

# POWAY

## COMMUNITY SERVICES GUIDE



FALL 2018

REGISTRATION BEGINS  
AUGUST 7, 2018  
AT 7:30AM

[POWAY.ORG/CLASSES](http://POWAY.ORG/CLASSES)



JOIN THE FUN!

## Rendezvous in Poway

**FREE!**

Want to experience life during California's turn-of-the-twentieth-century and civil war eras? Come meet real cowboys, pioneers, mountain men and women, fur traders, gunslingers, and soldiers as history comes to life at **Old Poway**



**Park.** Hop aboard the Baldwin No. 3 steam locomotive, watch gun-fighting demonstrations, view handmade items for sale at the Boardwalk Craft Market, and pan for gold near the banks of Rattlesnake Creek.

**Saturday, October 6 | 10:00am-4:00pm**

**Sunday, October 7 | 10:00am-2:00pm**

**INFORMATION:** [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576

## Rendezvous in Poway School Tours

Let your students LIVE history! Groups of 20 or more are invited to participate in a one-of-a-kind, interactive, hands-on learning experience at **Old Poway Park.** Visit historical encampments, see model railroad displays, take a ride aboard the Poway Midland Railroad speeder, and pan for gold near the banks of Rattlesnake Creek. Advanced registration is required and space is limited.

**Thursday & Friday, October 4 & 5 | 9:00am-1:00pm**

**INFORMATION OR TO BOOK A TOUR:** (858) 668-4576

## Hoot, Howl & Prowl

The **Blue Sky Ecological Reserve** comes alive after dark! Meet the canyon's "wildlife" (docents dressed in animal costumes) up close! Groups will leave at 15-minute intervals, and tours last approximately 75 minutes. Kids are welcome to wear their costumes. End the evening with a cup of hot chocolate! Registration required: [www.poway.org/classes](http://www.poway.org/classes). See Page 2 for activity numbers and times.

**Saturday, October 20 | 5:30-7:15pm**

**INFORMATION:** [poway.org/bluesky](http://poway.org/bluesky) or (858) 668-4781

## Once Upon A Hallowe'en

**FREE!**

Celebrate Halloween in a distinctly different way at this family-friendly event at **Old Poway Park.** Take a ride aboard the "Halloween Express" locomotive, visit the "cemetery" and haunted house, play carnival-type games, and enjoy spooky Hallowe'en crafts, plus tasty treats. Some activities require a nominal fee.



**Sunday, October 28 | 5:30-8:30pm**

**INFORMATION:** [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576

# SUMMER FUN



## Special Thanks to Our Summer Concert Sponsors:

Maderas Country Club, Cox Communications, Marrokal Design & Remodeling, and Toyota of Poway.

### 2018 SUMMER CONCERTS IN THE PARK

**FREE!**

What goes together with summer and fun? Music, of course! So get your dancing shoes on, grab the family, and join us for the best local entertainment around on Sundays from 5:30-7:00pm. Our famous food trucks will be back at Lake Poway to serve-up your favorite foods.

**INFORMATION:** [poway.org](http://poway.org) or (858) 668-4772

DATE/LOCATION	PERFORMER/MUSICAL STYLE
<b>July 22</b> Lake Poway	Britain's Finest BEATLES TRIBUTE
<b>July 29</b> Old Poway Park	Lisa Sanders Band BLUES
<b>August 5</b> Lake Poway	Pickleback Shine COUNTRY
<b>August 12</b> Old Poway Park	Pomerado Community Band BIG BAND

### 2018 SUMMER MOVIES IN THE PARK SERIES

**FREE!**

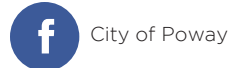
Enjoy a family-friendly movie under the stars during the Summer Movies in the Park Series. Movies will be shown on Saturdays at sunset. Food and snacks will be available for purchase.



**INFORMATION:** [poway.org](http://poway.org) or (858) 668-4671

DATE	LOCATION	MOVIE
<b>July 21</b>	Community Park	<i>Coco</i>
<b>August 4</b>	Community Park	<i>Cars 3</i>
<b>August 18</b>	Old Poway Park	<i>Robin Hood</i>

Connect with us and never miss a recreation opportunity again!



### SAVE THE DATE:

**Fall Registration Begins: August 7 at 7:30am**

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# CLASSES

## HOOT, HOWL & PROWL

ALL AGES

Kids—wear your costumes and come see how **Blue Sky Ecological Reserve** comes alive after dark! Groups will leave at 15-minute intervals, between 5:30 and 7:15pm, and tours last approximately 75 minutes. End the evening with a cup of hot chocolate!

**INFORMATION:** (858) 668-4781

**LOCATION:** Blue Sky Ecological Reserve

CLASS #	DAY	TIME	DATES	FEE
1200.201	SA	5:30pm	Oct 20	\$5 per person
1200.202	SA	5:45pm	Oct 20	\$5 per person
1200.203	SA	6:00pm	Oct 20	\$5 per person
1200.204	SA	6:15pm	Oct 20	\$5 per person
1200.205	SA	6:30pm	Oct 20	\$5 per person
1200.206	SA	6:45pm	Oct 20	\$5 per person
1200.207	SA	7:00pm	Oct 20	\$5 per person
1200.208	SA	7:15pm	Oct 20	\$5 per person



# Preschool Activities

## TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere! Participants learn concepts such as letters, numbers, writing and math skills, social skills, and more! Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan

**LOCATION:** Community Park, Youth Activity Room

**NO CLASS:** Nov 20 & 22

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.200	TU/TH	9:00am-12:00pm	Oct 2-Oct 25	\$189/\$199*
1500.201	TU/TH	9:00am-12:00pm	Oct 30-Nov 29	\$189/\$199*
1500.202	TU/TH	9:00am-12:00pm	Dec 4-Dec 20	\$142/\$152*

\*\$10 materials fee due on the first day of class



# Kid's Night Out

## KID'S NIGHT OUT

GRADE 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Offered every first Friday of the month during the school year, kids in grades 1st-5th will enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night...it's Kid's Night Out! Registration is required.

