

POWAY

COMMUNITY SERVICES GUIDE

SUMMER 2020

**REGISTRATION BEGINS
MAY 26
AT 7:30AM**

**EVENTS, CLASSES, AND
CAMPS SUBJECT TO CHANGE
DUE TO COVID-19. CHECK
OUR WEBSITE FOR UPDATES:
POWAY.ORG/CLASSES**



SUMMER FUN!

2020 Summer Concerts in the Park

FREE! What goes together with summer and fun? Music, of course! So get your dancing shoes on, grab the family, and join us for the best local entertainment around on Sundays from 5:30–7:00pm. Our famous food trucks will be back at Lake Poway to serve up your favorite foods. **(Events subject to change due to COVID-19. Check our website for updates: poway.org)**

INFORMATION: poway.org or (858) 668-4772

DATE	LOCATION	PERFORMER	MUSICAL STYLE
June 21	Lake Poway	Pop Vinyl	Party
July 5	Lake Poway	Mighty Untouchables	Dance
July 12	Old Poway Park	Berkley Hart	Americana
July 19	Lake Poway	Kicks	Dance
July 26	Old Poway Park	Highland Way	Celtic
August 2	Lake Poway	Blue Breeze Band	R&B Soul Funk
August 9	Old Poway Park	Pomerado Community Band	Big Band

2020 Summer Movies in the Park Series

FREE! Enjoy a family-friendly movie under the stars during the Summer Movies in the Park Series. Movies will be shown on Saturdays at sunset. Bring your favorite snacks or a picnic dinner; food will not be available for purchase. **(Events subject to change due to COVID-19. Check our website for updates: poway.org)**

INFORMATION: poway.org or (858) 668-4671



DATE	LOCATION	MOVIE
July 11	Community Park	The Secret Life of Pets 2
July 25	Community Park	Frozen 2
August 8	Community Park	Toy Story 4
August 22	Old Poway Park	Charlie and the Chocolate Factory



FAMILY CAMPOUTS

ALL AGES

Calling all novice campers! Come enjoy outdoor fun in a family-friendly environment. Activities include: guided night hikes, campfire with s'mores, and a magic show. Fishing permits and boat rentals are not included; but, may be purchased for a nominal fee. Don't forget your own camping equipment, dinner supplies, and grill/charcoal if you want to BBQ (5 campers per registration).

INFORMATION OR TO REGISTER: poway.org/lakepoway or (858) 668-4772

CLASS #	DAY	TIME	DATES	R/NR FEE
9039.106	SA-SU	1:00pm-10:00am	Jun 27-28	\$52/\$62
9039.107	SA-SU	1:00pm-10:00am	Jul 11-12	\$52/\$62
9039.108	SA-SU	1:00pm-10:00am	Jul 25-26	\$52/\$62

Connect with us and never miss a recreation opportunity again!



City of Poway



@cityofpoway



@cityofpoway



poway.org/connect

COVID-19 IMPACT

Despite the uncertainty of when the threat of COVID-19 will be behind us, we've published our summer guide to be ready to host enrichment activities for our community when public health officials determine it is safe to do so. We have refund policies in place (see page 31) and we encourage you to check our website at poway.org for updated information about classes, camps, events, and facility hours.



SAVE THE DATE:

**Summer Camp Registration Going On Now!
Class Registration Begins May 26 at 7:30am.**

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REGISTRATION 31



SUMMER CAMP

Summer Camp Registration Going On Now!

All camp participants should wear closed-toe shoes and bring water, a snack or lunch, and plenty of sunscreen (for outdoor camps).

LAKE POWAY DAY CAMP

AGES 6-12

Join us at Lake Poway Day Camp for a week of exciting fun! Each week, campers will have the opportunity to boat, fish, hike, create arts and crafts, play games, attend a variety of exciting field trips, and explore the great outdoors! During our adventure, campers will make new friends and create memories to last a lifetime. Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2934.100	M-F	8:00am-4:00pm	Jun 15-Jun 19	\$145/\$165
2934.101	M-F	8:00am-4:00pm	Jun 22-Jun 26	\$145/\$165
2934.102	M-F	8:00am-4:00pm	Jun 29-Jul 3	\$145/\$165
2934.103	M-F	8:00am-4:00pm	Jul 6-Jul 10	\$145/\$165
2934.104	M-F	8:00am-4:00pm	Jul 13-Jul 17	\$145/\$165
2934.105	M-F	8:00am-4:00pm	Jul 20-Jul 24	\$145/\$165
2934.106	M-F	8:00am-4:00pm	Jul 27-Jul 31	\$145/\$165
2934.107	M-F	8:00am-4:00pm	Aug 3-Aug 7	\$145/\$165
2934.108	M-F	8:00am-4:00pm	Aug 10-Aug 14	\$145/\$165

LAKE POWAY DAY CAMP CIT

AGES 13-17

Calling all teens! Get ready to have a blast this summer with the Lake Poway Day Camp Counselor in Training (CIT) program! Each week, CIT's will lead campers in boating, fishing, hiking, games, attend exciting field trips, and more! This unique program provides CIT's the opportunity to build relationships and improve leadership and communication skills all while enjoying the adventure of camp! Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2935.100	M-F	8:00am-4:00pm	Jun 15-Jun 19	\$92/112
2935.101	M-F	8:00am-4:00pm	Jun 22-Jun 26	\$92/112
2935.102	M-F	8:00am-4:00pm	Jun 29-Jul 3	\$92/112
2935.103	M-F	8:00am-4:00pm	Jul 6-Jul 10	\$92/112
2935.104	M-F	8:00am-4:00pm	Jul 13-Jul 17	\$92/112
2935.105	M-F	8:00am-4:00pm	Jul 20-Jul 24	\$92/112
2935.106	M-F	8:00am-4:00pm	Jul 27-Jul 31	\$92/112
2935.107	M-F	8:00am-4:00pm	Aug 3-Aug 7	\$92/112
2935.108	M-F	8:00am-4:00pm	Aug 10-Aug 14	\$92/112



Sports Camps

INTRODUCTION TO FENCING

AGES 6-14

En Garde! Ready? Fence! Team Touche's fencing camp is a week of fun and engaging lessons in fencing that are sure to strengthen muscle and develop speed as participants learn to swing, carve, and strike with child-friendly fencing equipment. Equipment provided for camp use.

INSTRUCTOR: Team Touche

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6006.100	M-F	1:00-4:00pm	Jun 22-Jun 26	\$195/\$205
6006.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$195/\$205



SOCCER SHOTS

AGES 3-8

Soccer Shots is all about getting young athletes excited about taking risks and creating confidence with the ball. Our professionally-trained, child-development experts teach Soccer Shots character traits, as well as soccer skills. Our goal is to have participants succeed on the soccer field and beyond the game!

INSTRUCTOR: Soccer Shots

LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6010.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$150/\$160*
6010.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$150/\$160*
6010.102	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! SKYHAWKS: VOLLEYBALL

AGES 7-12

Skyhawks takes the energy and excitement of volleyball and puts it together into one, fun-filled camp. Skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. Instructors will assist each athlete in developing their volleyball skills through game-based drills and daily scrimmages aimed at developing the whole player. Participants receive a t-shirt and player evaluation.

INSTRUCTOR: Skyhawks Sports Academy

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6014.100	M-F	1:00pm-4:00pm	Jun 29-Jul 3	\$169/\$179

NEW! SKYHAWKS: MINI-HAWK MULTI-SPORT AGES 4-6

This multi-sport program gives participants a positive first step into athletics. Baseball, basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Participants receive a t-shirt and merit award.



INSTRUCTOR: Skyhawks Sports Academy

LOCATION: Community Park, Open Play Area

CLASS #	DAY	TIME	DATES	R/NR FEE
6014.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$169/\$179

ARCHERY

AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

INSTRUCTOR: Rick Harper

LOCATION: Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.100	M-F	8:00-9:30am	Jun 15-Jun 19	\$75/\$85*
6011.101	M-F	10:00-11:30am	Jun 15-Jun 19	\$75/\$85*
6011.102	M-F	8:00-9:30am	Jun 22-Jun 26	\$75/\$85*
6011.103	M-F	10:00-11:30am	Jun 22-Jun 26	\$75/\$85*
6011.104	M-F	8:00-9:30am	Jul 6-Jul 10	\$75/\$85*
6011.105	M-F	10:00-11:30am	Jul 6-Jul 10	\$75/\$85*
6011.106	M-F	8:00-9:30am	Jul 13-Jul 17	\$75/\$85*
6011.107	M-F	10:00-11:30am	Jul 13-Jul 17	\$75/\$85*
6011.108	M-F	8:00-9:30am	Jul 20-Jul 24	\$75/\$85*
6011.109	M-F	10:00-11:30am	Jul 20-Jul 24	\$75/\$85*
6011.110	M-F	8:00-9:30am	Jul 27-Jul 31	\$75/\$85*
6011.111	M-F	10:00-11:30am	Jul 27-Jul 31	\$75/\$85*
6011.112	M-F	8:00-9:30am	Aug 3-Aug 7	\$75/\$85*
6011.113	M-F	10:00-11:30am	Aug 3-Aug 7	\$75/\$85*
6011.114	M-F	8:00-9:30am	Aug 10-Aug 14	\$75/\$85*
6011.115	M-F	10:00-11:30am	Aug 10-Aug 14	\$75/\$85*

*\$15 materials fee due on the first day of class



SKATEBOARDING & SWIM

AGES 5-13



Skateboarders of all levels are invited to come build their ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! Participants will receive an SD Skatelite sticker pack. All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

INSTRUCTOR: SD Skatelite
Andrew Barbosa: Andrew@sdskatelite.com
LOCATION: Community Park, Skate Park

Half Day: Skateboarding

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$165/\$175
6004.101	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$165/\$175
6004.102	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$165/\$175
6004.103	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$165/\$175
6004.104	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$165/\$175

Full Day: Skateboarding & Free Swim

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.105	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$240/\$250*
6004.106	M-F	9:00am-3:00pm	Jun 29-Jul 3	\$240/\$250*
6004.107	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$240/\$250*
6004.108	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$240/\$250*
6004.109	M-F	9:00am-3:00pm	Aug 10-Aug 14	\$240/\$250*

*\$15 materials fee due on the first day of class

SWIM & TENNIS

AGES 8-15

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool!

INSTRUCTOR: Art Christophiades
LOCATION: Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.100	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$150/\$160*
6000.101	M-F	9:00am-3:00pm	Jun 22-Jun 26	\$150/\$160*
6000.102	M-F	9:00am-3:00pm	Jun 29-Jul 3	\$150/\$160*
6000.103	M-F	9:00am-3:00pm	Jul 6-Jul 10	\$150/\$160*
6000.104	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$150/\$160*
6000.105	M-F	9:00am-3:00pm	Jul 20-Jul 24	\$150/\$160*
6000.106	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$150/\$160*
6000.107	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$150/\$160*
6000.108	M-F	9:00am-3:00pm	Aug 10-Aug 14	\$150/\$160*

*\$20 materials fee due on the first day of class



**GWYNN BASEBALL:
YOUTH BASEBALL CAMP**

AGES 7-14

Gwynn Baseball provides a safe, healthy, learning environment for athletes to develop their athletic skills. Participants watch demonstrations by professional staff and partake in drills covering hitting, infield and outfield play, base running, and pitching. Staff are dedicated to providing a fun and stimulating experience that will be remembered for years!

