

POWAY

COMMUNITY SERVICES GUIDE

SPRING 2019

REGISTRATION BEGINS
MARCH 5
AT 7:30AM

POWAY.ORG/CLASSES



SPRING INTO FUN!

Summer Camp Preview

Can you believe that summer is almost here!? If you love summer as much as we do, then you're already looking for summer fun! In addition to the traditional and well-loved Lake Poway Day Camp, we're bringing you an amazing lineup of specialty camps sure to delight the aspiring film makers, curious scientists, creative artists, and talented athletes in your family.

See Page 12 for the 2019 summer camp lineup. Early Summer Camp Registration begins April 9 at 7:30am.

Teen Excursion

In addition to all our amazing teen activities, we also offer Teen Excursions! So grab a friend (or make a new one) and **check out Page 2 for all the de-tales!** Did you catch our drift? We are headed to Sea World on June 14.

Save the Date!

Easter Egg Hunt at Community Park

April 20 | 8:00am-1:00pm



COVER PHOTO: PEGGY PEATTIE

Lake Poway Spring Camping

Are you looking for a staycation this Spring? Lake Poway offers the perfect opportunity for you and your family to camp! Set up your tent and explore the park at your own pace. Hike the numerous trails; drop a line to catch a fish; cruise the lake on a motorboat; or simply relax by your campsite and enjoy all the natural beauty that Lake Poway has to offer. This is a rain or shine event! Fee of \$25 per car. Information or to register: poway.org/classes or (858) 668-4772.

See Page 30 for more details.

Looking For a Summer Job?

Look no further than your Community Services Department! We hire qualified candidates to work with fun, outdoor, rewarding programs that enrich our community! As early as February, look for postings for Recreation Leaders, Day Camp Counselors, and Lifeguards/Swim Instructors. All jobs are posted online at: www.poway.org/jobs. **See Page 29 for information on Lifeguard Training Courses.**

Swim Party Packages

It's party time at the Poway Community Swim Center! Reservations can now be made for Saturday and Sunday party packages. All parties include two reserved picnic tables at the Swim Center for two hours, access to the facility fridge and freezer, public pool use, admission for 25 swimmers, and the option to add an inflatable! Information or to reserve: (858) 668-4680. **See Page 29 for more details.**



What are you doing for spring break?
How about a cool camp?

CAMP! SWIM & TENNIS CAMP AGES 8-15

The tennis portion of this camp will consist of court etiquette, scoring system, forehand and backhand groundstroke drills, footwork, volley and serving drills, games, singles and doubles strategy, court positioning, and conditioning. After lunch, participants will cool off with free swim in the pool! Participants should bring a snack, swim suit, towel, and plenty of sunscreen!

INSTRUCTOR: Art Christophiades
LOCATION: Community Park, Tennis Courts / Swim Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.400	M-F	9:00am-3:00pm	Apr 15-Apr 19	\$150/\$160*

*\$15 materials fee due on the first day of class

CAMP! SKATEBOARDING CAMP AGES 5-13

Come build your ramp skills, develop new tricks, learn safety techniques, meet special guest pros, and make new friends. This camp will benefit skateboarders of all levels! All participants MUST have a helmet, elbow pads, and knee pads each class. Bring your own skateboard or contact the instructor for rental options prior to the first class.

INSTRUCTOR: SD SkateLife
Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.400	M-F	9:00am-12:00pm	Apr 15-Apr 19	\$165/\$175

CAMP! ARCHERY CAMP AGES 7-17

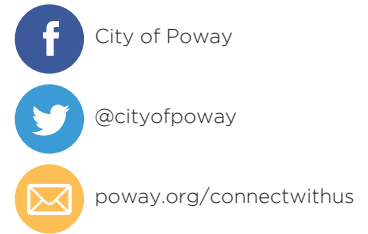
Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

INSTRUCTOR: Rick Harper
LOCATION: Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.400	M-F	8:00-9:30am	Apr 15-Apr 19	\$75/\$85*
6011.401	M-F	10:00-11:30am	Apr 15-Apr 19	\$75/\$85*

*\$15 materials fee due on the first day of class

Connect with us and never miss a recreation opportunity again!



SAVE THE DATE:

Spring Class Registration begins March 5 at 7:30am.
Early Summer Camp Registration begins April 9 at 7:30am.

SPRING CLASSES	2-11
Preschool Activities	2
Art	2
Kid's Night Out	2
Teen Programs	2
Health & Wellness	3
Dance	4
Creative Arts	5
Sports	6
Special Needs	8
Open Play Sports	8
Dog Training	8
Swim Classes	9
SUMMER CAMP PREVIEW	12-26
Lake Poway Day Camp/CIT	12
Dance Camps	12
Creative Arts Camps	14
Cooking Camps	15
Sports Camps	16
Technology Camps	18
Special Interest Camps	21
Science Camps	23
Art Camps	25
POWAY PARKS & FACILITIES	27-31
Poway Community Park	27
Old Poway Park	27
Poway Swim Center	28
Blue Sky Ecological Reserve	29
Lake Poway	30
Kumeyaay-Ipai Interpretive Center	30
Poway Library	31
Poway Senior Center	31
POWAY CENTER FOR THE PERFORMING ARTS	32
REGISTRATION	33

SPRING CLASSES

Spring Class Registration: March 5 at 7:30am

Preschool Activities

TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere! Participants learn concepts such as letters, numbers, writing and math skills, social skills, and more! Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

INSTRUCTOR: Charlene Donovan

LOCATION: Community Park, Youth Activity Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.400	TU/TH	9:00am-12:00pm	Apr 2-Apr 25	\$189/\$199*
1500.401	TU/TH	9:00am-12:00pm	Apr 30-May 23	\$189/\$199*
1500.402	TU/TH	9:00am-12:00pm	May 28-Jun 20	\$189/\$199*

*\$10 materials fee due on the first day of class



Art

GET SMART WITH ART

AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new, framed masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

INSTRUCTOR: Ms. Vivian

LOCATION: Community Park, Youth Activity Room

NO CLASS: May 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.400	M	10:00-10:45am	Apr 15-May 6	\$65/\$75
2505.401	M	10:00-10:45am	May 13-Jun 10	\$65/\$75

Kid's Night Out

KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Offered every first Friday of the month during the school year, kids in grades 1st-5th will enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night...it's Kid's Night Out! Registration is required.

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.400	F	4:30-9:00pm	Apr 5	\$10/\$20
1000.401	F	4:30-9:00pm	May 3	\$10/\$20
1000.402	F	4:30-9:00pm	Jun 7	\$10/\$20

Teen Programs

TEEN GLOW-IN-THE-DARK EGG HUNT

GRADES 6-9

When is an egg hunt not just an egg hunt? When it's a slammin' jammin' GLOW-IN-THE-DARK egg hunt! Join the quest for over one thousand glow-in-the-dark eggs filled with candy, kickin' gift cards, and tons of boss prizes. Don't miss out on the fun - bring your friends and get your hunt on!

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	FEE
1001.400	SA	5:00-9:00pm	Apr 20	\$5

NEW! TEEN FIESTA

GRADES 6-9

Hold on to your sombreros; we're about to guac your world! Grab your amigos, brush up on your macarena, and join us for an evening bursting with surprises! Fiesta like there's no mañana with caliente tunes, delicioso treats, loco activities, a super-stuffed piñata, and more! This is one spicy party you don't want to miss! So reschedule that siesta; it's time to fiesta!

INSTRUCTOR: Community Park Staff

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	FEE
1001.401	SA	5:00-9:00pm	May 18	\$5

NEW! TEEN EXCURSION: SEA WORLD

GRADES 6-9

It's o-fish-al; we're heading to Sea World! Celebrate the end of school with an undersea adventure! Test your nerves on the Electric Eel, try to stay dry as you splashdown to Atlantis, come face-to-face with Great Whites, and so much more! You don't want to miss this whale of a time! Admission, transportation, breakfast, and lunch are included. Register early; space is limited.

INSTRUCTOR: Community Park Staff

DROP OFF & PICK UP: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1001.402	F	8:00am-7:30pm	Jun 14	\$78/\$88

Health & Wellness

NEW! LITTLE BEE YOGA

AGES 5-10



Come learn about yoga in a fun and creative class. We combine yoga poses to familiar stories and songs. We become curious with guided imagery, relaxation techniques, and breathing exercises. We build confidence, balance the body and mind, increase self-awareness, and gain a better understanding of our own thoughts and feelings.

INSTRUCTOR: Sarah Webre
LOCATION: Old Poway Park, Great Room
NO CLASS: Apr 11 & May 2

CLASS #	DAY	TIME	DATES	R/NR FEE
1605.400	TH	4:45-5:45pm	Apr 4-May 16	\$85/\$95
1605.401	TH	4:45-5:45pm	May 23-Jun 20	\$85/\$95

PIYO LIVE

AGES 14+

PiYo LIVE brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity! When you're done, you'll feel exhilarated!

INSTRUCTOR: Brent Garriepy
LOCATION: Community Park, Bill Bond Hall I
NO CLASS: Apr 18

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.400	TH	6:00-7:00pm	Apr 4-Jun 20	\$85/\$95

NEW! CORE DE FORCE LIVE

AGES 12+

This is an MMA-styled group fitness class designed in an American Boxing style of 3-minute rounds. The rounds are split between 1-minute fight combinations mixed with 30 second HIIT spikes and 3-minute strength conditioning sections. This class uses strikes, blocks, and kicks from Muay Thai, Karate/Kung Fu, Brazilian Jiu Jitsu, and American Boxing. Get ready to beat up that stress, shred inches and shape your CORE using your body against your body. Please note, this is not a combat or self-defense course.

INSTRUCTOR: Rocki Hranac
LOCATION: Old Poway Park, Templars Hall
NO CLASS: Apr 11

CLASS #	DAY	TIME	DATES	R/NR FEE
1607.400	TH	6:00-7:00pm	Apr 4-Jun 20	\$85/\$95

COUNTRY HEAT LIVE

AGES 12+

This country line dance workout is unlike any other workout you've tried before! In no time, participants will be addicted to the simple steps and catchy country songs that make this class such a fun-filled, calorie-scorching good time! Please note, this is not a line dancing class.

INSTRUCTOR: Laurie Moran
LOCATION: Old Poway Park, Templars Hall
NO CLASS: May 27

CLASS #	DAY	TIME	DATES	R/NR FEE
1606.401	M	6:00-7:00pm	Apr 1-Jun 17	\$85/\$95

BEGINNING GENTLE YOGA

AGES 17+

Enjoy the benefits of gentle yoga movements! Explore and improve your range of motion through proper breathing and alignment. Focus on basic hatha yoga poses to increase strength and flexibility while releasing tension. Great for beginning and continuing yoga students. Bring a yoga mat, small blanket or beach towel, and water.

INSTRUCTOR: Susan Burnett
LOCATION: Old Poway Park, Great Room
NO CLASS: Apr 17

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.400	W	6:00-7:30pm	Apr 3-Jun 12	\$110/\$120

NEW! ADULT TAP

AGES 18+

Come get your tap on! Create rhythm with tried and true tap steps in this fun, low-impact tap class that is sure to show results. Give yourself the gift of time! No experience necessary.



INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com
LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.436	TU	6:35-7:30pm	Apr 2-Apr 30	\$85/\$95
1702.437	TU	6:35-7:30pm	May 7-Jun 4	\$85/\$95
1702.438	TU	6:35-7:30pm	Apr 2-Jun 4	\$153/\$163

NEW! ADULT HIP HOP

AGES 18+

Hip-Hop isn't just for kids! This fun, high-energy dance class will definitely have you movin' to the beats while building confidence, coordination, and showing off your creativity. No need to be intimidated...this class is great for those who want to enhance their hip hop groove.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.439	W	7:15-8:10pm	Apr 3-May 1	\$85/\$95
1702.440	W	7:15-8:10pm	May 8-Jun 5	\$85/\$95
1702.441	W	7:15-8:10pm	Apr 3-Jun 5	\$153/\$163

Dance

Try it before you buy it!

Try age-appropriate Dance to EvOLvE classes without obligation on Apr 1, 2, & 3. Liability waiver required.