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Auditorium

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.200	F	4:30-9:00pm	Sep 7	\$10/\$20
1000.201	F	4:30-9:00pm	Oct 5	\$10/\$20
1000.202	F	4:30-9:00pm	Nov 2	\$10/\$20
1000.203	F	4:30-9:00pm	Dec 7	\$10/\$20



# Teen Programs

## NEW! TEEN BACKYARD MOVIE NIGHT GRADES 6-9

We're kickin' off the new school year with an epic backyard bash! Grab your friends and join us for a jam-packed evening filled with amazing activities, awesome games, a s'more or two, and so much more! Then sit back and chill as we watch Avengers on a giant inflatable screen under the stars! Summer may be on the way out, but the fun is just beginning!

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	FEE
1001.200	SA	5:00-9:30pm	Sep 15	\$5

## TEEN GLOW-IN-THE-DARK DODGEBALL GRADES 6-9

What's better than playing dodgeball? Playing glow-in-the-dark dodgeball, of course! Get ready to glow wild with dodgeball, rockin' tunes, dodgeball, delicious treats, dodgeball, prizes, and more—dodgeball, that is! This legendary showdown is a teen program fave that you and your friends won't want to miss!

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	FEE
1001.201	SA	5:00-9:00pm	Oct 20	\$5

## TEEN NIGHT AT THE PCPA GRADES 6-9

Hey teens! It's time to grab your friends and step into the spotlight! We're rolling out the red carpet for a one-of-a-kind night that takes the creative arts and spins them on their head! Get ready for a triple threat treat full of A-list munchies, mysterious surprises, and blockbuster fun that will have you shouting encore!

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Poway Center for the Performing Arts, 15498 Espola Road

CLASS #	DAY	TIME	DATES	FEE
1001.202	SA	5:00-9:00pm	Nov 17	\$5

## TEEN EXCURSION: GET AIR GRADES 6-9

Who's ready to catch air? How about MONSTRO air? You'll do that and more when you join us for a bounce-tastic evening at Get Air Trampoline Park! Flip head over heels into foam pits, test your stealth and agility on the ninja course, take on your friends in an extra bouncy game of dodgeball, and so much more! Whether you're mastering the slackline or literally jumping heads and shoulders above your friends, you'll bounce your way to a crazy good time! Admission and jump socks are included.

**INSTRUCTOR:** Community Park Staff  
**LOCATION:** Get Air, 12160 Community Road

CLASS #	DAY	TIME	DATES	FEE
1001.203	SA	5:00-9:00pm	Dec 15	\$14

# Dance

## Please Note

Dance classes with Ms. Debbora and Ms. Kellie are non-competitive and progressive, providing increased challenges over time. Classes are offered at multiple skill levels to ensure success! Continuing students can participate in our annual dance recital at the Poway Center for the Performing Arts in June 2019. Recital costumes are ordered in January and paid for by participants. Parent viewing days are the last class of each month.



## DANCE PRODUCTION - THE NUTCRACKER! AGES 6-19

Learn dances to classical "Nutcracker" music using a child-friendly version of this celebrated story! We perform on December 11 at 6:30pm in the Auditorium. No tickets required. Low-cost costumes are ordered in October and paid for by participants. Wear dance attire and ballet or jazz shoes to class.

**INSTRUCTOR:** Debbora Childress and Kellie Nichols  
MsDebborasDanceForChildren.com

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 20

CLASS #	DAY	TIME	DATES	R/NR FEE
1700.201	TU	6:00-7:00pm	Sep 25-Dec 4	\$75/\$85*

\*\$15 materials fee due on the first day of class



## DANCE FOR CHILDREN AGES 2.5-5

### Pre-Dance and Tumble

A perfect "first class" for beginning little dancers to tumble, dance, and sing! This child-friendly, fun-filled, tumbling and dance class is designed just for little ones! Learn self-control and body awareness, pre-dance skills, and fun tumbling tricks in a music-filled environment specifically created for your child's success! Wear comfortable clothing or dance attire, and leather ballet shoes or bare feet.

**INSTRUCTOR:** Debbora Childress  
MsDebborasDanceForChildren.com

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 19

CLASS #	DAY	TIME	DATES	R/NR FEE
1700.202	M	10:00-10:45am	Sep 24-Dec 3	\$110/\$120

## PRINCESS BALLET FOR KIDS AGES 3-13

Learn the beautiful art of ballet in a musical, fun, and creative environment! This class combines the grace and technique of classical ballet, with a princess twist! Dance clothes and pink leather ballet shoes required.

**INSTRUCTOR:** Kellie Childress-Nichols  
MsDebborasDanceForChildren.com

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 24

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1701.200	3-5	SA	9:00-9:45am	Sep 29-Dec 8	\$100/\$110
1701.201	6-9	SA	9:45-10:30am	Sep 29-Dec 8	\$100/\$110
1701.202	10-13	SA	10:30-11:15am	Sep 29-Dec 8	\$100/\$110

## TAP AND BALLET

AGES 3-19

Tap is one of the most joyful, active, and theatrical forms of dance around! We move to great tunes while learning tap technique, rhythm, coordination, showmanship, and the beautiful art of basic ballet in a creative, fun-filled, musical environment. Dance attire, tap shoes, and leather ballet shoes are required.

**INSTRUCTOR:** Debbora Childress  
MsDebborasDanceForChildren.com

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 19 & 22

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
<b>TINY TOT BEGINNER</b>					
1700.203	3-6	M	11:00am-12:00pm	Sep 24-Dec 3	\$110/\$120
1700.204	3-6	M	3:00-4:00pm	Sep 24-Dec 3	\$110/\$120
<b>CHILDREN'S BEGINNER</b>					
1700.205	5-8	M	4:00-5:00pm	Sep 24-Dec 3	\$110/\$120
1700.206	5-8	TH	3:00-4:00pm	Sep 27-Dec 6	\$110/\$120
<b>BEGINNER/INTERMEDIATE</b>					
1700.207	8-13	M	5:00-6:00pm	Sep 24-Dec 3	\$110/\$120
1700.208	8-13	TH	4:00-5:00pm	Sep 27-Dec 6	\$110/\$120
<b>INTERMEDIATE/ADVANCED</b>					
1700.209	11-14	TH	5:00-6:00pm	Sep 27-Dec 6	\$110/\$120
<b>ADVANCED TEEN</b>					
1700.210	13-19	M	6:00-7:00pm	Sep 24-Dec 3	\$110/\$120

## FUN 'N FUNKY JAZZ FOR KIDS!

AGES 7-18

Come move and groove to the music as we learn Fun 'n Funky Jazz! This fun class teaches children the basics of jazz that can be used in many other styles of dance. Children learn rhythm, coordination, flexibility, teamwork, and a love for dance! Dance attire and black jazz shoes are required.

