

POWAY

COMMUNITY SERVICES GUIDE



FALL 2019

**REGISTRATION BEGINS
AUGUST 6, 2019
AT 7:30AM**

POWAY.ORG/CLASSES



MICKEY CAFAGNA
COMMUNITY CENTER

COMING SOON!

Community Park

Construction is anticipated to be underway soon on Poway's new community center located in the heart of Community Park. All park amenities, except for the community center and senior center buildings, will remain open for our community to enjoy. Park staff members will continue to oversee park operations and activities.

For questions about park services, please call our main number at (858) 668-4671. For construction updates, visit: poway.org/mccc.

Yes, we're open!

Community Park amenities open during construction:

- Swim Center (see page 18 for details on pool hours)
- Adventure Playground (at the north end of the park)
- Skate Park
- Sports Fields
- Basketball Court
- Dog Park
- Tennis Courts
- Bocce Courts
- Picnic Areas



Public restrooms near the ball fields are open during regular park hours.





2019 SUMMER MOVIES IN THE PARK SERIES

FREE! Enjoy a family-friendly movie under the stars during the Summer Movies in the Park Series. Movies will be shown on Saturdays at sunset. Bring your favorite snacks or a picnic dinner; food will **not** be available for purchase.



INFORMATION: poway.org or (858) 668-4671

DATE/LOCATION	MOVIE
July 20 Community Park	Spiderman: Into the Spideverse
August 3 Swim Center (Capacity 500)	How to Train Your Dragon: The Hidden World
August 17 Old Poway Park	The Goonies

2019 SUMMER CONCERTS IN THE PARK

FREE! What goes together with summer and fun? Music, of course! So get your dancing shoes on, grab the family, and join us for the best local entertainment around on Sundays from 5:30-7:00pm. Our famous food trucks will be back at Lake Poway to serve-up your favorite foods.

INFORMATION: poway.org or (858) 668-4772

DATE/LOCATION	PERFORMER/MUSICAL STYLE
July 21 Lake Poway	Y3K DANCE
July 28 Old Poway Park	Trails and Rails WESTERN
August 4 Lake Poway	Blue Breeze Band R&B SOUL FUNK
August 11 Old Poway Park	Summer Winds (4:00pm) Pomerado Comm. Band (5:30pm) BIG BAND

We are Social, how about you? Be the first to know about events and programs:

-  City of Poway
-  @cityofpoway
-  @cityofpoway
-  poway.org/connectwithus

SAVE THE DATE:

Fall Registration Begins: August 6 at 7:30am

FALL CLASSES	2-13
Hoot, Howl & Prowl	2
Preschool Activities	3
Kid's Night Out	3
Dance	4
Creative Arts	5
Art	5
Teen Programs	6
Health & Wellness	7
Sports	8
Equestrian	11
Open Play Sports	12
Special Needs	12
Dog Training	12
Swim Classes	13

POWAY PARKS & FACILITIES	16-23
Poway Community Park	16
Old Poway Park	17
Poway Swim Center	18
Lake Poway	19
Blue Sky Ecological Reserve	20
Kumeyaay-Ipai Interpretive Center	21
Poway Library	21
Poway Senior Center	22
Cultural & Recreational Facilities Map	23

REGISTRATION 24

POWAY CENTER FOR THE PERFORMING ARTS 25



FALL INTO HISTORY



AND NATURE!

Rendezvous in Poway

FREE! Want to experience life during California's turn-of-the-twentieth-century and civil war eras? Come meet real cowboys, pioneers, mountain men and women, fur traders, gunslingers, and soldiers as history comes to life at **Old Poway Park**. Hop aboard the Baldwin No. 3 steam locomotive, watch wild west train robberies, view handmade items for sale at the Boardwalk Craft Market, and pan for gold near the banks of Rattlesnake Creek.

Saturday, October 5 | 10:00am-4:00pm
Sunday, October 6 | 10:00am-2:00pm

INFORMATION: poway.org/oldpowaypark or (858) 668-4576

Rendezvous School Tours



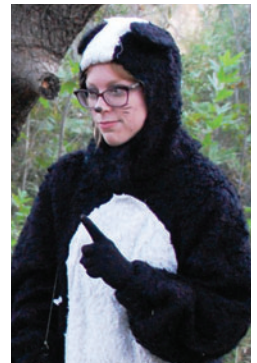
Let your students LIVE history! Groups of 20 or more are invited to participate in a one-of-a-kind, interactive, hands-on learning experience at **Old Poway Park**. Advanced registration is required.

Thursday & Friday, October 3 & 4 | 9:00am-1:00pm

INFORMATION OR TO BOOK A TOUR: (858) 668-4576

Hoot, Howl & Prowl

The **Blue Sky Ecological Reserve** comes alive after dark! Meet the canyon's "wildlife" (docents dressed in animal costumes) up close! Groups will leave at 15-minute intervals, between 5:30 and 7:15pm, and tours last approximately 75 minutes. Kids are encouraged to wear their costumes. End the evening with a cup of hot chocolate!



INFORMATION: poway.org/bluesky or (858) 668-4781

CLASS #	DAY	TIME	DATES	FEE
1200.200	SA	5:30pm	Oct 19	\$5 per person
1200.201	SA	5:45pm	Oct 19	\$5 per person
1200.202	SA	6:00pm	Oct 19	\$5 per person
1200.203	SA	6:15pm	Oct 19	\$5 per person
1200.204	SA	6:30pm	Oct 19	\$5 per person
1200.205	SA	6:45pm	Oct 19	\$5 per person
1200.206	SA	7:00pm	Oct 19	\$5 per person
1200.207	SA	7:15pm	Oct 19	\$5 per person

Celebrate Halloween at Old Poway Park!

See Page 17 for details or connect with us on: Facebook, Twitter, and Instagram



CLASSES

Preschool Activities

TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere! Participants learn concepts such as letters, numbers, writing and math skills, social skills, and more! Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

INSTRUCTOR: Charlene Donovan

LOCATION: Old Poway Park, Great Room

NO CLASS: Nov 26 & 28, Dec 10 & 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.200	TU/TH	9:00am-12:00pm	Sep 17-Oct 10	\$189/\$199*
1500.201	TU/TH	9:00am-12:00pm	Oct 15-Nov 7	\$189/\$199*
1500.202	TU/TH	9:00am-12:00pm	Nov 12-Dec 19	\$189/\$199*

*\$10 materials fee due on the first day of class



NEW! PARENT AND ME LEARNING ADVENTURES

AGES 1.5-3

Engage in circle time, songs, social interaction, motor skills, storytime, and arts and crafts! This class is designed to make learning fun and introduce the idea of "preschool" to your child! Adult participation required per each child.

INSTRUCTOR: Charlene Donovan

LOCATION: Old Poway Park, Great Room

NO CLASS: Nov 29 & Dec 13

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.203	F	9:30-10:30am	Sep 20-Oct 11	\$55/\$65
1500.204	F	9:30-10:30am	Oct 18-Nov 8	\$55/\$65
1500.205	F	9:30-10:30am	Nov 15-Dec 20	\$55/\$65

Kid's Night Out

KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Offered every first Friday of the month during the school year, kids in 1st-5th grades will enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night...it's Kid's Night Out! Registration is required.

INSTRUCTOR: Community Park Staff

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.200	F	4:30-9:00pm	Sep 6	\$10/\$20
1000.201	F	4:30-9:00pm	Nov 1	\$10/\$20
1000.202	F	4:30-9:00pm	Dec 6	\$10/\$20

NEW! KID'S NIGHT OUT: GET AIR POWAY

GRADES 1-5

Get ready to bounce off the walls! Kid's Night Out is springing on the fun with a special excursion to Get Air Trampoline Park! Leap sky-high on trampolines, play an extra bouncy game of dodgeball with your friends, defy gravity on the wobbly fidget ladder, and so much more! Whether you're tumbling into foam pits or bouncing yourself silly, fun is just a hop, skip, and a jump away! Admission and jump socks are included.

INSTRUCTOR: Community Park Staff

LOCATION: Get Air Poway: 12160 Community Road

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.203	F	4:30-9:00pm	Oct 4	\$13/\$23



Dance



“Try high-quality fun, Dance to EvOLVe classes without obligation on Sep 16, 17, & 18. Liability Waiver required.”