NEW! BABY BOPPERS HIP HOP & CREATIVE MOVEMENT AGES 2-3



This class for boys and girls is a fusion of creative movement and basic hip hop to get all the wiggles out. Class focuses on muscle development, coordination, and musicality through fun and creative ways! Parent (or

caregiver) presence required since parents participate when needed. No dress code.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.400	TU	3:45-4:30pm	Apr 2-Apr 30	\$85/\$95
1702.401	TU	3:45-4:30pm	May 7-Jun 4	\$85/\$95
1702.402	TU	3:45-4:30pm	Apr 2-Jun 4	\$153/\$163

NEW! MAGICAL MUNCHKINS TAP/BALLET AGES 2-3.2



This gentle introductory combination dance class of tap, ballet, tumbling, and games is fun, energetic, and expressive! Great for girls and boys, your Magical Munchkin will learn all the basics for their first dance class. Classes start with tap and then transition into ballet each week, and are designed to be progressive. Parent (or caregiver) presence required as parents participate when needed.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.403	M	9:30-10:15am	Apr 1-Apr 29	\$85/\$95
1702.404	M	9:30-10:15am	May 6-Jun 3	\$85/\$95
1702.405	M	9:30-10:15am	Apr 1-Jun 3	\$153/\$163

NEW! TINY MOVERS TAP/BALLET AGES 3-4.5

A combination dance class of tap and ballet with tumbling and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap and then transition into ballet each week, and are designed to be progressive. This is the first 'big girls and boys' class as parents watch from outside of the room.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.406	M	10:20-11:15am	Apr 1-Apr 29	\$85/\$95
1702.407	M	10:20-11:15am	May 6-Jun 3	\$85/\$95
1702.408	M	10:20-11:15am	Apr 1-Jun 3	\$153/\$163
1702.409	M	3:00-3:55pm	Apr 1-Apr 29	\$85/\$95
1702.410	M	3:00-3:55pm	May 6-Jun 3	\$85/\$95
1702.411	M	3:00-3:55pm	Apr 1-Jun 3	\$153/\$163

NEW! STAR SHINERS TAP/BALLET AGES 4.5-6

Keep your Star Shiner moving in this tap and ballet combination dance class for girls and boys! This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap and then transition into ballet each week, and are designed to be progressive.

INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.412	M	4:00-4:55pm	Apr 1-Apr 29	\$85/\$95
1702.413	M	4:00-4:55pm	May 6-Jun 3	\$85/\$95
1702.414	M	4:00-4:55pm	Apr 1-Jun 3	\$153/\$163

NEW! BALLET AGES 7-18

A ballet class to discover your inner ballerina! A beginner/intermediate ballet dance class focusing on ballet technique through barre and center work. This class begins a young dancer's ballet training by developing grace, strength, and balance while always having fun. Classes are designed to be progressive.



INSTRUCTOR: Dance to EvOLvE: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
PRE-TEEN					
1702.415	7-12	M	5:00-5:55pm	Apr 1-Apr 29	\$85/\$95
1702.416	7-12	M	5:00-5:55pm	May 6-Jun 3	\$85/\$95
1702.417	7-12	M	5:00-5:55pm	Apr 1-Jun 3	\$153/\$163
TEEN					
1702.418	13-18	M	6:00-6:55pm	Apr 1-Apr 29	\$85/\$95
1702.419	13-18	M	6:00-6:55pm	May 6-Jun 3	\$85/\$95
1702.420	13-18	M	6:00-6:55pm	Apr 1-Jun 3	\$153/\$163

NEW! JAZZ **AGES 7-18**

Turn, kick, and leap your way into jazz! A beginner/intermediate jazz dance class that uses ballet as a foundation while focusing on energetic jazz techniques to keep things movin'. This class begins a young dancer's jazz training by developing rhythm, coordination, and flexibility. Classes are designed to be progressive.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com

LOCATION: Community Park, Auditorium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
PRE-TEEN					
1702.421	7-12	TU	4:35-5:30pm	Apr 2-Apr 30	\$85/\$95
1702.422	7-12	TU	4:35-5:30pm	May 7-Jun 4	\$85/\$95
1702.423	7-12	TU	4:35-5:30pm	Apr 2-Jun 4	\$153/\$163
TEEN					
1702.424	13-18	TU	5:35-6:30pm	Apr 2-Apr 30	\$85/\$95
1702.425	13-18	TU	5:35-6:30pm	May 7-Jun 4	\$85/\$95
1702.426	13-18	TU	5:35-6:30pm	Apr 2-Jun 4	\$153/\$163

BEAT BREAKERS & HIP HOP **AGES 4-18**

This fun, high-energy dance class will definitely have you movin' to the beats! Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated...this class is great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

INSTRUCTOR: Dance to EvOLVe: dancetoevolve.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
BEAT BREAKERS					
1702.427	4-7	W	4:00-4:55pm	Apr 3-May 1	\$85/\$95
1702.428	4-7	W	4:00-4:55pm	May 8-Jun 5	\$85/\$95
1702.429	4-7	W	4:00-4:55pm	Apr 3-Jun 5	\$153/\$163
HIP HOP: PRE-TEEN					
1702.430	8-12	W	5:00-5:55pm	Apr 3-May 1	\$85/\$95
1702.431	8-12	W	5:00-5:55pm	May 8-Jun 5	\$85/\$95
1702.432	8-12	W	5:00-5:55pm	Apr 3-Jun 5	\$153/\$163
NEW! HIP HOP: TEEN					
1702.433	13-18	W	6:15-7:10pm	Apr 3-May 1	\$85/\$95
1702.434	13-18	W	6:15-7:10pm	May 8-Jun 5	\$85/\$95
1702.435	13-18	W	6:15-7:10pm	Apr 3-Jun 5	\$153/\$163



For adult dance classes, see Health & Wellness on page 3.

CHEERLEADING, DANCE N' TUMBLE **AGES 2-10**

In this high-energy class, participants learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, sideline dances, and a full routine to be performed at a local event (1703.400-.401) and the San Diego County Fair (1703.402-.403).

INSTRUCTOR: Charlene's Dance N Cheer

LOCATION: Community Park, Auditorium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.400	2-3	W	5:30-6:00pm	Apr 3-May 8	\$60/\$70
1703.401	4-10	W	6:00-6:50pm	Apr 3-May 8	\$69/\$79
1703.402	2-3	W	5:30-6:00pm	May 15-Jun 19	\$60/\$70
1703.403	4-10	W	6:00-6:50pm	May 15-Jun 19	\$69/\$79



Creative Arts

NEW! CINEMATOGRAPHY 101 **AGES 7-17**

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through image. Using digital cameras, each participant creates a visual composition of non-narrative work. The objective is to tell a story visually by learning composition, lighting, color, and tone. Digital cameras provided for class use.

INSTRUCTOR: Children's Film Academy, Valente Aranda:
info@thechildrensfilmacademy.com

LOCATION: Old Poway Park, Parlour

NO CLASS: Apr 11

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1806.400	7-13	TH	4:00-5:30pm	Apr 4-May 30	\$149/\$159
1806.401	13-17	TH	5:30-7:00pm	Apr 4-May 30	\$149/\$159

Sports

SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field

SATURDAY: Community Park, Open Play Area

NO CLASS: Apr 17 & 20

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.400	W	4:00-4:30pm	Apr 3-Jun 12	\$140/\$150*
2010.401	SA	9:00-9:30am	Apr 6-Jun 15	\$140/\$150*

*\$30 materials fee due on the first day of class

SOCCER SHOTS CLASSIC

AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey!

INSTRUCTOR: Soccer Shots

LOCATION: **WEDNESDAY:** Valle Verde Park, Soccer Field

SATURDAY: Community Park, Open Play Area

NO CLASS: Apr 17 & 20

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.402	W	4:35-5:20pm	Apr 3-Jun 12	\$140/\$150*
2010.403	SA	9:35-10:20am	Apr 6-Jun 15	\$140/\$150*
2010.404	SA	10:30-11:15am	Apr 6-Jun 15	\$140/\$150*

*\$30 materials fee due on the first day of class

LEARN TO ICE SKATE

AGES 3-15



Our fun, introductory classes teach basic skating skills such as: how to properly fall down and get up, forward and backward skating, and stopping. Whether your desire is to master basic skating skills, play ice hockey, or figure skate, this class is the first step! Skate rental is included, and skaters can practice at

our public session on the day of their class.

INSTRUCTOR: The Rinks - Poway ICE

LOCATION: The Rinks - Poway ICE : 12455 Kerran St. #100

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.400	3-6	W	4:00-4:30pm	Apr 3-Apr 24	\$60/\$70
2012.401	7-15	W	4:30-5:00pm	Apr 3-Apr 24	\$60/\$70
2012.402	3-6	W	4:00-4:30pm	May 1-May 22	\$60/\$70
2012.403	7-15	W	4:30-5:00pm	May 1-May 22	\$60/\$70
2012.404	3-6	W	4:00-4:30pm	May 29-Jun 19	\$60/\$70
2012.405	7-15	W	4:30-5:00pm	May 29-Jun 19	\$60/\$70

MOM & TOT GYMNASTICS

AGES WALKING-3.5

This class is designed for toddlers and a parent to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently.

INSTRUCTOR: Poway Gymnastics

LOCATION: Poway Gymnastics: 12850 Brookprinter Place

NO CLASS: May 23 & 25

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.400	TH	10:45-11:15am	Apr 4-Jun 20	\$180/\$190*
2013.401	SA	8:30-9:00am	Apr 6-Jun 22	\$180/\$190*

*\$10 materials fee due on the first day of class

YOUTH VOLLEYBALL

AGES 9-14

Looking for a fun sport? Come and play some volleyball on Monday nights! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

INSTRUCTOR: David Claycomb

LOCATION: Meadowbrook Gymnasium

NO CLASS: Apr 8 & 15

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.400	9-12	M	5:30-6:30pm	Apr 1-Jun 3	\$60/\$70
2002.401	12-14	M	6:30-7:30pm	Apr 1-Jun 3	\$60/\$70

ADULT VOLLEYBALL

AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and women's: past volleyball experience is strongly recommended. Advanced: past league experience is required.

INSTRUCTOR: Dick Leatherman

LOCATION: Twin Peaks Multipurpose Center

NO CLASS: May 14 & 27

Coed Intermediate

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.400	Men's	TH	6:30-9:30pm	Apr 4-May 30	\$70/\$80
2005.401	Women's	TH	6:30-9:30pm	Apr 4-May 30	\$70/\$80

Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.402	Men's	TU	6:30-9:30pm	Apr 2-Jun 4	\$70/\$80
2005.403	Women's	TU	6:30-9:30pm	Apr 2-Jun 4	\$70/\$80

Women's

CLASS #	DAY	TIME	DATES	R/NR FEE
2005.404	M	6:30-9:30pm	Apr 1-Jun 3	\$70/\$80

TENNIS

AGES 6-14

Come learn tennis from beginners to advanced! Start by learning such skills as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate level. Enthusiasts enhance their ability levels in the Advanced Juniors course, preparing them for tournaments, league play, and high school teams. Advanced class placement is determined by the instructor.

INSTRUCTOR: Art Christophiades

LOCATION: Community Park, Tennis Courts

NO CLASS: Apr 20 & May 27

Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.400	8-14	TU/TH	4:00-5:00pm	Apr 2-May 2	\$70/80*
2000.401	6-8	SA	9:00-10:00am	Apr 6-May 11	\$35/\$45*
2000.402	8-14	SA	10:00-11:00am	Apr 6-May 11	\$35/\$45*
2000.403	8-14	TU/TH	4:00-5:00pm	May 14-Jun 13	\$70/80*
2000.404	6-8	SA	9:00-10:00am	May 18-Jun 15	\$35/\$45*
2000.405	8-14	SA	10:00-11:00am	May 18-Jun 15	\$35/\$45*

Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.406	8-14	TU/TH	5:00-6:00pm	Apr 2-May 2	\$70/80*
2000.407	8-14	SA	11:00am-12:00pm	Apr 6-May 11	\$35/\$45*
2000.408	8-14	TU/TH	5:00-6:00pm	May 14-Jun 13	\$70/80*
2000.409	8-14	SA	11:00am-12:00pm	May 18-Jun 15	\$35/\$45*

Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.410	8-14	M/W	4:00-5:30pm	Apr 1-May 1	\$90/\$100*
2000.411	8-14	M/W	4:00-5:30pm	May 13-Jun 17	\$90/\$100*

*\$5 materials fee due on the first day of class

INTRO TO SKATEBOARDING

AGES 6-13



This beginner's class is designed to help build balance, confidence, and coordination. Students learn the fundamentals of riding, skateboarding safety, and early trick development. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD SkateLife

Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.400	W	5:00-6:00pm	Apr 3-May 8	\$90/\$100
2004.401	W	5:00-6:00pm	May 15-Jun 19	\$90/\$100

INTERMEDIATE/ADVANCED SKATEBOARDING AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Intro to Skateboarding class before enrolling. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

INSTRUCTOR: SD SkateLife

Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.402	W	4:00-5:00pm	Apr 3-May 8	\$90/\$100
2004.403	W	4:00-5:00pm	May 15-Jun 19	\$90/\$100

TAEKWONDO & KARATE

AGES 5+



You'll learn Taekwondo kicks, blocks, and punches while incorporating Hapkido (joint locking techniques). A white taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for free! Liability waiver required.

INSTRUCTOR: Master Wolpert: (858) 748-1333

LOCATION: Community Park, Bill Bond Hall I

NO CLASS: May 27

Youth/Teen Taekwondo & Karate

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.400	5-8	M/W/F	5:00-6:00pm	Apr 1-Jun 14	\$89/\$99
2001.401	9-15	M/W/F	6:00-7:00pm	Apr 1-Jun 14	\$89/\$99



Adult Taekwondo & Karate

This program is designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.402	16+	M/F	6:00-7:00pm	Apr 1-Jun 14	\$89/\$99
		W	6:00-7:30pm		

GIRLS BASKETBALL

AGES 9-14

This league is designed to provide an exciting balance of instruction and friendly competition. Coaches run drills and provide skill training to prepare participants for 3-on-3, 4-on-4, and full-court recreation games. Previous experience is always helpful, but not necessary to have a great time! Players are divided according to age and skill level.