**INSTRUCTOR:** Kellie Childress-Nichols  
MsDebborasDanceForChildren.com

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 20

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1701.203	7-12	TU	4:30-5:15pm	Sep 25-Dec 4	\$100/\$110
1701.204	13-18	TU	5:15-6:00pm	Sep 25-Dec 4	\$100/\$110



## BEAT BREAKERS & HIP HOP

AGES 4-12



This high-energy dance class will definitely have you movin' to the beats. Let loose while developing confidence, coordination, and creativity. No need to be intimidated...this class is great for those who want to enhance their hip hop groove. All moves are age appropriate.

**INSTRUCTOR:** Dance to EvOLVe: dancetoevolve.com

**LOCATION:** Old Poway Park, Templars Hall

**NO CLASS:** Oct 3 & 31 & Nov 21

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
<b>BEAT BREAKERS</b>					
1702.200	4-7	W	4:00-4:55pm	Sep 19-Oct 24	\$84/\$94
1702.201	4-7	W	4:00-4:55pm	Nov 7-Dec 19	\$101/\$111
1702.202	4-7	W	4:00-4:55pm	Sep 19-Dec 19	\$167/\$177
<b>HIP HOP</b>					
1702.203	8-12	W	5:00-5:55pm	Sep 19-Oct 24	\$84/\$94
1702.204	8-12	W	5:00-5:55pm	Nov 7-Dec 19	\$101/\$111
1702.205	8-12	W	5:00-5:55pm	Sep 19-Dec 19	\$167/\$177



## CHEERLEADING, DANCE & TUMBLE

AGES 2-9

In this high-energy class, participants learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, sideline dances, and a full routine to be performed on the last day of class!

**INSTRUCTOR:** Charlene's Dance N Cheer

**LOCATION:** Community Park, Auditorium

**NO CLASS:** Nov 21

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.200	2-3	W	5:30-6:00pm	Sep 19-Oct 24	\$60/\$70
1703.201	4-9	W	6:00-6:50pm	Sep 19-Oct 24	\$69/\$79
1703.202	2-3	W	5:30-6:00pm	Nov 7-Dec 19	\$60/\$70
1703.203	4-9	W	6:00-6:50pm	Nov 7-Dec 19	\$69/\$79

# Health & Wellness

## NEW! PIYO LIVE

AGES 14+

PiYo Live brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity! When you're done you'll feel that exhilarating glow that comes with doing something great for your body!

**INSTRUCTOR:** Brent Garriepy

**LOCATION:** Community Park, Bill Bond Hall I

**NO CLASS:** Nov 22

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.200	TH	6:00-7:00pm	Sep 27-Dec 13	\$85/\$95

## NEW! COUNTRY HEAT LIVE

AGES 12+

This country line dance workout is unlike any other workout you've tried before! In no time, participants will be addicted to the simple steps and catchy country songs that make this class such a fun-filled, calorie-scorching good time! Please note, this is not a line dancing class.

**INSTRUCTOR:** Emily Stamets

**LOCATION:** Old Poway Park, Templars Hall

**NO CLASS:** Oct 15 & Nov 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1602.200	M	6:00-7:00pm	Sep 17-Dec 3	\$85/\$95

## NEW! CORE DE FORCE LIVE

AGES 16+

Core De Force is a mixed martial arts-inspired workout that puts fire in your exercise routine! This is a non-contact, high-energy, total-body sculpting class that combines movements from Western Boxing, Brazilian Jiu Jitsu, Muay Thai, and more. Learn how to move and train like a fighter—with agility, control, balance, and precision. Please note, this is not a combat or self-defense class.

**INSTRUCTOR:** Emily Stamets

**LOCATION:** Old Poway Park, Templars Hall

**NO CLASS:** Oct 15 & Nov 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1602.201	M	5:00-6:00pm	Sep 17-Dec 3	\$85/\$95

## AQUA ZUMBA®

AGES 16+

Integrating both Zumba® and traditional aqua fitness techniques, Aqua Zumba® blends it all together! This safe, challenging workout is cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Only your mid-chest is submerged in the water, so there is no requirement to know how to swim. Water shoes are encouraged. Pool is heated to at least 80 degrees.

**INSTRUCTOR:** Julie Clemmons

**LOCATION:** Community Swim Center

**NO CLASS:** Nov 12

CLASS #	DAY	TIME	DATES	R/NR FEE
1604.200	M	6:00-6:50pm	Sep 17-Dec 10	\$85/\$95





**BEGINNING GENTLE YOGA** AGES 17+

Enjoy the benefits of gentle yoga movements! Explore and improve your range of motion through proper breathing and alignment. Focus on basic hatha yoga poses to increase strength and flexibility while releasing tension. Great for beginning and continuing yoga students. Bring a yoga mat, small blanket or beach towel, and water.

**INSTRUCTOR:** Susan Burnett  
**LOCATION:** Old Poway Park, Great Room  
**NO CLASS:** Nov 12 & Dec 5

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.200	W	6:00-7:30pm	Nov 7-Dec 19	\$55/\$65

**TAP DANCE FOR ADULTS** AGES 18+

Come learn the exciting art of tap dance—no experience needed! Get your body moving in this music-filled, low-impact, toe-tapping class! Learn some new skills, meet new friends, and spend an hour just for you! Tap shoes are required. Dance class is progressive with continued enrollment.

