:00-7:00pm.

OLD POWAY PARK

14134 Midland Road
(858) 668-4576

poway.org/oldpowaypark

Hours

Railroad Info:

powaymidlandrr.org

Farmers Market

Saturdays | 8:00am-1:00pm



43RD ANNUAL STANDARD FLOWER SHOW ALL AGES

Saturday, April 23 | 9:00am-3:00pm

The Poway Valley Garden Club will host the 43rd Annual Standard Flower Show "Fantasy in the Garden". Enter your design or just come admire the numerous locally grown horticultural entries.

INFORMATION: powayvalleygardenclub.org



FARMERS MARKET ALL AGES

Saturdays | 8:00am-1:00pm

Find the best locally and organically grown, farm-fresh produce and artisan foods at our "City in the Country" Farmers Market on Midland Road. Rain or shine!

INFORMATION: poway.org/oldpowaypark or (858) 668-4576

COMMUNITY BAND FESTIVAL ALL AGES

Saturday, May 21 | 10:00am-7:00pm

Sunday, May 22 | 10:00am-7:00pm

Come listen to great music and amazing concert bands during the FREE 26th Annual California Band Festival and Arts and Crafts Market.

INFORMATION: poway.org or (858) 668-4576

POWAY SWIM CENTER

13094 Civic Center Drive
(858) 668-4680
poway.org/swim

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family/single-use restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

Lanes will be set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times.

Seasonal Information

Spring Schedule (April 4-June 12)

Adult Lap Swim

Mon/Wed/Fri 10:30am-7:00pm*
Tues/Thurs 8:00am-1:30pm
2:00-7:00pm
Sat/Sun 10:30am-5:00pm

Recreational Swim/Splash Pad

Mon/Wed/Fri 10:30am-3:30pm
(Shallow Square/Splash Pad Only)
3:30-7:00pm
(All Areas and Diving Boards)
Tues/Thurs 8:00am-3:30pm
(Shallow Square/Splash Pad Only)
3:30-7:00pm
(All Areas and Diving Boards)
Sat/Sun 10:30am-1:00pm (Family Swim)
1:00-5:00pm
(All Areas and Diving Boards)

*The Swim Center will be closed at 5pm on the 1st Friday of every month for Staff Training.

Holiday Hours and Closures

Memorial Day | May 30 | 10:30am-5:00pm
Pre-Summer Staff Training | June 11 | All Day

Costs

Please visit poway.org/swim for current user fees.



WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission and reservations are required.

DAYS	TIME	FEE
M/W/F	11:00am-12:00pm	Daily Admission Fee

RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22/Oxygen.

Learning occurs in and outside of class. 100% attendance and participation are required for scheduled dates. There is a water skills pretest that must be passed in order to take the class. Class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.



Class participants that successfully complete the course and obtain their lifeguard certification are eligible for a full refund of the class costs if hired by the Swim Center!

CLASS #	DAY	TIME	DATES	FEE
0700.402	W	5:00-8:00pm	Pretest	\$210*
	M-F	8:00am-5:00pm	Apr 11-Apr 15	
0700.403	W	5:00-8:00pm	Pretest	\$210*
	SA	8:00am-5:00pm	Apr 23, May 7	
	M/W	5:00-8:00pm	Apr 25, 27, May 2, 4	

*This includes the \$43 certification fee paid to the American Red Cross.

INFORMATION: poway.org/lifeguardtraining or (858) 668-4683

KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail
(858) 668-4781

Parking located at 13104 Carriage Road, Poway

poway.org/kiic

Hours

Open third Saturday of each month | 10:00am-1:00pm

GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES



Visit us on the third Saturday morning of each month for a docent-led tour. Experience artifacts, 'ewaas, milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.

VOLUNTEER TODAY, INSPIRE FOR A LIFETIME

AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. Absolutely no experience is required, and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

INFORMATION: aransom@poway.org or (858) 668-4781

SCHOOL TOURS

GRADE 3

Offered the first and second Thursday and Friday mornings each month. Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities.

SCHEDULE YOUR TOUR ONLINE: poway.org/kiic

FEE

\$4 per student

WATERCOLOR CLASS

AGES 8+

Join us in capturing the beauty of this authentic Native American site in watercolor. Artists of every skill level are welcome to experience creating en plein air ("in the open air"). Pick a painting spot around the site that inspires you! Instruction in basic skills and all materials will be provided. Limited to 25 participants.