INSTRUCTOR: Paul Dekker: dekker@yahoo.com

LOCATION: Twin Peaks Multipurpose Center

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2003.400	9-12	W	5:30-7:00pm	Apr 10-Jun 12	\$55/\$65
2003.401	10-14	W	7:00-8:30pm	Apr 10-Jun 12	\$55/\$65



Special Needs

BOWLING

AGES 13+

This class provides unlimited fun for everyone! Awards and a party conclude the last class. If your participant needs one-to-one attention, has behavioral issues or special needs, please provide a description to the instructor. Depending on the circumstances, an aide may be required. All participants must be picked up by 3:30pm.

INSTRUCTOR: Sarah Gana-D'Agostino

LOCATION: Poway Fun Bowl: 12941 Poway Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2200.400	F	1:30-3:30pm	Apr 12-Jun 21	\$40/\$50*

*An \$8 class fee is collected at the bowling alley each week

Open Play Sports

OPEN PLAY SPORTS

ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the spring months, free open gym times are as follows:

Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU/TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at poway.org/gyms.

Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

TRAINING CLASSES

DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog! Basic commands are taught in basic obedience classes along with walking politely on a leash. As the curriculum advances in intermediate obedience classes, your dog works toward obtaining a Canine Good Citizen Title (AKC certified), greeting other dogs and people politely, and coming when called. Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

INSTRUCTOR: Good Dog Training School

LOCATION: **TUESDAY:** Old Poway Park, Green Park

WEDNESDAY: Community Park, Dog Pen 2

SATURDAY: Garden Road Park, Open Area

Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.400	TU	6:30-7:30pm	Apr 2-May 7	\$95/\$105*
2300.401	SA	9:30-10:30am	Apr 6-May 11	\$95/\$105*
2300.402	TU	6:30-7:30pm	May 14-Jun 18	\$95/\$105*
2300.403	SA	9:30-10:30am	May 18-Jun 22	\$95/\$105*

*\$25 material fees due on the first day of class

Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.404	SA	10:45-11:45am	Apr 6-May 11	\$95/\$105
2300.405	SA	10:45-11:45am	May 18-Jun 22	\$95/\$105

Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.406	W	10:45-11:45am	Apr 3-May 8	\$95/\$105
2300.407	W	10:45-11:45am	May 15-Jun 19	\$95/\$105



Swim Classes

Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683 prior to the start of the class to ensure that you are not dropped.

Waitlists

Can't find space in the class you're looking for? Contact us: (858) 668-4680 or e-mail: swimwaitlist@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

Swim Lesson Assessments

Make an appointment for a free swim lesson assessment. It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

PRIVATE LESSONS

ALL AGES

Private lessons are tailored to the individual's ability and desired skills. Must register for a minimum of four classes. Lessons are 30 minutes each. Registration takes place in person at the Swim Center and is available on a first-come, first-serve basis. Children under age of three may be required to have an adult in the water.

INFORMATION: (858) 668-4680

DAY	R/NR FEE
M-SA	\$30/\$42 per lesson

PARENT & CHILD

AGES 6-23 MONTHS

Introduces your child to the water and basic water skills. Parents must accompany their children in the water. Does not teach children to be accomplished swimmers or survival skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0010.420	TU/TH	4:20-4:50pm	Apr 16-May 2	\$45/\$67
Session 2				
0010.440	TU/TH	5:10-5:40pm	May 14-May 30	\$45/\$67



*PLEASE NOTE: There will be no classes on May 27.



PRE-GRUNION

AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. Parents **must** accompany their children in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0020.410	M/W	5:10-5:50pm	Apr 15-May 8	\$60/\$90
Session 2				
0020.430	M/W	5:10-5:50pm	May 13-Jun 5*	\$52/\$78



GRUNION 1

AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0101.410	M/W	3:30-4:10pm	Apr 15-May 8	\$60/\$90
0101.411	M/W	4:20-5:00pm	Apr 15-May 8	\$60/\$90
0101.420	TU/TH	3:30-4:10pm	Apr 16-May 9	\$60/\$90
0101.421	TU/TH	5:10-5:50pm	Apr 16-May 9	\$60/\$90
Session 2				
0101.430	M/W	3:30-4:10pm	May 13-Jun 5*	\$52/\$78
0101.431	M/W	4:20-5:00pm	May 13-Jun 5*	\$52/\$78
0101.440	TU/TH	3:30-4:10pm	May 14-Jun 6	\$60/\$90
0101.441	TU/TH	4:20-5:00pm	May 14-Jun 6	\$60/\$90

GRUNION 2**AGES 3-5**

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0102.410	M/W	3:30-4:10pm	Apr 15-May 8	\$60/\$90
0102.411	M/W	5:10-5:50pm	Apr 15-May 8	\$60/\$90
0102.412	M/W	6:00-6:40pm	Apr 15-May 8	\$60/\$90
0102.420	TU/TH	3:30-4:10pm	Apr 16-May 9	\$60/\$90
0102.421	TU/TH	4:20-5:00pm	Apr 16-May 9	\$60/\$90
0102.422	TU/TH	5:10-5:50pm	Apr 16-May 9	\$60/\$90

Session 2

0102.430	M/W	3:30-4:10pm	May 13-Jun 5*	\$52/\$78
0102.431	M/W	5:10-5:50pm	May 13-Jun 5*	\$52/\$78
0102.440	TU/TH	3:30-4:10pm	May 14-Jun 6	\$60/\$90
0102.441	TU/TH	4:20-5:00pm	May 14-Jun 6	\$60/\$90
0102.442	TU/TH	5:10-5:50pm	May 14-Jun 6	\$60/\$90

GRUNION 3**AGES 3-5**

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0103.410	M/W	3:30-4:10pm	Apr 15-May 8	\$60/\$90
0103.411	M/W	5:10-5:50pm	Apr 15-May 8	\$60/\$90
0103.420	TU/TH	6:00-6:40pm	Apr 16-May 9	\$60/\$90

Session 2

0103.430	M/W	3:30-4:10pm	May 13-Jun 5*	\$52/\$78
0103.431	M/W	6:00-6:40pm	May 13-Jun 5*	\$52/\$78
0103.440	TU/TH	4:20-5:00pm	May 14-Jun 6	\$60/\$90

OTTER PUP**AGES 3-5**

This class is for swimmers that are ready to move on to the Otter level, but are not old enough. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0104.420	TU/TH	4:20-5:00pm	Apr 16-May 9	\$60/\$90
Session 2				
0104.430	M/W	5:10-5:50pm	May 13-Jun 5*	\$52/\$78

*PLEASE NOTE: There will be no classes on May 27.

**STARFISH****AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0201.410	M/W	4:20-5:00pm	Apr 15-May 8	\$60/\$90
0201.411	M/W	6:00-6:40pm	Apr 15-May 8	\$60/\$90
0201.420	TU/TH	3:30-4:10pm	Apr 16-May 9	\$60/\$90
0201.421	TU/TH	5:10-5:50pm	Apr 16-May 9	\$60/\$90

Session 2

0201.430	M/W	4:20-5:00pm	May 13-Jun 5*	\$52/\$78
0201.431	M/W	5:10-5:50pm	May 13-Jun 5*	\$52/\$78
0201.440	TU/TH	4:20-5:00pm	May 14-Jun 6	\$60/\$90
0201.441	TU/TH	6:00-6:40pm	May 14-Jun 6	\$60/\$90

SEAHORSE**AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0202.410	M/W	4:20-5:00pm	Apr 15-May 8	\$60/\$90
0202.411	M/W	6:00-6:40pm	Apr 15-May 8	\$60/\$90
0202.420	TU/TH	4:20-5:00pm	Apr 16-May 9	\$60/\$90
0202.421	TU/TH	6:00-6:40pm	Apr 16-May 9	\$60/\$90

Session 2

0202.430	M/W	4:20-5:00pm	May 13-Jun 5*	\$52/\$78
0202.431	M/W	6:00-6:40pm	May 13-Jun 5*	\$52/\$78
0202.440	TU/TH	3:30-4:10pm	May 14-Jun 6	\$60/\$90
0202.441	TU/TH	6:00-6:40pm	May 14-Jun 6	\$60/\$90



OTTER**AGES 6-14**

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, passing the Swim Test, and introduces the deep end.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0203.410	M/W	4:20-5:00pm	Apr 15-May 8	\$60/\$90
0203.411	M/W	6:00-6:40pm	Apr 15-May 8	\$60/\$90
0203.420	TU/TH	5:10-5:50pm	Apr 16-May 9	\$60/\$90
0203.421	TU/TH	6:00-6:40pm	Apr 16-May 9	\$60/\$90

Session 2

0203.430	M/W	4:20-5:00pm	May 13-Jun 5*	\$52/\$78
0203.431	M/W	6:00-6:40pm	May 13-Jun 5*	\$52/\$78
0203.440	TU/TH	5:10-5:50pm	May 14-Jun 6	\$60/\$90
0203.441	TU/TH	6:00-6:40pm	May 14-Jun 6	\$60/\$90

**SEAL****AGES 6-15**

Takes place in 11-12 feet of water. Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, diving from the side of the pool, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0204.410	M/W	5:10-5:50pm	Apr 15-May 8	\$60/\$90
0204.420	TU/TH	6:00-6:40pm	Apr 16-May 9	\$60/\$90
0204.421	TU/TH	6:50-7:30pm	Apr 16-May 9	\$60/\$90

Session 2

0204.430	M/W	6:00-6:40pm	May 13-Jun 5*	\$52/\$78
0204.440	TU/TH	5:10-5:50pm	May 14-Jun 6	\$60/\$90

STINGRAY**AGES 6-15**

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke in 11-12 feet of water. Introduced skills are breaststroke, sidestroke, and diving.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0205.410	M/W	6:50-7:30pm	Apr 15-May 8	\$60/\$90
Session 2				
0205.430	M/W	6:50-7:30pm	May 13-Jun 5*	\$52/\$78
0205.440	TU/TH	6:00-6:40pm	May 14-Jun 6	\$60/\$90

*PLEASE NOTE: There will be no classes on May 27.

**DOLPHIN****AGES 6-15**

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0206.420	TU/TH	6:50-7:30pm	Apr 16-May 9	\$60/\$90
Session 2				
0206.440	TU/TH	6:50-7:30pm	May 14-Jun 6	\$60/\$90

SWORDFISH**AGES 6-15**

Develop skill proficiency and continue to progress towards swimming greater distances in all strokes. Participants are expected to swim at least 50 yards without stopping prior to taking this class.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 2				
0207.430	M/W	6:50-7:30pm	May 13-Jun 5*	\$52/\$78

ADULT BEGINNER**AGES 16+**

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0301.410	M/W	6:50-7:30pm	Apr 15-May 8	\$60/\$90
0301.420	TU/TH	6:50-7:30pm	Apr 16-May 9	\$60/\$90
Session 2				
0301.430	M/W	6:50-7:30pm	May 13-Jun 5*	\$52/\$78
0301.440	TU/TH	6:50-7:30pm	May 14-Jun 6	\$60/\$90

ADULT INTERMEDIATE**AGES 16+**

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

CLASS #	DAY	TIME	DATES	R/NR FEE
Session 1				
0302.410	M/W	6:50-7:30pm	Apr 15-May 8	\$60/\$90
Session 2				
0302.440	TU/TH	6:50-7:30pm	May 14-Jun 6	\$60/\$90

SUMMER CAMP PREVIEW

Early Summer Camp Registration:

April 9 at 7:30am

All camp participants should wear closed-toe shoes and bring water, a snack or lunch, and plenty of sunscreen (for outdoor camps).

LAKE POWAY DAY CAMP

AGES 6-12

At Lake Poway Day Camp, we help your child make new friends and create lifelong memories. Each week, campers have the opportunity to go boating, fishing, hiking, create arts and crafts, play games, attend a variety of exciting field trips, and explore the great outdoors! Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

NO CAMP: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2934.100	M-F	8:00am-4:00pm	Jun 17-Jun 21	\$145/\$165
2934.101	M-F	8:00am-4:00pm	Jun 24-Jun 28	\$145/\$165
2934.102	M-W, F	8:00am-4:00pm	Jul 1-3, Jul 5	\$115/\$135
2934.103	M-F	8:00am-4:00pm	Jul 8-Jul 12	\$145/\$165
2934.104	M-F	8:00am-4:00pm	Jul 15-Jul 19	\$145/\$165
2934.105	M-F	8:00am-4:00pm	Jul 22-Jul 26	\$145/\$165
2934.106	M-F	8:00am-4:00pm	Jul 29-Aug 2	\$145/\$165
2934.107	M-F	8:00am-4:00pm	Aug 5-Aug 9	\$145/\$165
2934.108	M-F	8:00am-4:00pm	Aug 12-Aug 16	\$145/\$165

LAKE POWAY DAY CAMP CIT

AGES 13-17

The Lake Poway Day Camp Counselor in Training (CIT) program gives teens the opportunity to build their leadership and communication skills while having a blast at camp! Each week, CIT's will be leading the campers in boating, fishing, hiking, creating arts and crafts, playing games, and attending a variety of exciting field trips! Extended care is available from 4:00-5:30pm, free of charge.