**INSTRUCTOR:** Debbora Childress:  
 MsDebborasDanceForChildren.com  
**LOCATION:** Community Park, Auditorium  
**NO CLASS:** Nov 22

CLASS #	DAY	TIME	DATES	R/NR FEE
1700.200	Th	6:00-6:45pm	Sep 27-Dec 6	\$100/\$110

# Art

**GET SMART WITH ART** AGES 2-5

For beginning artists! A unique class for children to learn about artists and techniques, and create a new, framed masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

**INSTRUCTOR:** Get Smart with Art, Ms. Vivian  
**LOCATION:** Community Park, Youth Activity Room  
**NO CLASS:** Nov 12 & 19

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.200	M	10:00-10:45am	Sep 17-Oct 15	\$65/\$75
2505.201	M	10:00-10:45am	Oct 22-Dec 3	\$65/\$75

**NEW! PAINT YOUR OWN POTTERY & MOSAIC DESIGN** AGES 9-12

Come paint and mosaic with The Krafty Caterer! In this fun, hands-on class, participants will get to experience the different techniques of painting ceramics with both acrylic and glazing paints for firing in a kiln. They will get to experiment with different types of paints, and learn tricks and techniques for painting ceramics! Participants will also get to design and create a mosaic plaque using glass tiles and grout for a beautiful finished product! Each participant will go home with two finished ceramic works of art and a mosaic.

**INSTRUCTOR:** Tara Brewer  
**LOCATION:** Old Poway Park, Great Room  
**NO CLASS:** Oct 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2504.200	TH	4:00-5:00pm	Sep 20-Nov 1	\$55/\$65*

\*\$20 materials fee due on the first day of class

# Creative Arts

**MUSICSTAR® BEGINNING PIANO/KEYBOARD** AGES 8-15



Did you know that music classes contribute to a healthier and longer life? They can also aid in child development and improve academic achievement. Learn how to play basic piano chords and simple melodies in a fun, group class setting! No music experience is necessary. All instruments are provided for class use.

**INSTRUCTOR:** Creative Brain Learning Staff  
**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
1802.200	M	4:30-5:20pm	Sep 10-Oct 15	\$66/\$76*

\*\$20 materials fee due on the first day of class



# Sports

## SOCCER SHOTS MINIS

AGES 2-3



This high-energy program introduces children to fundamental soccer principles such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation!

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WEDNESDAY:** Valle Verde Park, Soccer Field  
**SATURDAY:** Community Park, Open Play Area

**NO CLASS:** Nov 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.200	W	4:00-4:30pm	Sep 19-Oct 24	\$90/\$100*
2010.201	SA	9:00-9:30am	Sep 22-Dec 15	\$180/\$190*

\*\$25 materials fee due on the first day of class

## SOCCER SHOTS CLASSIC

AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey!

**INSTRUCTOR:** Soccer Shots

**LOCATION:** **WEDNESDAY:** Valle Verde Park, Soccer Field  
**SATURDAY:** Community Park, Open Play Area

**NO CLASS:** Nov 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.202	W	4:35-5:20pm	Sep 19-Oct 24	\$90/\$100*
2010.203	SA	9:35-10:20am	Sep 22-Dec 15	\$180/\$190*

\*\$25 materials fee due on the first day of class



## SOCCER SHOTS PREMIER

AGES 6-10

Soccer Shots' nationally-recognized curriculum teaches further tactics, techniques, skills, and character development. We emphasize the importance of teamwork, review vocabulary, and hone participant's skills to prepare them for competitive play. All participants receive an Adidas Soccer Shots jersey!

**INSTRUCTOR:** Soccer Shots

**LOCATION:** Community Park, Open Play Area

**NO CLASS:** Nov 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.204	SA	8:00-8:55am	Sep 22-Dec 15	\$180/\$190*

\*\$25 materials fee due on the first day of class



## MOM & TOT GYMNASTICS

AGES WALKING-3.5

This class is designed for toddlers and a parent to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently.

**INSTRUCTOR:** Poway Gymnastics

**LOCATION:** Poway Gymnastics: 12850 Brookprinter Place

**NO CLASS:** Nov 22 & 24

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.200	TH	10:45-11:15am	Sep 20-Dec 13	\$161/\$171*
2013.201	SA	8:30-9:00am	Sep 22-Dec 15	\$161/\$171*

\*\$10 materials fee due on the first day of class

## INTRO TO SKATEBOARDING

AGES 6-13



This beginner's class is designed to help build balance, confidence, and coordination. Students learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite  
Andrew Barbosa: Andrew@sdskatelife.com  
**LOCATION:** Community Park, Skate Park  
**NO CLASS:** Nov 21

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.200	W	5:00-6:00pm	Sep 19-Oct 24	\$90/\$100
2004.201	W	5:00-6:00pm	Nov 7-Dec 19	\$90/\$100

## INTERMEDIATE/ADVANCED SKATEBOARDING

AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Intro to Skateboarding Class before enrolling. All participants **MUST** have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelite  
Andrew Barbosa: Andrew@sdskatelife.com  
**LOCATION:** Community Park, Skate Park  
**NO CLASS:** Nov 21

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.202	W	4:00-5:00pm	Sep 19-Oct 24	\$90/\$100
2004.203	W	4:00-5:00pm	Nov 7-Dec 19	\$90/\$100

## YOUTH/TEEN TAEKWONDO & KARATE

AGES 5-15

Try it before you buy it!

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills. You'll learn Taekwondo kicks, blocks, and punches while incorporating Hapkido (joint locking techniques). A white taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for **FREE!** Liability waiver required.

**INSTRUCTOR:** Grandmaster Wolpert: (858) 748-1333  
**LOCATION:** Community Park, Bill Bond Hall I  
**NO CLASS:** Oct 31 & Nov 12 & 23

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.200	5-8	M/W/F	5:00-6:00pm	Sep 24-Dec 21	\$89/\$99
2001.201	9-15	M/W/F	6:00-7:00pm	Sep 24-Dec 21	\$89/\$99

## ADULT TAEKWONDO & KARATE

AGES 16+

Try it before you buy it!

This program is designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence. You'll learn Taekwondo blocks, kicks, and punches while incorporating Hapkido (joint locking techniques). A white taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for **FREE!** Liability waiver required.