BABY BOPPERS HIP HOP & CREATIVE MOVEMENT AGES 2-3

This class for boys and girls is a fusion of creative movement and basic hip hop to get all the wiggles out. Class focuses on muscle development, coordination, and musicality through fun and creative ways! Adult participation is required per each child. No dress code.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.200	TU	3:30-4:15pm	Sep 17-Oct 29	\$119/\$129
1702.201	TU	3:30-4:15pm	Nov 5-Dec 17	\$102/\$112
1702.202	TU	3:30-4:15pm	Sep 17-Dec 17	\$199/\$209

MAGICAL MUNCHKINS TAP/BALLET AGES 2-3.2

This gentle introductory combination dance class of tap, ballet, tumbling, and games is fun, energetic, and expressive! Great for girls and boys, your Magical Munchkin will learn all the basics for their first dance class. Classes start with tap and then transition into ballet each week, and are designed to be progressive. Adult participation is required per each child.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 25

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.203	M	3:15-4:00pm	Sep 16-Oct 28	\$119/\$129
1702.204	M	3:15-4:00pm	Nov 4-Dec 16	\$102/\$112
1702.205	M	3:15-4:00pm	Sep 16-Dec 16	\$199/\$209

TINY MOVERS TAP/BALLET AGES 3-4.5

A combination dance class of tap and ballet with tumbling and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap and then transition into ballet each week, and are designed to be progressive. This is the first ‘big girls and boys’ class as parents watch from outside of the room.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.206	TU	4:20-5:15pm	Sep 17-Oct 29	\$119/\$129
1702.207	TU	4:20-5:15pm	Nov 5-Dec 17	\$102/\$112
1702.208	TU	4:20-5:15pm	Sep 17-Dec 17	\$199/\$209

STAR SHINERS TAP/BALLET AGES 4.5-6

Keep your Star Shiner moving in this tap and ballet combination dance class for girls and boys! This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap and then transition into ballet each week, and are designed to be progressive.



INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 25

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.209	M	4:05-5:00pm	Sep 16-Oct 28	\$119/\$129
1702.210	M	4:05-5:00pm	Nov 4-Dec 16	\$102/\$112
1702.211	M	4:05-5:00pm	Sep 16-Dec 16	\$199/\$209

PRE-TEEN BALLET AGES 7-12

A ballet class to discover your inner ballerina! A beginner/intermediate ballet dance class focusing on ballet technique through barre and center work. This class begins a young dancer’s ballet training by developing grace, strength, and balance while always having fun. Classes are designed to be progressive.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 25

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.212	M	5:05-6:00pm	Sep 16-Oct 28	\$119/\$129
1702.213	M	5:05-6:00pm	Nov 4-Dec 16	\$102/\$112
1702.214	M	5:05-6:00pm	Sep 16-Dec 16	\$199/\$209

PRE-TEEN JAZZ AGES 7-12

Turn, kick, and leap your way into jazz! A beginner/intermediate jazz dance class that uses ballet as a foundation while focusing on energetic jazz techniques to keep things movin’. This class begins a young dancer’s jazz training by developing rhythm, coordination, and flexibility. Classes are designed to be progressive.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.215	TU	5:20-6:15pm	Sep 17-Oct 29	\$119/\$129
1702.216	TU	5:20-6:15pm	Nov 5-Dec 17	\$102/\$112
1702.217	TU	5:20-6:15pm	Sep 17-Dec 17	\$199/\$209

BEAT BREAKERS & HIP HOP**AGES 4-18**

These fun, high-energy classes will definitely have you movin' to the beats! Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated... these classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

INSTRUCTOR: Dance to EvOLVE: dancetoevolve.com**LOCATION:** Old Poway Park, Templars Hall**NO CLASS:** Nov 27

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
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BEAT BREAKERS

1702.218	4-7	W	4:00-4:55pm	Sep 18-Oct 30	\$119/\$129
1702.219	4-7	W	4:00-4:55pm	Nov 6-Dec 18	\$102/\$112
1702.220	4-7	W	4:00-4:55pm	Sep 18-Dec 18	\$199/\$209

HIP HOP: PRE-TEEN

1702.221	8-12	W	5:00-5:55pm	Sep 18-Oct 30	\$119/\$129
1702.222	8-12	W	5:00-5:55pm	Nov 6-Dec 18	\$102/\$112
1702.223	8-12	W	5:00-5:55pm	Sep 18-Dec 18	\$199/\$209

HIP HOP: TEEN

1702.224	13-18	W	6:00-6:55pm	Sep 18-Oct 30	\$119/\$129
1702.225	13-18	W	6:00-6:55pm	Nov 6-Dec 18	\$102/\$112
1702.226	13-18	W	6:00-6:55pm	Sep 18-Dec 18	\$199/\$209

CHEERLEADING, DANCE & TUMBLE**AGES 2-10**

In this high-energy class, participants learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. A full routine to be performed at a USD football game (1703.201) and a local event (1703.200).

INSTRUCTOR: Charlene's Dance N Cheer**LOCATION:** Old Poway Park, Great Room**NO CLASS:** Oct 31

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
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1703.200	2-3	TH	5:30-6:00pm	Sep 19-Nov 14	\$80/\$90
1703.201	4-10	TH	6:00-6:50pm	Sep 19-Nov 14	\$89/\$99

Creative Arts

NEW! CINEMATOGRAPHY 101**AGES 7-13**

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through image. Using digital cameras, each participant creates a visual composition of non-narrative work. The objective is to tell a story visually by learning composition, lighting, color, and tone. Digital cameras provided for class use.

INSTRUCTOR: Children's Film Academy, Valente Aranda: info@thechildrensfilmacademy.com**LOCATION:** Old Poway Park, Parlour**NO CLASS:** Oct 31

CLASS #	DAY	TIME	DATES	R/NR FEE
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1806.200	TH	4:00-5:30pm	Sep 19-Nov 14	\$149/\$159
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Art

GET SMART WITH ART**AGES 2-5**

A unique beginners class for children to learn about artists and techniques, and create a new, framed masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

INSTRUCTOR: Ms. Vivian**LOCATION:** Old Poway Park, Great Room**NO CLASS:** Nov 11 & 25

CLASS #	DAY	TIME	DATES	R/NR FEE
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2505.200	M	10:00-10:45am	Sep 16-Oct 14	\$65/\$75
2505.201	M	10:00-10:45am	Oct 21-Dec 2	\$65/\$75

**NEW! PAINT YOUR OWN POTTERY & MOSAIC DESIGN****AGES 9-12**

Come paint and mosaic with The Krafty Caterer! In this fun, hands-on class, participants get to experience the different techniques of painting ceramics with both acrylic and glazing paints for firing in a kiln. Participants get to experiment with different types of paints, and learn tricks and techniques for painting ceramics! Participants also get to design and create a mosaic plaque using glass tiles and grout for a beautiful finished product! Each participant goes home with two, finished ceramic works of art and a mosaic.

INSTRUCTOR: Tara Brewer**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
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2504.200	TU	4:00-5:00pm	Sep 24-Oct 29	\$55/\$65*
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* \$20 materials fee due on the first day of class

NEW! YOUNG REMBRANDTS DRAWING**AGES 6-11**

Young Rembrandts presents drawing classes with a fascinating world of color, pattern, and design. Draw a cute koala, travel back in time, create a decorative Egyptian headdress, and prepare for the holiday season with a nutcracker. Each week is a new drawing. All this and more await your child in our Young Rembrandts series!

INSTRUCTOR: Young Rembrandts, Donna Martine**LOCATION:** Old Poway Park, Great Room**NO CLASS:** Nov 27 & Dec 11

CLASS #	DAY	TIME	DATES	R/NR FEE
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2506.200	W	3:00-4:00pm	Sep 25-Dec 18	\$165/\$175
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Teen Programs

TEEN SPLASH BASH

GRADES 6-9

Not ready to say goodbye to summer? Neither are we! Join us for one more night of splash-tacular fun under the stars! Challenge your friends to wicked water games, scarf down delicious food, try not to wipeout on our gnarly inflatable obstacle course, splash your way to sweet prizes, and more! Don't let the end of summer slip by—send it off in style!