INFORMATION: poway.org/daycamp or (858) 668-4776

NO CAMP: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2935.100	M-F	8:00am-4:00pm	Jun 17-Jun 21	\$72/92
2935.101	M-F	8:00am-4:00pm	Jun 24-Jun 28	\$72/92
2935.102	M-W, F	8:00am-4:00pm	Jul 1-3, Jul 5	\$58/\$78
2935.103	M-F	8:00am-4:00pm	Jul 8-Jul 12	\$72/92
2935.104	M-F	8:00am-4:00pm	Jul 15-Jul 19	\$72/92
2935.105	M-F	8:00am-4:00pm	Jul 22-Jul 26	\$72/92
2935.106	M-F	8:00am-4:00pm	Jul 29-Aug 2	\$72/92
2935.107	M-F	8:00am-4:00pm	Aug 5-Aug 9	\$72/92
2935.108	M-F	8:00am-4:00pm	Aug 12-Aug 16	\$72/92

Dance Camps

CHEERLEADING, DANCE & TUMBLE

AGES 4-11

Learn the fundamentals of cheerleading and dance technique including: stretches, jumps/kicks, cheers, sideline dances, beginner stunting and tumbling, and a full routine, all of which are performed for families on the last day! FUN cheer-themed arts and crafts include: decorate your own hair bow, cheer camp t-shirt, water bottles, spirit sticks, posters, and more!

INSTRUCTOR: Charlene's Dance N Cheer: charlensedance.com

LOCATION: Twin Peaks Multipurpose Center

NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
5703.100	M-F	9:00am-12:00pm	Jul 1-Jul 5	\$128/\$138*

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5703.101	M-F	1:00-4:00pm	Jul 22-Jul 26	\$160/\$170*

*\$10 materials fee due on the first day of class.



DANCE TO EVOLVE: BEAT BREAKERS HIP HOP AGES 3-7



This high-energy hip hop camp definitely has you movin' to the beats! Activities include basic hip hop moves, tumbling, dance games, and arts and crafts in a non-stop environment. No experience needed. On Friday, participants show-off what they've learned for parents, family, and friends! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.100	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$174/\$184



DANCE TO EVOLVE: SUPERHERO DANCE AGES 3-7

This non-stop camp is catered towards the energy of a hero or heroine! Superheroes show-off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a Superhero skit, and games. This is the camp for anyone who loves to perform, no experience required! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.101	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$174/\$184

NEW! DANCE TO EVOLVE: DANCE! DESIGN! DIRECT! AGES 7-13

This is the summer camp for those who love to perform! This camp blends dance instruction with creative freedom. Dancers are the decision makers by exploring various styles of dance, student choreography, show management, costume design, and much more for their Friday performance! All levels and ages are welcome! No experience required! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.102	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$174/\$184

DANCE TO EVOLVE: CREATIVE EXPLORERS AGES 3-7

Your little one will explore the world of dance, music, and art. Camp begins with dance games, exploring music through singing silly songs, and playing all kinds of fun instruments. Camp ends with fun and creative art projects. Participants show-off their talents and creations during the end-of-the-week show. Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.103	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$174/\$184

NEW! DANCE TO EVOLVE: ROYALTY OF FAIRYLAND AGES 3-7

Dancing princes and princesses in an enchanted land far, far away! Have a ball in dance class, a royal tea party for snack time, art projects suited for a prince and princess, and much more! On Friday, these prince and princesses will show off their magical talents to family and friends! Wear dance attire and/or comfortable clothes and shoes.

INSTRUCTOR: Dance To EvOLvE: dancetoevolve.com
LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.104	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$174/\$184

DANCING FAIRYTALE PRINCESSES AGES 3-8

All dancers in the kingdom are invited to spend a week of dance and enchantment with some of our favorite fairytale princesses! Learn ballet, tap, tumbling, and jazz dances to beloved songs from "Under the Sea" all the way to "Wonderland" and more! A daily royal sparkly craft included. Fairytale princess-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress
LOCATION: Ms. Debbora's School of Dance: 14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.100	M-F	9:30-11:30am	Jul 8-Jul 12	\$110/\$120
5700.101	M-F	1:00-3:00pm	Jul 8-Jul 12	\$110/\$120



NEW! MAGICAL FAIRIES AND UNICORNS! AGES 3-8

Let's dance with fairies and unicorns during this whimsical week of magical fun! We'll tip-toe through the garden, wiggle and tumble with fairies, and twirl and tap with unicorns. A daily "magical" sparkly craft included! Magical fairy and unicorn-themed attire encouraged; tap and ballet shoes required.

INSTRUCTOR: Debbora Childress
LOCATION: Ms. Debbora's School of Dance: 14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.102	M-F	9:30-11:30am	Jul 22-Jul 26	\$110/\$120
5700.103	M-F	1:00-3:00pm	Jul 22-Jul 26	\$110/\$120

Creative Arts Camps

BEST OF BROADWAY & DISNEY

AGES 6-12

Let's perform songs and scenes from your favorite shows. We'll develop skills in both acting and improv, take a fantastic dance class, and dive into vocal technique. We'll create a script together using our favorite musical theater songs and perform our show on the last day of camp! All participants receive show scripts and CDs.

INSTRUCTOR: Catherine Colby

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.100	M-F	9:00am-1:30pm	Jun 24-Jun 28	\$199/\$209*
5803.101	M-F	9:00am-1:30pm	Jul 29-Aug 2	\$199/\$209*

*\$10 materials fee due on the first day of class.

MUSICAL THEATRE CAMP

AGES 6-15

In this fun and entertaining Musical Theatre Camp, kids learn all about the performing arts! We'll take a classic musical and adapt it into our own smash hit! Improv and musical theatre will be the focus, plus we'll have a great time playing lots of fun theatre games. Everyone plays a huge part in bringing the magic together! A new mini-production is performed each week.

INSTRUCTOR: Julie Clemmons

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5801.100	M-F	1:00-4:00pm	Jun 17-Jun 21	\$165/\$175
5801.101	M-F	1:00-4:00pm	Jul 8-Jul 12	\$165/\$175
5801.102	M-F	1:00-4:00pm	Aug 12-Aug 16	\$165/\$175

NEW! CINEMATOGRAPHY

AGES 7-13



An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through image. Using digital cameras, each participant creates a visual composition of non-narrative work. Participants tell a story

visually by learning composition, lighting, color, and tone. Digital cameras provided for camp use.

INSTRUCTOR: Children's Film Academy: Valente Aranda
info@thechildrensfilmacademy.com

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.100	M-F	1:00-4:00pm	Jun 24-Jun 28	\$165/\$175

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.101	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$165/\$175

PHOTOGRAPHY

AGES 9-15

Express your creativity through photography! Participants create a portfolio of their pictures, learning how to organize and place them to showcase each one. Participants learn about lighting, glare, angles, cropping, framing, editing, and other details that can make a photo the best it can be! Cameras provided for camp use.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.100	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$155/\$165



ITTY BITTY MUSIC

AGES 4-7

Itty Bitty Music is the perfect way for your child to learn the fundamentals of music! Our instructor teaches the most basic beats and notes by having participants play along with a variety of easy-to-use instruments such as drums, shakers, flutes, and many other basic instruments. Participants make their own instruments to personalize and take home!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.101	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$140/\$150

DIGITAL MUSIC CAMP

AGES 9-16

Want to be the next Diplo or Daft Punk? Do you just love the sound of music that has been remixed or have ideas on how to make current songs sound even more awesome? Then we have the camp for you! Digital music camp teaches you how to use music/DJ software, and maybe even a turntable, to take your favorite songs from "yeah, that's good" to "DUDE, THAT'S EPIC!!!" We instruct how to tweak the timing and add in sound effects to songs, combine songs, or parts of songs together; and select certain beats to make beats and songs all your own! Please Note: songs created at camp are for personal use only.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.102	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$140/\$150

Cooking Camps

FARM TO TABLE

AGES 7-12

Chefs work with fresh and wholesome ingredients to make food that is tasty, healthy, and has minimal impact on our environment. Who knew really tasty food could be so healthy! Participants have the opportunity to start growing a plant of their own and learn about composting to keep the soil for their plants at its best. As with our own diets, what you feed your plant matters!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6800.100	M-F	1:00-4:00pm	Jun 24-Jun 28	\$165/\$175

ITTY BITTY CHEFS

AGES 5-7

Does your little chef look on as people do things in the kitchen with the desire to see what it's all about? Encourage independence and self-confidence in the kitchen with Itty Bitty Chefs camp! Participants learn how to make a variety of treats that are as delicious as they are easy to make!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6800.101	M-F	1:00-4:00pm	Jul 8-Jul 12	\$165/\$175



TOP CHEF: JUST DESSERTS

AGES 7-12

Cooking Camp has never been more delicious! Participants create some amazing desserts from chocolates to frosting and bright colorful ingredients that keep your kids coming back for more. But wait! Before you think this is all about sugar, we'll be incorporating some scrumptious, healthy alternatives, as well. This is a not-to-be-missed camp for anyone who wants to cook the ultimate and final course.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6800.102	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$165/\$175

JR. CAKE BOSS

AGES 5-7

This camp is for all the little chefs out there who want to have a blast, eat delicious homemade treats, and exercise their creativity! Participants learn the fundamentals of preparation and decoration of a wide variety of sweet treats - and get to eat them, too!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6800.103	M-F	1:00-4:00pm	Jul 29-Aug 2	\$165/\$175

TOP CHEF: COOKING AROUND THE WORLD

AGES 7-12

In this camp, chefs learn how to make several delicious and fun dishes using a wide variety of cooking methods. We explore and learn how to cook foods from different countries and cultures, while also learning about the country's lifestyle.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6800.104	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$165/\$175



Sports Camps

INTRODUCTION TO FENCING

AGES 6-14

En Garde! Ready? Fence! Team Touche's fencing camp is a week of fun and engaging lessons in fencing that are sure to strengthen muscle and develop speed as participants learn to swing, carve, and strike with child-friendly fencing equipment - provided for use during camp.

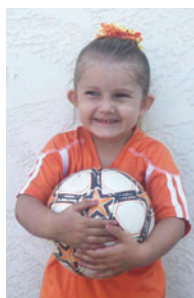
INSTRUCTOR: Team Touche

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6006.100	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$185/\$195
6006.101	M-F	1:00-4:00pm	Jul 15-Jul 19	\$185/\$195

SOCCER SHOTS

AGES 3-8



Soccer Shots is all about getting young athletes excited about taking risks and creating confidence with the ball. Our professionally-trained, child-development experts teach Soccer Shots character traits, as well as soccer skills. Our goal is to have participants succeed on the soccer field and beyond the game!

INSTRUCTOR: Soccer Shots
LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6010.100	M-F	9:00am-12:00pm	Jun 24-Jun 28	\$135/\$145*
6010.101	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$135/\$145*
6010.102	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$135/\$145*

*\$20 materials fee due on the first day of class

NEW! MASTER SPORTS: FLAG FOOTBALL

AGES 8-13

One of our most popular camps! A great way to get ready for the fall season or just have fun playing this sport. Our experienced staff help participants improve in a fun setting. All participants receive a camp shirt and football.

INSTRUCTOR: Master Sports

LOCATION: Valley Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.101	M-F	9:00am-3:00pm	Jun 24-Jun 28	\$175/\$185



ARCHERY

AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for use during camp.

INSTRUCTOR: Rick Harper

LOCATION: Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.100	M-F	8:00-9:30am	Jun 17-Jun 21	\$75/\$85*
6011.101	M-F	10:00-11:30am	Jun 17-Jun 21	\$75/\$85*
6011.102	M-F	8:00-9:30am	Jun 24-Jun 28	\$75/\$85*
6011.103	M-F	10:00-11:30am	Jun 24-Jun 28	\$75/\$85*
6011.104	M-F	8:00-9:30am	Jul 8-Jul 12	\$75/\$85*
6011.105	M-F	10:00-11:30am	Jul 8-Jul 12	\$75/\$85*
6011.106	M-F	8:00-9:30am	Jul 15-Jul 19	\$75/\$85*
6011.107	M-F	10:00-11:30am	Jul 15-Jul 19	\$75/\$85*
6011.108	M-F	8:00-9:30am	Jul 22-Jul 26	\$75/\$85*
6011.109	M-F	10:00-11:30am	Jul 22-Jul 26	\$75/\$85*
6011.110	M-F	8:00-9:30am	Jul 29-Aug 2	\$75/\$85*
6011.111	M-F	10:00-11:30am	Jul 29-Aug 2	\$75/\$85*
6011.112	M-F	8:00-9:30am	Aug 5-Aug 9	\$75/\$85*
6011.113	M-F	10:00-11:30am	Aug 5-Aug 9	\$75/\$85*
6011.114	M-F	8:00-9:30am	Aug 12-Aug 16	\$75/\$85*
6011.115	M-F	10:00-11:30am	Aug 12-Aug 16	\$75/\$85*

*\$15 materials fee due on the first day of class

GWYNN BASEBALL:

AGES 7-14

YOUTH BASEBALL CAMP

Gwynn Baseball provides a safe, healthy, learning environment for athletes to develop their athletic skills. Participants watch demonstrations by professional staff and partake in drills covering hitting, infield and outfield play, base running, and pitching. We are dedicated to providing a fun and stimulating experience that will be remembered for years! Participants receive a camp t-shirt.