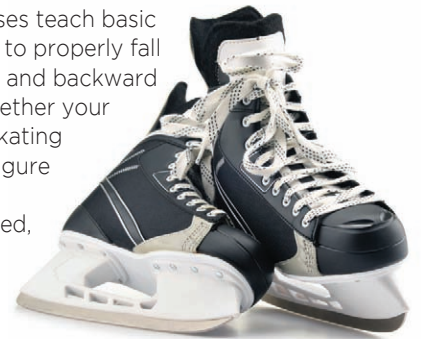
**INSTRUCTOR:** Grandmaster Wolpert: (858) 748-1333  
**LOCATION:** Community Park, Bill Bond Hall I  
**NO CLASS:** Oct 31 & Nov 12 & 23

CLASS #	DAY	TIME	DATES	R/NR FEE
2001.202	M/F	6:00-7:00pm	Sep 24-Dec 21	\$89/\$99
	W	6:00-7:30pm		

## LEARN TO ICE SKATE

AGES 3-15

Our fun, introductory classes teach basic skating skills such as: how to properly fall down and get up, forward and backward skating, and stopping. Whether your desire is to master basic skating skills, play ice hockey, or figure skate, this class is the first step! Skate rental is included, and skaters can practice at our public session on the day of their class.



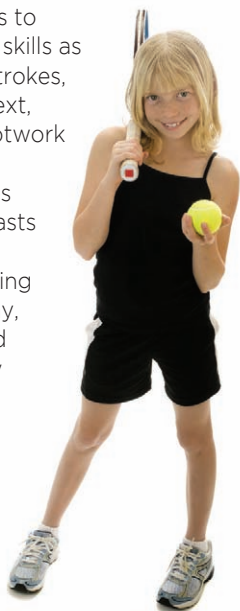
**INSTRUCTOR:** Poway Ice Arena  
**LOCATION:** Poway Ice Arena: 12455 Kerran Street #100  
**NO CLASS:** Oct 31

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.200	3-6	W	4:00-4:30pm	Sep 19-Oct 10	\$75/\$85
2012.201	7-15	W	4:30-5:00pm	Sep 19-Oct 10	\$75/\$85
2012.202	3-6	W	4:00-4:30pm	Oct 17-Nov 14	\$75/\$85
2012.203	7-15	W	4:30-5:00pm	Oct 17-Nov 14	\$75/\$85
2012.204	3-6	W	4:00-4:30pm	Nov 28-Dec 19	\$75/\$85
2012.205	7-15	W	4:30-5:00pm	Nov 28-Dec 19	\$75/\$85



**TENNIS****AGES 6-14**

Come learn tennis from beginners to advanced! Start by learning such skills as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate level. Enthusiasts enhance their ability levels in the Advanced Juniors course, preparing them for tournaments, league play, and high school teams. Advanced class placement is determined by the instructor.

**INSTRUCTOR:** Art Christophiades**LOCATION:** Community Park, Tennis Courts**NO CLASS:** Nov 12 & 19-24**Beginner**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.200	8-14	TU/TH	4:00-5:00pm	Sep 18-Oct 18	\$75/\$85*
2000.201	6-8	SA	9:00-10:00am	Sep 22-Oct 20	\$45/\$55*
2000.202	8-14	SA	10:00-11:00am	Sep 22-Oct 20	\$45/\$55*
2000.203	8-14	TU/TH	4:00-5:00pm	Nov 6-Dec 13	\$75/\$85*
2000.204	6-8	SA	9:00-10:00am	Nov 10-Dec 15	\$45/\$55*
2000.205	8-14	SA	10:00-11:00am	Nov 10-Dec 15	\$45/\$55*

**Intermediate**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.206	8-14	TU/TH	5:00-6:00pm	Sep 18-Oct 18	\$75/\$85*
2000.207	8-14	SA	11:00am-12:00pm	Sep 22-Oct 20	\$45/\$55*
2000.208	8-14	TU/TH	5:00-6:00pm	Nov 6-Dec 13	\$75/\$85*
2000.209	8-14	SA	11:00am-12:00pm	Nov 10-Dec 15	\$45/\$55*

**Advanced Juniors**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.210	8-14	M/W	4:00-5:30pm	Sep 17-Oct 17	\$90/\$100*
2000.211	8-14	M/W	4:00-5:30pm	Nov 5-Dec 17	\$90/\$100*

\*\$5 materials fee due on the first day of class

**GIRLS BASKETBALL****AGES 9-14**

This league is designed to provide an exciting balance of instruction and friendly competition. Coaches run drills and provide skill training to prepare participants for 3-on-3, 4-on-4, and full-court recreation games. Previous experience is always helpful, but not necessary to have a great time! Players are divided according to age and skill level.

**INSTRUCTOR:** Paul Dekker: dekker@yahoo.com**LOCATION:** Twin Peaks Multipurpose Center**NO CLASS:** Oct 31 & Nov 21

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2003.200	9-12	W	5:30-7:00pm	Sep 19-Dec 19	\$55/\$65
2003.201	10-14	W	7:00-8:30pm	Sep 19-Dec 19	\$55/\$65

**YOUTH VOLLEYBALL****AGES 9-14**

Looking for a fun sport? Come and play some volleyball on Monday nights! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

**INSTRUCTOR:** David Claycomb**LOCATION:** Meadowbrook Gymnasium

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.200	9-12	M	5:30-6:30pm	Sep 24-Nov 12	\$60/\$70
2002.201	12-14	M	6:30-7:30pm	Sep 24-Nov 12	\$60/\$70

**ADULT VOLLEYBALL****AGES 16+**

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and women's: past volleyball experience is strongly recommended. Advanced: past league experience is required.

**INSTRUCTOR:** Dick Leatherman**LOCATION:** Twin Peaks Multipurpose Center**NO CLASS:** Nov 22**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.200	Men's	TH	6:30-9:30pm	Sep 27-Nov 29	\$70/\$80
2005.201	Women's	TH	6:30-9:30pm	Sep 27-Nov 29	\$70/\$80

**Coed Advanced**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.202	Men's	TU	6:30-9:30pm	Sep 25-Nov 20	\$70/\$80
2005.203	Women's	TU	6:30-9:30pm	Sep 25-Nov 20	\$70/\$80

**Women's**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.204	Women's	M	6:30-9:30pm	Oct 1-Nov 26	\$70/\$80



## Open Play Sports

**OPEN PLAY SPORTS**

**ALL AGES**

**FREE!**

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During September, October, and November, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU	6:00-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).

## Special Needs

**BOWLING**

**AGES 13+**

This class provides unlimited fun for everyone! Awards and a party conclude the last class. If your participant needs one-to-one attention, has behavioral issues or special needs, please provide a description to the instructor. Depending on the circumstances, an aide may be required. All participants must be picked up by 3:30pm.