INSTRUCTOR: Gwynn Baseball Staff
LOCATION: Community Park, Ball Field East & West

Full Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.100	M-F	8:00am-2:00pm	Jun 22-Jun 27	\$300/\$310
	SA	10:00am-3:00pm		

Half Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.101	W/F	8:00am-2:00pm	Jun 24, 26, 27	\$225/\$235
	SA	10:00am-3:00pm		

One Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.102	SA	10:00am-3:00pm	Jun 27	\$75/\$85

MASTER SPORTS: ADVENTURE LASERTAG

AGES 8-13

Can you make it through basic training, conquer the obstacle course, and tackle rope swings? Participants learn to work as a team to prepare for new missions: protecting home base, capturing the enemy tank, and rescuing captured teammates! An advanced G14 laser tag system and a playing field that resembles a Hollywood set make this a one-of-a-kind camp experience!

INSTRUCTOR: Master Sports
LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.100	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$225/\$235

MASTER SPORTS: XTREME INDOOR GAMES AGES 6-12

This camp features our most popular game ever invented: Xtreme Dodgeball! Campers will also enjoy classic indoor game favorites like capture the flag, line tag, ultimate football, indoor soccer, kick ball, home run derby and much more! Prepare yourself for an action-packed day of indoor games!

INSTRUCTOR: Master Sports

LOCATION: Twin Peaks Multipurpose Center

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.101	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$160/\$170
6008.102	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$160/\$170

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.103	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$190/\$200
6008.104	M-F	9:00am-3:00pm	Jul 6-Jul 10	\$190/\$200

**MASTER SPORTS: SKILL BUILDER BASKETBALL AGES 6-13**

Build your physical and mental skills with this awesome camp that focuses on basketball essentials, giving every player the tools they need to succeed. This camp is filled with fun drills and games to improve your game. Incorporated into the curriculum is the Fitlight Trainer, to train your brain and your game! Participants are divided into groups by skill and age to maximize their workouts and scrimmages. All participants receive a dri-fit, basketball performance shirt.

INSTRUCTOR: Master Sports

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.105	M-F	9:00am-3:00pm	Jun 22-Jun 26	\$190/\$200
6008.106	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$190/\$200

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.107	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$190/\$200

**NEW! GYMNASTICS AGES 5-13**

This camp combines gymnastics, games, arts and crafts, and group activities that will delight, excite, and motivate your gymnast all summer long! In addition to outstanding basic gymnastics training, participants learn new skills, jump on the trampoline, swing on the bars, balance on the beam, and conquer our G2N Ninja obstacle course and GIANT Warp Wall, all while making new friends! Wear comfortable clothes or a leotard with no snaps, zippers, or buttons.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$200/\$210
6013.101	M-F	12:30-3:30pm	Jun 22-Jun 26	\$200/\$210
6013.102	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$200/\$210
6013.103	M-F	12:30-3:30pm	Jun 29-Jul 3	\$200/\$210
6013.104	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$200/\$210
6013.105	M-F	12:30-3:30pm	Jul 6-Jul 10	\$200/\$210
6013.106	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$200/\$210
6013.107	M-F	12:30-3:30pm	Jul 13-Jul 17	\$200/\$210
6013.108	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$200/\$210
6013.109	M-F	12:30-3:30pm	Jul 20-Jul 24	\$200/\$210
6013.110	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$200/\$210
6013.111	M-F	12:30-3:30pm	Jul 27-Jul 31	\$200/\$210

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.112	M-F	9:00am-3:30pm	Jun 22-Jun 26	\$350/\$360
6013.113	M-F	9:00am-3:30pm	Jun 29-Jul 3	\$350/\$360
6013.114	M-F	9:00am-3:30pm	Jul 6-Jul 10	\$350/\$360
6013.115	M-F	9:00am-3:30pm	Jul 13-Jul 17	\$350/\$360
6013.116	M-F	9:00am-3:30pm	Jul 20-Jul 24	\$350/\$360
6013.117	M-F	9:00am-3:30pm	Jul 27-Jul 31	\$350/\$360

Creative Arts Camps



BEST OF BROADWAY & DISNEY AGES 6-12

Let's perform songs and scenes from your favorite shows! Develop skills in both acting and improv, take a fantastic dance class, and dive into vocal technique. We'll create a script together using our favorite musical theater songs and perform our show on the last day of camp! All participants receive show scripts and CDs.

INSTRUCTOR: Catherine Colby
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.100	M-F	9:00am-2:00pm	Jun 29-Jul 3	\$199/\$209*
5803.101	M-F	9:00am-2:00pm	Jul 27-Jul 31	\$199/\$209*

*\$20 materials fee due on the first day of class

NEW! MOVEMENT BE AGES 7-13

Participants will take self-expression to the next level by exploring their connection to an audience through poetic voice. Alongside our most pressing social issues, participants build the tools they need to become powerful voices for their generation. Through interactive exercises, writing prompts, and spoken word, participants get a firsthand look at how to create astonishing performance poems. If inspired, participants have the opportunity to perform on the last day of camp.

INSTRUCTOR: Movement BE
LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5807.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$125/\$135

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
5807.101	M-F	1:00-4:00pm	Jul 13-Jul 17	\$125/\$135
5807.1012	M-F	1:00-4:00pm	Aug 3-Aug 7	\$125/\$135

CINEMATOGRAPHY

AGES 7-13

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through still-image and short scenes. Participants create a portfolio of visual, non-narrative work by learning key cinematography concepts, such as composition, lighting, color, and tone. Discover the importance of camera angles, shot sizes, and camera movements, and learn basics of Go-Pros®, gimbals, and drones. Digital cameras and equipment provided for camp use.



INSTRUCTOR: Children's Film Academy: Valente Aranda
LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$165/\$175
5806.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$165/\$175

PHOTOGRAPHY

AGES 9-15

Express your creativity through photography! Participants create a portfolio, learning how to organize each picture to fully showcase it. Participants learn about lighting, glare, angles, cropping, framing, editing, and other details that can make a photo the best it can be! Cameras provided for camp use.

INSTRUCTOR: Arimaw Productions: info@arimaw.com
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.100	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$155/\$165

DIGITAL MUSIC CAMP

AGES 9-16

Do you have ideas on how to make current songs sound even more awesome? Make your own rhythm by mixing songs and beats! Participants learn how to use music software, DJ software, and turntables to tweak timing and sound effects. Please Note: songs created at camp are for personal use only.

INSTRUCTOR: Arimaw Productions: info@arimaw.com
LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.101	M-F	1:00-4:00pm	Jul 6-Jul 10	\$140/\$150



Dance Camps

CHEERLEADING, DANCE & TUMBLE

AGES 4-10

Learn the fundamentals of cheerleading and dance technique including: stretches, jumps/kicks, cheers, sideline dances, beginner stunting and tumbling, and a full routine, all of which are performed for families on the last day! FUN cheer-themed arts and crafts include: decorate your own hair bow, cheer camp t-shirt, water bottles, spirit sticks, posters, and more!

INSTRUCTOR: Charlene's Dance & Cheer: charlenesdance.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5703.100	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$160/\$170
5703.101	M-F	1:00-4:00pm	Jul 20-Jul 24	\$160/\$170

DANCE TO EVOLVE: SUPERHEROES HIP HOP

AGES 3-7

It's a bird, it's a plane, it's a dancing superhero! This non-stop camp is catered towards the energy of a hero or heroine! Superheroes show-off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a superhero skit, and games. On Friday, these superheroes show off their awesome powers for family and friends! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.100	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$174/\$184



DANCE TO EVOLVE:

DANCE! DESIGN! DIRECT!

AGES 8-15

Do it all in this unique camp that goes beyond traditional dance camps! We combine dance instruction with creative freedom, allowing participants to be the decision makers by exploring choreography, music selection, show management, and costume design. Participants use teamwork to build confidence and communication skills. On Friday, participants perform for family and friends. Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.101	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$174/\$184

DANCE TO EVOLVE: ROYALTY OF FAIRYLAND

AGES 3-7

Dancing princes and princesses in an enchanted land far, far away! Have a ball in dance camp, a royal tea party for snack time, art projects suited for royalty, and much more! On Friday, participants show off their magical talents to family and friends! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.102	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$174/\$184

DANCE TO EVOLVE: CREATIVE EXPLORERS

AGES 3-7

Your little one will explore the world of dance, music, and art. Camp begins with dance games, exploring music through singing silly songs, and playing all kinds of fun instruments. Camp ends with fun and creative art projects. On Friday, participants show-off their talents and creations for family and friends. Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.103	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$174/\$184

DANCING FAIRYTALE PRINCESSES

AGES 3-8

All dancers in the kingdom are invited to spend a week of dance and enchantment with some of our favorite fairytale princesses! Learn ballet, tap, tumbling, and jazz dances to beloved songs from "Under the Sea" all the way to "Wonderland" and more! A daily royal sparkly craft included. Fairy princess-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress

LOCATION: Ms. Debbora's School of Dance:
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.100	M-F	9:30am-12:00pm	Jul 13-Jul 17	\$125/\$135

MAGICAL FAIRIES AND UNICORNS!

AGES 3-8

Let's dance with fairies and unicorns during this whimsical week of magical fun! We'll tip-toe through the garden, wiggle and tumble with fairies, and twirl and tap with unicorns. A daily "magical" sparkly craft included! Magical fairy and unicorn-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress

LOCATION: Ms. Debbora's School of Dance:
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.101	M-F	9:30am-12:00pm	Jul 27-Jul 31	\$125/\$135



Cooking Camps

TOP CHEF: JUST DESSERTS

AGES 7-12

Cooking Camp has never been more delicious! Participants create amazing desserts from chocolates to frosting and bright colorful ingredients that keep your kids coming back for more. But wait! Before you think this is all about sugar, we'll be incorporating some scrumptious, healthy alternatives, as well. This is a not-to-be-missed camp for anyone who wants to cook the ultimate and final course.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$165/\$175
6700.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$165/\$175

TOP CHEF: COOKING AROUND THE WORLD

AGES 7-12

In this camp, chefs learn how to make several delicious and fun dishes using a wide variety of cooking methods. We explore and learn how to cook foods from different countries and cultures, while also learning about the country's lifestyle.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.102	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$165/\$175
6700.103	M-F	1:00-4:00pm	Aug 10-Aug 14	\$165/\$175

JR. CAKE BOSS

AGES 5-7

This camp is for all the little chefs out there who want to have a blast, eat delicious homemade treats, and exercise their creativity! Participants learn the fundamentals of preparation and decoration of a wide variety of sweet treats - and get to eat them, too!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.104	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$165/\$175



NEW! TEEN TOP CHEF

AGES 13-16

Teens can beat the heat and cook up something to eat! Our teen chefs will learn essential cooking techniques and work alongside peers and instructors to develop new culinary skills! Explore a variety of different cultural flavors, use more diverse kitchenware, and master delicious recipes!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.105	M-F	1:00-4:00pm	Jul 13-Jul 17	\$165/\$175

ITTY BITTY CHEFS

AGES 5-7

Does your little chef look on with envy as people do things in the kitchen? Encourage independence and self-confidence in the kitchen with Itty Bitty Chefs camp! Participants learn how to make a variety of treats that are as delicious as they are easy to make!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.106	M-F	1:00-4:00pm	Jul 27-Jul 31	\$165/\$175

Technology Camps

NEW! HOLLYWOOD SPECIAL EFFECTS AGES 7-13

In this exciting camp, participants learn all about movie magic and how to create special effects! First, learn some cool special effects including: forced perspective, "green screen" technology, CGI, making characters appear and disappear, etc. Then, create an original movie with a special effects feature. Be a part of movie history!