INSTRUCTOR: Community Park Staff

LOCATION: Poway Swim Center

CLASS #	DAY	TIME	DATES	FEE
1001.200	SA	5:00-9:00pm	Sep 21	\$5

TEEN GLOW-IN-THE-DARK DODGEBALL

GRADES 6-9

What's better than playing dodgeball!? Playing glow-in-the-dark dodgeball, of course! Get ready for some beast glow-in-the-dark fun with dodgeball, kickin' tunes, dodgeball, boss treats, dodgeball, lit prizes, and more—dodgeball, that is! This legendary showdown is a teen program fave that you and your friends won't want to miss!

INSTRUCTOR: Community Park Staff

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	FEE
1001.201	SA	5:00-9:00pm	Oct 19	\$5

TEEN NIGHT AT THE PCPA

GRADES 6-9

We're rolling out the red carpet for an A-list evening filled with blockbuster fun! Spend the night getting funky with a special interactive dance presentation by Culture Shock, leave the audience in stitches while mastering improv with National Comedy Theatre, let ArtBeat San Diego guide your paint brush to a creative masterpiece, and more! So, grab your friends and step into the spotlight; you don't want to miss the encore of this special Teen Program Series event!

INSTRUCTOR: Community Park Staff

LOCATION: Poway Center for the Performing Arts, 15498 Espola Road

CLASS #	DAY	TIME	DATES	FEE
1001.202	SA	5:00-9:00pm	Nov 16	\$5

NEW! TEEN EXCURSION: ICE SKATING

GRADES 6-9

Who's down with kickin' it COLD school-style? Join us as we head to The Rinks—Poway ICE for a one-of-a-kind frozen adventure! Show off your skating skills while vibin' to your favorite tunes, challenge your friends to a frosty spin around the rink, take the gold while channeling your inner Olympian, and more! Don't be left out in the cold - chill with us for the evening!

INSTRUCTOR: Community Park Staff

LOCATION: The Rinks—Poway ICE: 12455 Kerran Street #100

CLASS #	DAY	TIME	DATES	FEE
1001.203	SA	5:00-9:00pm	Dec 21	\$10



Health & Wellness

LITTLE BEE YOGA

AGES 5-10

Learn about yoga in a fun and creative class. We combine yoga poses with familiar stories and songs. We become curious with guided imagery, relaxation techniques, and breathing exercises. We build confidence, balance the body and mind, increase self-awareness, and gain a better understanding of our own thoughts and feelings.

INSTRUCTOR: Sarah Webre

LOCATION: Old Poway Park, Great Room

NO CLASS: Nov 25 & Dec 9

CLASS #	DAY	TIME	DATES	R/NR FEE
1605.200	M	5:30-6:30pm	Sep 16-Oct 14	\$71/\$81
1605.201	M	5:30-6:30pm	Nov 4-Dec 16	\$71/\$81



PIYO LIVE

AGES 14+

PIYO LIVE brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity! When you're done, you'll feel exhilarated!

INSTRUCTOR: Brent Garriepy

LOCATION: Old Poway Park, Templars Hall

NO CLASS: Oct 31

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.200	TH	6:30-7:30pm	Sep 19-Nov 21	\$72/\$82

NEW! POUND

AGES 13+

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythms and motions of drumming. POUND uses slightly weighted drumsticks, providing an effective way of working out, relieving stress, and having fun. Yoga mats are required.

INSTRUCTOR: Brittanie Arnett

LOCATION: Old Poway Park, Templars Hall

NO CLASS: Oct 31, Nov 28 & Dec 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.200	TH	5:30-6:15pm	Sep 19-Dec 19	\$88/\$98



ADULT TAP

AGES 18+

Come get your tap on! Create rhythm with tried and true tap steps in this fun, low-impact tap class that is sure to show results. Give yourself the gift of time! No experience necessary.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

NO CLASS: Nov 26

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.227	TU	6:20-7:15pm	Sep 17-Oct 29	\$119/\$129
1702.228	TU	6:20-7:15pm	Nov 5-Dec 17	\$102/\$112
1702.229	TU	6:20-7:15pm	Sep 17-Dec 17	\$199/\$209

BEGINNING GENTLE YOGA

AGES 18+

Make yoga an integrated part of your life and watch yourself grow stronger physically, mentally, and emotionally. Become flexible and fearless, both on and off the mat. Enjoy yoga with creative and innovative sequencing, a spirit of playfulness and a dose of inspiration to help you deepen your practice. Step off the mat feeling refreshed, nourished, and balanced. Bring a yoga mat, small blanket or beach towel, and water.

INSTRUCTOR: Yoga Rejoice, Darshan Kaur

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.200	W	6:00-7:30pm	Sep 18-Dec 4	\$95/\$105



Sports

SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde, Soccer Field

SATURDAY: Community Park, Open Play Area

NO CLASS: Nov 30

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.200	W	4:00-4:30pm	Sep 18-Oct 30	\$105/\$115*
2010.201	SA	9:00-9:30am	Sep 21-Dec 14	\$180/\$190*

*\$30 materials fee due on the first day of class

SOCCER SHOTS CLASSIC

AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde, Soccer Field

SATURDAY: Community Park, Open Play Area

NO CLASS: Nov 30

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.202	W	4:35-5:20pm	Sep 18-Oct 30	\$105/\$115*
2010.203	SA	9:35-10:20am	Sep 21-Dec 14	\$180/\$190*
2010.204	SA	10:30-11:15am	Sep 21-Dec 14	\$180/\$190*

*\$30 materials fee due on the first day of class



NEW! CRAWLING TO WALKING

AGES CRAWLING-1.5

This class is designed for participants and a parent/caregiver to enjoy quality time while introducing fun and developmentally-stimulating activities with their little one! Participants learn locomotor skills such as rolling, hand-eye coordination, social skills, and more! We use movement concepts such as over and under, going in and out of tunnels, log rolling, and more! Wear comfortable clothes with no snaps, zippers, or buttons. Adult participation is required per each child.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

NO CLASS: Nov 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.200	TH	11:15-11:45am	Sep 19-Dec 19	\$10/\$20

MOM & TOT GYMNASTICS

AGES WALKING-3.5

This class is designed for toddlers and a parent/adult to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently. Adult participation is required per each child.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

NO CLASS: Nov 28 & 30

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.201	TH	10:45-11:15am	Sep 19-Dec 19	\$180/\$190*
2013.202	SA	8:30-9:00am	Sep 21-Dec 21	\$180/\$190*

*\$10 materials fee due on the first day of class

NEW! MINI-HAWK MULTI-SPORT AGES 2-5

Introduce your little superstar to sports in our most popular program! This soccer and basketball class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Adult participation is required per each child for class 2014.200 & 2014.202.

INSTRUCTOR: Skyhawks Sports Academy
LOCATION: Community Park, Open Play Area

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2014.200	2-3.5	TU	4:00-4:40pm	Sep 17-Oct 22	\$115/\$125
2014.201	3.5-5	TU	4:50-5:30pm	Sep 17-Oct 22	\$115/\$125
2014.202	2-3.5	TU	4:00-4:40pm	Nov 12-Dec 17	\$115/\$125
2014.203	3.5-5	TU	4:50-5:30pm	Nov 12-Dec 17	\$115/\$125

NEW! SKYHAWKS HOOPSTERTOTS AGES 3.5-6

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing, and teamwork. Adjustable hoops and appropriately-sized basketballs are used to provide just the right amount of challenge.

INSTRUCTOR: Skyhawks Sports Academy
LOCATION: Community Park, Basketball Court
NO CLASS: Nov 28

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2014.204	3.5-4.5	TH	4:00-4:40pm	Sep 19-Oct 24	\$115/\$125
2014.205	4.5-6	TH	4:50-5:30pm	Sep 19-Oct 24	\$115/\$125
2014.206	3.5-4.5	TH	4:00-4:40pm	Nov 7-Dec 19	\$115/\$125
2014.207	4.5-6	TH	4:50-5:30pm	Nov 7-Dec 19	\$115/\$125

NEW! SKYHAWKS BASKETBALL AGES 7-10

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff also focuses on respect, teamwork, and responsibility.