INSTRUCTOR: Brandon Decker and Gwynn Baseball staff

LOCATION: Community Park, Ball Field East & West

Full Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.100	M-F	8:00am-1:30pm	Jun 17-Jun 22	\$300/\$310*
	SA	10:00am-3:00pm		

Half Week:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.101	W/F	8:00am-1:30pm	Jun 19, 21, 22	\$225/\$235*
	SA	10:00am-3:00pm		

1 Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.102	SA	10:00am-3:00pm	Jun 22	\$75/\$85*

*\$25 materials fee due on the first day of class

SKATEBOARDING & SWIM

AGES 5-13



Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! Participants will receive an SD SkateLife sticker pack. All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

INSTRUCTOR: SD SkateLife
Andrew Barbosa: Andrew@sdskatelife.com

LOCATION: Community Park, Skate Park

NO CLASS: Jul 4

Half Day: Skateboarding

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.100	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$165/\$175
6004.101	M-F	9:00am-12:00pm	Jul 1-Jul 5	\$135/\$145
6004.102	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$165/\$175
6004.103	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$165/\$175
6004.104	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$165/\$175

Full Day: Skateboarding & Swim

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.105	M-F	9:00am-3:00pm	Jun 7-Jun 21	\$240/\$250*
6004.106	M-F	9:00am-3:00pm	Jul 1-Jul 5	\$195/\$205*
6004.107	M-F	9:00am-3:00pm	Jul 15-Jul 19	\$240/\$250*
6004.108	M-F	9:00am-3:00pm	Jul 29-Aug 2	\$240/\$250*
6004.109	M-F	9:00am-3:00pm	Aug 12-Aug 16	\$240/\$250*

*\$15 materials fee due on the first day of class

SWIM & TENNIS

AGES 8-15

This camp will consist of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool!

INSTRUCTOR: Art Christophiades
LOCATION: Community Park, Tennis Courts
NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.100	M-F	9:00am-3:00pm	Jun 17-Jun 21	\$150/\$160*
6000.101	M-F	9:00am-3:00pm	Jun 24-Jun 28	\$150/\$160*
6000.102	M-F	9:00am-3:00pm	Jul 1-Jul 5	\$120/\$130*
6000.103	M-F	9:00am-3:00pm	Jul 8-Jul 12	\$150/\$160*
6000.104	M-F	9:00am-3:00pm	Jul 15-Jul 19	\$150/\$160*
6000.105	M-F	9:00am-3:00pm	Jul 22-Jul 26	\$150/\$160*
6000.106	M-F	9:00am-3:00pm	Jul 29-Aug 2	\$150/\$160*
6000.107	M-F	9:00am-3:00pm	Aug 5-Aug 9	\$150/\$160*
6000.108	M-F	9:00am-3:00pm	Aug 12-Aug 16	\$150/\$160*

*\$15 materials fee due on the first day of class

MASTER SPORTS: XTREME DODGEBALL CAMP AGES 6-12

We've combined some of the most popular games of all time like Dodgeball, Capture the Flag, Hide and Seek, and Paintball to create an incredibly fun, adrenaline-rushing game! Xtreme Dodgeball teaches teamwork, strategy, and sportsmanship while providing physical fitness benefits. Inflatable obstacles and child-friendly dodgeballs are used to create a safe and Xtremely fun time!

INSTRUCTOR: Master Sports
LOCATION: Twin Peaks Multipurpose Center

Half Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.102	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$160/\$170
6008.103	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$160/\$170

Full Day:

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.105	M-F	9:00am-3:00pm	Jun 17-Jun 21	\$185/\$195
6008.106	M-F	9:00am-3:00pm	Jul 8-Jul 12	\$185/\$195

NEW! MASTER SPORTS: SKILL BUILDER BASKETBALL

AGES 6-13

Build your physical and mental skills with this awesome camp that focuses on basketball essentials, giving every player the tools, they need to succeed. This camp is filled with fun drills and games to improve your game. Incorporated into the curriculum is the Fitlight Trainer, to train your brain and your game! Participants are divided into groups by skill and age to maximize their workouts and scrimmages. All participants receive a dri-fit basketball performance shirt.



INSTRUCTOR: Master Sports
LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.108	M-F	9:00am-3:00pm	Jul 15-Jul 19	\$185/\$195

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.109	M-F	9:00am-3:00pm	Jun 24-Jun 28	\$185/\$195
6008.110	M-F	9:00am-3:00pm	Aug 5-Aug 9	\$185/\$195

NEW! MASTER SPORTS: ADVENTURE LASERTAG

AGES 8-13

Can you make it through basic training, conquer the obstacle course, and tackle rope swings? Participants learn to work as a team to prepare for new missions; protecting home base, capturing the enemy tank, and rescuing captured teammates! An advanced G14 laser tag system and a playing field that resembles a Hollywood set make this a one-of-a-kind camp experience!

INSTRUCTOR: Master Sports
LOCATION: Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.100	M-F	9:00am-3:00pm	Jul 29-Aug 2	\$225/\$235

Technology Camps

NEW! INCREDFLIX GREEN SCREEN LEGO® FLIX

AGES 7-12

Transport LEGO® worlds using green screen technology, then bring it to life in movies. Participants storyboard, shoot, and voice-over in age-appropriate groups. Movies available for download one month after the program ends.

INSTRUCTOR: Incrediflix

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.100	M-F	9:00am-12:00pm	Jun 24-Jun 28	\$175/\$185*

*\$35 materials fee due on the first day of class.

INCREDFLIX ANIMATION FLIX

AGES 7-12

Create up to four stop-motion movies using dinosaurs, paper, cartoons, white board, and a free choice where participants get to choose from Play-Doh, jewels, or items brought from home. Movies available for download one month after the program ends.

INSTRUCTOR: Incrediflix

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.101	M-F	1:00-4:00pm	Jun 24-Jun 28	\$175/\$185*

*\$35 materials fee due on the first day of class.

NEW! INCREDFLIX LEGO® AND ANIMATION FLIX COMBO

AGES 7-12

Sign up for both Incrediflix camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Incrediflix

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.102	M-F	9:00am-4:00pm	Jun 24-Jun 28	\$325/\$425*

*\$70 materials fee due on the first day of class.

NEW! INCREDFLIX ACTION MOVIE FLIX

AGES 7-12



Participants use a green screen, camera tricks, and FX to create their own live-action adventure movie. They'll collaborate to write, act, and direct in this action-packed movie where participants will be taught action choreography to thrill the audience. Movies available for download one month after the program ends.

INSTRUCTOR: Incrediflix

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.103	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$175/\$185*

*\$35 materials fee due on the first day of class.

INCREDFLIX MINECRAFT MOVIE FLIX

AGES 7-12

Turn the video game into an exciting Minecraft stop-motion movie! Working in age-appropriate groups, bring Steve, the creepers, and more to life as you write, storyboard, shoot, and add voice-overs to your favorite characters. Movies available for download one month after the program ends.

INSTRUCTOR: Incrediflix

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.104	M-F	1:00-4:00pm	Jul 29-Aug 2	\$175/\$185*

*\$35 materials fee due on the first day of class.

NEW! INCREDFLIX ACTION AND MINECRAFT FLIX COMBO

AGES 7-12

Sign up for both Incrediflix camps at a discounted rate! Bring a sack lunch to camp each day.

INSTRUCTOR: Incrediflix

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5804.105	M-F	9:00am-4:00pm	Jul 29-Aug 2	\$325/\$425*

*\$70 materials fee due on the first day of class.

INTRO TO STEM WITH LEGO®

AGES 5-6

Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as trains, helicopters, treehouses, and beam bridges. Then use special pieces to create your own unique design! Participants can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.100	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$195/205

STEM CHALLENGE WITH LEGO®

AGES 7-12

Gear up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear cars, gondolas, merry-go-rounds, and scissor lifts. Build as never before and explore your craziest ideas in a supportive environment.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.101	M-F	1:00-4:00pm	Jul 29-Aug 2	\$195/205

Tap into your
imagination with
tens of thousands
of LEGO®!



www.play-well.org

NEW! HARRY POTTER MAGICAL ENGINEERING AGES 5-6

Explore the magic of Harry Potter using LEGO®! Find Platform 9-3/4, build Hogwarts Express Train, work cooperatively to construct the mysterious Hogwarts Castle, and soar on the wings of a Norwegian Ridgeback Dragon. Travel to a world of wizardry and hone your magical skills while learning about Muggle (STEM) concepts.

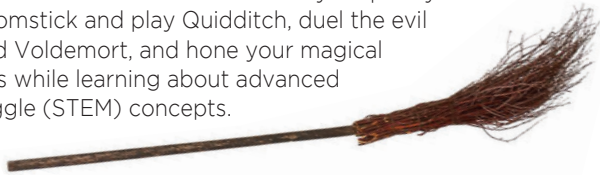
INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.102	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$195/205

NEW! HARRY POTTER MASTER ENGINEERING AGES 7-12

Master the magic of Harry Potter using LEGO®! Build Diagon Alley in preparation for your trip to Hogwarts School of Witchcraft and Wizardry. Hop on your broomstick and play Quidditch, duel the evil Lord Voldemort, and hone your magical skills while learning about advanced Muggle (STEM) concepts.



INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.103	M-F	1:00-4:00pm	Jul 22-Jul 26	\$195/205

MINE, CRAFT, BUILD: ADVENTURE GAME USING LEGO® AGES 5-6

Resourcefulness and creativity come together in this unique building adventure game. Roll the dice to mine for resources and use them to build special items to help in our adventures! Build a zoo, create a medieval castle, and design a tree house village! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.104	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$195/205

MINE, CRAFT, BUILD: SURVIVAL GAME USING LEGO® AGES 7-12

Resourcefulness, creativity, and cooperation come together in this unique building adventure game. Roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.105	M-F	1:00-4:00pm	Jun 17-Jun 21	\$195/205

ROBOTICS USING LEGO® WEDO AGES 7-9

Build and program robots in this introductory robotics class using the LEGO® WeDo System. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced robotics programs.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.106	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$225/\$235

ROBOTICS USING LEGO® EV3 AGES 9-14

Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, loops, problem solving, and teamwork skills. Work in groups, program and build your robot, and rise to the challenge! Control the robot to avoid obstacles, move objects, and play sounds.

INSTRUCTOR: Play-Well TEKologies

LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.107	M-F	1:00-4:00pm	Jul 8-Jul 12	\$225/\$235

VIDEO GAME DESIGN AGES 10-17

This camp provides participants with a fun, interactive look at the world of video game design and development. Participants enrolled in this camp learn the basics of video game design and produce several different interactive video games to share with their friends and family.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.100	M-TH	1:00-4:00pm	Jun 17-Jun 20	\$170/\$180*
6601.101	M-TH	9:00am-12:00pm	Jul 15-Jul 18	\$170/\$180*

*\$15 materials fee due on the first day of class

MOVIE MAKERS AGES 9-17

This hands-on, interactive camp instructs participants in the world of digital video design and production. Participants film, direct, and edit their own digital video creations. Get ready to amaze your peers with green screen and special effects skills!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.102	M-TH	1:00-4:00pm	Jun 24-Jun 27	\$150/\$160*

*\$15 materials fee due on the first day of class



ANIMATION

AGES 9-17

In this camp, participants learn the basics of animation and digital design. Anyone who enjoys going to various sites to see fun, interactive animations will love this camp. This camp utilizes award-winning animation software and participants create amazing animations that they can share with the world.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.103	M-TH	9:00am-12:00pm	Jun 17-Jun 20	\$160/\$170*

*\$15 materials fee due on the first day of class

IGAME CREATORS

AGES 6-10

Want to create video games? This is an introductory camp for younger participants who want to learn to build simple video games. This camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun, interactive games!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.104	M-TH	9:00am-12:00pm	Jun 24-Jun 27	\$150/\$160*

*\$15 materials fee due on the first day of class

ICODE

AGES 6-12

This camp offers younger participants a fun, interactive look at coding. Participants create virtual apps and write their own programs that they can share with friends and family. This camp makes learning to code fun and explores problem solving and programming logic.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.105	M-TH	1:00-4:00pm	Jul 15-Jul 18	\$150/\$160*

*\$15 materials fee due on the first day of class

GAMING ACADEMY

AGES 10-17



The Gaming Academy is an all-day camp for participants who love games! Participants are immersed into the world of 2D and 3D game design. Gaming Academy is a combination of the Video Game Design, Advanced Game Design, and 3D Game Design camps. Participants use a variety of hands-on experiences designing and building their very own games. Bring a sack lunch to camp each day.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.106	M-F	9:00am-4:00pm	Jul 1-Jul 5	\$310/\$320*

*\$15 materials fee due on the first day of class

IMOBILE GAME DESIGN

AGES 6-12

Sketch, build, play! This camp offers participants with a big imagination a place to sketch and build their own video games on a mobile device. If you have a child who loves to play games on an iPad®, this camp will help them engineer and build games on a mobile platform. This cutting-edge camp engages both sides of the brain to create fun, engaging games for a mobile platform. Tablets provided for use during camp.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.107	M-TH	9:00am-12:00pm	Jul 8-Jul 11	\$150/\$160*

*\$15 materials fee due on the first day of class

APPLICATION DESIGN

AGES 9-17

This camp offers participants a hands-on look at the world of application design and development. Participants design their own app, which can be shared with friends and family with an Apple or Android device.



INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.108	M-TH	1:00-4:00pm	Jul 8-Jul 11	\$160/\$170*

*\$15 materials fee due on the first day of class

NEW! ROBLOX STUDIO-PROGRAMMING AND GAME DEVELOPMENT

AGES 9-15

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. This camp guides participants through concepts such as beginner physics, LUA programming, and game development. Participants in this course build and publish their game to share with friends and family!

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.109	M-TH	1:00-4:00pm	Jul 22-Jul 25	\$160/\$170*

*\$15 materials fee due on the first day of class

NEW! WEB AND GRAPHIC DESIGN

AGES 9-17

This camp is an in-depth look at the world of web and graphic design. Participants enrolled in this session learn how to build and publish their own designs, as well as produce a website from start to finish using award-winning suite of products. The learning for this camp does not end at the door! Participants have access to their website with free hosting for one year.

INSTRUCTOR: Youth Tech, Inc.: youthtechinc.com

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.110	M-TH	9:00am-12:00pm	Jul 22-Jul 25	\$155/\$165*

*\$15 materials fee due on the first day of class

Special Interest Camps

AERIAL AND PARKOUR

AGES 6-16

Come learn the latest trends in fun and fitness: aerial and parkour! Work with our instructors on aerial silks, aerial hoops, and trapeze, along with free-running and parkour moves in a safe and progressive manner. Activities are designed to build strength, agility, confidence, and flexibility! Participants get to show-off what they've learned to their families in a Friday performance.

INSTRUCTOR: De Leon Dynamics

LOCATION: De Leon Dynamics:
12335 World Trade Drive, San Diego

CLASS #	DAY	TIME	DATES	R/NR FEE
5901.100	M-F	9:00am-3:00pm	Jun 17-Jun 21	\$200/\$210
5901.101	M-F	9:00am-3:00pm	Aug 12-Aug 16	\$200/\$210

SMASH LAB CAMP

AGES 7-14

Work as a team to put together a variety of electronics and other structures and witness what happens when you SMASH them! We'll drop eggs, feathers, melons, and more, just to see what happens! This camp is the perfect combination of fun and learning for anyone interested in how things work. Please wear clothes you don't mind getting messy.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.100	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$160/\$170



FORT BUILDING

AGES 6-13

Fort Building Camp lets participants use their creativity and problem-solving skills as they work in teams to build forts to survive the environment of the day. Participants are instructed on various types of knots and other building techniques to increase their odds of success in the environment challenges!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.101	M-F	1:00-4:00pm	Aug 5-Aug 9	\$160/\$170



FISHING

AGES 8-12

Throughout this camp, participants learn the fundamentals of fishing such as how to put together the best line for the location and desired catch; how to safely handle a rod for your sake and those around you; and little tricks that better your chances of catching a fish! Don't have your own rod? No problem! While we encourage participants to bring their own rod, hooks and other fishing gear, equipment is provided for camp use.

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.103	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$150/\$160

JR. ZOOKEEPER

AGES 6-13

We share the earth with some really amazing animals! Participants in our Jr. Zookeeper Camp learn to love and appreciate some fascinating creatures found in our world. We'll build habitats, prepare diets, and get the unique opportunity to meet many of our animal companions. A perfect camp for nature lovers and future zoo keepers!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.102	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$175/\$185

MYSTERIES OF MAGIC

AGES 6-13

Learn all the skills you need to mystify an audience like a true Magician! Participants are introduced to the art of illusion, mind reading, prestidigitation, and sleight of hand! Unlock the powers of your voice, your hands, and your mind. On Friday, we put on a Magic Show!

INSTRUCTOR: Arimaw Productions: info@arimaw.com

NO CLASS: Jul 4

Introduction to Magic

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.104	M-F	9:00am-12:00pm	Jul 1-Jul 5	\$145/\$155

Advanced Magic

LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.105	M-F	1:00-4:00pm	Jul 1-Jul 5	\$145/\$155



RADICAL REPTILES & FRIENDS AGES 5-11

Join Radical Reptiles & Friends for an introduction to various live animals including reptiles, amphibians, arachnids, insects, invertebrates, and more! As participants explore the animal kingdom, hands-on experiences are enhanced by art, games, and projects. Participants also explore some of the natural wildlife around us!

INSTRUCTOR: Radical Reptiles & Friends, John Taibe
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5902.100	M-F	1:00-4:00pm	Jul 15-Jul 19	\$200/\$210

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5902.101	M-F	1:00-4:00pm	Aug 5-Aug 9	\$200/\$210

CHALLENGE ISLAND: GIRLS & DOLLS CAMP AGES 6-12

Calling all doll-loving girls! In this camp, you and a tribeful of friends create an entire world for your dolls: decking out houses, designing fun furniture, and crafting cool doll clothes. From Julie's Groovy Day to Spa and Styling Day, to our Girl of the Year Day with Lea Clarke, this camp promises to be one for the American Girl history books!

INSTRUCTOR: Challenge Island Instructor
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.100	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$175/\$185*

*\$20 materials fee due on the first day of class.

NEW! CHALLENGE ISLAND: FORT ISLAND AGES 6-12

You and your squad ride your balloon bus into STEAM-tastic computer-and-violence-free adventure inspired by the world's most popular game. You'll build shelters, land in Slanted Towers and other Fort Island hotspots, design your own skins, practice your favorite dance moves, and make up your own.

INSTRUCTOR: Challenge Island Instructor
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.101	M-F	1:00-4:00pm	Jun 17-Jun 21	\$175/\$185*

LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.102	M-F	1:00-4:00pm	Jul 29-Aug 2	\$175/\$185*

*\$20 materials fee due on the first day of class.

Challenge Island is where engineering meets imagination!

CHALLENGE ISLAND: MINECRAFT MANIA AGES 6-12

Challenge Island Minecraft Mania camp turns the digital world of Minecraft into real world STEAM action for kids! We'll swap computers for creativity, and keyboards for ingenuity and imagination as our creeper-crazy tribes teleport through portals into action-packed worlds of Minecraft-inspired adventure!

INSTRUCTOR: Challenge Island Instructor
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.103	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$175/\$185*

*\$20 materials fee due on the first day of class

CHALLENGE ISLAND: SLIME SQUAD AGES 6-12

Are you slime crazy? Do you love making squishy, squeezey stuff in addition to making rockets and landers, blasters and skyscrapers? Then this camp is the place for you! You and a tribeful of friends dive into a new slime-filled world each day from alien ooze, to ghostly goo, to monster muck and lava, too! No matter how you stretch it, this camp promises to be a STEAM-riffic adventure of a lifetime.

INSTRUCTOR: Challenge Island Instructor
LOCATION: Twin Peaks Multipurpose Center Room

NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.104	M-F	1:00-4:00pm	Jul 1-Jul 5	\$140/\$150*

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.105	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$175/\$185*

*\$20 materials fee due on the first day of class



Science Camps

MAD SCIENCE: LITTLE GREEN THUMBS AGES 4-5

Step into the garden to learn about soil, seeds, and sprouts in this camp that's sure to inspire your budding gardener. Examine fruits, vegetables, plants, and leaves, and learn about the interesting variety of creatures that live in our gardens.



INSTRUCTOR: Mad Science of San Diego
LOCATION: Twin Peaks Multipurpose Center Room
NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.100	M-F	9:00am-12:00pm	Jul 1-Jul 5	\$206/\$216

NEW! MAD SCIENCE: ROBOT RECRUIT AGES 5-10

Participants become robot engineers as they build a unique, motorized robot that transforms into four unique creatures, each increasing in difficulty. Discover the inner workings of robots by experimenting with circuits, gears, sensors, and power supplies. Learn about robot programming and the different tasks robots perform in our world. Experiment with sound sensing, line tracking, and solar-powered robots.

INSTRUCTOR: Mad Science of San Diego
LOCATION: Twin Peaks Multipurpose Center Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.101	M-F	1:00-4:00pm	Jul 15-Jul 19	\$259/\$269

MAD SCIENCE: ALL-STARS AGES 5-10

Learn about famous scientists and inventors who were all-stars in their field of expertise. Together with your teammates, you build super structures, create a volcanic eruption, and examine rocks formed from volcanic magma.

INSTRUCTOR: Mad Science of San Diego
LOCATION: Twin Peaks Multipurpose Center
NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.103	M-F	1:00-4:00pm	Jul 1-Jul 5	\$206/\$216

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.104	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$259/\$269

NEW! MAD SCIENCE: CRAZY CHEM WORKS AGES 5-10

Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results. Check out the colors of chemistry with the power of pH paper and create a stopper-popping reaction. Probe the properties of light and discover some unusual applications of glow-in-the-dark technology. Participants have a blast as they make some crazy concoctions.

INSTRUCTOR: Mad Science of San Diego
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.105	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$259/\$269

NEW! MAD SCIENCE: NASA SPACE ACADEMY AGES 6-11

Explore the science involved in rocket construction as you build your own rocket. Use teamwork to complete an important space mission. Explore the farthest reaches of our solar system and create a lunar eclipse in our Mad Science planetary tour. This stellar camp is your ticket to the stars!

INSTRUCTOR: Mad Science of San Diego
LOCATION: Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.102	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$259/\$269

NEW! WONDERS! 50 EXPERIMENT SCIENCE CAMP 1 AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do 50 hands-on experiments including: build electric bottles, make balloon-helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band launcher, design invisible ink, fire rocket cars, and much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.100	M-TH	9:00am-12:00pm	Jun 17-Jun 20	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 2 AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do 50 hands-on experiments including: make gold pennies, experiment with glowing rocks and amazing super-magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make genies appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow launchers, crush cans with air pressure, and much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.101	M-TH	1:00-4:00pm	Jun 17-Jun 20	\$150/\$160*

*\$25 materials fee due on the first day of class

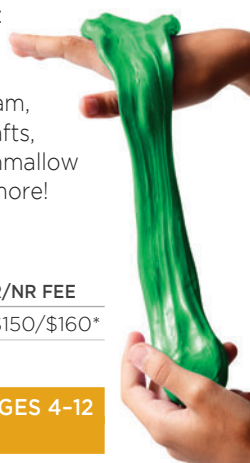
NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 3 AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do 50 hands-on experiments including: make fantastic air rockets that shoot over buildings, fire the ultimate candy cannon and fly real blimps, concoct incredible super slimes, launch potatoes, construct tornado bottles, create ultraviolet light detectors, experiment with dry ice, experiment with the fantastic Wonders! anti-gravity trays, make eerie glow-in-the-dark tubes, build clowns that rise and fall on command, and much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.102	M-TH	9:00am-12:00pm	Jun 24-Jun 27	\$150/\$160*

*\$25 materials fee due on the first day of class



NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 4

AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do 50 hands-on experiments including: ride real hover-crafts, write with fascinating invisible inks, grow crystal gardens, steer floating 60-foot solar blimps, make rock board collections, float hot air balloons, launch giant smoke rings 100 feet, set-off the ultimate geysers, build lava lamps, make glow-in-the-dark signs, grow fantastic crystals, cast *T. rex* dinosaur fossils, and much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.103	M-TH	1:00-4:00pm	Jun 24-Jun 27	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 5

AGES 4-12



This science camp is hands-on fun from beginning to end! Participants perform over 50 hands-on experiments including: build planes that fly over tall buildings, make wolf teeth necklaces, create glow-in-the-dark Styrofoam, form amazing super-balls, create foot-long lightning bolts, do never-seen-before dry ice experiments,

construct electric buzzers and switches, dip incredible candles, fire marshmallow cannons, and much, much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion
NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.104	M-F	9:00am-12:00pm	Jul 1-Jul 5	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 6

AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do over 50 hands-on experiments including: ride real hovercrafts, launch amazing water rockets, fire balloon rockets, collect fossils, make amazing plaster animal footprints, explore robotics, make pinhole cameras, build crystals, split water, hollow-out pennies, create foot-long lighting, split light, launch rockets, and much, much more.



INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion
NO CLASS: Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.105	M-F	1:00-4:00pm	Jul 1-Jul 5	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! WONDERS! 50-EXPERIMENT SCIENCE CAMP 7

AGES 4-12

This science camp is hands-on fun from beginning to end! Participants do 50 hands-on experiments including: collect alligator bones, make 3-D glow-in-the-dark crystals, make a real working light bulb, make a candle collection, dig real fossils, experiment with lasers, fiber-optics and holograms, create an amazing bouncing slime, work fascinating laser experiments, fire the incredible wonders launcher, and much more!



INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.106	M-F	9:00am-12:00pm	Jul 8-Jul 11	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! WONDERS! NASA ROCKET CAMP!

AGES 4-12

Join Wonders! Science in an unforgettable exploration of the farthest reaches of the universe! Participants build and launch a level 3 three-foot rocket, experiment with the actual conditions found on the planets (super-cooled liquid air and frozen gases), make paper airplanes that soar over buildings, fire turbo-charged rocket cars, launch a 60-foot solar blimp, eat astronaut treats, and much more!