**INSTRUCTOR:** Sarah Gana-D'Agostino

**LOCATION:** Poway Fun Bowl: 12941 Poway Road



CLASS #	DAY	TIME	DATES	R/NR FEE
2200.200	F	1:30-3:30pm	Oct 12-Dec 21	\$40/\$50*

\*An \$8 class fee is collected at the bowling alley each week

## Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

**TRAINING CLASSES**

**DOGS 12 WEEKS+**

Training classes are the best thing you can do for you and your dog! Basic commands are taught in beginning classes along with walking politely on a leash. As the curriculum advances, your dog works toward obtaining a Canine Good Citizen certification, greeting other dogs and people politely, and obeying commands off-leash, including coming when called. Take your dog training one step further by learning new tricks and having the opportunity to take the Trick Novice test offered by the AKC.

**INSTRUCTOR:** Good Dog Training School

**LOCATION:** **TUESDAY:** Old Poway Park, Green Park

**SATURDAY:** Garden Road Park

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.200	TU	6:30-7:30pm	Sep 18-Oct 23	\$95/\$105*
2300.201	SA	9:30-10:30am	Sep 22-Oct 27	\$95/\$105*
2300.202	TU	6:30-7:30pm	Oct 30-Dec 4	\$95/\$105*
2300.203	SA	9:30-10:30am	Nov 3-Dec 8	\$95/\$105*

\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.204	SA	10:45-11:45am	Sep 22-Oct 27	\$95/\$105
2300.205	SA	10:45-11:45am	Nov 3-Dec 8	\$95/\$105

### NEW! Canine Trick Novice

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.206	SA	10:45-11:45am	Sep 22-Oct 27	\$95/\$105
2300.207	SA	10:45-11:45am	Nov 3-Dec 8	\$95/\$105





# POWAY COMMUNITY PARK

13094 Civic Center Drive  
(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

## Hours

Daily | Sunrise-Sunset

### Recreation Office

Monday-Saturday | 8:00am-9:00pm  
Sunday | 12:00-9:00pm

### Ball Fields

Daily | 8:00am-9:00pm

### Bocce Courts

Daily | 8:00am-9:00pm

### Dog Park/Tennis Courts/Basketball Court

Daily | Sunrise-10:00pm

### Unsupervised Skate Park

Daily | 8:00am-8:00pm

For FREE fun, visit the recreation office to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys.

## IN THE PARK SERIES

ALL AGES

**FREE!**

Use the rainbow to create a colorful masterpiece, challenge your friends to a game of kickball, let out your loudest Tyrannosaurus Rex roar, or get your green-thumb on by planting your favorite flower! Community Park's In The Park Series will bring you two hours of themed-fun that's sure to provide exciting, unique experiences for the whole family. While the theme may change, one thing is guaranteed: **FUN!**



DAY	TIME	DATES	THEME	FEE
F	10:00am-12:00pm	Sep 28	Sports	FREE
M	10:00am-12:00pm	Nov 12	Dinosaurs	FREE

## Save the Date! Winter Festival



**FREE!**

Experience the magic and charm of winter like never before! This year, the **FREE** event will be held on **Friday, January 11, 2019 from 5:00-9:00pm and Saturday, January 12, 2019 from 3:30-8:30pm.**

# KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail  
(858) 668-4781

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open second and fourth Saturday of each month  
10:00am-1:00pm

## Community Group Tours

Free and available by calling: (858) 668-4781

### SCHOOL TOURS

GRADE 3

#### Offered Thursday & Friday mornings

Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities.

**FOR RESERVATIONS:** [poway.org/kiic](http://poway.org/kiic)  
\$4 per student



### GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

Visit us on the second or fourth Saturday morning of each month and take a guided tour. Experience artifacts, 'ewaas, and grinding stations.



### BASKET WEAVING

AGES 6+

Join us to weave your very own Cherokee single-wall, twine basket. All materials will be provided. We welcome Diania Caudell Luiseno, of the San Luis Rey Band of Mission Indians and Board Member of the California Indian Basketweavers' Association to instruct us in this fun and educational endeavor. Refreshments will be available but bringing a sack lunch is suggested. Class is limited to 20 participants.

CLASS #	DAY	TIME	DATES	FEES
1200.200	SA	10:30am-1:00pm	Oct 6	\$30

### VOLUNTEER TODAY, INSPIRE FOR A LIFETIME

AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. Absolutely no experience is required and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

**INFORMATION:** [poway.org/kiic](http://poway.org/kiic) or (858) 668-4781

# OLD POWAY PARK

14134 Midland Road

(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## Hours

### Farmers Market

Saturdays | 8:00am-1:00pm

### Train Rides

[powaymidlandrr.org](http://powaymidlandrr.org)



FARMERS MARKET

ALL AGES

Saturdays | 8:00am-1:00pm

Find the best locally and organically-grown, farm-fresh produce and artisan foods at our “City in the Country” Farmers Market on Midland Road. Rain or shine!

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576



Save the Date!  
A Holiday Tradition:  
Christmas  
in the Park

December 8, 3:30-8:30pm





## LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772  
**Park/Pavilion Reservations** (858) 668-4580  
**Lake Poway Concession** (858) 668-4778

### Hours

Daily | 6:00am–Sunset

#### Lake Fishing and Boating Hours

January–December  
Wednesday–Sunday | 6:00am–Sunset

#### Entry Station

Open Weekends & Holidays  
\$10 non-resident entry fee for vehicles  
Active Military free with ID

#### Holiday Hours

Open Labor Day | Sep 3  
Closed Thanksgiving | Nov 22

### FALL CAMPING SERIES

ALL AGES

Camping your way! Set up your tent and explore the park at your own pace. Hike the many trails, drop a line to catch a fish, cruise the lake on a motorboat, or simply relax by your campsite, and take in all the natural beauty that Lake Poway offers. Fishing permits and boat rentals are not included, but may be purchased at a nominal cost.