INSTRUCTOR: Skyhawks Sports Academy
LOCATION: Community Park, Basketball Court
NO CLASS: Nov 28

CLASS #	DAY	TIME	DATES	R/NR FEE
2014.208	TH	5:45-6:45pm	Sep 19-Oct 24	\$125/\$135
2014.209	TH	5:45-6:45pm	Nov 7-Dec 19	\$125/\$135

SKATEBOARDING: BEGINNER AGES 6-13

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife
 Andrew Barbosa: Andrew@sdskatelife.com
LOCATION: Community Park, Skate Park
NO CLASS: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.200	W	5:00-6:00pm	Sep 18-Oct 23	\$90/\$100
2004.201	W	5:00-6:00pm	Nov 6-Dec 18	\$90/\$100

SKATEBOARDING: INTERMEDIATE/ADVANCED AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD Skatelife
 Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park
NO CLASS: Nov 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.202	W	4:00-5:00pm	Sep 18-Oct 23	\$90/\$100
2004.203	W	4:00-5:00pm	Nov 6-Dec 18	\$90/\$100

CAMP! SKATEBOARDING CAMP AGES 5-13

Participants of all levels are invited to build ramp skills, develop new tricks, learn safety techniques, meet guest pros, and make new friends. All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

INSTRUCTOR: SD Skatelife
 Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park
NO CLASS: Nov 28

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.200	M-F	9:00am-12:00pm	Nov 25-Nov 29	\$135/\$145





TAEKWONDO & KARATE

AGES 5+

Try it before you buy it!

You'll learn Taekwondo kicks, blocks, and punches while incorporating Hapkido (joint locking techniques). A white Taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Grandmaster Wolpert: (858) 748-1333
LOCATION: Meadowbrook Gymnasium
NO CLASS: Nov 15 & 29
BELT TESTING: Dec 6 - participants will be notified if attendance is required.

Youth/Teen Taekwondo & Karate

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.200	5-8	TU/W/F	5:15-6:15pm	Sep 24-Dec 20	\$89/\$99
2001.201	9-15	TU/W/F	6:15-7:15pm	Sep 24-Dec 20	\$89/\$99

Adult Taekwondo & Karate

This is a complete martial arts program designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.202	16+	TU/W	6:15-7:15pm	Sep 24-Dec 20	\$89/\$99
		F	6:15-7:45pm		

LEARN TO ICE SKATE

AGES 3-15

Our fun, introductory classes teach basic skating skills such as: how to properly fall down and get up, forward and backward skating, and stopping. Whether your desire is to master basic skating skills, play ice hockey, or figure skate, this class is the first step! Skate rental is included, and skaters can practice at our public session on the day of their class.



INSTRUCTOR: The Rinks - Poway ICE
LOCATION: The Rinks - Poway ICE : 12455 Kerran Street #100

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.200	3-5	W	4:15-4:45pm	Oct 2-Oct 23	\$60/\$70
2012.201	6-15	W	4:45-5:15pm	Oct 2-Oct 23	\$60/\$70
2012.202	3-5	W	4:15-4:45pm	Oct 30-Nov 20	\$60/\$70
2012.203	6-15	W	4:45-5:15pm	Oct 30-Nov 20	\$60/\$70

YOUTH VOLLEYBALL

AGES 9-14

Looking for a fun sport? Come and play some volleyball on Monday nights! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

INSTRUCTOR: David Claycomb
LOCATION: Meadowbrook Gymnasium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.200	9-12	M	5:30-6:30pm	Sep 16-Nov 4	\$60/\$70
2002.201	12-14	M	6:30-7:30pm	Sep 16-Nov 4	\$60/\$70



ADULT VOLLEYBALL

AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and Women's: past volleyball experience is strongly recommended. Advanced: past league experience is required.

INSTRUCTOR: Dick Leatherman
LOCATION: Twin Peaks Multipurpose Center
NO CLASS: Oct 14

Coed Intermediate

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.200	Men's	TH	6:30-9:30pm	Sep 19-Nov 14	\$70/\$80
2005.201	Women's	TH	6:30-9:30pm	Sep 19-Nov 14	\$70/\$80

Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.202	Men's	TU	6:30-9:30pm	Sep 17-Nov 12	\$70/\$80
2005.203	Women's	TU	6:30-9:30pm	Sep 17-Nov 12	\$70/\$80

Women's

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.204	Women's	M	6:30-9:30pm	Sep 16-Nov 18	\$70/\$80

TENNIS**AGES 6-14**

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

INSTRUCTOR: Art Christophiades
LOCATION: Community Park, Tennis Courts
NO CLASS: Oct 31 & Nov 25-30

Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.200	8-14	TU/TH	4:00-5:00pm	Sep 17-Oct 17	\$70/\$80*
2000.201	6-8	SA	9:00-10:00am	Sep 21-Oct 19	\$35/\$45*
2000.202	8-14	SA	10:00-11:00am	Sep 21-Oct 19	\$35/\$45*
2000.203	8-14	TU/TH	4:00-5:00pm	Oct 29-Dec 10	\$70/\$80*
2000.204	6-8	SA	9:00-10:00am	Nov 2-Dec 7	\$35/\$45*
2000.205	8-14	SA	10:00-11:00am	Nov 2-Dec 7	\$35/\$45*

Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.206	8-14	TU/TH	5:00-6:00pm	Sep 17-Oct 17	\$70/\$80*
2000.207	8-14	SA	11:00am-12:00pm	Sep 21-Oct 19	\$35/\$45*
2000.208	8-14	TU/TH	5:00-6:00pm	Oct 29-Dec 10	\$70/\$80*
2000.209	8-14	SA	11:00am-12:00pm	Nov 2-Dec 7	\$35/\$45*

Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.210	9-14	M/W	4:00-5:30pm	Sep 16-Oct 16	\$90/\$100*
2000.211	9-14	M/W	4:00-5:30pm	Oct 28-Dec 4	\$90/\$100*

*\$5 materials fee due on the first day of class



Learn the fundamentals of horsemanship in a safe and friendly environment. No previous riding experience required!

Equestrian

NEW! PARENT & ME HORSEMANSHIP**AGES 2-6**

Located at the Poway Experience Center on a scenic ranch, this class is designed for a parent (or caregiver) and child to learn together on and around horses in a safe and friendly environment. Participants are introduced to safety, ground work, proper horsemanship manners, and getting comfortable around horses. Learn about using equine equipment, grooming, and tacking up your own horse for the ride. No previous riding experience required. Boots are required, and helmets are provided.

INSTRUCTOR: Nicole Stone
LOCATION: Poway Equestrian Center: 14875 Mino De Oro

CLASS #	DAY	TIME	DATES	R/NR FEE
2800.200	TH	10:00am-12:00pm	Sep 19-Oct 10	\$250/\$260*

*\$10 materials fee due on the first day of class

NEW! HANDS ON HORSEMANSHIP**AGES 13+**

Located at the Poway Experience Center on a scenic ranch, this class offers unique and comprehensive hands-on lessons by experienced instructors that teach the fundamentals of horsemanship in a safe and friendly environment. Participants are introduced to safety, groundwork and equipment, proper horsemanship manners, and getting comfortable around horses. Learn about using equine equipment, grooming, and tacking up your own horse in preparation for the ride. No previous riding experience required. Boots are required, and helmets are provided.

INSTRUCTOR: Nicole Stone
LOCATION: Poway Equestrian Center: 14875 Mino De Oro

CLASS #	DAY	TIME	DATES	R/NR FEE
2800.201	SA	10:00am-12:00pm	Sep 21-Oct 12	\$250/\$260*

*\$10 materials fee due on the first day of class

Open Play Sports

OPEN PLAY SPORTS

ALL AGES

FREE!

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults.

Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the fall months, free open gym times are as follows:

Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Pickleball	SA	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU/W	7:30-9:30pm
Open Basketball	TH	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at poway.org/gyms.

Special Needs

BOWLING

AGES 13+

This class provides unlimited fun for everyone! Awards and a party conclude the last class. If your participant needs one-to-one attention, has behavioral issues or special needs, please provide a description to the instructor. Depending on the circumstances, an aide may be required. All participants must be picked up by 3:30pm.