REGISTER ONLINE: poway.org/classes

CLASS #	DAY	TIME	DATES	FEE
1200.305	SA	9:00am-12:00pm	Mar 26	\$5

BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road

1 mile north of Lake Poway Road

(858) 668-4781

poway.org/bluesky

Hours

Daily | Sunrise-Sunset



FREE! DOCENT-LED NATURE WALKS

ALL AGES

Find our Activities Schedule on the website or at Blue Sky Reserve, City Hall, or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

SCHOOL TOURS & OUTREACH PROGRAM

GRADES 2-5

The Outdoor Tour program and In-Classroom program introduce important scientific concepts as outlined in Science Content Standards for grades 2-5. Tours in the Reserve last approximately two hours for \$4 per student. The one-hour Outreach Program at your school is available mornings only for \$4 per student. A reduced fee of \$6 per student is offered when both a Tour and Outreach program are scheduled at the same time. Teachers/Chaperones are free.

FOR RESERVATIONS: poway.org/bluesky

SOLAR WALK/STARGAZING

ALL AGES

Join us on a journey into outer space and view our nighttime skies! Before traveling through the solar system on a 1.5 mile-hike into the Reserve, you will learn about how our universe was created from NASA Solar System Ambassador and Blue Sky docent Jessica. At the end of our hike, we join Curiosity Peak Observatory astronomers with their powerful telescopes focused on a distant constellation or planet so that you can experience it up-close. This program is suitable for all ages, and everyone should dress warmly. Limited to 25 participants per time slot.



REGISTER ONLINE: poway.org/classes

CLASS #	DAY	TIME	DATES	FEE
1200.301	SA	6:30pm	Apr 30	\$5
1200.302	SA	6:45pm	Apr 30	\$5
1200.303	SA	7:00pm	Apr 30	\$5
1200.304	SA	7:15pm	Apr 30	\$5



Spring Registration: March 1 at 7:30am

Early Summer Camp Registration: April 5 at 7:30am. 3 convenient ways to register for classes:

1

ONLINE REGISTRATION

is available by visiting the City of Poway website: poway.org/classes. A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

2

WALK-IN REGISTRATION

is available at the Community Services Department during business hours.

Location

13325 Civic Center Drive

Hours

Check poway.org for current hours.

3

MAIL-IN REGISTRATION

is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.

Mail to

P.O. Box 789, Poway, CA 92074-0789

Class and Camp Refund/Transfer Policy

Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to Activenet@poway.org, or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$16 cancellation fee will be deducted.

No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$16 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

Financial Assistance

Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at poway.org/play.

Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

Spring brings a diverse lineup of live art to the stage! March features a Tribute to Aretha Franklin, Poway Symphony, dance competitions and choir performances. Drum Tao returns and the San Diego Symphony will grace the stage in April. Both MET2 and Scripps Theatre will present and we'll end the season with several community favorites and dance companies. There's something for everyone this spring! Tickets and information at powaycenter.com

POWAY ONSTAGE



Presenters of World-Class Talent at the Poway Center for the Performing Arts
powayonstage.org

POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road
PowayCenter.com



Rental Requests

business@powaycenter.com

Administration

(858) 668-4693

Tuesday through Friday | 10:00am-2:00pm

Box Office

(858) 748-0505

Friday | 12:00pm-5:00pm

Saturday | 10:00am-3:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

Art Gallery & Facility

Tuesday-Thursday | 10:00am-2:00pm

Friday | 12:00-5:00pm

Saturday | 10:00am-3:00pm

Closed on major holidays

POWAY UNIFIED SCHOOL DISTRICT



Student stars of all ages sing, act, dance and show off their talents.
powayusd.com

COMMUNITY PRESENTERS



Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. powaycenter.com

ART SHOWS



ART CREDIT: SAQA

Rotating exhibits ensure a wide variety of styles and media from local, regional, and student artists. powaycenter.com





City of Poway
13325 Civic Center Drive
Poway, CA 92064

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POSTAL CUSTOMER
Poway, CA 92064

SPRING 2022 EVENTS AT A GLANCE

SPRING CAMPOUTS

Lake Poway
Apr 1-Apr 2
Apr 8-Apr 9
May 6-May 7
May 20-May 21

EARTH DAY CAMPOUT

Apr 23-Apr 24



FARMERS MARKET
Old Poway Park
Saturdays
8:00am-1:00pm

WATERCOLOR CLASS

Kumeyaay-Ipai
Interpretive Center
Mar 26



SOLAR WALK AND STARGAZING

Blue Sky Reserve
Apr 30



Poway City Council

Mayor: STEVE VAUS
Deputy Mayor: JOHN MULLIN
Councilmember: DAVE GROSCH
Councilmember: CAYLIN FRANK
Councilmember: BARRY LEONARD

SAVE THE DATE!

Registration begins
March 1 at 7:30am.
See page 36 for details,
or visit poway.org/classes.