INSTRUCTOR: Movies by Kids
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$165/\$175*

*\$30 materials fee due on the first day of class

NEW! LEGO® STAR WARS ANIMATION AGES 7-13

Take your imagination to a galaxy far, far away... we'll supply the LEGOs® and a wide variety of Star Wars LEGO® minifigures to cast in your very own Star Wars themed movie! Participants lay down a voice-over and choose the perfect music to fit the mood. This class is the ultimate chance to bring your Star Wars LEGO® masterpiece to life using the art of stop-motion animation!

INSTRUCTOR: Movies by Kids
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$165/\$175*

*\$30 materials fee due on the first day of class



NEW! ACTION MOVIE WORKSHOP AGES 7-13

Are you a big fan of fast-paced movies loaded with action-packed scenes? In this exciting workshop, participants write, direct, and produce their own action sequence for the camera featuring stunt-fight training and film choreography. That's not all, wait until your footage hits the editing room where we dub in sizzling sound effects and voice-overs. Lights, camera, ACTION!

INSTRUCTOR: Movies by Kids
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.102	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$165/\$175*

*\$30 materials fee due on the first day of class

NEW! AVENGERS & JUSTICE LEAGUE ANIMATION

AGES 7-13

Are you a fan of the Avengers movies? What about DC Universe movies? We have all those LEGO® characters and more! Join Movies by Kids in this classic mash-up where participants create and animate their own superhero movies using the art of stop-motion animation. By the end of camp, participants will have created their own animated superhero movie!



INSTRUCTOR: Movies by Kids
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.103	M-F	1:00-4:00pm	Jul 20-Jul 24	\$165/\$175*

*\$30 materials fee due on the first day of class

NEW! ADVENTURES IN STEM USING LEGO® AGES 5-9

Bring your craziest ideas to life with tens of thousands of LEGO® parts! Build engineer-designed projects such as chugging steamboats, enchanting moon bridges, and bustling airports. Design and build as never before and explore your craziest ideas.

INSTRUCTOR: Play-Well TEKologies
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.102	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$187/\$197

NEW! MINECRAFT ENGINEERING USING LEGO® AGES 5-9

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a Creeper, lava trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor.

INSTRUCTOR: Play-Well TEKologies
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.103	M-F	1:00-4:00pm	Jul 27-Jul 31	\$187/\$197

NEW! ADVENTURES IN STEM AND MINECRAFT ENGINEERING USING LEGO® COMBO AGES 5-9

Sign up for both Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Play-Well TEKologies
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.104	M-F	9:00am-4:00pm	Jul 27-Jul 31	\$355/\$365

ROBOTICS USING LEGO® WEDO**AGES 7-9**

Build and program robots in this introductory robotics class using the LEGO® WeDo System. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced robotics programs.

INSTRUCTOR: Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.100	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$205/\$215

ROBOTICS USING LEGO® EV3**AGES 10-14**

Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, loops, problem solving, and teamwork skills. Work in groups, program and build your robot, and rise to the challenge! Control the robot to avoid obstacles, move objects, and play sounds.

INSTRUCTOR: Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.101	M-F	1:00-4:00pm	Jul 6-Jul 10	\$205/\$215

NEW! POKEMON ENGINEERING USING LEGO®**AGES 5-9**

Join Ash and Pikachu as you build, capture, train, and explore the vast world of Pokémon. Explore engineering through the fun world of Pokémon as you design your own Poké Balls, explore the Kanto region, and fly with Charizard! with the guidance of a Play-Well instructor.

INSTRUCTOR: Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.105	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$187/\$197

NEW! EWOK ENGINEERING USING LEGO®**AGES 5-9**

Explore the magical forest moon of Endor with the Ewoks. Build your palace in the trees, defend your village from the invading Scouts, and race speeder bikes through the forest. Travel to a galaxy far, far away and hone your engineering skills with the clever Ewoks.

INSTRUCTOR: Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.106	M-F	1:00-4:00pm	Aug 3-Aug 7	\$187/\$197

NEW! POKEMON AND EWOK ENGINEERING USING LEGO® COMBO**AGES 5-9**

Sign up for both Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.107	M-F	9:00am-4:00pm	Aug 3-Aug 7	\$355/\$365

Tap into your imagination with tens of thousands of LEGOs®!

**MOVIE MAKERS****AGES 9-17**

This hands-on, interactive camp instructs participants in the world of digital video design and production. Participants film, direct, and edit their own digital video creations. Get ready to amaze your peers with green screen and special effects skills!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.100	M-TH	9:00am-12:00pm	Jun 15-Jun 18	\$150/\$160*

*\$10 materials fee due on the first day of class

VIDEO GAME DESIGN**AGES 10-17**

This camp provides participants with a fun, interactive look at the world of video game design and development. Participants enrolled in this camp learn the basics of video game design and produce several different interactive video games to share with their friends and family.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.101	M-TH	1:00-4:00pm	Jun 15-Jun 18	\$170/\$180*
6601.102	M-TH	9:00am-12:00pm	Jul 20-Jul 23	\$170/\$180*

*\$10 materials fee due on the first day of class

NEW! 3D GAME DESIGN**AGES 10-17**

Immerse yourself in a 3D world! This camp offers participants an interactive look at the world of 3D video game design and development. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this camp!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.103	M-TH	1:00-4:00pm	Jul 20-Jul 23	\$170/\$180*

*\$10 materials fee due on the first day of class

NEW! VIDEO GAME DESIGN AND 3D GAME DESIGN COMBO**AGES 10-17**

Sign up for both Youth Tech, Inc. camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.104	M-TH	9:00am-4:00pm	Jul 20-Jul 23	\$310/\$320*

*\$10 materials fee due on the first day of class

iCODE AGES 6-12



Participants create virtual apps and write their own programs to share with friends and family. This interactive camp makes learning to code fun and explores problem solving and programming logic.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.105	M-TH	9:00am-12:00pm	Jun 22-Jun 25	\$160/\$170*
6601.106	M-TH	9:00am-12:00pm	Jul 13-Jul 16	\$160/\$170*

*\$10 materials fee due on the first day of class

iGAME CREATORS AGES 6-10

Want to create video games? This is an introductory camp for younger participants who want to learn to build simple video games. This camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun, interactive games!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.107	M-TH	1:00-4:00pm	Jun 22-Jun 25	\$160/\$170*

*\$10 materials fee due on the first day of class

NEW! iCODE AND iGAME CREATORS COMBO AGES 6-12

Sign up for both Youth Tech, Inc. camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.108	M-TH	9:00am-4:00pm	Jun 22-Jun 25	\$300/\$310*

*\$10 materials fee due on the first day of class

IMOBILE GAME DESIGN AGES 6-12



Sketch, build, play! This camp offers participants with a big imagination a place to sketch and build their own video games on a mobile device. If you have a child who loves to play games on an iPad®, this camp will help them engineer and build games on a mobile platform. This cutting-edge camp engages both sides of the brain to create fun, engaging games for a mobile platform. Tablets provided for use during camp.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.109	M-TH	9:00am-12:00pm	Jul 6-Jul 9	\$150/\$160*

*\$10 materials fee due on the first day of class

APPLICATION DESIGN AGES 9-17

This camp offers participants a hands-on look at the world of application design and development. Participants design their own app, which can be shared with friends and family with an Apple or Android device.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.110	M-TH	1:00-4:00pm	Jul 6-Jul 9	\$160/\$170*

*\$10 materials fee due on the first day of class

ROBLOX STUDIO-PROGRAMMING AND GAME DEVELOPMENT AGES 9-15

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. This camp guides participants through concepts such as beginner physics, LUA programming, and game development. Participants build and publish games to share with friends and family!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.111	M-TH	1:00-4:00pm	Jul 13-Jul 16	\$165/\$175*

*\$10 materials fee due on the first day of class

WEB AND GRAPHIC DESIGN AGES 9-17

This camp is an in-depth look at the world of web and graphic design. Participants enrolled in this session learn how to build and publish their own designs, as well as produce a website from start to finish using award-winning suite of products. The learning for this camp does not end at the door! Participants have access to their website with free hosting for one year.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.112	M-TH	9:00am-12:00pm	Jul 27-Jul 30	\$155/\$165*

*\$10 materials fee due on the first day of class

ANIMATION AGES 9-17

In this camp, participants learn the basics of animation and digital design. Anyone who enjoys going to various sites to see fun, interactive animations will love this camp. This camp utilizes award-winning animation software and participants create amazing animations that they can share with the world.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com
LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.113	M-TH	1:00-4:00pm	Jul 27-Jul 30	\$160/\$170*

*\$10 materials fee due on the first day of class

Science Camps

WONDERS! 50 EXPERIMENT SCIENCE CAMPS AGES 4-12

These science camps are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments each camp week!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Lake Poway, Pavilion

Camp 1

Experiments include: build electric bottles, make balloon helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band launcher, design invisible inks, fire rocket cars, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.100	M-TH	9:00am-12:00pm	Jun 15-Jun 18	\$150/\$160*

*\$25 materials fee due on the first day of class

Camp 2

Experiments include: make gold pennies, experiment with glowing rocks and amazing super magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow guns, crush cans with air pressure, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.101	M-TH	1:00-4:00pm	Jun 15-Jun 18	\$150/\$160*

*\$25 materials fee due on the first day of class

Camp 3

Experiments include: make fantastic rockets that shoot over buildings, fire the ultimate candy cannon and fly hot air balloons, concoct incredible super slimes, launch potatoes, make tornados, create ultraviolet light detectors, experiment with dry ice, experiment with the fantastic Wonders! anti-gravity trays, make eerie glow-in-the-dark tubes, build clowns that rise and fall on command, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.102	M-TH	9:00am-12:00pm	Jun 22-Jun 25	\$150/\$160*