INSTRUCTOR: Sarah Gana-D'Agostino

LOCATION: Poway Fun Bowl: 12941 Poway Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2200.200	F	1:30-3:30pm	Sep 27-Dec 6	\$40/\$50*

*An \$8 class fee is collected at the bowling alley each week

NEW! HEALTHY LIFESTYLES

AGES 18+

Join us as we discuss healthy eating while watching food demonstrations and sample recipes for easy-to-prepare meals and snacks. Topics include: salads, fruits, vegetables, meats and proteins, milk and soy products, beverages, and more! All participants must be picked up by 6:30pm.

INSTRUCTOR: Villa de Vida, Inc.

LOCATION: Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.200	TU	5:15-6:30pm	Sep 17-Nov 19	\$40/\$50

Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

TRAINING CLASSES

DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog! Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called. Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

INSTRUCTOR: Good Dog Training School, Lynne Moore

LOCATION: TUESDAY: Old Poway Park, Gazebo

WEDNESDAY: Community Park, Dog Pen 2

SATURDAY: Garden Road Park, Open Area

Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.200	TU	6:30-7:30pm	Sep 17-Oct 22	\$95/\$105*
2300.201	SA	9:30-10:30am	Sep 21-Oct 26	\$95/\$105*
2300.202	TU	6:30-7:30pm	Oct 29-Dec 3	\$95/\$105*
2300.203	SA	9:30-10:30am	Nov 2-Dec 7	\$95/\$105*

*\$25 material fees due on the first day of class

Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.204	SA	10:45-11:45am	Sep 21-Oct 26	\$95/\$105
2300.205	SA	10:45-11:45am	Nov 2-Dec 7	\$95/\$105

Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.206	W	6:30-7:30pm	Sep 18-Oct 23	\$95/\$105
2300.207	W	6:30-7:30pm	Oct 30-Dec 4	\$95/\$105





Swim Classes

Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683 prior to the start of the class to ensure that you are not dropped.

Waitlist

Can't find space in the class you're looking for? Contact us at (858) 668-4680 or swimwaitlist@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

Swim Lesson Assessments

If you are unsure which level to enroll in, make an appointment to have a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

PARENT & CHILD AGES 6-23 MONTHS

Introduces your child to the water and basic water skills. An adult **must** accompany their children in the water. Does not teach children to be accomplished swimmers or survival skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0010.220	TU/TH	4:20-4:50pm	Aug 27-Sep 19	\$45/\$67

PRE-GRUNION AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. Parents **must** accompany their children in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0020.210	M/W	5:10-5:50pm	Aug 26-Sep 18*	\$52/\$78
Session 2				
0020.230	M/W	5:10-5:50pm	Sep 23-Oct 16	\$60/\$90

GRUNION 1 AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.210	M/W	3:30-4:10pm	Aug 26-Sep 18*	\$52/\$78
0101.211	M/W	4:20-5:00pm	Aug 26-Sep 18*	\$52/\$78
0101.220	TU/TH	3:30-4:10pm	Aug 27-Sep 19	\$60/\$90
0101.221	TU/TH	5:10-5:50pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0101.230	M/W	3:30-4:10pm	Sep 23-Oct 16	\$60/\$90
0101.231	M/W	4:20-5:00pm	Sep 23-Oct 16	\$60/\$90
0101.240	TU/TH	3:30-4:10pm	Sep 24-Oct 17	\$60/\$90
0101.241	TU/TH	4:20-5:00pm	Sep 24-Oct 17	\$60/\$90

*PLEASE NOTE: There will be no class on Monday, September 2

GRUNION 2**AGES 3-5**

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.210	M/W	3:30-4:10pm	Aug 26-Sep 18*	\$52/\$78
0102.211	M/W	5:10-5:50pm	Aug 26-Sep 18*	\$52/\$78
0102.212	M/W	6:00-6:40pm	Aug 26-Sep 18*	\$52/\$78
0102.220	TU/TH	3:30-4:10pm	Aug 27-Sep 19	\$60/\$90
0102.221	TU/TH	4:20-5:00pm	Aug 27-Sep 19	\$60/\$90
0102.222	TU/TH	5:10-5:50pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0102.230	M/W	3:30-4:10pm	Sep 23-Oct 16	\$60/\$90
0102.231	M/W	5:10-5:50pm	Sep 23-Oct 16	\$60/\$90
0102.240	TU/TH	3:30-4:10pm	Sep 24-Oct 17	\$60/\$90
0102.241	TU/TH	4:20-5:00pm	Sep 24-Oct 17	\$60/\$90
0102.242	TU/TH	5:10-5:50pm	Sep 24-Oct 17	\$60/\$90

GRUNION 3**AGES 3-5**

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.210	M/W	3:30-4:10pm	Aug 26-Sep 18*	\$52/\$78
0103.211	M/W	5:10-5:50pm	Aug 26-Sep 18*	\$52/\$78
0103.220	TU/TH	6:00-6:40pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0103.230	M/W	3:30-4:10pm	Sep 23-Oct 16	\$60/\$90
0103.231	M/W	6:00-6:40pm	Sep 23-Oct 16	\$60/\$90
0103.240	TU/TH	4:20-5:00pm	Sep 24-Oct 17	\$60/\$90

OTTER PUP**AGES 3-5**

This class is for swimmers that are ready to move on to the Otter level but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.220	TU/TH	4:20-5:00pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0104.230	M/W	5:10-5:50pm	Sep 23-Oct 16	\$60/\$90

*PLEASE NOTE: There will be no class on Monday, September 2

**STARFISH****AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.210	M/W	4:20-5:00pm	Aug 26-Sep 18*	\$52/\$78
0201.211	M/W	6:00-6:40pm	Aug 26-Sep 18*	\$52/\$78
0201.220	TU/TH	3:30-4:10pm	Aug 27-Sep 19	\$60/\$90
0201.221	TU/TH	5:10-5:50pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0201.230	M/W	4:20-5:00pm	Sep 23-Oct 16	\$60/\$90
0201.231	M/W	5:10-5:50pm	Sep 23-Oct 16	\$60/\$90
0201.240	TU/TH	4:20-5:00pm	Sep 24-Oct 17	\$60/\$90
0201.241	TU/TH	6:00-6:40pm	Sep 24-Oct 17	\$60/\$90

SEAHORSE**AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.210	M/W	4:20-5:00pm	Aug 26-Sep 18*	\$52/\$78
0202.211	M/W	6:00-6:40pm	Aug 26-Sep 18*	\$52/\$78
0202.220	TU/TH	4:20-5:00pm	Aug 27-Sep 19	\$60/\$90
0202.221	TU/TH	6:00-6:40pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0202.230	M/W	4:20-5:00pm	Sep 23-Oct 16	\$60/\$90
0202.231	M/W	6:00-6:40pm	Sep 23-Oct 16	\$60/\$90
0202.240	TU/TH	3:30-4:10pm	Sep 24-Oct 17	\$60/\$90
0202.241	TU/TH	5:10-5:50pm	Sep 24-Oct 17	\$60/\$90
0202.242	TU/TH	6:00-6:40pm	Sep 24-Oct 17	\$60/\$90

OTTER AGES 6-14

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, passing the Swim Test, and introduces the deep end.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.210	M/W	4:20-5:00pm	Aug 26-Sep 18*	\$52/\$78
0203.211	M/W	6:00-6:40pm	Aug 26-Sep 18*	\$52/\$78
0203.220	TU/TH	5:10-5:50pm	Aug 27-Sep 19	\$60/\$90
0203.221	TU/TH	6:00-6:40pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0203.230	M/W	4:20-5:00pm	Sep 23-Oct 16	\$60/\$90
0203.231	M/W	6:00-6:40pm	Sep 23-Oct 16	\$60/\$90
0203.240	TU/TH	5:10-5:50pm	Sep 24-Oct 17	\$60/\$90
0203.241	TU/TH	6:00-6:40pm	Sep 24-Oct 17	\$60/\$90

SEAL AGES 6-15

Takes place in 11-12 feet of water. Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, diving from the side of the pool, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.210	M/W	5:10-5:50pm	Aug 26-Sep 18*	\$52/\$78
0204.220	TU/TH	6:00-6:40pm	Aug 27-Sep 19	\$60/\$90
0204.221	TU/TH	6:50-7:30pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0204.230	M/W	6:00-6:40pm	Sep 23-Oct 16	\$60/\$90
0204.240	TU/TH	5:10-5:50pm	Sep 24-Oct 17	\$60/\$90