INSTRUCTOR: Wonders! Science and Math
LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.107	M-F	1:00-4:00pm	Jul 8-Jul 11	\$150/\$160*

*\$25 materials fee due on the first day of class

NEW! AMAZING SCIENCE: SUPER STEM SCIENCE AGES 5-10

Participants enter the cool world of STEM as they learn about robotics, engineering, coding, animation, and inventions! They put STEM science to the test as they create their own robot, bridge, LEGO® WeDo creation, animation wheel, and an invention of their very own!

INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.100	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$185/\$195*

*\$30 materials fee due on the first day of class

NEW! AMAZING SCIENCE: ROBOTIC ROBOTS AGES 5-10

Calling all Robot Scientists! Come explore the world of robots: their parts, types, and functions as participants create their own walking robot, sketchbot, spinning robot, brushbot, and a motorized robot of their very own!

INSTRUCTOR: Gina Brown
LOCATION: Meadowbrook Gymnasium Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.101	M-F	1:00-4:00pm	Jul 22-Jul 26	\$185/\$195*

*\$30 materials fee due on the first day of class

Art Camps

WOODSHOP WIZARDS: SEA WORTHY OCEAN VESSELS

AGES 6-13

Participants learn hands-on techniques that enable them to build their very own sea-worthy cruise ship, battleship, aircraft carrier, ferryboat, and more! All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

INSTRUCTOR: Woodshop Wizards
Anthony Demopoulos

LOCATION: Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6503.100	M-F	1:00-4:00pm	Jul 15-Jul 19	\$160/\$170*

*\$50 materials fee due on the first day of class



WOODSHOP WIZARDS: PLANES, TRAINS & AUTOMOBILES

AGES 6-13

Participants learn hands-on techniques that enable them to build their very own wood bi-plane, racecar, and complete train with an engine, caboose, and cars! All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

INSTRUCTOR: Woodshop Wizards
Anthony Demopoulos

LOCATION: Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6503.101	M-F	1:00-4:00pm	Jun 24-Jun 28	\$160/\$170*

LOCATION: Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6503.102	M-F	1:00-4:00pm	Jul 22-Jul 26	\$160/\$170*

*\$50 materials fee due on the first day of class



ART START

AGES 7-14

Enjoy a week packed full of art in the most creative camp ever! Load up your provided sketchbook with fabulous drawings, create a mask cast from your own face, work with clay, tie-dye t-shirts, and explore a variety of media in a fun, relaxed atmosphere!

Full-day camp is designed for the enthusiastic student with a passion for art. In addition to enjoying all the activities of the half-day camp, full-day campers have the opportunity for more one-on-one instruction and more complex art projects.

All quality art materials are provided. Campers should bring a healthy snack each day (full-day campers bring a lunch, as well) and a cotton t-shirt to the first class. Lessons will repeat from week to week.

INSTRUCTOR: Susan Bainbridge: artstart1.com

LOCATION: Old Poway Park, Great Room

Half Day: Ages 7-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.100	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$155/\$165*
6500.101	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$155/\$165*
6500.102	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$155/\$165*
6500.103	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$155/\$165*

*\$45 materials fee due on the first day of class

Full Day: Ages 8-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.104	M-F	9:00am-3:00pm	Jul 15-Jul 19	\$280/\$290*
6500.105	M-F	9:00am-3:00pm	Jul 22-Jul 26	\$280/\$290*
6500.106	M-F	9:00am-3:00pm	Jul 29-Aug 2	\$280/\$290*
6500.107	M-F	9:00am-3:00pm	Aug 5-Aug 9	\$280/\$290*

*\$65 materials fee due on the first day of class

NEW! ARTVENTURE: BUG AND BUTTERFLIES

AGES 4-6

Explore nature through sculpture, painting, printing, collage, drawing, and much more! We use all kinds of art media to create stick bugs and "ick" bugs, as well as beautiful butterflies and shiny beetles! Join us as we design a garden of wonderful creatures! Along the way, we'll play games, read stories, sing buggy songs, and have a great time buzzing around! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.100	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$189/\$199



NEW! ARTVENTURE: ARTASTIC FANTASTIC AGES 7-12

Create with clay, print with ink, paint on canvas, design and draw... explore all kinds of art materials in this super creative camp for kids who love making incredible art! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.101	M-F	9:00am-12:00pm	Jun 17-Jun 21	\$189/\$199

NEW! ARTVENTURE: PIRATE ADVENTURE AGES 4-6

Ahoy Mateys! Come aboard as we travel to Pirate Island where we'll find treasure chests, sandy beaches, and colorful parrots! We create treasure maps, golden doubloons, sea monsters, ships, and more! Along the way, we play games, sing songs, read pirate stories, and hunt for treasure! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.102	M-F	9:00am-12:00pm	Jun 24-Jun 28	\$189/\$199

ARTVENTURE: ART PALOOZA AGES 7-12

Paint, sculpt, draw, watercolor, collage, print, and design! It's all about crazy creativity in this multi-media camp. Release your inner artist and have a blast! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.103	M-F	9:00am-12:00pm	Jun 24-Jun 28	\$189/\$199

**NEW! ARTVENTURE: MONSTER MASH MANIA** AGES 4-6

Calling all friendly monsters! Paint, sculpt, print, and create! Travel to the depths of the ocean and the outer limits of space to meet enormous sea monsters, massive land creatures, and silly alien friends! We read books, sing monster songs, and do monster dances! All materials and camp t-shirt are provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.104	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$189/\$199

NEW! ARTVENTURE: ART-O-RAMA AGES 7-12

Paint, print, design, draw, sculpt, and so much more! We explore it all in this multi-media art camp! Let your imagination run wild with crazy creativity! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.105	M-F	9:00am-12:00pm	Jul 8-Jul 12	\$189/\$199

ARTVENTURE: MERMAID WISHES AND FISH KISSES

AGES 4-6

Visit a magical world under the sea where mermaids and their sea friends play all day long! We paint, print, watercolor, collage, and design a dreamy underwater world in this camp devoted to the beautiful sea! Along the way, we play games, sing songs, and read tales of mermaid adventures. All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.106	M-F	9:00am-12:00pm	Jul 15-Jul 19	\$189/\$199

ARTVENTURE: ARTRAGEOUS ART! AGES 7-12

Play with clay and plaster! Create 3D sculptures, work with watercolor, paint on canvas, and so much more. We do it all in this camp for young artists! Discover your hidden talents and have a blast. All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.107	M-F	9:00am-12:00pm	Jul 22-Jul 26	\$189/\$199

ARTVENTURE: OOIEY GOOEY ICKY STICKY ART AGES 4-6

Smush, mush, smash, and mash! Make a mess and don't clean it up! We experiment with all kinds of unusual materials to create colorful and creative works of art. Explore sculpture, painting, printing, and more as we celebrate our creativity! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.108	M-F	9:00am-12:00pm	Jul 29-Aug 2	\$189/\$199

NEW! ARTVENTURE: THE ART FACTORY AGES 7-12

Produce a masterpiece every day at the Art Factory! Use all kinds of art materials to make prints, sculptures, paintings, collages, and much more! All materials and camp t-shirt provided.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.109	M-F	9:00am-12:00pm	Aug 5-Aug 9	\$189/\$199

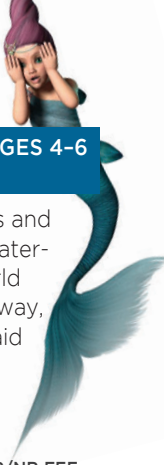
ARTVENTURE: SPECTACULAR STORYBOOK ART AGES 4-6

Everyone loves a good story! We paint, print, draw, sculpt, stamp, and create in this multi-media storybook art camp inspired by all of our favorites. Join us for a silly, funny, crazy literary art adventure! All materials and camp t-shirt are included.

INSTRUCTOR: ArtVenture

LOCATION: Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.110	M-F	9:00am-12:00pm	Aug 12-Aug 16	\$189/\$199





POWAY PARKS & FACILITIES

POWAY COMMUNITY PARK

13094 Civic Center Drive
(858) 668-4671

poway.org/communitypark

Hours

Daily | Sunrise–Sunset

Recreation Office

Monday–Saturday | 8:00am–9:00pm
Sunday | 12:00–9:00pm

Ball Fields/Bocce Courts

Daily | 8:00am–9:00pm

Dog Park/Tennis Courts/Basketball Court

Daily | Sunrise–10:00pm

Unsupervised Skate Park

Daily | 8:00am–8:00pm

FREE! IN THE PARK SERIES

ALL AGES

Express your creativity while constructing a masterpiece, challenge your friends to a game of Apples to Apples, enjoy the sweet sounds of music, or make homemade slime in whatever color you want! Community Park’s In The Park Series will bring you two hours of themed-fun that’s sure to provide exciting, unique experiences for the whole family. While the theme may change from month-to-month, one thing is guaranteed: **FUN!**

DAY	TIME	DATES	THEME	FEE
M	10:00am–12:00pm	Apr 15	Earth Day	FREE

OLD POWAY PARK

14134 Midland Road
(858) 668-4576

poway.org/oldpowaypark

Hours

Farmers Market

Saturdays | 8:00am–1:00pm

Train Rides

powaymidlandrr.org

Historical Tours

poway.org/oldpowaypark

41ST ANNUAL STANDARD FLOWER SHOW

ALL AGES

Saturday, Apr 13 | 9:00am–3:00pm

The Poway Valley Garden Club will host the 41st Annual Standard Flower Show “Through the Eyes of the Child.” Enter your design or just come admire the numerous, locally-grown horticultural entries.

INFORMATION: powayvalleygardenclub.org

COMMUNITY BAND FESTIVAL

ALL AGES

Saturday, May 18 | 10:00am–7:00pm

Saturday, May 19 | 11:00am–7:00pm

Come listen to great music and amazing concert bands during the FREE 25th Annual California Band Festival and Arts and Crafts Market.

INFORMATION: poway.org or (858) 668-4576

POWAY SWIM CENTER

13094 Civic Center Drive
(858) 668-4680
poway.org/swim

The Swim Center is ready to make a **SPLASH** this Spring! The freshly renovated Swim Center includes:

- A 50-meter by 25-yard pool with attached diving well and shallow children's area.
- One- and three-meter diving boards.
- Lap swimming lanes.
- Full locker rooms with private shower stalls and changing areas.
- Family/single-use restrooms.
- Direct entry onto the pool deck.
- The new Splash Pad area is equipped with geysers, overhead buckets, water tunnels, and more!
- Water temperature maintained between 80 and 84 degrees.

Lanes are set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times.



Costs

ADMISSION FEE	R/NR FEE
Daily Admission	
Adults	\$4/\$8
Youth & Seniors	\$3/\$6
Lap Card (11 Swims)	
Adults	\$40/\$80
Youth & Seniors	\$30/\$60
Season Pass	
Adults	\$116/\$154
Youth & Seniors	\$87/\$125
Family	\$212/\$346
Annual Pass	
Adults	\$261/\$412
Youth & Seniors	\$196/\$280
Family	\$430/\$705

Hours

Spring (April 8–June 16)

Adult Lap Swim

Monday/Wednesday/Friday
6:30–8:30am and 10:30am–7:00pm*

Tuesday/Thursday
6:30am–1:30pm (Long Course offered through May 23)
1:30–7:00pm

Saturday/Sunday | 10:30am–5:00pm

Recreational Swim/Splash Pad

Monday/Wednesday/Friday
10:30am–12:00pm**
12:00–7:00pm*

Tuesday/Thursday
8:00am–2:00pm** and 2:00–7:00pm

Saturday/Sunday | 1:00–5:00pm

*The Swim Center will be closed at 5pm on the 1st Friday of every month for Staff Training.

**Shallow square/splash pad only; diving boards closed

Family Swim

Saturday/Sunday | 10:30am–1:00pm

Holiday Hours

Easter | April 21 | Closed

Memorial Day | May 27 | 10:30am–5:00pm

WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission is required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

FAMILY SWIM

ALL AGES

Bring your family and floaties to the pool! Family Swim is a designated time for families to come swim together and enjoy their toys, rafts, fins, snorkels, and inner tubes. Items not provided by Swim Center. Proof of residency will be required for the reduced family swim rate. Family rate includes two adults and two children.

DAYS	TIME	R/NR FEE
SA/SU	10:30am–1:00pm	\$11.00/\$15.00



PARTY PACKAGES**ALL AGES**

The Poway Community Swim Center is the best place to throw a party that really makes waves! Reservations for any party package must be done in person at the Swim Center during regular business hours.

Party Packages all include reserved picnic tables, public pool use, use of facility refrigerator and freezer, admission for 25 swimmers, and the option to add the inflatable of your choice!

INFORMATION: poway.org/492/Party-Package or (858) 668-4680

OPTIONS		R/NR FEE
Large Inflatable	Rec: ages 8+	\$300/\$310
Small Inflatable	Rec: ages 3-6	\$250/\$260
Picnic Tables	(Deep end or Splash Pad)	\$115/\$125

INFLATABLE DAYS**ALL AGES**

What better way to jump into the weekend? Select Friday afternoons the Swim Center will have one of our large inflatable obstacle courses available to the public!

Swim test will be required for all swimmers. Daily admission not included in inflatable fee.