*\$25 materials fee due on the first day of class



Camp 4

Experiments include: ride real hovercrafts, write with fascinating invisible inks, grow crystal gardens, steer floating 60-foot solar blimps, make rock board collections, float hot air balloons, launch giant smoke rings 100 feet, set-off the ultimate geysers, build lava lamps, make glow-in-the-dark signs, grow fantastic crystals, cast T-Rex dinosaur fossils, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.103	M-TH	1:00-4:00pm	Jun 22-Jun 25	\$150/\$160*

*\$25 materials fee due on the first day of class

Camp 5

Experiments include: build planes that fly over tall buildings, make wolf tooth necklaces, create glow-in-the-dark styrofoam, form amazing super-balls, create foot-long lightning balls, do never-seen-before dry ice experiments, construct electric buzzers and switches, build incredible candles, fire marshmallow cannons, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.104	M-TH	9:00am-12:00pm	Jun 29-Jul 2	\$150/\$160*

*\$25 materials fee due on the first day of class

Camp 6

Experiments include: ride real hovercrafts, launch amazing water rockets, fire balloon rockets, collect fossils, make amazing plaster animal footprints, make camera paper, build crystals, split water, make penny centrifugal experiments, create foot-long lighting balls, split light, launch rockets, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.105	M-TH	1:00-4:00pm	Jun 29-Jul 2	\$150/\$160*

*\$25 materials fee due on the first day of class

Camp 7

Experiments include: collect alligator bones, make 3D glow-in-the-dark crystals, experiment with amazing piezoelectricity, make a candle collection, dig real fossils, experiment with lasers and fiber-optics, create amazing bouncing slimes, work fascinating UV experiments, fire the incredible wonders launcher, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.106	M-TH	9:00am-12:00pm	Jul 6-Jul 9	\$150/\$160*

*\$25 materials fee due on the first day of class

WONDERS! NASA ROCKET CAMP!

AGES 4-12

Join Wonders! Science in an unforgettable exploration of the furthest reaches of the universe! Build and launch a nearly three-foot tall rocket, experiment with the actual conditions found on the planets (super-cooled air and frozen gases), make paper airplanes that soar over buildings, fire turbo-charged rocket cars, launch a 60-foot solar blimp, eat astronaut treats, and much more!

INSTRUCTOR: Wonders! Science and Math

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.107	M-TH	1:00-4:00pm	Jul 6-Jul 9	\$150/\$160*

*\$25 materials fee due on the first day of class

Amazing Science: Participants will take home two projects each day.

NEW! AMAZING SCIENCE: STAR WARS SCIENCE

AGES 5-10

Feel the power of the force with the science behind Star Wars: light energy, flight forces, crystals, star constellations, robots, and plasma energy! Make mini jet fighters, constellation viewers, walking robots, magnet Jedi fighters, a light-saber, and more! Students of the Force use their learned science skills to perfect their Jedi Knight training skills.



INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$185/\$195*

*\$30 materials fee due on the first day of class

AMAZING SCIENCE: ROBOTIC ROBOTS

AGES 5-10

Calling all Robot Scientists! Come explore the world of robots: their parts, types, and functions as participants create their own walking robot, sketchbot, spinning robot, brushbot, a motorized robot, and more!

INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$185/\$195*

*\$30 materials fee due on the first day of class

AMAZING SCIENCE: SUPER STEM SCIENCE

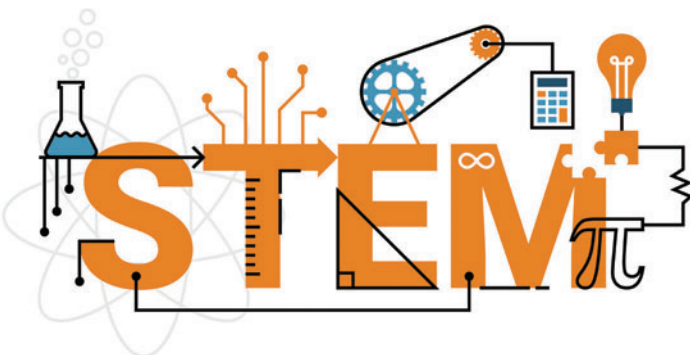
AGES 5-10

Participants enter the cool world of STEM as they learn about robotics, engineering, coding, animation, and inventions! They put STEM science to the test as they create their own robot, bridge, LEGO® WeDo creation, animation wheel, an invention, and more!

INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.102	M-F	1:00-4:00pm	Jul 20-Jul 24	\$185/\$195*

*\$30 materials fee due on the first day of class



NEW! AMAZING SCIENCE: ENGINEERING SCIENCE

AGES 5-10

Campers become real engineers as they learn and apply the engineering design process! Create and build bridges, marble roller coasters, catapults, robots, Lunar Landers, drag racers, and more! Test the durability of your designs, make improvements, and continue to enhance your ingenuity at home with your projects!

INSTRUCTOR: Gina Brown
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.103	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$185/\$195*

*\$30 materials fee due on the first day of class

NEW! AMAZING SCIENCE: INVENTOR'S WORKSHOP

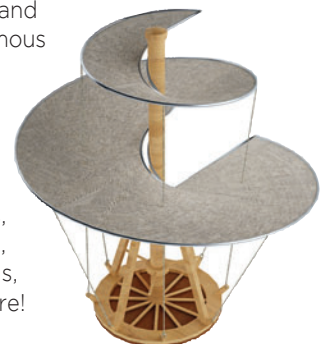
AGES 5-10

Become a real inventor by learning and modeling after some of the most famous creators and their life-changing inventions. Explore the investigation design process and what it takes to have a patented trademark. Amaze friends and family with a variety of incredible inventions: airplanes, cars, flashlights, buzzers, robots, rockets, roller coasters, catapults, Tesla Coils, one invention of your own, and more!

INSTRUCTOR: Gina Brown
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.104	M-F	1:00-4:00pm	Jul 27-Jul 31	\$185/\$195*

*\$30 materials fee due on the first day of class



Special Interest Camps

AERIAL AND PARKOUR AGES 6-16

Come learn the latest trends in fun and fitness: aerial and parkour! Work with instructors on aerial silks, aerial hoops, and trapeze, along with free-running and parkour moves in a safe and progressive manner. Activities are designed to build strength, agility, confidence, and flexibility! Participants show-off what they've learned to their families in a Friday performance.

INSTRUCTOR: De Leon Dynamics

LOCATION: De Leon Dynamics:
12335 World Trade Drive, Suite 8, San Diego

CLASS #	DAY	TIME	DATES	R/NR FEE
5901.100	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$295/\$305

FORT BUILDING AGES 6-13

Fort Building Camp lets participants use their creativity and problem-solving skills as they work in teams to build forts to survive the environment of the day. Participants are instructed on various types of knots and other building techniques to increase their odds of success in the environment challenges!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.100	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$160/\$170

FISHING AGES 8-12



Participants learn the fundamentals of fishing: how to put together the best line for the location and desired catch; how to safely handle a rod for your sake and those around you; and little tricks that better your chances of catching a fish! Don't have your own rod? No problem! While we encourage participants to bring their own rod, hooks, and other fishing gear, equipment is provided for camp use.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.101	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$150/\$160
5900.102	M-F	1:00-4:00pm	Aug 3-Aug 7	\$150/\$160

NEW! BASIC WOODSHOP AGES 7-12

Participants learn how to use basic tools to make wonderful hand-crafted items such as book ends, tool boxes, bird houses, and more. All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.103	M-F	1:00-4:00pm	Jun 29-Jul 3	\$160/\$170

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.104	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$160/\$170

ZOOKEEPER AGES 6-13

We share the earth with some really amazing animals! Jr. Zookeeper participants learn to love and appreciate some fascinating creatures found in our world. Build habitats, prepare diets, and get the unique opportunity to meet many of our animal companions. A perfect camp for nature lovers and future zoo keepers!



INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.105	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$175/\$185

SMASH LAB CAMP AGES 7-14

Work as a team to put together a variety of electronics and other structures and witness what happens when you SMASH them! Drop eggs, feathers, melons, and more, just to see what happens! This camp is the perfect combination of fun and learning for anyone interested in how things work. Please wear clothes you don't mind getting messy.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.106	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$160/\$170

INTRODUCTION TO MYSTERIES OF MAGIC AGES 6-13

Learn all the skills you need to mystify an audience like a true Magician! Participants are introduced to the arts of illusion, mind reading, prestidigitation, and sleight of hand! Unlock the powers of your voice, your hands, and your mind. On Friday, we put on a Magic Show!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.107	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$145/\$155

RADICAL REPTILES & FRIENDS**AGES 5-11**

Join Radical Reptiles & Friends for an introduction to various live animals including reptiles, amphibians, arachnids, insects, invertebrates, and more! As participants explore the animal kingdom, hands-on experiences are enhanced by art, games, and projects. Participants also explore some of the natural wildlife around us!

INSTRUCTOR: Radical Reptiles & Friends, John Taibe**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5902.100	M-F	1:00-4:00pm	Aug 3-Aug 7	\$200/\$210

CHALLENGE ISLAND: SLIME SQUAD**AGES 6-12**

Are you slime crazy? Do you love making squishy, squeezey stuff in addition to making rockets and landers, blasters and skyscrapers? Then this camp is the place for you! You and a tribeful of friends dive into a new slime-filled world each day from alien ooze, to ghostly goo, to monster muck and lava, too! No matter how you stretch it, this camp promises to be a STEAM-riffic adventure of a lifetime.

INSTRUCTOR: Challenge Island**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$179/\$189*

*\$20 materials fee due on the first day of class

NEW! CHALLENGE ISLAND: MINE ISLAND**AGES 6-12**

Grab your pickaxe and dig in the most exciting summer camp on the block! We'll swap computers for creativity, and keyboards for ingenuity and imagination as our STEAM-sational tribes teleport into action-packed Mine Island® hotspots. It's no wonder this camp is a kids' choice favorite!

INSTRUCTOR: Challenge Island**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$179/\$189*

*\$20 materials fee due on the first day of class

NEW! CHALLENGE ISLAND: ROAD TRIP USA**AGES 6-12**

Pack your suitcases for a cross-country STEAM adventure! From the Statue of Liberty to Yosemite to the Colorado Rockies to the Hawaiian Volcanoes, and more, play and engineer your way coast to coast with your tribe! This imagination-fueled, engineering-filled excursion promises to be a grand tour!

INSTRUCTOR: Challenge Island**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.102	M-F	1:00-4:00pm	Jul 6-Jul 10	\$179/\$189*

*\$20 materials fee due on the first day of class

NEW! CHALLENGE ISLAND: SLIME-TOPIA**AGES 6-12**

Introducing a brand new ooey, gooey, squishy, squashy, slime-drenched camp extravaganza! Learn the science behind the slime while you make different kinds of the addictively playful polymer. From butter to bubble; crunchy to munchy; and fluffy to foamy; we've got you and your tribe covered (in slime, that is)! Don't miss out!