STINGRAY AGES 6-15

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke in 11-12 feet of water. Introduced skills are breaststroke, sidestroke, and diving.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.210	M/W	6:50-7:30pm	Aug 26-Sep 18*	\$52/\$78
Session 2				
0205.230	M/W	6:50-7:30pm	Sep 23-Oct 16	\$60/\$90
0205.240	TU/TH	6:00-6:40pm	Sep 24-Oct 17	\$60/\$90



*PLEASE NOTE: There will be no class on Monday, September 2

DOLPHIN AGES 6-15

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.220	TU/TH	6:50-7:30pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0206.240	TU/TH	6:50-7:30pm	Sep 24-Oct 17	\$60/\$90

SWORDFISH AGES 6-15

Develop skill proficiency and continue to progress towards swimming greater distances in all strokes. Participants are expected to swim at least 50 yards without stopping prior to taking this class.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 2				
0207.230	M/W	6:50-7:30pm	Sep 23-Oct 16	\$60/\$90

ADULT BEGINNER AGES 16+

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0301.210	M/W	6:50-7:30pm	Aug 26-Sep 18*	\$52/\$78
0301.220	TU/TH	6:50-7:30pm	Aug 27-Sep 19	\$60/\$90
Session 2				
0301.230	M/W	6:50-7:30pm	Sep 23-Oct 16	\$60/\$90
0301.240	TU/TH	6:50-7:30pm	Sep 24-Oct 17	\$60/\$90

ADULT INTERMEDIATE AGES 16+

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0302.210	M/W	6:50-7:30pm	Aug 26-Sep 18*	\$52/\$78
Session 2				
0302.240	TU/TH	6:50-7:30pm	Sep 24-Oct 17	\$60/\$90

PRIVATE LESSONS ALL AGES

Private lessons are tailored to the individual's ability and desired skills. Must register for a minimum of four classes. Lessons are 30 minutes each. Registration takes place in person at the Swim Center and is available on a first-come, first-served basis. Children under age of three may be required to have an adult in the water.

INFORMATION: (858) 668-4680

DAY	R/NR FEE
M-SA	\$30/\$42 per lesson



POWAY COMMUNITY PARK

13094 Civic Center Drive
(858) 668-4671

poway.org/communitypark

Hours

Daily | Sunrise-Sunset

Recreation Office (located at Swim Center)

Monday-Saturday | 8:00am-9:00pm

Sunday | 12:00-9:00pm

Ball Fields/Bocce Courts

Daily | 8:00am-9:00pm

Dog Park/Tennis Courts/Basketball Court

Daily | Sunrise-10:00pm

Unsupervised Skate Park

Daily | 8:00am-8:00pm

IN THE PARK SERIES

ALL AGES

FREE!

Have an emu-sing time letting your creativity run wild, take a swing at a colorful fiesta piñata, challenge your friends to a life-size game of Connect Four, or let your imagination soar with your favorite stories! Community Park's In The Park Series is two hours of themed-fun that's sure to provide exciting, unique experiences for the whole family. While the theme may change from month-to-month, one thing is guaranteed: **FUN!**

DAY	TIME	DATES	THEME	FEE
M	10:00am-12:00pm	Sep 30	Games	FREE
M	10:00am-12:00pm	Nov 11	Animals	FREE

SAVE THE DATE!

ALL AGES

Winter Festival

FREE!

Experience the magic and charm of winter like never before at Community Park! This year, the **FREE** event will be held on:
Friday, January 10, 2020 from 5:00-9:00pm & Saturday, January 11, 2020 from 3:30-8:30pm.



OLD POWAY PARK

14134 Midland Road
(858) 668-4576

poway.org/oldpowaypark

Hours

Train Rides

powaymidlandrr.org

Historical Tours

poway.org/oldpowaypark

Farmers Market

Saturdays | 8:00am-1:00pm

WORKIN' ON THE RAILROAD

ALL AGES

FREE!

Railroads have been an important part of our heritage and we'd like you to join us in their celebration. In addition to a main stage in the gazebo filled with musical entertainment from San Diego Folk Heritage, there will be model railroad layouts in Templars Hall and the Heritage Museum, and wild west train robberies. The Nelson House will also be open for tours. Of course, the Poway Midland Railroad will provide train rides around the park for a nominal fee. Come join us for a day of history and fun!

Sunday, September 15 | 11:00am-4:00pm



ONCE UPON A HALLOWE'EN

ALL AGES

FREE!

Celebrate Halloween in a distinctly different way at this family-friendly event. Take a ride aboard the "Halloween Express" locomotive, visit the "cemetery" and haunted house, play carnival-type games, and enjoy spooky Hallowe'en crafts, plus tasty treats. Some activities require a nominal fee.

Sunday, October 27 | 4:30-8:30pm

SAVE THE DATE!

ALL AGES



Christmas in the Park

**Saturday, December 14
3:30-8:30pm**



Train Photo Credit: C. Yee

POWAY SWIM CENTER

13094 Civic Center Drive

(858) 668-4680

poway.org/swim

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family/single-use restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

Lanes will be set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times.

Hours

Spring (Aug 19–Oct 20)

Adult Lap Swim

Mon/Wed/Fri	6:30–8:30am 10:30am–7:00pm*
Tues/Thurs	6:30am–1:30pm (Long Course) 2:00–7:00pm
Sat/Sun	10:30am–5:00pm

Recreational Swim/Splash Pad

(Splash Pad may be closed based on seasonal weather)

Mon/Wed/Fri	10:30am–12:00pm (Shallow Square/Splash Pad only; Diving Board Closed) 12:00pm–7:00pm*
Tues/Thurs	8:00am–2:00pm (Shallow Square/Splash Pad only; Diving Board Closed) 2:00pm–7:00pm
Sat/Sun	1:00–5:00pm

Holiday Hours

Labor Day | Sep 2 10:30am–5:00pm

*The Swim Center will be closed at 5pm on the 1st Friday of every month for Staff Training.



WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Daily admission is required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

FAMILY SWIM

ALL AGES

Bring your family and floaties to the pool! Family Swim is a designated time for families to come swim together and enjoy their toys, rafts, fins, snorkels, and inner tubes. Items not provided by Swim Center. Proof of residency will be required for the resident rate. Family rate includes two adults and two children.

DAYS	TIME	R/NR FEE
SA/SU	10:30am–1:00pm	\$11/\$15

PARTY PACKAGES**ALL AGES**

The Poway Community Swim Center is the best place to throw a party that really makes waves! Make reservations in person at the Swim Center during regular business hours.

Party Packages all include reserved picnic tables, public pool use, use of facility refrigerator and freezer, admission for 25 swimmers, and the option to add an inflatable of your choosing!

INFORMATION: poway.org/poolpartypackages or (858) 668-4680

OPTIONS		R/NR FEE
Large Inflatable	Rec: ages 8+	\$300/\$310
Small Inflatable	Rec: ages 3-6	\$250/\$260
Picnic Tables	(Deep end or Splash Pad)	\$115/\$125

**INFLATABLE DAYS****ALL AGES**

What better way to jump into the weekend? Inflatable obstacle courses are available to the public every other Friday! Swim test will be required for all swimmers. Daily admission not included in inflatable fee.

INFORMATION: (858) 668-4680

DAY	TIME	DATES	R/NR FEE
F	3:30/4:30/5:30pm	Aug 23, Sep 6, 20	\$5/\$7

RED CROSS LIFEGUARD TRAINING**AGES 15+**

Lifeguard training teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22/Oxygen.

Learning occurs in and outside of class. 100% attendance and participation is required. There is a water skills test on the first day of class that must be passed in order to take the class. Class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.

INFORMATION: poway.org/lifeguardtraining or (858) 668-4683.

CLASS #	DAY	TIME	DATES	FEE
0700.204	M	5:00-8:00pm	Pretest Oct 7	\$170
	SA	8:00am-5:00pm	Oct 12, 19	
	M/W	5:00-8:00pm	Oct 14, 16, 21, 23	

*There is a \$41 fee that all students will have to pay directly to the American Red Cross.