CLASS #	DAY	TIME	DATES	FEE
1103.200	F–SA	1:00pm–10:00am	Sep 14–15	\$25
1103.201	F–SA	1:00pm–10:00am	Oct 5–6	\$25
1103.202	F–SA	1:00pm–10:00am	Oct 19–20	\$25

### Night Fishing

Think you’re ready for the night bite? Stocked regularly with catfish, Lake Poway also has a thriving bass population. Fish until 11:30pm on Friday & Saturday nights through September 1.

### Trout Season Returns to Lake Poway!

Temperatures dropping means trout are returning! Lake Poway has the best permit and boat prices in the area and is truly a “Big Trout Destination!” The Trout Season opening date will be announced on our website at [poway.org/LakePoway](http://poway.org/LakePoway).





# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road  
1 mile north of Lake Poway Road  
(858) 668-4781  
[poway.org/bluesky](http://poway.org/bluesky)

## Hours

Daily | Sunrise-Sunset

### FREE! DOCENT-LED NATURE WALKS ALL AGES

Find our Activities Schedule on the website or pick up a copy at Lake Poway or the Reserve. Bring water and dress appropriately for the weather. All hikes begin at the bus stop in the parking lot. Group walks available by reservation.

### DOCENTS WANTED! AGES 18+

Want to learn more about the plants and animals in our area? Do you enjoy being out in nature and sharing that passion with others? We need YOU! Training is FREE and self-paced. Join other fun, like-minded volunteers by filling out an online application at [www.poway.org](http://www.poway.org).

### INTERPRETIVE SERVICES PARKS DAY ALL AGES



Join us at Blue Sky to celebrate both our cultural and natural resources. Park Rangers and docents from both Blue Sky and the Kumeyaay-Ipai Interpretive Center will host a morning of crafts, presentations, and docent-led hikes. Take home your own decorated tote bag filled with all the crafts

you made: a beaded bracelet, snake and birdhouse, spirit rock, and much, much more!

**INFORMATION:** [aransom@poway.org](mailto:aransom@poway.org) or (858) 668-4781

DAY	TIME	DATES	FEE
SA	9:00-1:00pm	Nov 17	FREE

### SAVE THE DATE! ALL AGES

**Hoot, Howl, & Prowl**  
**Saturday, October 20**

Please see page 2 for all the details!



## POWAY LIBRARY

13137 Poway Road  
(858) 513-2900

[sdcl.org](http://sdcl.org)

### Hours

Monday–Thursday | 9:30am–8:00pm  
Friday–Saturday | 9:30am–5:00pm  
Sunday | 12:00–5:00pm

#### FREE! CHILDREN'S PROGRAMS BIRTH TO GRADE 5

**Storytime:** Mondays–Saturdays | 10:30am  
**Baby Storytime:** Tuesdays & Wednesdays | 9:45am  
**After-School Programs:**  
Mondays & Wednesdays | 3:30–4:30pm  
**Kid's Craft Corner:** Fridays | 3:00–4:00pm

#### FREE! TEEN PROGRAMS GRADES 6-12

**Teen Tuesdays & Thursdays** | 4:00–5:00pm  
(schedule varies—check with library)

#### FREE! ADULT PROGRAMS AGES 18+

**Acoustic Showcase Concert:**  
Second Saturday monthly | 2:00pm  
**Citizenship Class:** Mondays | 6:30pm  
**Genealogy Group:** First Saturday monthly | 2:00pm  
**Gentle Yoga:** Second Thursday monthly | 10:00am  
**Tai Chi:** Mondays | 11:00am

Library programs subject to change.  
For more information about programs and events,  
call the library at **(858) 513-2900**.



## POWAY SWIM CENTER

13094 Civic Center Drive  
(858) 668-4680

[poway.org/swim](http://poway.org/swim)

### Closed

As anyone who has tackled a renovation project knows, construction doesn't always go as planned. A problem with one of the final phases of the Swim Center project has created a delay that will postpone its opening until after Labor Day.

We'll continue to update you on the Swim Center progress, but will wait until we have water in the pool to release revised dates. At that time, we'll be able to definitively announce a grand opening date and fall lesson schedule.

If you'd like to receive a notification from the City as soon as those dates are set, sign up for "Swim Center Updates" by using the "Notify Me" button on the home page of our website ([poway.org](http://poway.org)).



# POWAY SENIOR CENTER

Poway Community Park  
Weingart Center Building  
13094 Civic Center Drive  
(858) 748-6094



[powayseniorcenter.org](http://powayseniorcenter.org)



Visit us on Facebook

## Hours

**Senior Center:** Monday–Friday | 8:00am–4:00pm

**Gift Shop:** Monday–Friday | 10:00am–2:00pm

Poway Senior Center is a non-profit organization that provides programs, activities, and services to the seniors in Poway and the surrounding communities.

### LA BELLA BISTRO

## Join Us for Lunch!

**Monday–Friday** | 11:15am–12:15pm

A donation of \$4.00 is suggested for those 60 and older. Lunch for guests under 60 is \$6.00. Check out our menu on our website, newsletter, or just stop by and enjoy the special of the day. Reservations are not required.

**Need a ride to lunch?** Call JoAnne Montano for Bus Transportation at **(858) 748-6094 ext. 309**

### COME HAVE FUN AND WIN!

## Big Money BINGO!

**Win Your Share of \$5,000 in Cash, with Progressive Game of \$1,199!**

The best fun in Poway Twice a Week!

Open to the public, adults 18 and older. All proceeds help support the programs and services of PSC.

**Saturdays** | 5:30pm

**Tuesdays** | 12:15pm

### BINGO VOLUNTEERS NEEDED!

AGES 21+

Join our Bingo Volunteer Team and have FUN while giving back to the community! Pick up an application on Tuesdays or Saturdays, or call Mary Supanchick **(858) 748-6094 ext. 305**



### COMMUNITY SUPPORT/FUNDRAISING

## Monthly Gift Basket

Every month it's something new!

### Monthly Opportunity Drawings

Every month in our Lobby, we have a new, themed-gift basket you can win!

### Tickets sold at the Reception Desk

\$1.00 a ticket or 6 for \$5.00

### BE PREPARED FOR THE FLU THIS SEASON!

## Flu Shot Clinic

Watch for our website for a flu shot clinic.

**[powayseniorcenter.org](http://powayseniorcenter.org)** or call **(858) 748-6094**.

\$20.00 per person (cash or check made out to: Palomar Pomerado Health).