INSTRUCTOR: Challenge Island**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.103	M-F	1:00-4:00pm	Jul 13-Jul 17	\$179/\$189*

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.104	M-F	1:00-4:00pm	Aug 10-Aug 14	\$179/\$189*

*\$20 materials fee due on the first day of class

NEW! CHALLENGE ISLAND: STEAM ACROSS THE GALAXY**AGES 6-12**

3-2-1 Blast off! Soar through the universe with a tribe full of astronaut friends! Learn the spectacular science of space while taking on a galaxy of cosmically-cool challenges: from Rocket Launch Day to Planets Day to Aliens Day, and more. Don't miss out on an out-of-this-world Challenge Island adventure!

INSTRUCTOR: Challenge Island**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.105	M-F	1:00-4:00pm	Aug 3-Aug 7	\$179/\$189*

*\$20 materials fee due on the first day of class



Challenge Island is where engineering meets imagination!

Art Camps

ART START

AGES 7-14

Enjoy a week packed full of art in the most creative camp ever! Load up your provided sketchbook with fabulous drawings, create a mask cast from your own face, work with clay, tie-dye t-shirts, and explore a variety of media in a fun, relaxed atmosphere!

Full-day camp is designed for the enthusiastic student with a passion for art. In addition to enjoying all the activities of the half-day camp, full-day campers have the opportunity for more one-on-one instruction and more complex art projects.



All quality art materials are provided.

Campers should bring a healthy snack each day (full-day campers bring a lunch, as well) and a cotton t-shirt to the first class. Lessons will repeat from week to week.

INSTRUCTOR: Susan Bainbridge: artstart1.com

LOCATION: Old Poway Park, Great Room

Half Day: Ages 7-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.100	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$155/\$165*
6500.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$155/\$165*
6500.102	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$155/\$165*
6500.103	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$155/\$165*

*\$45 materials fee due on the first day of class

Full Day: Ages 8-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.104	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$280/\$290*
6500.105	M-F	9:00am-3:00pm	Jul 20-Jul 24	\$280/\$290*
6500.106	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$280/\$290*
6500.107	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$280/\$290*

*\$65 materials fee due on the first day of class

ARTVENTURE: MERMAID WISHES AND FISH KISSES

AGES 4-6



Visit a magical world under the sea where mermaids and their sea friends play all day long! Paint, print, watercolor, collage, and design a dreamy underwater world in this camp devoted to the beautiful sea!

Along the way, participants play games, sing songs, and read tales of mermaid adventures. All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$189/\$199

NEW! ARTVENTURE: ARTMAZING ART

AGES 7-12

Make amazing art with clay, paints, inks, watercolors, and more! Explore various art mediums, learn new techniques, and be amazed at your talent in this super fun camp for kids who love to create! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.101	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$189/\$199
6501.102	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$189/\$199

NEW! ARTVENTURE: SQUISH, SQUIGGLE, SPLAT

AGES 4-6

Stamp, stick, sculpt, paint, and print in this crazy, silly fun camp! With a new theme each day, you're in for a week full of surprises and smiles! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.103	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$189/\$199

NEW! ARTVENTURE: ART EXPLOSION

AGES 7-12

Art is everywhere! Artists and art styles from around the world inspire our sculptures, canvas paintings, drawings, designs, and prints. Create a masterpiece (or two!) each day as we embark on our artistic adventure! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.104	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$189/\$199



NEW! ARTVENTURE: SUPER SUMMER STORIES

AGES 4-6

Everyone loves a good story! We paint, print, draw, sculpt, stamp, and create in this multi-media storybook art camp inspired by all of our favorites. Join us for a silly, funny, crazy literary art adventure! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.105	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$189/\$199

NEW! ARTVENTURE: MY SEA FRIENDS & ME AGES 4-6

Meet sea turtles, sharks, stingrays, sea stars, and more in this art camp devoted to the underwater world! Join us as we paint, print, collage, stamp, stick, and sculpt to create artwork inspired by our ocean environment! Have a whale of a time! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.107	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$189/\$199

ARTVENTURE: PIRATE ADVENTURE AGES 4-6

Ahoy Mateys! Come aboard as we travel to Pirate Island where we'll find treasure chests, sandy beaches, and colorful parrots! Create treasure maps, golden doubloons, sea monsters, ships, and more! Along the way, play games, sing songs, read pirate stories, and hunt for treasure! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.108	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$189/\$199

**ARTVENTURE: OOEY GOOEY ICKY STICKY ART** AGES 4-6

Smush, mush, smash, and mash! Make a mess and don't clean it up! Experiment with all kinds of unusual materials to create colorful and creative works of art. Explore sculpture, painting, printing, and more as we celebrate our creativity! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Parlour

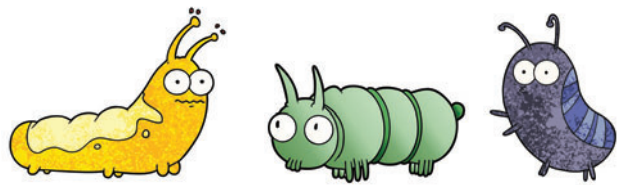
CLASS #	DAY	TIME	DATES	R/NR FEE
6501.109	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$189/\$199

NEW! ARTVENTURE: UNICORNS, FAIRIES, & DRAGONS AGES 4-6

Magical, mythical creatures are the inspiration for our creations! Paint and print, design and decorate, and let your imagination run wild in this multi-media art camp full of stories, games, and surprises! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.110	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$189/\$199

**ARTVENTURE: BUGS AND BUTTERFLIES** AGES 4-6

Explore nature through sculpture, painting, printing, collage, drawing, and much more! We use all kinds of art media to create stick bugs and "ick" bugs, as well as beautiful butterflies and shiny beetles! Join us as we design a garden of wonderful creatures! Along the way, play games, read stories, sing buggy songs, and have a great time buzzing around! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.111	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$189/\$199

ARTVENTURE: ART PALOOZA AGES 7-12

Paint, sculpt, draw, watercolor, collage, print, and design! It's all about crazy creativity in this multi-media camp. Release your inner artist and have a blast! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.112	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$189/\$199

NEW! YOUNG REMBRANDTS: ANIME & MANGA DRAWING AGES 6-12

Join us for five, action-packed days as students create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off of the page! Create drawings that emulate the popular anime and manga art styles. Don't miss out!

INSTRUCTOR: Young Rembrandts**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6506.100	M-F	1:00-4:00pm	Jul 6-Jul 10	\$150/\$160*

*\$20 materials fee due on the first day of class

NEW! YOUNG REMBRANDTS: CARTOON ZOO AGES 6-12

Do you love animals? Join us for a trip through the zoo as we learn to cartoon a variety of animals. Learn cartoon expressions, movement, exaggeration, and sequencing to tell a joke while drawing giraffes, elephants, bears, monkeys, and more! Participants will complete several cartoon drawings each day. Materials used include pencils, Sharpies, and markers.

INSTRUCTOR: Young Rembrandts**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6506.101	M-F	1:00-4:00pm	Aug 10-Aug 14	\$120/\$130*

*\$20 materials fee due on the first day of class



SUMMER CLASSES

Registration Begins May 26 at 7:30am

Preschool Activities

TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere! Participants learn concepts such as letters, numbers, writing, math skills, social skills, and more! Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

INSTRUCTOR: Charlene Donovan

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.100	TU/TH	9:00am-12:00pm	Aug 18-Sep 10	\$189/\$199*

*\$10 materials fee due on the first day of class

PARENT AND ME LEARNING ADVENTURES

AGES 1.5-3

Engage in circle time, songs, social interaction, motor skills, storytime, and arts and crafts! This class is designed to make learning fun and introduce the idea of "preschool" to your child! Adult participation required per each child.

INSTRUCTOR: Charlene Donovan

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.101	F	9:30-10:30am	Aug 21-Sep 11	\$60/\$70

Dance

Try high-quality, fun Dance To EvOLvE classes without obligation on June 24. Liability waiver required.

BEAT BREAKERS & HIP HOP

AGES 4-12

Try it before you buy it!

These fun, high-energy classes will definitely have you movin' to the beats! Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated... these classes are great for those who want to enhance their hip hop

groove. All music and moves are age appropriate.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

Beat Breakers

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.100	4-7	W	4:30-5:25pm	Jun 24-Aug 19	\$153/\$163

Hip Hop

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.101	8-12	W	5:30-6:25pm	Jun 24-Aug 19	\$153/\$163

Health & Wellness

PIYO LIVE

AGES 14+

PiYo LIVE brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity! When you're done, you'll feel exhilarated!

INSTRUCTOR: Brent Garriepy

LOCATION: Old Poway Park, Templars Hall

NO CLASS: Sep 7

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.100	M/TH	6:30-7:30pm	Aug 17-Sep 10	\$63/\$73

POUND

AGES 13+

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythms and motions of drumming. POUND uses slightly-weighted drumsticks to provide an effective way to work out, relieve stress, and have fun. Yoga mats are required.

INSTRUCTOR: Brittanie Arnett

LOCATION: Old Poway Park, Templars Hall

NO CLASS: July 2, 7, & 9

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.100	TU	5:30-6:15pm	Jun 23-Sep 8	\$88/\$98
1608.101	TH	5:30-6:15pm	Jun 25-Sep 10	\$80/\$90

BEGINNING GENTLE YOGA

AGES 18+

Make yoga an integrated part of your life and watch yourself grow stronger physically, mentally, and emotionally. Enjoy yoga with creative and innovative sequencing, a spirit of playfulness, and a dose of inspiration to help you deepen your practice. Step off the mat feeling refreshed, nourished, and balanced. Bring a yoga mat, small blanket or beach towel, and water.

INSTRUCTOR: Yoga Rejoice, Darshan Kaur

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.100	W	6:00-7:30pm	Jun 24-Sep 9	\$108/\$118

NEW! MEDITATION & RELAXATION YOGA

AGES 18+

Make meditation and relaxation an integral part of your life and watch yourself turning calm, tranquil, and peaceful. If done regularly, these practices can improve one's mood and aid in decision-making, reasoning, and self-control. The consistency of meditation and relaxation can lead to a deeper awareness.