LAKE POWAY

14644 Lake Poway Road
(858) 668-4770

poway.org/lakepoway

Park Ranger Office	(858) 668-4772
Park/Pavilion Reservations	(858) 668-4580
Lake Poway Concession	(858) 668-4778

Hours

Daily | 6:00am-Sunset
Closed Thanksgiving & Christmas

Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

Entry Station

Open Weekends & Holidays
\$10 non-resident entry fee for vehicles
Active Military free with ID

FALL CAMPING SERIES**ALL AGES**

Camping your way! Set up your tent and explore the park at your own pace. Hike the many trails, drop a line to catch a fish, cruise the lake on a motorboat, or simply relax by your campsite and take in all the natural beauty that Lake Poway offers. Fishing permits and boat rentals are not included, but may be purchased for a nominal fee.

CLASS #	DAY	TIME	DATES	FEE
1103.200	F-SA	1:00pm-10:00am	Sep 13-14	\$25
1103.201	F-SA	1:00pm-10:00am	Oct 4-5	\$25
1103.202	F-SA	1:00pm-10:00am	Oct 18-19	\$25
1103.203	F-SA	1:00pm-10:00am	Oct 25-26	\$25

**Night Fishing**

Think you're ready for the night bite? Stocked regularly with catfish, Lake Poway also has a thriving bass population. Fish until 11:30pm on Friday & Saturday nights through August 31.

Trout Season Returns to Lake Poway!

Temperatures dropping means trout are returning! Lake Poway has the best permit and boat prices in the area and is truly a "Big Trout Destination!" The Trout Season opening date will be announced on our website at poway.org/LakePoway.



BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road
1 mile north of Lake Poway Road
(858) 668-4781
poway.org/bluesky

Hours

Daily | Sunrise-Sunset



DOCENTS WANTED!

AGES 18+

Want to learn more about the plants and animals in our area? Do you enjoy being out in nature and sharing that passion with others? We need YOU! Training is FREE and self-paced. Join other fun, like-minded volunteers by filling out an online application at poway.org.

DOCENT-LED NATURE WALKS

ALL AGES

FREE!

Find our Activities Schedule on the website or pick up a copy at Lake Poway or the Reserve. Bring water and dress appropriately for the weather. All hikes begin at the bus shelter in the parking lot. Group walks available by reservation.

SAVE THE DATE!

ALL AGES

Hoot, Howl, & Prowl

Saturday, October 19 | 5:30-7:15pm.

Please see page 2 for all the details!



KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

poway.org/kiic

Hours

Open second and fourth Saturday of each month

10:00am-1:00pm

Group Tours

Free and available by calling: (858) 668-4781

GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES



Visit us on the second or fourth Saturday morning of each month and take a guided tour. Experience artifacts, 'ewaas, milling and grinding stations.

VOLUNTEER TODAY, INSPIRE FOR A LIFETIME AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. Absolutely no experience is required and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

If digging in the dirt is more your style, please join us to remove invasive species, plant new natives, trim trails, and beautify the site. We need YOU!

INFORMATION: poway.org/kiic or (858) 668-4781

RELIVE THE PAST TODAY: RETHATCH A REPLICA E'WAA!

ALL AGES

Step back in time with us for a glimpse into the life of Kumeyaay Indians. With authentic materials harvested from the site, we will rethatch e'waas (traditional shelters used by the Kumeyaay). No tools needed. Bring your family to experience everyday life as it was lived long ago. Refreshments will be available.

INFORMATION: aransom@poway.org or (858) 668-4781

DAY	TIME	DATES	FEE
SA	7:30-10:00am	Sep 21	FREE



POWAY LIBRARY

13137 Poway Road

(858) 513-2900

sdcl.org

Hours

Monday-Thursday | 9:30am-8:00pm

Friday-Saturday | 9:30am-5:00pm

Sunday | 12:00-5:00pm

FREE! CHILDREN'S PROGRAMS

BIRTH TO GRADE 5

KidsFest Signature Event: Sunday, August 4 | 12:00pm

During the School Year:

Storytime: Monday-Saturday | 10:30am

Baby Storytime: Tuesdays & Wednesdays | 9:45am

Kids' Craft Corner: Fridays | 3:00pm

FREE! TEEN PROGRAMS

GRADES 6-12

Teen Tuesdays & Thursdays | 4:00-5:00pm during the school year

FREE! ADULT PROGRAMS

AGES 18+

Poway Library Book Club: Third Tuesday monthly | 6:30pm

Evening Zumba: Monday evenings | 6:10pm

Coffee Painting: Saturday, September 14 | 10:00am

Friends of the Poway Library Book Sale:

Saturday, October 19 | 10:00am-4:00pm &

Sunday, October 20 | 12:00-3:00pm

Library programs subject to change. For more information about programs and events, call the library at **(858) 513-2900**.

POWAY SENIOR CENTER

We've Moved! Visit us
at our new location!

16315 Pomerado Road
Poway, CA 92064
(858) 748-6094



powayseniorcenter.org or
connect with us on Facebook



Visit us on Facebook

Hours

Senior Center: Monday-Friday | 8:00am-4:00pm

Gift Shop: Monday-Friday | 10:00am-2:00pm

Poway Senior Center is a non-profit organization that provides programs, activities, and services to the seniors in Poway and the surrounding communities.

LA BELLA BISTRO

Join Us for Lunch!

Monday-Friday | 11:15am-12:15pm



A suggested donation of \$4.00 for those 60 and older. Lunch for guests under 60 is \$6.00. Check out our menu online, in the newsletter, or just stop by and enjoy the special of the day. Reservations are not required.

Need a ride to lunch? Call for Poway Senior Center Bus Transportation at **(858) 748-6094 ext. 309**

COME HAVE FUN AND WIN!

Big Money BINGO!

Win Your Share of \$5,000 in Cash, with Progressive Game of \$1,199!

The best fun in Poway Twice a Week!

Open to the public, adults 18 and older. All proceeds help support the programs and services of PSC.

Saturdays | 5:30pm

Tuesdays | 12:15pm



VOLUNTEER OPPORTUNITIES!

Home-Delivered Meal Drivers needed to deliver delicious and nutritious lunches once a week in the Poway, Rancho Bernardo, or Scripps Ranch area. We ensure homebound seniors have a healthy meal each day. This service usually takes about an hour and you will be paid in smiles. Please contact Lisa LaScala, Nutrition Manager, at **(858) 748-6094 ext. 304**. Call today to make a difference in someone's life!

COMMUNITY SUPPORT/FUNDRAISING

Monthly Gift Basket

Every month it's something new!

Monthly Opportunity Drawings

Every month in our Lobby, we have a new, themed-gift basket you can win!

Tickets sold at the Reception Desk

\$1.00 a ticket or 6 for \$5.00

EXERCISE AT THE CENTER!

- Feeling Fit Classes (free)
- Tai Chi
- Yoga

STAY TUNED FOR ...

Flu Shot Clinic

This Flu Season be prepared!

Friday, November 8 | 10:00am-2:00pm.