### SAFARI PARK COMES TO THE CENTER!

**Free!** Animal handlers from Safari Park will bring a few species of animals for you to touch and learn about.

### SAVE THE DATE!

## Bunko Fundraiser

**Sunday, September 9, 2018** | 3:00–5:00pm.

Join us for an afternoon filled with fun, prizes, and plenty of opportunity drawings. A dollar food menu will be available and a wine bar, too!

\$20 in advance / \$25 at the door

### CONSIDER BECOMING A MEMBER!

**For only \$35.00 per year, the Poway Senior Center offers:**

- Feeling Fit Exercise twice weekly
- Needlecrafts, Quilting, and Jewelry Making
- Health & Wellbeing Lectures and Presentations
- Social Groups and Support Groups
- Tax Preparation
- Lunch Monday through Friday
- Fun Fridays! Ping-Pong, Board Games, Cards, Line Dancing, Billiards, and more



# CLASS REGISTRATION

Fall Registration Begins: August 7 at 7:30am

3 convenient ways to register for classes:

**1** Online registration is available by visiting the City of Poway website: [poway.org/classes](http://poway.org/classes). A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

**2** Walk-in registration is available at the Community Services Department during business hours.  
**Location**  
13325 Civic Center Drive  
**Hours**  
Monday–Thursday | 7:30am–5:30pm  
Friday | 8:00am–5:00pm  
(closed every other Friday)

**3** Mail-in registration is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.  
**Mail to**  
P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### 1. Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### 2. All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$15 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$15 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

3. Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

## Financial Assistance

### Poway Leisure Assistance for Youth (PLAY) Scholarship

Did you know that developmentally-disabled individuals and youth might be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you? To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.



# POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road  
 (858) 748-0505  
**PowayCenter.org**

**Administration** (858) 668-4693  
**Box Office** (858) 748-0505

## Hours

**Box Office Hours**  
 Friday | 12:00pm-5:00pm  
 Saturday | 10:00am-3:00pm  
 Closed on major holidays.

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

## Art Gallery & Facility

Tuesday-Friday | 9:00am-5:00pm  
 Saturday | 10:00am-3:00pm  
 Closed on major holidays.

## Connect with us!

Tuesday-Friday | 9:00am-5:00pm  
 Saturday | 10:00am-3:00pm  
 Closed on major holidays.

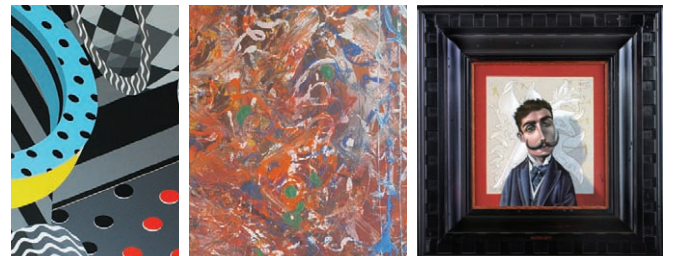


## Upcoming Art Exhibits

Visit the Poway Center for the Performing Arts to view our featured Art Exhibits. A new exhibit opens monthly, showcasing a wide variety of styles, techniques, and media from local and regional artists, as well as student art.

### SEPTEMBER-OCTOBER ARTISTS

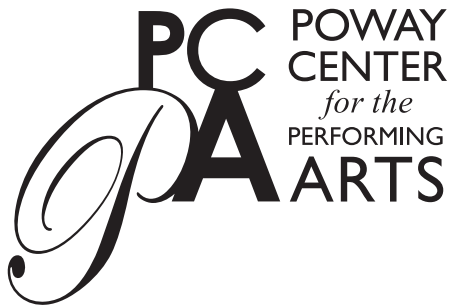
**Momo Becissa, Rit Mishra, and Christopher Polentz**  
 This exhibit explores everything from surreal Victorian portraits to abstract art to acrylic portrayals of childhood memories. Come to the PCPA during the months of September and October and see if you can find the theme that weaves these artists together.



### NOVEMBER ARTIST



**Friendship Quilters of San Diego**  
 The purpose of the Friendship Quilters is to educate the community and promote interest in all forms of quilting. Don't miss out on the talented artists who take quilting to a new level!



The Poway Center for the Performing Arts is an 800-seat, state-of-the art theatre owned and operated by the City of Poway. We host a variety of events that include professional performances, concerts, dance productions, community theater groups, art exhibits, and Poway Unified School District events. Available for rent September through June, it's the perfect venue for professional and community performances.

## Become a Volunteer Usher Today!

**Information: (858) 668-4795**

### POWAY ONSTAGE

2018



**POWAY ONSTAGE**

Presenters of World-Class Talent at the Poway Center for the Performing Arts

2019



**CLAY WALKER**  
*with Special Guest*  
**ANNA VAUS**  
SEP 14 • 8PM



**MYSTIC INDIA:**  
THE WORLD TOUR  
SEP 28 • 8PM



**THE ROMEROS**  
OCT 7 • 2PM



**STARSHIP** *featuring*  
**MICKEY THOMAS**  
OCT 12 • 8PM

TICKETS AVAILABLE at [www.PowayOnStage.org](http://www.PowayOnStage.org) | 15498 Espola Road | Poway, CA 92064 | 858.748.0505



**City of Poway**  
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 Poway, CA 92064

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[poway.org/connectwithus](http://poway.org/connectwithus)

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**POSTAL CUSTOMER**

Poway, CA 92064

# FALL 2018 EVENTS AT A GLANCE



**POWAY DAYS PARADE**  
 September 8  
 Poway Road



**RENDEZVOUS IN POWAY**  
 October 6 & 7  
 Old Poway Park



**HOOT, HOWL & PROWL**  
 October 20  
 Blue Sky Ecological Reserve



**ONCE UPON A HALLOWEEN**  
 October 28  
 Old Poway Park

## Poway City Council

- Mayor: STEVE VAUS
- Deputy Mayor: JOHN MULLIN
- Councilmember: CAYLIN FRANK
- Councilmember: BARRY LEONARD
- Councilmember: DAVE GROSCH

## SAVE THE DATE!

Registration begins  
 August 7 at 7:30am.  
 See page 19 for details,  
 or visit [poway.org/classes](http://poway.org/classes).