INSTRUCTOR: Yoga Rejoice, Darshan Kaur

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.101	TU	6:30-7:30pm	Jun 23-Sep 8	\$108/\$118

Art

GET SMART WITH ART

AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

INSTRUCTOR: Ms. Vivian

LOCATION: Living Way Church: 13609 Twin Peaks Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.100	M	10:00-10:45am	Jun 22-Jul 20	\$65/\$75
2505.101	M	10:00-10:45am	Jul 27-Aug 24	\$65/\$75

Sports

SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field
SATURDAY: Community Park, Open Play Area

NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.100	W	4:00-4:30pm	Jul 1-Aug 26	\$135/\$145*
2010.101	SA	9:00-9:30am	Jun 27-Aug 29	\$135/\$145*

*\$30 materials fee due on the first day of class

SOCCER SHOTS CLASSIC

AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field
SATURDAY: Community Park, Open Play Area

NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.102	W	4:35-5:20pm	Jul 1-Aug 26	\$135/\$145*
2010.103	SA	9:35-10:20am	Jun 27-Aug 29	\$135/\$145*
2010.104	SA	10:30-11:15am	Jun 27-Aug 29	\$135/\$145*

*\$30 materials fee due on the first day of class

GYMNASTICS: CRAWLING TO WALKING

CRAWLING-1.5

Enjoy quality time while introducing fun and developmentally-stimulating activities such as rolling, hand-eye coordination, social skills, and more! We use movement concepts such as over and under, going in and out of tunnels, log rolling, and more! Wear comfortable clothes with no snaps, zippers, or buttons. Adult participation is required per each child.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

NO CLASS: Jul 2 & Sep 3

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.100	TH	11:15-11:45am	Jun 25-Sep 10	\$10/\$20

GYMNASTICS: MOM & TOT

AGES WALKING-3.5

This class is designed for toddlers and an adult to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently. Adult participation is required per each child.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

NO CLASS: Jul 2 & 4 & Sep 3 & 5

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.101	TH	10:45-11:15am	Jun 25-Sep 10	\$180/\$190*
2013.102	SA	8:30-9:00am	Jun 27-Sep 12	\$180/\$190*

*\$10 materials fee due on the first day of class

TAEKWONDO & KARATE

AGES 5+

You'll learn Taekwondo kicks, blocks, and punches while incorporating Hapkido (joint locking techniques). A white Taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Grandmaster Wolpert: (858) 748-1333

LOCATION: Meadowbrook Gymnasium

NO CLASS: Sep 2

BELT TESTING: Aug 28 - participants will be notified if attendance is required.

Try it before you buy it!

Youth/Teen Taekwondo & Karate

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.100	5-8	TU/W/F	5:15-6:15pm	Jun 23-Sep 11	\$99/\$109
2001.101	9-15	TU/W/F	6:15-7:15pm	Jun 23-Sep 11	\$99/\$109

Adult Taekwondo & Karate

This is a complete martial arts program designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.102	16+	TU/W	6:15-7:15pm	Jun 23-Sep 11	\$99/\$109
		F	6:15-7:45pm		

YOUTH VOLLEYBALL

AGES 9-14

Looking for a fun sport? Come and play volleyball on Monday nights! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

INSTRUCTOR: David Claycomb

LOCATION: Meadowbrook Gymnasium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.100	9-12	M	5:30-6:30pm	Jun 22-Aug 10	\$65/\$75
2002.101	12-14	M	6:30-7:30pm	Jun 22-Aug 10	\$65/\$75

ADULT VOLLEYBALL**AGES 16+**

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and Women's: past volleyball experience is strongly recommended. Advanced: past league experience is required.

INSTRUCTOR: Dick Leatherman**LOCATION:** Twin Peaks Multipurpose Center**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.100	Men	TH	6:30-9:30pm	Jul 2-Aug 27	\$70/\$80
2005.101	Women	TH	6:30-9:30pm	Jul 2-Aug 27	\$70/\$80

Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.102	Men	TU	6:30-9:30pm	Jun 30-Aug 25	\$70/\$80
2005.103	Women	TU	6:30-9:30pm	Jun 30-Aug 25	\$70/\$80

Women

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.104	Women	M	6:30-9:30pm	Jun 29-Aug 24	\$70/\$80

SKATEBOARDING: BEGINNER**AGES 6-13**

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.100	W	5:00-6:00pm	Jun 24-Jul 29	\$90/\$100
2004.101	W	5:00-6:00pm	Aug 5-Sep 9	\$90/\$100

SKATEBOARDING: INTERMEDIATE/ADVANCED**AGES 6-13**

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife, Andrew Barbosa:
Andrew@sdskatelife.com**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.102	W	4:00-5:00pm	Jun 24-Jul 29	\$90/\$100
2004.103	W	4:00-5:00pm	Aug 5-Sep 9	\$90/\$100

**TENNIS****AGES 6-15**

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

**INSTRUCTOR:** Art Christophiades**LOCATION:** Community Park, Tennis Courts**NO CLASS:** Jul 4**Beginner**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.100	8-14	TU/TH	4:00-5:00pm	Jun 23-Jul 23	\$70/80
2000.101	6-8	SA	9:00-10:00am	Jun 27-Aug 1	\$35/\$45
2000.102	8-14	SA	10:00-11:00am	Jun 27-Aug 1	\$35/\$45
2000.103	8-14	TU/TH	4:00-5:00pm	Aug 4-Sep 3	\$70/80
2000.104	6-8	SA	9:00-10:00am	Aug 8-Sep 5	\$35/\$45
2000.105	8-14	SA	10:00-11:00am	Aug 8-Sep 5	\$35/\$45

Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.106	8-14	TU/TH	5:00-6:00pm	Jun 23-Jul 23	\$70/80
2000.107	8-14	SA	11:00am-12:00pm	Jun 27-Aug 1	\$35/\$45
2000.108	8-14	TU/TH	5:00-6:00pm	Aug 4-Sep 3	\$70/80
2000.109	8-14	SA	11:00am-12:00pm	Aug 8-Sep 5	\$35/\$45

Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.110	9-15	M/W	4:00-5:30pm	Jun 22-Jul 22	\$90/\$100
2000.111	9-15	M/W	4:00-5:30pm	Aug 3-Sep 2	\$90/\$100

LEARN TO ICE SKATE**AGES 3-16**

Our fun, introductory classes teach basic skating skills such as: how to properly fall down and get up, forward and backward skating, and stopping. Whether your desire is to master basic skating skills, play ice hockey, or figure skate, this class is the first step! Skate rental is included, and skaters can practice at our public session on the day of their class.

INSTRUCTOR: The Rinks - Poway ICE**LOCATION:** The Rinks - Poway ICE: 12455 Kerran Street #100**Tiny Tots**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.100	3-5	W	5:25-5:55pm	Jun 24-Jul 15	\$60/\$70
2012.101	3-5	W	5:25-5:55pm	Aug 19-Sep 9	\$60/\$70

Youth

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.102	6-16	W	5:25-5:55pm	Jun 24-Jul 15	\$60/\$70
2012.103	6-16	W	5:25-5:55pm	Aug 19-Sep 9	\$60/\$70

Safety Training

NEW! CHILD & BABYSITTING SAFETY AGES 10-17

This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities! Topics include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants will receive a Babysitting Certificate from the American Heart Safety Institute and a Pediatric CPR participant card.

INSTRUCTOR: Lockhart Training
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.100	SA	9:30am-1:30pm	Jul 11	\$59/\$69*

*\$10 materials fee due on the first day of class

NEW! WOMEN'S SELF-DEFENSE AGES 16+

Stay safe and improve self-confidence by knowing what to look for and how to avoid dangerous situations. Participants learn ways to easily escape from an assailant, basic striking techniques, and vulnerable targets that will enable you to effectively stop your attacker. Wear comfortable, loose-fitting clothes, and tennis shoes.

INSTRUCTOR: Grandmaster Wolpert: (858) 748-1333
LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
2101.100	SA	10:00-11:30am	Jun 27	\$25/\$35

Open Play Sports

OPEN PLAY SPORTS ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge. During the summer months, free open gym times are as follows:

Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Pickleball	SA	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU/W	7:30-9:30pm
Open Basketball	TH	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at poway.org/gyms.

Special Needs

BOWLING AGES 13+

This class provides unlimited fun for everyone! Awards and a party conclude the last class. If your participant needs one-to-one attention, has behavioral issues or special needs, please provide a description to the instructor. Depending on the circumstances, an aide may be required. All participants must be picked up by 3:30pm.

INSTRUCTOR: Sarah Gana-D'Agostino
LOCATION: Poway Fun Bowl: 12941 Poway Road

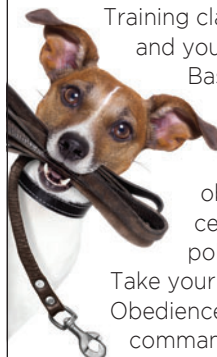
CLASS #	DAY	TIME	DATES	R/NR FEE
2200.100	F	1:30-3:30pm	Jun 26-Aug 28	\$40/\$50*

*An \$8 class fee is collected at the bowling alley each week

Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

TRAINING CLASSES DOGS 12 WEEKS+



Training classes are the best thing you can do for you and your dog! Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called.

Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

INSTRUCTOR: Good Dog Training School, Lynne Moore
LOCATION: **TUESDAY:** Old Poway Park, Gazebo
WEDNESDAY: Community Park, Dog Pen 2
SATURDAY: Garden Road Park, Open Area

Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.100	TU	6:30-7:30pm	Jun 23-Jul 28	\$95/\$105*
2300.101	SA	9:30-10:30am	Jun 27-Aug 1	\$95/\$105*
2300.102	TU	6:30-7:30pm	Aug 4-Sep 8	\$95/\$105*
2300.103	SA	9:30-10:30am	Aug 8-Sep 12	\$95/\$105*

*\$25 materials fee due on the first day of class

Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.104	SA	10:45-11:45am	Jun 27-Aug 1	\$95/\$105
2300.105	SA	10:45-11:45am	Aug 8-Sep 12	\$95/\$105

Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.106	W	6:30-7:30pm	Jun 24-Jul 29	\$95/\$105
2300.107	W	6:30-7:30pm	Aug 5-Sep 9	\$95/\$105

Swim Classes

Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683 prior to the start of the class to ensure that you are not dropped.

Waitlists

Can't find space in the class you're looking for? Contact us at (858) 668-4680 or via e-mail at swimwaitlist@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

Swim Lesson Assessments

If you are unsure which level to enroll in, make an appointment to have a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

PRIVATE LESSONS

ALL AGES

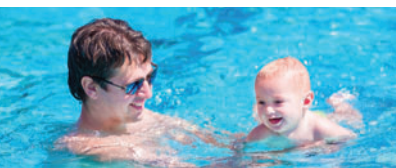
Private lessons are tailored to the individual's ability and desired skills. Must register for a minimum of four classes. Lessons are 30 minutes each. Registration takes place in person at the Swim Center and is available on a first-come, first-serve basis. Children under the age of three may be required to have an adult in the water.