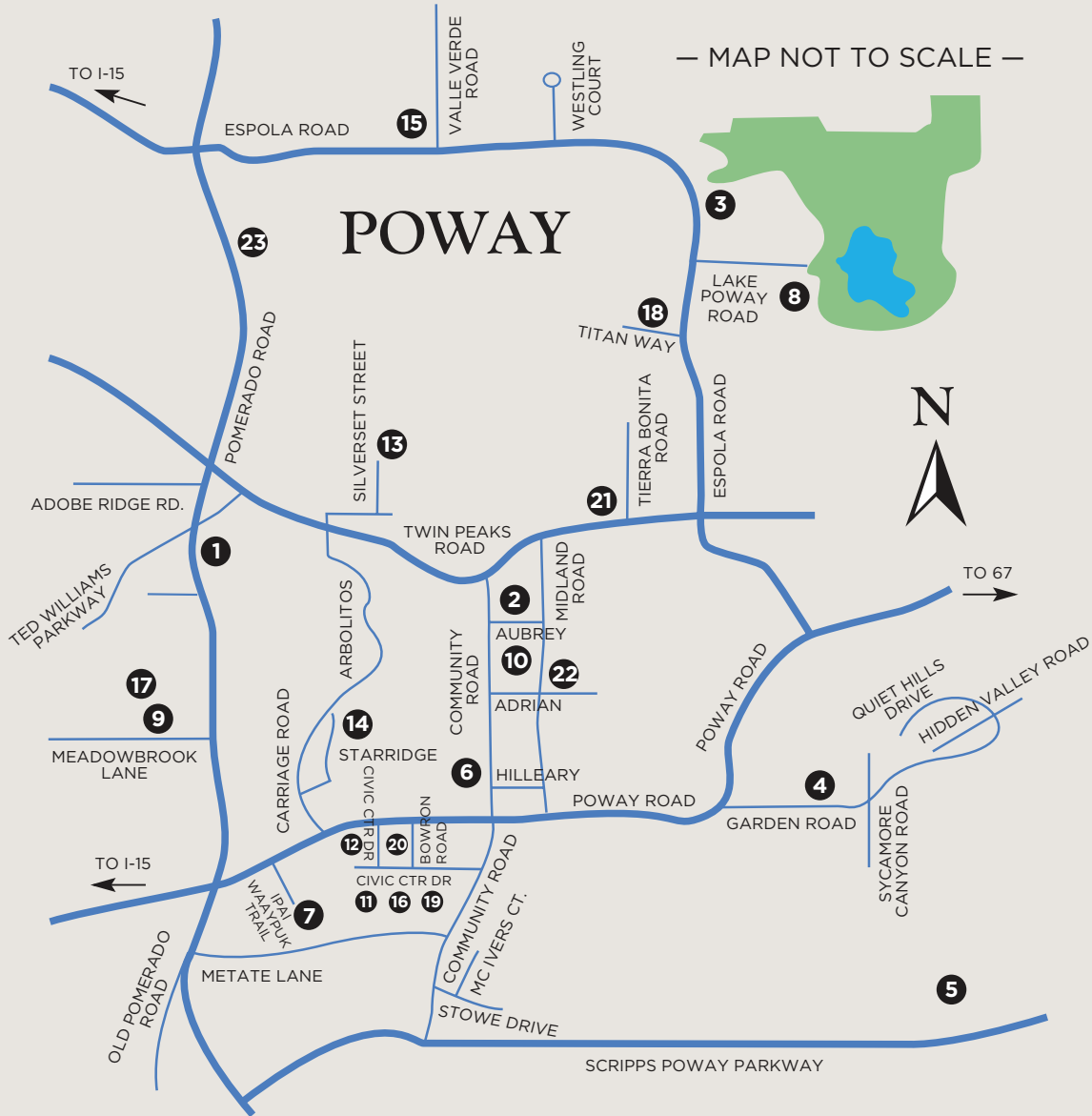
\$20.00 per person (cash or check) made out to: Palomar Pomerado Health (PPH).

SAFARI PARK ANIMAL EXHIBIT



Safari Park animal handlers will bring a few different friends to view and touch. Check our website for the date!

CULTURAL & RECREATIONAL FACILITIES



- | | | |
|--|---|---|
| <p>1 Arbolitos Sports Fields
14401 Pomerado Road</p> <p>2 Aubrey Park
13544 Aubrey Street</p> <p>3 Blue Sky Ecological Reserve
16275 Espola Road</p> <p>4 Garden Road Neighborhood Park
14901 Garden Road</p> <p>5 Goodan Ranch
16281 Sycamore Canyon Road</p> <p>6 Hilleary Park
13500 Community Road</p> <p>7 Kumeyaay-Ipai Interpretive Center
13104 Ipai Waaypuk Trail</p> <p>8 Lake Poway Recreation Area
14644 Lake Poway Road</p> | <p>9 Meadowbrook Soccer Field
12250 Meadowbrook Lane</p> <p>10 Old Poway Park
14134 Midland Road</p> <p>11 Poway Community Park
13094 Civic Center Drive
Community Swim Center
13094 Civic Center Drive
Dog Park
13094 Civic Center Drive</p> <p>12 Poway Skate Park
13090 Civic Center Drive</p> <p>13 Silverset Neighborhood Park
14795 Silverset Street</p> <p>14 Starridge Neighborhood Park
13745 Carriage Road</p> <p>15 Valle Verde Neighborhood Park
16899 St. Andrews Drive</p> | <p>16 Valley Soccer Field
13094 Civic Center Drive</p> <p>17 Meadowbrook Gymnasium
12320 Meadowbrook Lane</p> <p>18 Poway Center for the Performing Arts
15498 Espola Road</p> <p>19 Poway City Hall
13325 Civic Center Drive</p> <p>20 Poway Community Library
13137 Poway Road</p> <p>21 Twin Peaks Multipurpose Center
14640 Tierra Bonita Road</p> <p>22 Veterans Park
14135 Midland Road</p> <p>23 Poway Senior Center
16315 Pomerado Road</p> |
|--|---|---|



CLASS REGISTRATION

Summer Registration Begins August 6 at 7:30am

3 convenient ways to register for classes:

1 Online registration is available by visiting the City of Poway website: poway.org/classes. A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

2 Walk-in registration is available at the Community Services Department during business hours.
Location
13325 Civic Center Drive
Hours
Monday–Thursday | 7:30am–5:30pm
Friday | 8:00am–5:00pm
(closed every other Friday)

3 Mail-in registration is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.
Mail to
P.O. Box 789, Poway, CA 92074-0789

Class and Camp Refund/Transfer Policy

1. Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

2. All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to Activenet@poway.org, or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$15 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$15 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

3. Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department.

Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

Financial Assistance

Poway Leisure Assistance for Youth (PLAY) Scholarship

Did you know that developmentally-disabled individuals and youth might be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you? To find out more, please visit our website at poway.org/play.

Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.

POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road
PowayCenter.org



Administration (858) 668-4691
Box Office (858) 748-0505

Box Office Hours
Friday | 12:00pm-5:00pm
Saturday | 10:00am-3:00pm
Closed on major holidays.

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

Art Gallery & Facility
Tuesday-Friday | 10:00am-2:00pm
Saturday | 10:00am-3:00pm
Closed on major holidays.

Poway OnStage

Upcoming Art Exhibits

SEPTEMBER

Paintings and drawings in a variety of mediums from senior centers in Rancho Bernardo and San Marcos.



OCTOBER



Cottone, Taylor, and Binford "A Different Perspective"

Three local artists share their interpretations of life in Southern California and beyond. Their unique styles reveal differing views of our wonderful world.

NOVEMBER



Weston Riffle "Straight Tank Swallow"

Two decades of triumphs and yields in the desert. A retrospective of paintings of people that work to live in California.

GREATEST LOVE OF ALL
Whitney Houston Tribute
SEP 28



JAKE SHIMABUKURO
OCT 4



BACK TO THE GARDEN in
Monterey '67 Revisited
OCT 12



2019 Fall Season

STEVE POLTZ with Special
Guest **JACK TEMPCHIN**
NOV 2



MELISSA ETHERIDGE
NOV 15



JOHN TESH Christmas Show
DEC 7



15498 Espola Road, Poway, CA 92064
858.748.0505 | www.PowayOnStage.org

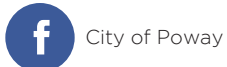
Presenters of World-Class Talent at the
Poway Center for the Performing Arts





City of Poway
13325 Civic Center Drive
Poway, CA 92064

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City of Poway



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poway.org/connectwithus

*****ECRWSEDDM****

POSTAL CUSTOMER

Poway, CA 92064

FALL 2019 EVENTS AT A GLANCE



RENDEZVOUS
October 5 & 6
Old Poway Park



ONCE UPON A HALLOWE'EN
October 27
Old Poway Park



HOOT, HOWL & PROWL
October 19
Blue Sky Reserve



POWAY DAYS PARADE
September 7
9:00am
Poway Road

Poway City Council

- Mayor: STEVE VAUS
- Deputy Mayor: DAVE GROSCH
- Councilmember: CAYLIN FRANK
- Councilmember: BARRY LEONARD
- Councilmember: JOHN MULLIN

SAVE THE DATE!

Registration begins
August 6 at 7:30am.
See page 24 for details,
or visit poway.org/classes.