INFORMATION: (858) 668-4680

DAY	TIME	DATES	R/NR FEE
F	3:30, 4:30, 5:30pm	Apr 12, 19, May 10, 31, Jun 14	\$5/\$7

RED CROSS LIFEGUARD TRAINING**AGES 15+**

Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22/Oxygen.

Learning occurs in and outside of class. 100% attendance and participation is required. There is a water skills test on the first day of class that must be passed in order to take the class. Class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.

INFORMATION: poway.org/515/Lifeguard-Training or (858) 668-4683.

CLASS #	DAY	TIME	DATES	FEE
0700.402	TU	5:00-8:00pm	Pretest Apr 9	\$170*
	M-F	8:00am-5:00pm	Apr 15-19	
0700.403	M	5:00-8:00pm	Pretest Apr 22	\$170*
	SA	8:00am-5:00pm	Apr 27, May 4	
	M/W	5:00-8:00pm	Apr 29, May 1, 6, 8	

*There is a \$41 fee that all students will have to pay directly to the American Red Cross.

Save the Date!

30TH ANNIVERSARY**MAY 24**

BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road
1 mile north of Lake Poway Road
(858) 668-4781

poway.org/bluesky

Hours

Daily | Sunrise-Sunset

FREE! DOCENT-LED NATURE WALKS**ALL AGES**

Find our Activities Schedule online or at Blue Sky Reserve, City Hall, or Lake Poway. Please dress appropriately and carry plenty of water. Binoculars are recommended. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

SCHOOL TOURS & OUTREACH PROGRAM**GRADES 2-5**

The Outdoor Tour program and In-Classroom program introduce important scientific concepts as outlined in Science Content Standards for grades 2-5. Tours in the Reserve: \$4 per student. The Outreach Program at your school is available for \$4 per student. Book both for \$6 per student.

FOR RESERVATIONS: poway.org/bluesky

RAPTOR DISCOVERY TABLE**ALL AGES**

Raptor breeding season is in full swing. Visit with Blue Sky staff and docents on the first Saturday of each month from 8:30-11:00am at the Iron Mountain trailhead to learn why it's so important we protect our local raptor populations.

CRITTER CRAFTS AND TRAIL TIME!**AGES 6-10**

Families with kids ages 6-10 years old are invited to join park rangers and docents for a morning of nature-themed crafts in Blue Sky. Four fun craft stations are set up throughout the Reserve. Enjoy family time exploring the trail in between stations! There is no better way to get your summer vacation started than by getting outdoors and connecting with nature!

CLASS #	DAY	TIME	DATES	FEE
1600.404	SA	9:00am-12:00pm	Jun 22	\$3

LAKE POWAY

14644 Lake Poway Road
(858) 668-4770

poway.org/lakepoway

Park Ranger Office (858) 668-4772

Park/Pavilion Reservations (858) 668-4580

Lake Poway Concession (858) 668-4778

Hours

Daily | 6:00am-Sunset

Lake Fishing and Boating Hours

January-December

Wednesday-Sunday | 6:00am-Sunset

Entry Station

Open Weekends & Holidays

\$10 non-resident entry fee for vehicles

Active Military free with ID



The Trout are Still Biting at Lake Poway!

Chaulk Mound Ranch will be stocking their famous "Tail Walking" rainbow trout through April. We have the best permit and boat prices in the area, along with a full-service concession. Come catch the "Big One" before the season is over.

INFORMATION: poway.org/lakepoway or (858) 668-4772

SPRING CAMPING SERIES

ALL AGES

Spring is a beautiful time to camp at Lake Poway! Hike, fish, or simply relax by your campsite and enjoy all the natural beauty that the park has to offer. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event!

INFORMATION OR TO REGISTER: poway.org/classes or (858) 668-4772

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.400	F/SA	1:00pm-10:00am	Apr 12-13	\$25
9039.401	F/SA	1:00pm-10:00am	Apr 26-27	\$25
9039.402	F/SA	1:00pm-10:00am	May 10-11	\$25

KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail
(858) 668-4781

Parking located at 13104 Carriage Road

poway.org/kiic

Hours

Open second and fourth Saturday of each month
10:00am-1:00pm

Group Tours

Free and available by calling: (858) 668-4781

GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES

Long before the Spanish arrived in the 1500s, thriving communities of native people populated Pauwai. Visit us on the second and fourth Saturday of each month and take a guided tour. Experience artifacts, 'ewaas, milling and grinding stations.

WATERCOLOR CLASS (PLEIN AIR ART FORM)

AGES 6+

Join us in capturing the beauty of this authentic Native American site in watercolor! Artists of every skill level are welcome to experience creating en plein air ("in the open air"). Pick a painting spot around the site to inspire you! Instructors will be there to provide supplies and to teach some basic skills. Limited to 25 participants.

CLASS #	DAY	TIME	DATES	FEE
1600.401	SA	9:00-11:00am	Mar 30	\$5

BASKET WEAVING CLASS

AGES 6+

We invite you to create a Cherokee single-wall twine basket. The morning will begin with an introduction by Diania Caudell Luiseno, Board Member California Basketweavers Association and artist. Registration required. Limited to 25 participants.

CLASS #	DAY	TIME	DATES	FEE
1600.402	SA	10:30am-2:00pm	Apr 6	\$30

NATIVE PLANT LANDSCAPES

AGES 16+

Learn about the rich native plant habitat, water efficiency, and fire resistance for an array of garden styles from Greg Rubin, President and Founder of California's Own Native Landscape Design. Following the presentation, Greg will lead a tour of the site to point out specific plants. Donated plants will be auctioned. Limited to 35 participants.

CLASS #	DAY	TIME	DATES	FEE
1600.403	SA	10:00am-1:00pm	May 18	\$20




POWAY SENIOR CENTER

Poway Community Park
Weingart Center Building
13094 Civic Center Drive
(858) 748-6094



powayseniorcenter.org

 Visit us on Facebook

Hours

Senior Center: Monday-Friday | 8:00am-4:00pm

Gift Shop: Monday-Friday | 10:00am-2:00pm

Poway Senior Center is a non-profit organization that provides programs, activities, and services to the seniors in Poway and the surrounding communities.

VOLUNTEER OPPORTUNITIES!

Home-Delivered Meal Driver to deliver nutritious lunch once a week in the Poway, RB or Scripps area. This lunch program is designed to help seniors who are home bound and have no means to drive. The route usually takes about an hour of your time. Contact Lisa LaScala, Nutrition Manager at (858) 748-6094, ext. 304. Call today to make a difference in someone's life!

ANNUAL POWAY PETS IN THE PARK FUNDRAISER



It's that time again for the Annual Pets in the Park Fundraiser! 100% of proceeds will go to Poway Senior Center. There will be games, prizes, and food galore!

Saturday, March 23 | 10:00am-2:00pm | Old Poway Park

POWAY LIBRARY

13137 Poway Road
(858) 513-2900

sdcl.org

Hours

Monday-Thursday | 9:30am-8:00pm

Friday-Saturday | 9:30am-5:00pm

Sunday | 12:00-5:00pm

FREE! CHILDREN'S PROGRAMS BIRTH TO GRADE 5

Storytime: Mondays-Saturdays | 10:30am

Baby Storytime: Tuesdays & Wednesdays | 9:45am

Afterschool Programs: Mondays & Wednesdays
3:30-4:30pm

Kids' Craft Corner: Fridays | 3:00pm

FREE! TEEN PROGRAMS GRADES 6-12

Teen Tuesdays & Thursdays | 4:00-5:00pm (schedule varies—check with library)

FREE! ADULT PROGRAMS AGES 18+

Acoustic Showcase Concert: Second Saturday monthly | 2:00pm

Citizenship Class: Mondays | 6:30pm

Gentle Yoga: Second Thursday monthly | 10:00am

Poway Library Book Club: Third Tuesday monthly | 6:30pm



Famiy FUNraiser for the



POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road
PowayCenter.org



Administration (858) 668-4691
Box Office (858) 748-0505

Box Office Hours

Friday | 12:00pm-5:00pm
Saturday | 10:00am-3:00pm
Closed on major holidays.

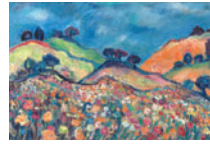
The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

Art Gallery & Facility

Tuesday-Friday | 10:00am-2:00pm
Saturday | 10:00am-3:00pm
Closed on major holidays.

Upcoming Art Exhibits

MARCH



Off The Pedestal

Seven award winning women artists organized a cohesive art show themed around the large figurative artwork "Daphne" from Greek mythology.

APRIL

Palomar Council PTA - "Heroes Around Me"

The National PTA Reflections Art Program has been bringing the arts to life for more than 10 million students since 1969.



MAY

Juxtaposition Photographic Arts -



"Our Unsung Minds - A Photographic Project"

Inspired by a loved one's battle with mental health, this project seeks to illuminate some of the challenges faced by those affected by mental health struggles.

Poway OnStage

Poway OnStage Youth Theater Camp

AUDITIONS:
MAR 4

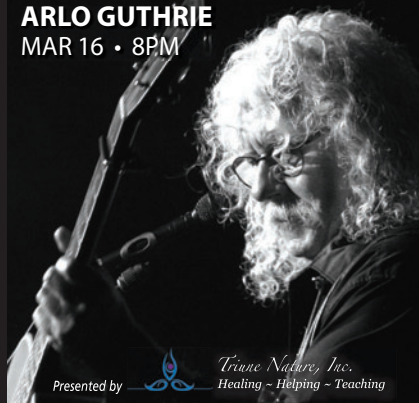
Open to children
K-12th Grade

Participation
FREE of
charge!



PERFORMANCES:
MAR 9 • 3PM & 7PM

ARLO GUTHRIE
MAR 16 • 8PM



Presented by *Vivane Nature, Inc.*
Healing ~ Helping ~ Teaching



Presented by

TRIOLOGY

MOTOWN
WITH A
TWIST
MAR 24 • 2PM

ONE NIGHT IN MEMPHIS
APR 13 • 8PM

*the number one tribute to
Presley, Perkins, Lewis and Cash*



The Capitol Steps
MAY 3 • 8PM



Presented by

Dr. David Rauterkus
DENTISTRY FOR ALL AGES
Serving Poway for over 20 years

KEB' MO'
MAY 18 • 8PM





CLASS REGISTRATION

Spring Registration Begins March 5 at 7:30am

Early Summer Camp Registration Begins April 9 at 7:30am. 3 convenient ways to register for classes:

-
- 1** Online registration is available by visiting the City of Poway website: poway.org/classes. A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.
 - 2** Walk-in registration is available at the Community Services Department during business hours.
Location
13325 Civic Center Drive
Hours
Monday–Thursday | 7:30am–5:30pm
Friday | 8:00am–5:00pm
(closed every other Friday)
 - 3** Mail-in registration is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.
Mail to
P.O. Box 789, Poway, CA 92074-0789
-

Class and Camp Refund/Transfer Policy

1. Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

2. All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to Activenet@poway.org, or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$15 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$15 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

3. Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department.

Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

Financial Assistance

Poway Leisure Assistance for Youth (PLAY) Scholarship

Did you know that developmentally-disabled individuals and youth might be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you? To find out more, please visit our website at poway.org/play.

Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.



City of Poway
 13325 Civic Center Drive
 Poway, CA 92064

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City of Poway



@cityofpoway

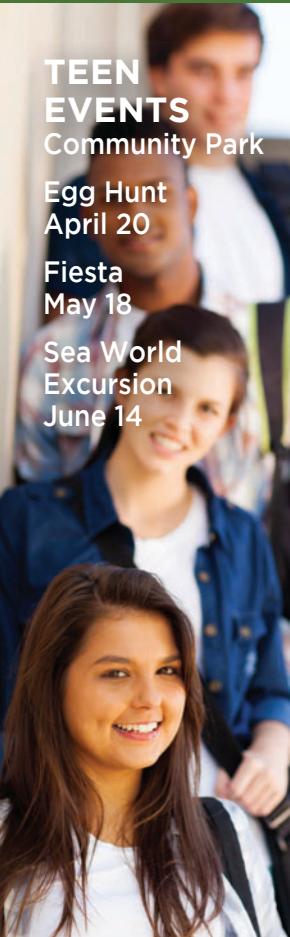


poway.org/connectwithus

*****ECRWSEDDM****

POSTAL CUSTOMER
 Poway, CA 92064

SPRING 2019 EVENTS AT A GLANCE



TEEN EVENTS
 Community Park
 Egg Hunt
 April 20
 Fiesta
 May 18
 Sea World
 Excursion
 June 14



WATERCOLOR CLASS
 Kumeyaay-Ipai
 Interpretive
 Center
 March 30



SPRING CAMPOUTS
 Lake Poway
 April 12-13
 April 26-27
 May 10-11



CRITTER CRAFTS AND TRAIL TIME
 Blue Sky
 Ecological
 Reserve
 June 22



IN THE PARK EARTH DAY
 Community Park
 April 15

Poway City Council

Mayor: STEVE VAUS
 Deputy Mayor: DAVE GROSCH
 Councilmember: CAYLIN FRANK
 Councilmember: BARRY LEONARD
 Councilmember: JOHN MULLIN

SAVE THE DATE!

Registration begins
 March 5 at 7:30am.
 See page 33 for details,
 or visit poway.org/classes.