INFORMATION: (858) 668-4680

DAY	R/NR FEE
M-TH, SA	\$30/\$42 per lesson

PARENT & CHILD

AGES 6-23 MONTHS



Introduces your child to the water and basic water skills. An adult **must** accompany each child in the water. Does not teach children to be accomplished swimmers or survival skills.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 2				
0010.120	M-W	12:00-12:30pm	Jun 29-Jul 1, Jul 6-8	\$45/\$67

Session 4				
0010.140	M-W	12:00-12:30pm	Jul 27-29 & Aug 3-5	\$45/\$67

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0010.160	M/W	5:45-6:15pm	Jun 15-Jul 1	\$45/\$67

Session 4				
0010.190	TU/TH	5:45-6:15pm	Jul 14-Jul 30	\$45/\$67

PRE-GRUNION

AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. An adult **must** accompany each child in the water.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0020.110	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90

Session 2				
0020.120	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90

Session 3				
0020.130	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90

Session 4				
0020.140	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0020.160	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90

Session 2				
0020.170	TU/TH	6:30-7:10pm	Jun 16-Jul 9	\$60/\$90

Session 3				
0020.180	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90

Session 4				
0020.190	TU/TH	6:30-7:10pm	Jul 14-Aug 6	\$60/\$90

GRUNION 1

AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90

0101.111	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0101.112	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90

Session 2				
0101.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0101.121	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90

0101.122	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90
0101.123	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90

Session 3				
0101.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0101.131	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90

0101.132	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90
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Session 4				
0101.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0101.141	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90
0101.142	M-TH	11:00-11:40am	Jul 27-Aug 6	\$60/\$90

GRUNION 1, continued

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.160	M/W	5:45-6:25pm	Jun 15-Jul 8	\$60/\$90
0101.161	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0101.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
0101.171	TU/TH	6:30-7:10pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0101.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
0101.181	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0101.190	TU/TH	5:45-6:25pm	Jul 14-Aug 6	\$60/\$90
0101.191	TU/TH	6:30-7:10pm	Jul 14-Aug 6	\$60/\$90

GRUNION 2

AGES 3-5

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90
0102.111	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0102.112	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90
0102.113	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90
Session 2				
0102.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0102.121	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
0102.122	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90
0102.123	M-TH	11:50am-12:30pm	Jun 29-Jul 9	\$60/\$90
Session 3				
0102.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0102.131	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90
0102.132	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90
0102.133	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90
Session 4				
0102.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0102.141	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90
0102.142	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90
0102.143	M-TH	11:00-11:40am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.160	M/W	5:45-6:25pm	Jun 15-Jul 8	\$60/\$90
0102.161	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0102.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
0102.171	TU/TH	6:30-7:10pm	Jun 16-Jul 9	\$60/\$90



GRUNION 2, continued

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 3				
0102.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
0102.181	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0102.190	TU/TH	5:45-6:25pm	Jul 14-Aug 6	\$60/\$90
0102.191	TU/TH	6:30-7:10pm	Jul 14-Aug 6	\$60/\$90

GRUNION 3

AGES 3-5

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should be comfortable in at least four feet of water.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90
0103.111	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90
0103.112	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90
Session 2				
0103.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0103.121	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
0103.122	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90
Session 3				
0103.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0103.131	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90
Session 4				
0103.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0103.141	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90
0103.142	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.160	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90
0103.161	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0103.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0103.180	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0103.190	TU/TH	6:30-7:10pm	Jul 14-Aug 6	\$60/\$90
0103.191	TU/TH	7:15-7:55pm	Jul 14-Aug 6	\$60/\$90



OTTER PUP

AGES 3-5

This class is for swimmers that are ready to move on to the Otter level but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.110	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
Session 2				
0104.120	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90
Session 3				
0104.130	M-TH	11:50am-12:30pm	Jul 13-23	\$60/\$90
Session 4				
0104.140	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.160	M/W	5:45-6:25pm	Jun 15-Jul 8	\$60/\$90
Session 3				
0104.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0104.190	TU/TH	7:15-7:55pm	Jul 14-Aug 6	\$60/\$90

STARFISH

AGES 6-11

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90
0201.111	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0201.112	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90
Session 2				
0201.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0201.121	M-TH	11:50am-12:30pm	Jun 29-Jul 9	\$60/\$90
Session 3				
0201.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0201.131	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90
0201.132	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90
Session 4				
0201.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0201.141	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90

STARFISH, continued

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.160	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0201.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
0201.171	TU/TH	7:15-7:55pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0201.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
0201.181	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0201.190	TU/TH	5:45-6:25pm	Jul 14-Aug 6	\$60/\$90

SEAHORSE

AGES 6-12

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90
0202.111	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0202.112	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90
Session 2				
0202.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0202.121	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
0202.122	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90
Session 3				
0202.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0202.131	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90
0202.132	M-TH	11:50am-12:30pm	Jul 13-23	\$60/\$90
Session 4				
0202.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0202.141	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.160	M/W	5:45-6:25pm	Jun 15-Jul 8	\$60/\$90
0202.161	M/W	6:30-7:10pm	Jun 15-Jul 8	\$60/\$90
0202.162	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0202.170	TU/TH	6:30-7:10pm	Jun 16-Jul 9	\$60/\$90
0202.171	TU/TH	7:15-7:55pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0202.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
0202.181	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0202.190	TU/TH	5:45-6:25pm	Jul 14-Aug 6	\$60/\$90
0202.191	TU/TH	7:15-7:55pm	Jul 14-Aug 6	\$60/\$90

OTTER AGES 6-14

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, passing the Swim Test, and introduces the deep end.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.110	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0203.111	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90
0203.112	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90

Session 2				
0203.120	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
0203.121	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90
0203.122	M-TH	11:50am-12:30pm	Jun 29-Jul 9	\$60/\$90

Session 3				
0203.130	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90
0203.131	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90
0203.132	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90

Session 4				
0203.140	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90
0203.141	M-TH	10:10-10:50am	Jul 27-Aug 6	\$60/\$90
0203.142	M-TH	11:00-11:40am	Jul 27-Aug 6	\$60/\$90
0203.143	M-TH	11:50am-12:30pm	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.160	M/W	5:45-6:25pm	Jun 15-Jul 8	\$60/\$90
0203.161	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90

Session 2				
0203.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
0203.171	TU/TH	7:15-7:55pm	Jun 16-Jul 9	\$60/\$90

Session 3				
0203.180	M/W	6:30-7:10pm	Jul 13-Aug 5	\$60/\$90
0203.181	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90

Session 4				
0203.190	TU/TH	6:30-7:10pm	Jul 14-Aug 6	\$60/\$90



SEAL AGES 6-15

Takes place in 11-12 feet of water. Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are butterfly and breaststroke kick, diving from the side of the pool, and continued emphasis on stroke efficiency.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.110	M-TH	9:20-10:00am	Jun 15-25	\$60/\$90
0204.111	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90

Session 2				
0204.120	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
0204.121	M-TH	10:10-10:50am	Jun 29-Jul 9	\$60/\$90
0204.122	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90

Session 3				
0204.130	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90
0204.131	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90
0204.132	M-TH	11:50am-12:30pm	Jul 13-23	\$60/\$90

Session 4				
0204.140	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90
0204.141	M-TH	11:50am-12:30pm	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90

Session 2				
0204.170	TU/TH	6:30-7:10pm	Jun 16-Jul 9	\$60/\$90
0204.171	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90

Session 3				
0204.180	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90
0204.181	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90

Session 4				
0204.190	TU/TH	7:15-7:55pm	Jul 14-Aug 6	\$60/\$90

STINGRAY AGES 6-15

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke in 11-12 feet of water. Introduced skills are breaststroke, sidestroke, and diving.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.110	M-TH	8:30-9:10am	Jun 15-25	\$60/\$90
0205.111	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90

Session 2				
0205.120	M-TH	8:30-9:10am	Jun 29-Jul 9	\$60/\$90
0205.121	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90

Session 3				
0205.130	M-TH	8:30-9:10am	Jul 13-23	\$60/\$90
0205.131	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90

Session 4				
0205.140	M-TH	8:30-9:10am	Jul 27-Aug 6	\$60/\$90
0205.141	M-TH	11:00-11:40am	Jul 27-Aug 6	\$60/\$90
0205.142	M-TH	11:50am-12:30pm	Jul 27-Aug 6	\$60/\$90

STINGRAY, continued

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.160	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0205.170	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0205.180	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0205.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90

DOLPHIN

AGES 6-15

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.110	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90
0206.111	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90
Session 2				
0206.120	M-TH	11:00-11:40am	Jun 29-Jul 9	\$60/\$90
Session 3				
0206.130	M-TH	11:00-11:40am	Jul 13-23	\$60/\$90
0206.131	M-TH	11:50am-12:30pm	Jul 13-23	\$60/\$90
Session 4				
0206.140	M-TH	11:00-11:40am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0206.170	TU/TH	7:15-7:55pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0206.180	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0206.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90

SWORDFISH

AGES 6-15

Develop skill proficiency and continue to progress towards swimming greater distances in all strokes. Participants are expected to swim at least 50 yards without stopping prior to taking this class.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0207.110	M-TH	11:00-11:40am	Jun 15-25	\$60/\$90
Session 2				
0207.120	M-TH	11:50am-12:30pm	Jun 29-Jul 9	\$60/\$90
Session 3				
0207.130	M-TH	10:10-10:50am	Jul 13-23	\$60/\$90
Session 4				
0207.140	M-TH	11:50am-12:30pm	Jul 27-Aug 6	\$60/\$90

SWORDFISH, continued

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0207.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0207.170	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0207.180	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0207.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90

ADVANCED TECHNIQUE SWIMMING (ATS)

AGES 6-15

Technique and endurance are further developed for all strokes, in preparation for a novice swim team. Skills introduced are competitive turns for all strokes, diving from the starting blocks, time intervals, and use of training equipment.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0208.110	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90
Session 2				
0208.120	M-TH	11:50am-12:30pm	Jun 29-Jul 9	\$60/\$90
Session 3				
0208.130	M-TH	11:00-11:40am	Jul 13-Aug 5	\$60/\$90
Session 4				
0208.140	M-TH	11:50am-12:30pm	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0208.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0208.170	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0208.180	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0208.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90

ADULT BEGINNER

AGES 16+

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0301.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0301.170	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0301.180	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0301.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90



ADULT INTERMEDIATE

AGES 16+

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0302.160	M/W	8:00-8:40pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0302.170	TU/TH	8:00-8:40pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0302.180	M/W	8:00-8:40pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0302.190	TU/TH	8:00-8:40pm	Jul 14-Aug 6	\$60/\$90

BEGINNING DIVING

AGES 6-16

Participants will be introduced to entries, acrobatic maneuvers, and basic dives on the diving boards. Students must possess beginner level swim skills (Otter and above) to enroll in this course.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0401.110	M-TH	10:00-10:40am	Jun 15-Jun 25	\$60/\$90
Session 2				
0401.120	M-TH	10:00-10:40am	Jun 29-Jul 9	\$60/\$90
Session 3				
0401.130	M-TH	10:00-10:40am	Jul 13-Jul 23	\$60/\$90
Session 4				
0401.140	M-TH	10:00-10:40am	Jul 27-Aug 6	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0401.160	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90
Session 2				
0401.170	TU/TH	7:15-7:55pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0401.180	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0401.190	TU/TH	7:15-7:55pm	Jul 14-Aug 6	\$60/\$90

INTERMEDIATE DIVING

AGES 6-16

Class takes place on the 1 and 3-meter diving boards. Participants will continue to refine their technique and learn more challenging dives. Must already have basic dive skills before enrolling in this class.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 4				
0402.140	M-TH	10:50-11:30am	Jul 27-Aug 6	\$60/\$90

PEE WEE WATER POLO

AGES 6-9

A fun introduction to water polo in the shallow end of the pool. This class covers the basics of water polo, with simplified rules, and an emphasis on teamwork. Students must be comfortable in the water. Flotation devices will be provided for participants that require it.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0501.110	M-TH	11:50am-12:30pm	Jun 15-25	\$60/\$90
Session 3				
0501.130	M-TH	11:50am-12:30pm	Jul 13-23	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0501.160	M/W	7:15-7:55pm	Jun 15-Jul 8	\$60/\$90
Session 3				
0501.180	M/W	7:15-7:55pm	Jul 13-Aug 5	\$60/\$90

BEGINNING WATER POLO

AGES 8-16

Introduces the fundamentals of the sport of water polo, including eggbeater, heads-up freestyle, passing, shooting, and the rules of the game. Students must be able to swim 100 yards front crawl, 50 yards backstroke, and tread water for two minutes.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0502.110	M-TH	10:10-10:50am	Jun 15-25	\$60/\$90
Session 2				
0502.120	M-TH	9:20-10:00am	Jun 29-Jul 9	\$60/\$90
Session 3				
0502.130	M-TH	9:20-10:00am	Jul 13-23	\$60/\$90

Evening Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 2				
0502.170	TU/TH	5:45-6:25pm	Jun 16-Jul 9	\$60/\$90
Session 3				
0502.180	M/W	5:45-6:25pm	Jul 13-Aug 5	\$60/\$90
Session 4				
0502.190	TU/TH	5:45-6:25pm	Jul 14-Aug 6	\$60/\$90

INTERMEDIATE WATER POLO

AGES 8-16



For students with strong swimming skills and a basic knowledge of the sport. Covers shooting, passing, drills, pressing, zone, and defense/offense. Students must be able to swim 100 yards heads-up freestyle, 50 yards backstroke, and tread water for two minutes.

Morning Classes

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 4				
0503.140	M-TH	9:20-10:00am	Jul 27-Aug 6	\$60/\$90

POWAY PARKS & FACILITIES

POWAY COMMUNITY PARK

13094 Civic Center Drive
(858) 668-4671

poway.org/communitypark

Hours

Daily | Sunrise-Sunset

During construction amenities are open, but check website for updates.

Recreation Office (located at Swim Center)
Monday-Saturday | 8:00am-9:00pm
Sunday | 12:00-9:00pm

Ball Fields/Bocce Courts Daily | 8:00am-9:00pm

Dog Park/Tennis Courts/Basketball Court
Daily | Sunrise-10:00pm

Unsupervised Skate Park Daily | 8:00am-8:00pm
Summer Hours: Jun 15-Aug 16 | 8:00am-9:00pm

With demolition of the old community center complete, construction of the new Mickey Cafagna Community Center is ready to begin. By the end of July, the project site should be graded, the foundation poured, and framing underway.

POWAY LIBRARY

13137 Poway Road
(858) 513-2900

sdcl.org

As of publication time, the Poway Library, as well as all other branches of the San Diego County Library, remain closed. Please visit our website for the latest updates.

Our free digital resources, including eBooks, eAudiobooks, research databases, learning resources, and more are available anytime with your SDCL card! Don't have a library card? Apply for a free instant digital card or eCard to access these resources.

Visit our website and click on "Get an eCard for digital access" for more information.



eLIBRARY

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Get an eCard for digital access

OLD POWAY PARK

14134 Midland Road
(858) 668-4576

poway.org/oldpowaypark

Hours

Farmers Market

Saturdays | 8:00am-1:00pm

LAKE POWAY

14644 Lake Poway Road
(858) 668-4770

poway.org/lakepoway

Park Ranger Office

(858) 668-4772

Lake Poway Concession

(858) 668-4778

Hours

Daily | 6:00am-Sunset

Lake Fishing Hours

Wednesday-Sunday | 6:00am-Sunset
See website for boating information

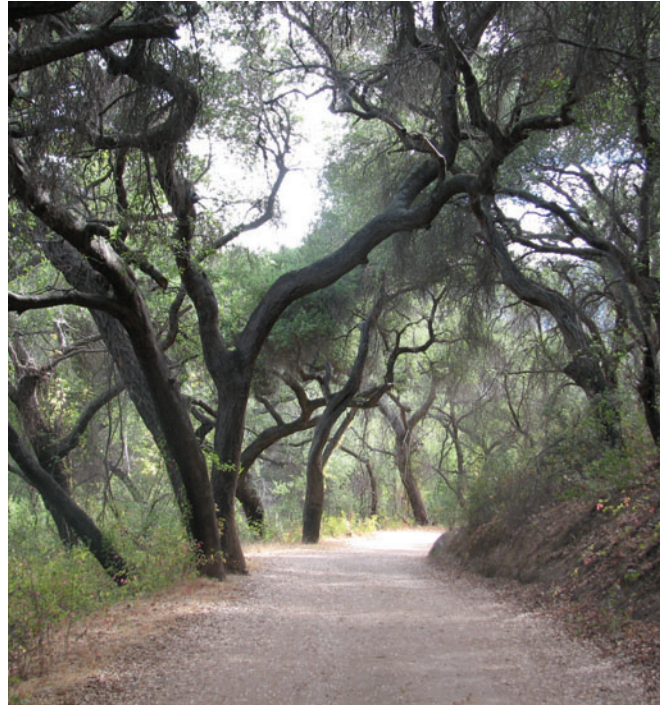
Entry Station

Open Weekends & Holidays
\$10 non-resident entry fee for vehicles
Active Military free with ID

NIGHT FISHING

ALL AGES

Catfish season is back! Why not try the night bite? Stocked regularly with catfish, Lake Poway also has a thriving bass population. Watch our website for select Fridays and Saturdays this summer.



BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road
1 mile north of Lake Poway Road
(858) 668-4781

poway.org/bluesky

Hours

Daily | Sunrise-Sunset

FREE! DOCENT-LED NATURE WALKS

ALL AGES

Find our Activities Schedule on the website or pick up a copy at Lake Poway or the Reserve. Bring water and dress appropriately for the weather. All hikes begin at the bus stop in the parking lot. Group walks available by reservation.

FREE! JUNIOR NATURE RANGER PROGRAM

AGES 6-10

Come share family time and connect with nature! Docents lead children through a series of activities allowing them to experience nature while having fun in the outdoors. A Nature Ranger certificate will be issued upon completion of activities. Limited to 15 children.

INFORMATION OR TO REGISTER: aransom@poway.org
or (858) 668-4781

DAY	TIME	DATES	R/NR FEE
SA	8:00-10:00am	Jun 20	FREE
SA	8:00-10:00am	Jul 18	FREE

POWAY SWIM CENTER

13094 Civic Center Drive
(858) 668-4680

poway.org/swim

Programs and facility hours are subject to change due to COVID-19. Check our website for updates and re-opening information: poway.org/swim

Hours

Summer (Jun 15-Aug 16)

Adult Lap Swim

Mon/Wed/Fri	5:30-7:00am (Long Course)
Mon-Thurs	9:15am-7:00pm
Fri	11:00am-7:00pm
Sat/Sun	10:30am-5:00pm

Splash Pad

Mon-Thurs	9:15am-7:00pm
Fri	11:00am-8:00pm
Sat/Sun	10:30am-5:00pm

Recreational Swim

Mon-Thurs	1:00-5:30pm
Fri	1:00-8:00pm
Sat/Sun	1:00-5:00pm

Family Swim

Sat/Sun	10:30am-1:00pm
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Holiday Hours and Closures

July 4 | 10:30am-5:00pm

Costs

DAILY ADMISSION	R/NR FEE
Adults (Ages 18+)	\$4.00/\$8.00
Youth & Seniors (Ages 55+)	\$3.00/\$6.00

A responsible adult who has paid the admission fee must accompany children 7 and under in the water.

SEASON AND YEARY PASSES: poway.org/swim



WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission is required.

DAYS	TIME	FEE
M-F	11:00am-12:00pm	Daily Admission Fee
TU/TH	6:30-7:30pm	Daily Admission Fee

FAMILY SWIM

ALL AGES

Family Swim is a designated time for families to come swim together and enjoy their toys, rafts, fins, snorkels, and inner tubes. Items not provided by Swim Center. Proof of residency will be required for the reduced family swim rate. Family rate includes two adults and two children.

DAYS	TIME	R/NR FEE
SA/SU	10:30am-1:00pm	\$11.00/\$15.00

PARTY PACKAGES

ALL AGES

The Poway Community Swim Center is the best place to throw a party that really makes a splash! Reservations for any party package must be done in person at the Swim Center during regular business hours.

Party Packages all include reserved picnic tables, public pool use, use of facility refrigerator and freezer, admission for 25 swimmers, and the option to add an inflatable of your choosing!

INFORMATION: poway.org/poolpartypackages or (858) 668-4680



INFLATABLE DAYS

ALL AGES

Inflatables are blowing up this Summer! Every Friday afternoon the Swim Center will have one of our inflatable obstacle courses available to the public!

Swim test will be required for all swimmers of all ages. Daily admission not included in inflatable fee. Limited to 25 wristbands per timeslot; wristbands start selling 30 mins prior to each time.

INFORMATION: (858) 668-4680

DAY	TIME	DATES	R/NR FEE
F	4:30/5:30/6:30pm	Jun 19-Aug 14	\$5/\$7



CLASS REGISTRATION

Summer Registration Begins May 26 at 7:30am

- 1 ONLINE REGISTRATION**
is available by visiting the City of Poway website: poway.org/classes. A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.
- 2 WALK-IN REGISTRATION**
is available at the Community Services Department during business hours.
Location
13325 Civic Center Drive
Hours
Not available until City Hall offices reopen.
- 3 MAIL-IN REGISTRATION**
is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.
Mail to
P.O. Box 789, Poway, CA 92074-0789

Class and Camp Refund/Transfer Policy

Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to Activenet@poway.org, or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$15 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$15 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department.

Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

Financial Assistance

Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at poway.org/play.

Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.



City of Poway
 13325 Civic Center Drive
 Poway, CA 92064

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POSTAL CUSTOMER
 Poway, CA 92064

SUMMER 2020 EVENTS AT A GLANCE



SUMMER CONCERTS
 Lake Poway
 June 21
 July 5 & 19
 August 2
 Old Poway Park
 July 12 & 26
 August 9



SUMMER MOVIES
 Community Park
 July 11
 July 25
 August 8
 Old Poway Park
 August 22



JUNIOR NATURE RANGER PROGRAM
 Blue Sky Ecological Reserve
 June 20
 July 18



FAMILY CAMPOUTS
 Lake Poway
 June 27-28
 July 11-12
 July 25-26

Poway City Council

- Mayor: STEVE VAUS
- Deputy Mayor: CAYLIN FRANK
- Councilmember: DAVE GROSCH
- Councilmember: BARRY LEONARD
- Councilmember: JOHN MULLIN

SAVE THE DATE!

Registration begins
 May 26 at 7:30am.
 See page 31 for details,
 or visit poway.org/classes.